

***HealthSmart* Alignment with  
Board of Education Guidelines and  
Standards of Learning  
for Virginia Public Schools for  
Family Life Education  
(revised 2020)**

**Grades K–12**

## STANDARDS OF LEARNING

### KINDERGARTEN

- K.1** The student will experience success and positive feelings about self. [Grade K, Lesson 1](#)
- K.2** The student will experience respect from and for others. [Grade K, Lesson 1](#)
- K.3** The student will become aware of the effects of his or her behavior on others and the effects of others' behavior on himself or herself. [Grade K, Lesson 2](#)
- K.4** The student will recognize that everyone is a member of a family and that families come in many forms. [Grade K, Lesson 2 \(people who care in general, including family members\)](#)  
[Grade 1, Lesson 2 is specifically about family structures and importance of family](#)
- K.5** The student will identify members of his or her own family. [Grade K, Lesson 2;](#)  
[Grade 1, Lesson 1, Lesson 2](#)
- K.6** The student will develop an awareness of positive ways in which family members show love, affection, respect, and appreciation for each other. [Grade K, Lesson 2;](#) [Grade 1, Lesson 2](#)
- K.7** The student will realize that physical affection can be an expression of friendship, of celebration, or of a loving family. [Can be covered in Grade K, Lesson 2 and Grade 1, Lesson 2](#)
- K.8** The student will recognize the elements of good (positive or healthy) and bad (negative or unhealthy) touches by others. [Grade 1, Lesson 20\\*](#)
- K.9** The student will demonstrate how to say "no" to inappropriate approaches from family members, neighbors, strangers, and others. [Grade 1, Lesson 20](#)
- K.10** The student will identify "feeling good" and "feeling bad." [Grade K, Lesson 2 \(emotions\), Lesson 7 \(physical illness\)](#)
- K.11** The student will find help safely. [Grade 1, Lesson 20 \(for unsafe touch\);](#)  
[Grade K, Lesson 9 \(for illness/injury\), Lesson 10 \(feeling safe\), Lesson 18 & 19 \(emergencies\)](#)

\* In the K-2 grade span, sexual abuse prevention is covered in Grade 1, Lesson 20. This lesson may be taught up or down a grade level to cover the content each year if required.

## FIRST GRADE

- 1.1 The student will experience continuing success and positive feelings about self. [Grade 1, Lesson 1 \(belonging\), Lesson 2 \(family\), Lesson 3 \(friendships\)](#)
- 1.2 The student will experience continuing respect from others. [Grade 1, Lesson 1 \(belonging\), Lesson 2 \(family\), Lesson 3 \(friendships\)](#)
- 1.2 The student will become aware of the effects of his or her behavior on others and the effects of others' behavior on himself or herself. [Grade 1, Lesson 4](#)
- 1.3 The student will develop an understanding of the importance of a family and of different family patterns. [Grade 1, Lesson 2](#)
- 1.4 The student will identify family members and their responsibilities in contributing to the successful functioning of the family. [Grade 1, Lesson 2](#)
- 1.6 The student will realize that human beings and other mammals have babies and that the babies can be breast-fed. [Not covered](#)
- 1.7 The student will use correct terminology when talking about body parts and functions. [Grade K, Lesson 4 \(Reproductive body parts not covered until Grade 5\)](#)
- 1.8 The student will express his or her feelings of happiness, sadness, and anger to the teacher. [Grade 1, Lesson 4](#)
- 1.9 The student will become aware of appropriate behavior to use in dealing with his or her feelings. [Grade 1, Lesson 4](#)
- 1.10 The student will experience the logical consequences of his or her behavior. [Grade 1, Lesson 4](#)
- 1.11 The student will realize that physical affection can be an expression of friendship, of celebration, or of a loving family. [Grade 1, Lesson 2 \(family\), Lesson 3 \(friendships\)](#)
- 1.12 The student will demonstrate strategies for responses to inappropriate approaches from family members, neighbors, strangers, and others. [Grade 1, Lesson 20](#)

## SECOND GRADE

- 2.1 The student will recognize that everyone has strengths and weaknesses and that all persons need to be accepted and appreciated as worthwhile. [Grade 2, Lesson 2](#)
- 2.2 The student will realize that adults other than parents also provide care and support for children. [Can be included in Grade 2, Lesson 1](#)
- 2.3 The student will become aware that babies grow inside the mother's body in a special place called the uterus. [Not covered](#)
- 2.4 The student will become aware of the need to take responsibility for the effects of his or her behavior on others. [Grade 2, Lessons 3 & 4 \(emotions\), Lesson 5 \(disease prevention\), Lessons 14 & 15 \(bullying\)](#)
- 2.5 The student will demonstrate appropriate ways of dealing with feelings. [Grade 2, Lessons 3 & 4](#)
- 2.6 The student will realize that physical affection can be an expression of friendship, of celebration, or of a loving family. [Can be included in Grade 2, Lesson 1](#)
- 2.7 The student will advance in readiness to say "no" and to tell a trusted adult, such as a parent, teacher, minister, grandparent, or guardian, in private about inappropriate approaches from family members, neighbors, strangers, and others. [Grade 1, Lesson 20](#)
- 2.8 The student will be conscious of how commercials use our emotions to make us want products. [Grade 3, Lesson 21 \(specifically on food choices\)](#)

### THIRD GRADE

- 3.1 The student will demonstrate a sense of belonging in group work and play. [Grade 3, Lesson 4, Lesson 5](#)
- 3.2 The student will express what he or she likes about himself or herself to continue developing a positive self-image. [Grade 3, Lesson 5](#)
- 3.3 The student will become aware of the changes occurring in family life that affect daily living and produce strong feelings. [Grade 2, Lesson 1 specifically covers family changes; Grade 3, Lesson 2 covers expressing strong feelings in healthy ways](#)
- 3.4 The student will give examples of healthy coping strategies for dealing with the feelings produced by changes in the family. [Grade 3, Lesson 2 \(troublesome feelings in general, can be applied to family with examples\)](#)
- 3.5 The student will identify and use correct terms for external body parts associated with reproduction and elimination. [Not covered](#)
- 3.6 The student will recognize that while all human beings grow and develop in a given sequence, rates and patterns vary with individuals. [Grade 2, Lesson 2; Grade 4, Lessons 25 & 26](#)
- 3.7 The student will become aware that both a male and a female are necessary to have a baby. [Not covered](#)
- 3.8 The student will comprehend that the baby grows inside the mother's body for nine months and then is born. [Not covered](#)
- 3.9 The student will describe the types of behavior that enable him or her to gain friends or to lose friends. [Grade 3, Lesson 4](#)
- 3.10 The student will practice safety rules in the home. [Grade 3, Lessons 9, 10, 11 & 12](#)
- 3.11 The student will demonstrate to others how to respond appropriately to good touches and how to handle inappropriate approaches from relatives, neighbors, strangers, and others. [Grade 3, Lesson 16](#)
- 3.12 The student will be conscious of how commercials use our emotions to make us want products. [Grade 3, Lesson 21](#)

## FOURTH GRADE

- 4.1 The student will be able to identify the human reproductive organs.  
Grade 5, Lesson 34, Lesson 35 (specific anatomy addressed in Grade 5)
- 4.2 The student will identify physical changes that begin to occur during puberty.  
Grade 4, Lessons 25 & 26; Grade 5, Lessons 33, 34 & 35
- 4.3 The student will develop an awareness of human fertilization and prenatal development.  
Not covered
- 4.4 The student will identify basic human emotions and effective ways of dealing with them.  
Grade 4, Lessons 4, 5 & 6
- 4.5 The student will develop awareness and acceptance of his or her strengths and weaknesses.  
Can be included in Grade 4, Lessons 24 & 25
- 4.6 The student will become aware of the need to assume responsibility within the family and to function effectively as a family member. Can be included in Grade 4, Lesson 26, 27 or 28;  
Grade 5, Lesson 33
- 4.7 The student will describe the factors surrounding child abuse and child neglect. Not covered
- 4.8 The student will identify factors contributing to the use of drugs. Grade 4, Lesson 21
- 4.9 The student will recognize the dangers of substance use and abuse. Grade 4, Lesson 20

## FIFTH GRADE

- 5.1 The student will define the structure and function of the endocrine system. **Not covered**
- 5.2 The student will identify the human reproductive organs in relation to the total anatomy. **Grade 5, Lesson 34, Lesson 35**
- 5.3 The student will explain how human beings reproduce. **Can be included in Grade 5, Lessons 34 & 35**
- 5.4 The student will recognize the relationship between the physical changes that occur during puberty and the developing capacity for reproduction. **Grade 5, Lessons 33, 34 & 35**
- 5.5 The student will realize the importance of nutrition for himself or herself and for pregnant women who need to eat nutritious foods and avoid dangerous substances while the baby is growing inside the uterus. **Grade 5, Lessons 16, 17, 18 & 19 (nutrition for self); prenatal nutrition is not covered**
- 5.6 The student will identify reasons for avoiding sexual activity prior to marriage. **Grade 5, Lesson 37**
- 5.7 The student will describe the effects of personal hygiene on one's self-concept. **Grade 5, Lesson 33**
- 5.8 The student will recognize the importance of contributing to a constructive group activity. **There are many small-group activities throughout the curriculum**
- 5.9 The student will develop an increased understanding of the roles, duties, and responsibilities of family members. **Can be included in Grade 5, Lesson 33**
- 5.10 The student will examine the messages from mass media related to sexuality. **Not covered. Could be added to Grade 5, Lesson 33, 36 or 37**
- 5.11 The student will develop skill in saying "no" to any social behavior or activity that he or she perceives as wrong for him or herself. **Grade 5, Lesson 28 (refusal skills around alcohol use)**
- 5.12 The student will recognize threatening or uncomfortable situations and how to react to them. **Grade 5, Lesson 9. Lesson 12, Lesson 13, Lesson 31, Lesson 38**
- 5.13 The student will explain the effects of substance use and abuse on the body. **Grade 5, Lesson 24**
- 5.14 The student will become aware of the existence of sexually transmitted infection. **Grade 5, Supplemental Lesson on HIV**

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**SIXTH GRADE**

- 6.1 The student will understand personal hygiene practices and the physical changes that occur during puberty. **ABST, Lesson 7**
- 6.2 The student will explain the effects of growth on development, attitudes and interests. **ABST, Lesson 7, Lesson 10 ; HIV Lesson 4**
- 6.3 The student will continue to identify physical and emotional changes that occur during puberty and their effects on growth and development. **ABST, Lesson 4, Lesson 5, Lesson 6, Lesson 7, Lesson 8**
- 6.4 The student will recall basic facts about sexually transmitted infections. **HIV, Lesson 6**
- 6.5 The student will be able to describe the etiology, effects, and transmission of HIV. **HIV, Lesson 7**
- 6.6 The student will summarize the process of human reproduction and the benefits of postponing premarital sexual activity. **HIV, Lesson 5; ABST, Lesson 11**
- 6.7 The student will describe personal characteristics that can contribute to happiness for self and others. **EMH, Lesson 3, Lesson 4; HIV, Lesson 3 (consent)**
- 6.8 The student will demonstrate increased understanding of child abuse and neglect, including emotional and sexual abuse. **VIP, Lessons 16 & 17**
- 6.9 The student will become aware of community healthcare and safety agencies and their functions. **ABST, Lesson 9; EMH, Lesson 8; HIV, Lesson 8; VIP, Lessons 16 & 17**
- 6.10 The student will explain the effects of substance use and abuse on the individual, family, school, and society. **TAOD, Lessons 1, 2, 3, 4, 5, 6, 7, 8**
- 6.11 The student will evaluate the messages from mass media related to sexuality and gender stereotyping. **EMH, Lesson 13; ABST, Lesson 12 ; HIV, Lesson 2**
- 6.12 The student will be able to define human trafficking and identify where and how it occurs and explain laws protecting children from human trafficking, and/or inappropriate and abusive behavior of others. **VIP, Lesson 17 (covered in more detail in High School VIP, Lesson 17)**
- 6.13 The student will apply decision-making skills in problem-solving and in determining the possible outcomes of his or her decisions. **ABST, Lesson 16; EMH, Lesson 13 (social media), Lesson 14; HIV, Lesson 9; VIP, Lesson 6**

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**SEVENTH GRADE**

- 7.1 **The student will identify his or her role and relationships within the family.**  
**Can be included in EMH, Lesson 4 or 5**
- 7.2 **The student will recognize the physical development of his or her sex characteristics and how they affect emotional and social growth.** **ABST, Lesson 5, Lesson 6**
- 7.3 **The student will realize that physical affection does not have to be sexual, but it also can be an expression of friendship, of celebration, or of a loving family.**  
**ABST, Lesson 10; EMH Lesson 4 (healthy relationships)**
- 7.4 **The student will recognize that sexual behaviors are conscious decisions; that it is important to say "no" to premarital, abusive, and inappropriate sexual relationships; and that appropriate relationships are based on mutual respect, trust, and caring.** **EMH, Lesson 4 (healthy relationships), ABST, Lesson 11 (abstinence), Lessons 14 & 15 (refusals); HIV, Lesson 3 (consent), Lessons 10 & 11 (refusals); VIP, Lesson 16 (inappropriate touch)**
- 7.5 **The student will identify messages in society related to sexuality.**  
**ABST, Lesson 12, Lesson 13; HIV, Lesson 2**
- 7.6 **Students will explore safety issues related to the Internet.** **EMH, Lesson 13**
- 7.7 **The student will be aware of the consequences of preteen and teenage sexual intercourse.**  
**ABST, Lesson 11, Lesson 16; HIV, Lesson 1, Lesson 5, Lesson 6, Lesson 7, Lesson 9**
- 7.8 **The student will list the adverse consequences of a pregnancy in early adolescence, as well as the positive benefits of postponing pregnancy until marriage.**  
**ABST, Lesson 16; HIV, Lesson 5**
- 7.9 **The student will describe the signs and symptoms of pregnancy.** **Not covered**
- 7.10 **The student will develop an understanding of and responsibility for family planning.**  
**HIV, Lesson 14**
- 7.11 **The student will explain techniques for preventing and reporting sexual assault, human trafficking, and molestation.** **VIP, Lessons 16 & 17**
- 7.12 **The student will identify causes, symptoms, treatment, prevention, and transmission of sexually transmitted infections, including HIV.** **HIV, Lesson 6, Lesson 7, Lesson 8**
- 7.13 **The student will identify the issues associated with friendships.** **EMH, Lesson 4 (relationships), Lesson 5 (communication); VIP, Lessons 14 & 15 (conflict resolution)**
- 7.14 **The student will realize the role of peers and the peer group during adolescence, and the nature and purpose of dating.** **ABST, Lesson 10, Lesson 13 ; HIV Lesson 4**
- 7.15 **The student will recognize contributions of various racial and ethnic groups to family life and society.** **Not covered**
- 7.16 **The student will increase his or her ability to listen to different points of view and to accept the rights of others to a differing point of view.** **EMH, Lesson 5 (communication); HIV, Lesson 3 (consent); VIP, Lessons 14 & 15 (conflict resolution)**

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**EIGHTH GRADE**

- 8.1 The student will relate stages of human development to his or her own developmental level. [EMH, Lesson 3](#); [ABST Lesson 7](#)**
- 8.2 The student will recognize the development of sexuality as an aspect of the total personality. [ABST, Lesson 4](#); [HIV, Lesson 1](#)**
- 8.3 The student will become aware of the need to think through decisions, to know how decisions impact their lives as well as the lives of others, and to take responsibility for the decisions they make. [ABST, Lesson 16](#) ; [EMH, Lesson 13 \(social media\), Lesson 14](#); [HIV, Lesson 9](#); [VIP, Lesson 6](#)**
- 8.4 The student will identify the issues associated with friendships. [EMH, Lesson 4 \(relationships\), Lesson 5 \(communication\)](#); [VIP, Lessons 14 & 15 \(conflict resolution\)](#).**
- 8.5 The student will recognize the nature of dating during adolescence. [HIV, Lesson 4](#)**
- 8.6 The student will interpret the messages in society related to sexuality. [ABST, Lesson 12, Lesson 13](#); [HIV, Lesson 2](#)**
- 8.7 The student will describe strategies for saying "no" to premarital sexual relations. [ABST, Lessons 14 & 15](#); [HIV, Lessons 10 & 11](#)**
- 8.8 The student will develop the coping skills needed to deal with stress. [EMH, Lessons 9, 10 & 11](#)**
- 8.9 The student will identify the stresses related to changing relationships in the home, school, and community. [EMH, Lessons 9, 10, 11 \(stress management\), Lesson 12 \(grief/loss\)](#)**
- 8.10 The student will analyze the issues related to teenage pregnancy. [ABST, Lesson 16](#); [HIV, Lesson 5](#)**
- 8.11 The student will review facts about pregnancy prevention and disease control. [HIV, Lesson 14 \(contraception\)](#); [ABST, Lesson 11 \(benefits of abstinence\)](#)**
- 8.12 The student will describe the effects of alcohol and drug use and abuse on families and peer relationships. [TAOD, Lesson 6, Lesson 8, Lesson 12](#)**
- 8.13 The student will identify the effects and prevention of sexual assault, rape (including date rape), incestuous behavior, human trafficking, and molestation. [HIV, Lesson 3 \(consent\)](#); [VIP, Lessons 16 & 17 \(abuse prevention\)](#)**
- 8.14 The student will recall the ways in which HIV is transmitted and prevented. [HIV, Lesson 7](#)**

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**NINTH GRADE**

- 9.1 The student will understand the human growth and development cycle. **Not covered**
- 9.2 The student will explain the importance of the family as a basic unit of society and his or her responsibility as a member of the family. **Not covered**
- 9.3 The student will recognize the development of sexuality as an aspect of the total personality. **ABST, Lesson 7; HIV, Lesson 1**
- 9.4 The student will review and apply the decision-making process. **ABST, Lesson 14; TAOD, Lesson 13; VIP, Lesson 5**
- 9.5 The student will review the nature and purposes of dating. **EMH, Lesson 8, Lesson 9; VIP, Lesson 15**
- 9.6 The student will realize the importance of setting standards for controlling sexual behavior and of postponing sexual relations until marriage. **ABST, Lesson 10 (benefits of abstinence), Lesson 13 (limit setting), Lesson 14 (decision making), Lessons 15 & 16 (refusals); HIV, Lesson 4 (consent)**
- 9.7 The student will interpret the effects and prevention of sexual assault, rape (including date rape), incestuous behavior, molestation, human trafficking, and sexual harassment using electronic means. **VIP, Lesson 15 (dating violence), Lessons 17, 18 & 19 (exploitation/abuse); EMH, Lesson 9 (ending relationships)**
- 9.8 The student will relate specific information on substance use and abuse to each stage of the life cycle. **TAOD, Lesson 2 (stages of addiction, including effects specific to teens)**
- 9.9 The student will be able to explain the process of reproduction. **ABST, Lesson 8 (fetal development and birth not covered); section of HIV Supplemental Lesson covers prenatal care**
- 9.10 The student will demonstrate understanding of specific health issues, including the ability to conduct self-examinations. **HIV, Lesson 9**
- 9.11 The student will demonstrate knowledge of pregnancy prevention and disease control. **HIV, Lesson 5 (contraception), Lesson 9 (STI risks), Lesson 11 (condom use)**
- 9.12 The student will explain the transmission and prevention of HIV. **HIV, Lesson 7**
- 9.13 The student will identify the effects of discrimination. **VIP, Lesson 13**
- 9.14 The student will begin to identify educational and career goals. **Not covered; EMH, Lesson 14 covers goal setting for emotional health**

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**TENTH GRADE**

- 10.1 The student will determine how maturation affects adolescents. EMH, Lesson 2 (emotional health in general)**
- 10.2 The student will describe his or her own attitudes concerning expectations of self and interpersonal relationships. EMH, Lesson 3 (positive self-talk), Lesson 7 (communication), Lesson 8 (healthy relationships), Lesson 9 (ending relationships)**
- 10.3 The student will examine values, morals, and ethics essential to the growth and maintenance of positive human relationships. EMH, Lesson 8 (healthy relationships), Lesson 9 (ending relationships); HIV Lesson 3 (consent); VIP, Lesson 14 (sexual harassment), Lesson 15 (dating violence), Lesson 17 (exploitation), Lesson 18 (abuse)**
- 10.4 The student will use the steps in the decision-making process to solve specific problems. ABST, Lesson 14; TAOD, Lesson 13; VIP, Lesson 5**
- 10.5 The student will recognize the benefits of abstaining from premarital sexual intercourse. ABST, Lesson 10, Lesson 14**
- 10.6 The student will recognize alternatives to premarital sexual activity for expressing feelings and affection. ABST, Lesson 10**
- 10.7 The student will explain the factors to be considered in preparing for dating and marriage. EMH, Lesson 8 (healthy relationships); HIV Lesson 3 (consent); VIP, Lesson 15 (dating violence)**
- 10.8 The student will examine factors to be considered in life-goal planning. HIV, Lesson 5 (contraception); career and general life goal planning not covered**
- 10.9 The student will describe the signs and symptoms of pregnancy. Not covered**
- 10.10 The student will analyze the factors associated with a healthy pregnancy. Section of HIV Supplemental Lesson covers prenatal care**
- 10.11 The student will explain the importance of supportive roles of the mother and father through pregnancy and birth. Not covered**
- 10.12 The student will describe available birthing options. Not covered**
- 10.13 The student will identify the stages of the birthing process. Not covered**
- 10.14 The student will analyze the skills and attitudes needed to become a competent parent. Not covered**
- 10.15 The student will describe adjustments to be made after the birth of a child. HIV, Lesson 5 (impact of teen parenting only)**
- 10.16 The student will compile a list of community agencies and resources available to assist individuals and families. Resources are included specific to various lesson topics ABST, Lesson 4 (health care); EMH, Lesson 16 (suicide), Lesson 17 (mental health); HIV, Lesson 10 (STI/pregnancy testing), Lesson 11 (condoms); TAOD, Lesson 10 (drug use); VIP, Lesson 13 (hate violence), Lesson 14 (sexual harassment), Lesson 15 (dating violence), Lesson 16 (suicide), Lessons 17 &18 (exploitation/abuse)**
- 10.17 The student will review the positive aspects of family life as a basic unit of society and as a means of personal development. Can be included in EMH, Lesson 8 around healthy relationships**

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**ELEVENTH GRADE**

- 11.1** The student will evaluate individual strengths and weaknesses in relation to personal, educational, and career goals.  
**EMH, Lesson 11 (social media), Lesson 14 (focus is on emotional health goals)**
- 11.2** The student will relate major theories of human development to his or her own situation and/or developmental level.  
**Not covered**
- 11.3** The student will recognize advantages of abstinence from premarital sexual relations, reinforcing methods of saying "no" to undesirable behavior.  
**ABST, Lesson 10, Lesson 13, Lesson 14, Lessons 15 & 16; HIV, Lesson 4 (consent)**
- 11.4** The student will explain how mass media, television, and the Internet can have both positive and negative effects on the development to individuals--children, adolescents, and adults.  
**EMH, Lesson 11 (social media), Lesson 15 (mental health); ABST, Lesson 12; HIV, Lesson 8; TAOD, Lesson 12; VIP, Lesson 10 (cyberbullying), Lesson 17 (exploitation)**
- 11.5** The student will express his or her own attitude toward parenting.  
**HIV, Lesson 5 (consequences of teen parenting only)**
- 11.6** The student will develop skills in making parenting decisions. **Not covered**
- 11.7** The student will classify the major problems, issues, and decisions related to each stage of the family life cycle. **Not covered**
- 11.8** The student will identify parenthood options in terms of questions to be answered and decisions to be made. **Not covered**
- 11.9** The student will describe characteristics of newborn infants. **Not covered**
- 11.10** The student will recall ways to cope with common fears and concerns regarding the care of newborn infants. **Not covered**
- 11.11** The student will describe the adjustments family members face in the postnatal period.  
**Not covered**
- 11.12** The student will explain the stages of growth and development in children. **Not covered**
- 11.13** The student will calculate the personal considerations and financial costs of childbearing.  
**HIV, Lesson 5 (consequences of teen parenting only)**
- 11.14** The student will identify criteria for selecting adequate child-care services. **Not covered**
- 11.15** The student will analyze community resources to meet specific needs.  
**Not covered in terms of parenting/child care needs**

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**TWELFTH GRADE**

- 12.1 The student will describe the value of the home and family as primary sources of enrichment and personal renewal.  
**EMH, Lesson 14 (role models as part of take-home family sheet); otherwise not covered directly**
- 12.2 The student will analyze the effects of cultural and family patterns on individual and family development. **Not covered**
- 12.3 The student will describe types of adjustments and sources of conflict in interpersonal relationships. **EMH, Lesson 13; VIP, Lesson 14 covers sexual harassment**
- 12.4 The student will explain how parental responsibilities change throughout the family life cycle. **Not covered**
- 12.5 The student will recognize the challenges of individuals with disabling conditions and ways in which families can be sensitive to and make adjustments for these needs. **Not covered**
- 12.6 The student will develop a plan for managing resources in the home. **Not covered**
- 12.7 The student will interpret state laws that affect family life. **Not covered**
- 12.8 The student will identify ways of preventing and/or coping with various types of violence and abuse. **VIP, Lessons 8, 9, 10, 11, 12, , 13, 14, 15, 17, 18, 19**
- 12.9 The student will analyze stress and crisis situations which affect family life.  
**EMH, Lessons 4 & 5 (stress in general), Lesson 10 (loss/grief), Lesson 16 (suicide); Lessons 15 & 17 (mental health disorders)**
- 12.10 The student will identify procedures and criteria for assessing community resources that deal with individual and family problems.  
**EMH, Lesson 17**
- 12.11 The student will describe the benefits for saying "no" to premarital sexual activity.  
**ABST Lesson 10, Lesson 14, Lessons 15 & 16; HIV, Lesson 4 (consent)**
- 12.12 The student will prepare a plan for the fulfillment of lifelong goals.  
**EMH, Lesson 14 (focus is on emotional health goals)**