

<b>Abstinence, Puberty &amp; Personal Health</b>	
<b>Third Edition Lessons</b>	<b>Second Edition Correlation</b>
1: Living a Healthy Life	Lesson 1
2: Preventing Infectious Disease	Lesson 2
3: Preventing Chronic Disease	Lesson 3
4: Getting Appropriate Health Care	Lesson 4
5: Researching Health Habits	Lesson 5
6: Setting a Goal to Improve My Personal Health	<b>NEW</b>
7: Understanding Sexuality	Lesson 6
8: Review of the Reproductive Systems	Lesson 7
9: Taking Care of Your Sexual Health	Lesson 8
10: Abstinence: What's in It for Me?	Lesson 9
11: Influences on Sexual Choices	Lesson 10
12: Countering Media Pressure	Lesson 11
13: Setting Limits to Support Abstinence	Lesson 12
14: Making Decisions to Support Abstinence	Lesson 13
15: Resisting Sexual Pressure	Lesson 14
16: Roleplay Practice: Saying NO to Sexual Activity	Lesson 15
<b>Deleted</b>	Lesson 16
<b>Emotional &amp; Mental Health</b>	
<b>Third Edition Lessons</b>	<b>Second Edition Correlation</b>
1: Dimensions of Health	Lesson 1
2: Exploring Emotional Health	Lesson 2
<b>Content incorporated into Lesson 2</b>	Lesson 3
3: Optimism & Positive Self-Talk	Lesson 4
4: Understanding Stress	Lesson 5
5: Stress-Management Techniques	Lesson 6
6: Expressing Emotions in Healthy Ways	Lesson 7
7: Skills for Effective Communication	Lesson 8
8: Building Healthy Relationships	Lesson 9
9: Ending Relationships	Lesson 10
10: Coping with Loss & Grief	Lesson 11
11: How Does Social Media Influence Emotional Health?	<b>NEW</b>
12: Managing Anger	Lesson 12
13: Skills for Conflict Resolution	Lesson 13
14: Goal Setting for Emotional Health	Lesson 14
15: Understanding Mental Health Disorders	Lesson 15
16: Preventing Suicide	<b>NEW—adapted from VIP unit</b>
17: Getting Help for Mental Health Issues	Lesson 16

<b>HIV, STI &amp; Pregnancy Prevention</b>	
<b>Third Edition Lessons</b>	<b>Second Edition Correlation</b>
1: Understanding Sexuality	Lesson 1
2: Respecting Sexual Differences	Lesson 2
3: Understanding Sexual Risks & Responsibilities	Lesson 3
4: Understanding Affirmative Consent	NEW – was a supplemental lesson
5: Avoiding Pregnancy	Lesson 4
6: STI: The Facts	Lesson 5
7: HIV: The Facts	Lesson 6
8: Influences on Sexual Choices	Lesson 7
9: Assessing and Avoiding STI Risks	Lesson 8
10: Getting Tested for HIV, Other STIs & Pregnancy	Lesson 9
11: Using Condoms	Lesson 10
12: Negotiating Condom Use	Lesson 11
13: Roleplay Practice: Saying No to Unsafe Sex	Lesson 12
14: My Commitment to Protect Myself	Lesson 13
15: Advocating to Keep Friends Safe & Healthy	Lesson 14
<b>Nutrition &amp; Physical Activity</b>	
<b>Third Edition Lessons</b>	<b>Second Edition Correlation</b>
1: Nutrition & Health	Lesson 1
2: Guidelines for Healthy Eating	Lesson 2
3: What's on MyPlate?	Lesson 3
4: Reading Food Labels	Lesson 4
5: Eating Healthy at Fast-Food Restaurants	Lesson 5
6: Guidelines for Physical Activity	Lesson 7
7: Physical Activity & Health	Lesson 6
8: Staying Safe During Physical Activity	Lesson 10
9: Finding Accurate Information	Lesson 11
10: Setting Healthy Eating & Physical Activity Goals	Lesson 8
11: Tracking My Progress	Lesson 9
12: Analyzing Influences on Eating & Physical Activity	Lesson 12
13: Influences on Body Image	Lesson 13
14: Managing Weight in Healthy Ways	Lesson 14
15: Disordered Eating & Compulsive Exercising	Lesson 15
16: Food Safety at Home & Work	Lesson 16

<b>Tobacco, Alcohol &amp; Other Drug Prevention</b>	
<b>Third Edition Lessons</b>	<b>Second Edition Correlation</b>
1: Teens & Drug Use	Lesson 1
2: Drug Addiction	Lesson 2
3: Prescription & Over-the-Counter Drugs: Get the Facts	Lesson 3
4: Opioids: Get the Facts	NEW
5: Vaping & Other Tobacco Products: Get the Facts	Lesson 4 (new vaping content)
6: The Benefits of Quitting Tobacco Use	Lesson 5
7: Alcohol: Get the Facts	Lesson 6
8: Marijuana: Get the Facts	Lesson 7
9: Drugs & the Law	Lesson 8
10: Getting Help for Drug Problems	Lesson 9
11: Analyzing Influences on Tobacco, Alcohol & Other Drug Use	Lesson 10
12: Countering Media Influences	Lesson 11
13: Making Decisions About Drugs	Lesson 12
Deleted	Lesson 13
14: Saying NO to Drugs	Lesson 14
15: Resisting Drug Pressures: Roleplay Practice	Lesson 15
16: Advocating for Being Drug Free	Lesson 16
<b>Violence &amp; Injury Prevention</b>	
<b>Third Edition Lessons</b>	<b>Second Edition Correlation</b>
1: Understanding Injury & Risks	Lesson 12
2: Preventing Motor Vehicle Injuries	Lesson 13
3: Preventing Common Injuries	Lesson 14
4: Responding to Emergencies	Lesson 15
5: Making Decisions to Reduce Risks	Lesson 16
6: Assessing Safety Hazards	Lesson 17
7: Advocating for Safety	Lesson 18
8: The Consequences of Violence	Lesson 1
9: Factors that Contribute to Violence	Lesson 2
10: Understanding Bullying & Cyberbullying	Lessons 3 & 4 information combined
11: Preventing Bullying	Lessons 3 & 4 skills + new content
12: Preventing Hazing	Lesson 5
13: Preventing Hate Violence	Lesson 6
14: Preventing Sexual Harassment	Lesson 7
15: Preventing Dating Violence	Lesson 8
16: Preventing Suicide	Lesson 9
Deleted	Lesson 10
Incorporated into Lesson 16	Lesson 11
17: Understanding Sexual Exploitation	NEW – was a supplemental lesson
18: Understanding Sexual Abuse	NEW – was a supplemental lesson
19: Protecting Yourself	NEW – was a supplemental lesson