



## TRAUMA-SENSITIVE SCHOOLS: RESOURCES

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UCSF HEARTS (Healthy Environments and Response to Trauma in Schools)  
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**For more information about UCSF HEARTS and our approach to creating trauma-sensitive schools, please see the websites below:**

- [San Francisco's El Dorado Elementary uses trauma-informed & restorative practices; suspensions drop 89%](#)
- [Schools promoting 'trauma-informed' teaching to reach troubled students](#)
- [San Francisco's El Dorado Elementary School Uses Trauma-Informed & Restorative Practices; Suspensions Drop 89%](#)
- [How to Help a Traumatized Child in the Classroom](#)
- [How to Support Stressed-Out Teachers](#)
- [UCSF Brings HEARTS to Children Affected by Trauma](#)
- [UCSF HEARTS Program: Healthy Environments and Response to Trauma in Schools](#)
- Fix School Discipline: [Educator Toolkit](#) & [Community Toolkit](#)

### [San Francisco Unified School District \(SFUSD\) Safe and Supportive Schools Policy](#)

Addresses disproportionality by eliminating suspensions based solely on “willful defiance” and replacing with integration of School-Wide Positive Behavior Interventions and Supports, Restorative Practices, Trauma-Sensitive Practices, and practices that address implicit and explicit bias

### **Resources for developing trauma-sensitive schools:**

- Massachusetts Advocates for Children: Trauma and Learning Policy Initiative  
– [Helping Traumatized Children Learn, Volume 1 & 2](#) (Susan Cole et al.)
- Craig, S. E. (2008). *Reaching and teaching children who hurt: Strategies for your classroom*. Baltimore, MD: Brookes Publishing.
- Trauma Informed Care Project: Wisconsin Department of Public Instruction  
– [Resources for Schools to Help Students Affected by Trauma Learn](#)  
– [Strategies and Resources to Create a Trauma-Sensitive School](#)
- National Child Traumatic Stress Network  
– [Resources for School Personnel](#)
- [The Heart of Learning: Compassion, Resiliency, and Academic Success](#) (Ray Wolpov et al.)
- [International Institute for Restorative Practices](#)
- [SFUSD Restorative Practices Program](#)
- [Association for Mindfulness in Education](#)
- [What is Collaborative Problem Solving \(and Why is it Important?\)](#) (Ross Greene)
- Toolkit for professionals working with youth who have experienced complex trauma: [Adolescent Health Working Group “Trauma Resilience Module”](#)