TRAUMA-SENSITIVE SCHOOLS: RESOURCES
Compiled by Joyce Dorado, PhD, Director,
UCSF HEARTS (Healthy Environments and Response to Trauma in Schools)
Revised 1/21/15

For more information about UCSF HEARTS and our approach to creating trauma-sensitive schools, please see the websites below:

- San Francisco’s El Dorado Elementary uses trauma-informed & restorative practices; suspensions drop 89%
- Schools promoting ‘trauma-informed’ teaching to reach troubled students
- San Francisco’s El Dorado Elementary School Uses Trauma-Informed & Restorative Practices; Suspensions Drop 89%
- How to Help a Traumatized Child in the Classroom
- How to Support Stressed-Out Teachers
- UCSF Brings HEARTS to Children Affected by Trauma
- UCSF HEARTS Program: Healthy Environments and Response to Trauma in Schools
- Fix School Discipline: Educator Toolkit & Community Toolkit

San Francisco Unified School District (SFUSD) Safe and Supportive Schools Policy
Addresses disproportionality by eliminating suspensions based solely on “willful defiance” and replacing with integration of School-Wide Positive Behavior Interventions and Supports, Restorative Practices, Trauma-Sensitive Practices, and practices that address implicit and explicit bias

Resources for developing trauma-sensitive schools:

- Massachusetts Advocates for Children: Trauma and Learning Policy Initiative
  - Helping Traumatized Children Learn, Volume 1 & 2 (Susan Cole et al.)
- Trauma Informed Care Project: Wisconsin Department of Public Instruction
  - Resources for Schools to Help Students Affected by Trauma Learn
  - Strategies and Resources to Create a Trauma-Sensitive School
- National Child Traumatic Stress Network
  - Resources for School Personnel
- The Heart of Learning: Compassion, Resiliency, and Academic Success (Ray Wolpow et al.)
- International Institute for Restorative Practices
- SFUSD Restorative Practices Program
- Association for Mindfulness in Education
- What is Collaborative Problem Solving (and Why is it Important?) (Ross Greene)
- Toolkit for professionals working with youth who have experienced complex trauma: Adolescent Health Working Group “Trauma Resilience Module”