

Grade 3 (Digital Edition)

HealthSmart Grade 3 meets the following Common Core State Standards in English Language Arts.

Reading Informational Text

Standard 1

Ask and answer such questions to demonstrate understanding of a text, referring explicitly to the text as the basis for the answers.

Lesson 3: My Lifestyle and My Future

Lesson 4: Heart Disease, Stroke, Cancers, Diabetes

Lesson 6: Safety Smart Facts

Standard 2

Identify the main idea of a text; recount the key details and explain how they support the main idea.

Lesson 4: Heart Disease, Stroke, Cancers, Diabetes

Lesson 6: Safety Smart Facts

Lesson 8: Safety Ambassador Certificate, Safe and Healthy! We've Got Ourselves Covered, We're Covered

Lesson 10: Did You Eat a Healthy Breakfast Banner Template

Lesson 13: My Healthy Menus

Lesson 19: Tobacco- and Alcohol-Free Movie Awards

Lesson 22: Pressure Off Badges

Standard 3

Describe the relationship between a series of historical events, scientific ideas or concepts, or steps in technical procedures in a text, using language that pertains to time, sequence and cause/effect.

Lesson 4: Heart Disease, Stroke, Cancers, Diabetes

Lesson 6: Safety Smart Facts

Standard 4

Determine the meaning of general academic and domain-specific words and phrases in a text relevant to a grade 3 topic or subject area.

Lesson 2: No Bullying Badges

Lesson 4: Heart Disease, Stroke, Cancers, Diabetes

Lesson 6: Safety Smart Facts

Standard 7

Use information gained from illustrations and the words in a text to demonstrate understanding of the text.

Lesson 6: Safety Smart Facts

Reading Literature

Standard 1

Ask and answer questions to demonstrate understanding of a text, referring explicitly to the text as the basis for the answers.

Lesson 1: Check It Out! Stories

Standard 2

Recount stories, including fables, folktales and myths from diverse cultures; determine the central message, lesson or moral, and explain how it is conveyed through key details in the text.

Lesson 1: Check It Out! Stories

Standard 3

Describe characters in a story and explain how their actions contribute to the sequence of events.

Lesson 1: Check It Out! Stories

Standard 4

Determine the meaning of words and phrases as they are used in a text, distinguishing literal from nonliteral language.

Lesson 1: Check It Out! Stories

Writing

Standard 1

Write opinion pieces on topics or texts, supporting a point of view with reasons.

Lesson 2: Take a Stand Badges

Lesson 3: My Lifestyle and My Future

Lesson 5: What Being Safe Means to Me

Lesson 6: Safety Smart Facts

Lesson 7: Setting Safety Smart Goals

Lesson 12: My All-Time Favorite Meal

Lesson 13: My Healthy Breakfast, My Healthy Lunch, My Healthy Dinner, My Healthy Snack

Lesson 14: My Food Diary

Lesson 16: My Move More Record

Lesson 18: My Choices to Be Tobacco and Alcohol Free

Lesson 19: Movie of My Life

Standard 2

Write informative/explanatory texts to examine a topic and convey ideas and information clearly.

Lesson 1: Check It Out!

Lesson 3: My Lifestyle and My Future

Lesson 4: Heart Disease, Stroke, Cancers, Diabetes

Lesson 5: What Being Safe Means to Me

Lesson 6: Safety Smart Facts, My Safety Smart Rules

Lesson 7: Setting Safety Smart Goals

Lesson 13: My Healthy Breakfast, My Healthy Lunch, My Healthy Dinner, My Healthy Snack

Lesson 14: My Food Diary

Lesson 16: My Move More Record

HealthSmart Alignment to ELA Common Core State Standards Listed by Standard
Grade 3, Digital Edition

Lesson 18: My Choice to Be Tobacco and Alcohol Free

Lesson 19: Movie of My Life

Lesson 20: Pressure Cooker

Standard 3

Write narratives to develop real or imagined experiences or events using effective technique, descriptive details and clear event sequences.

Lesson 6: Safety Smart Facts

Lesson 19: Movie of My Life

Standard 4

With guidance and support from adults, produce writing in which the development and organization are appropriate to task and purpose.

Lesson 6: Safety Smart Facts

Lesson 19: Movie of My Life

Standard 5

With guidance and support from peers and adults, develop and strengthen writing as needed by planning, revising and editing.

Lesson 19: Movie of My Life

Standard 6

With guidance and support from adults, use technology to produce and publish writing, as well as to interact and collaborate with others.

Lesson 19: Movie of My Life

Standard 7

Conduct short research projects that build knowledge about a topic.

Lesson 14: My Food Diary

Lesson 16: My Move More Record

Standard 8

Recall information from experiences or gather information from print or digital sources; take brief notes on sources and sort evidence into provided categories.

Lesson 3: My Lifestyle and My Future

Lesson 5: What Being Safe Means to Me

Lesson 13: My Healthy Breakfast, My Healthy Lunch, My Healthy Dinner, My Healthy Snack

Lesson 14: My Food Diary

Lesson 16: My Move More Record

Lesson 18: My Choice to Be Tobacco and Alcohol Free

Speaking and Listening

Standard 1

Engage effectively in a range of collaborative discussions with diverse partners on grade 3 topics and texts; building on others' ideas and expressing their own clearly.

Lesson 1: Check It Out!, Check It Out! Stories

Lesson 2: Got a Minute? Talking About Bullying, We Don't Bully!

Lesson 3: I Act in Ways to Protect My Future!

Lesson 4: Heart Disease, Stroke, Cancers, Diabetes

Lesson 5: Got a Minute? Talking About Acting in Safe Ways

Lesson 6: Safety Smart Facts

Lesson 8: I Help Others Be Safe!

Lesson 11: Table Talk: Our Healthy 5-a-Day Goal

Lesson 12: My All-Time Favorite Meal, I Eat Healthy Favorites!

Lesson 16: Move More, Sit Less Badges, Table Talk: A New Way to Exercise, I Move More and Sit Less!

Lesson 22: Got a Minute? Talking About Staying Away from Tobacco and Alcohol, I Turn Off Tobacco and Alcohol Pressure!

Standard 2

Determine the main ideas and supporting details of a text read aloud or information presented in diverse media and formats, including visually, quantitatively and orally.

Lesson 1: Check It Out!

Lesson 2: We Don't Bully!

Lesson 3: I Act in Ways to Protect My Future!

Lesson 4: Heart Disease, Stroke, Cancers, Diabetes

Lesson 6: Safety Smart Facts

Lesson 8: I Help Others Be Safe!

Lesson 12: My All-Time Favorite Meal, I Eat Healthy Favorites!

Lesson 16: Move More, Sit Less Badges, I Move More and Sit Less!

Standard 3

Ask and answer questions about information from a speaker, offering appropriate elaboration and detail.

Lesson 1: Check It Out!

Lesson 6: My Safety Smart Rules

Lesson 7: Setting Safety Smart Goals

Standard 6

Speak in complete sentences when appropriate to task and situation in order to provide requested detail or clarification.

Lesson 1: Check It Out!, Check It Out! Stories

Lesson 2: We Don't Bully!

Lesson 3: I Act in Ways to Protect My Future!

Lesson 4: Heart Disease, Stroke, Cancers, Diabetes

Lesson 5: What Being Safe Means to Me

Lesson 6: Safety Smart Facts

Lesson 8: I Help Others Be Safe!

Lesson 12: My All-Time Favorite Meal, I Eat Healthy Favorites!

Lesson 16: Move More, Sit Less Badges, I Move More and Sit Less!

Language

Standard 2

Demonstrate command of the conventions of standard English capitalization, punctuation and spelling when writing.

Lesson 5: What Being Safe Means to Me

Lesson 6: Safety Smart Facts

Lesson 18: My Choice to Be Tobacco and Alcohol Free

Lesson 19: Movie of My Life

Lesson 20: Pressure Cooker

Standard 4

Determine or clarify the meaning of unknown and multiple-meaning words and phrases based on grade 3 reading and content, choosing flexibly from an array of strategies.

Lesson 4: Heart Disease, Stroke, Cancers, Diabetes

Lesson 5: What Being Safe Means to Me

Lesson 6: Safety Smart Facts

Lesson 18: My Choice to Be Tobacco and Alcohol Free

Lesson 19: Movie of My Life

Lesson 20: Pressure Cooker

Standard 6

Acquire and use accurately grade-appropriate conversational, general academic and domain-specific words and phrases, including those that signal spatial and temporal relationships.

Lesson 1: Check It Out! Stories

Lesson 2: Take a Stand Badges, No Bullying Badges

Lesson 3: My Lifestyle and My Future

Lesson 5: What Being Safe Means to Me

Lesson 6: Safety Smart Facts

Lesson 7: Setting Safety Smart Goals

Lesson 18: My Choice to Be Tobacco and Alcohol Free

Lesson 19: Movie of My Life

Lesson 20: Pressure Cooker