

Tobacco, Alcohol & Other Drug Prevention

The student materials in this *HealthSmart* unit address the following Common Core State Standards in English Language Arts:

Lesson 1

Drug Category Cards RI.9-10.1,2,3,4; RI.11-12.1,2,3,4;

SL.9-10.1,4; SL.11-12.1,4; L.9-10.6; L.11-12.6

What It Is Cards RI.9-10.1,2,3,4; RI.11-12.1,2,3,4;

SL.9-10.3; SL.11-12.3

What It Does Cards RI.9-10.1,2,3,4; RI.11-12.1,2,3,4;

SL.9-10.3; SL.11-12.3

Exploring My Thinking About Drugs W.9-10.1,4; W.11-12.1,4

Understanding Drugs RI.9-10.1; RI.11-12.1

W.9-10.2,4; W.11-12.2.4 L.9-10.6; L.11-12.6

Lesson 2

Understanding Addiction RI.9-10.1,2,3,4; RI.11-12.1,2,3,4;

W.9-10.2,4; W.11-12.2.4 SL.9-10.1,4; SL.11-12.1,4; L.9-10.6; L.11-12.6

Who's Addicted? RL.9-10.1,2,3,4; RL.11-12.1,2,3,4; SL.9-10.1; SL.11-12.1; L.9-10.6; L.11-12.6

A Story of Addiction W.9-10.2,3,4; W.11-12.2,3,4 L.9-10.6; L.11-12.6

Lesson 3

Prescription & Over-the-Counter Drugs: What's Wrong with This Picture? RL.9-10.1,2,3,4;

RL.11-12.1,2,3,4; RI.9-10.1,2,3,4; RI.11-12.1,2,3,4; W.9-10.1,2,3,4; W.11-12.1,2,3,4;

SL.9-10.1; SL.11-12.1; L.9-10.6; L.11-12.6

Lesson 4

Teens & Tobacco: What Do You Think? W.9-10.4; W.11-12.4; L.9-10.6; L.11-12.6

Tobacco: Short-Term Physical Effects RI.9-10.1,2,3,4; RI.11-12.1,2,3,4

Tobacco: Long-Term Physical Effects RI.9-10.1,2,3,4; RI.11-12.1,2,3,4

Tobacco: Personal & Social Consequences RI.9-10.1,2,3,4; RI.11-12.1,2,3,4

Tobacco: Secondhand Smoke Effects RI.9-10.1,2,3,4; RI.11-12.1,2,3,4

Tobacco Fact Hunt W.9-10.2,4,8,9; W.11-12.2,4,8,9; SL.9-10.1; SL.11-12.1; L.9-10.6; L.11-12.6

Message to a Friend W.9-10.2,3,4; W.11-12.2,3,4 L.9-10.6; L.11-12.6

Lesson 5

Benefits of Quitting Smoking RI.9-10.1,2,3,4; RI.11-12.1,2,3,4

5 Keys to Quitting Tobacco RI.9-10.1,2,3,4; RI.11-12.1,2,3,4; W.9-10.2,4; W.11-12.2.4

SL.9-10.1,4; SL.11-12.1,4; L.9-10.6; L.11-12.6

Helping a Friend Quit W.9-10.1,2,3,4; W.11-12.1,2,3,4; L.9-10.6; L.11-12.6

Lesson 6

Key Points About Alcohol RI.9-10.1,2,3,4; RI.11-12.1,2,3,4; W.9-10.2,4; W.11-12.2.4;

SL.9-10.1,3,4; SL.11-12.1,3,4; L.9-10.6; L.11-12.6

Alcohol & Consequences W.9-10.2,4,8,9; W.11-12.2.4,8,9

Key to Common Core Abbreviations

Language Forms:

RL = Reading Literature

RI = Reading Informational

Text

W = Writing

SL = Speaking & Listening

L = Language

The grade level follows the language form.

The specific standards addressed follow the grade level, separated by commas.

For example: W.9-10.2,4 = Writing, Grades 9-10, Standards 2 and 4.

Lesson 7

Marijuana: Get the Facts RI.9-10.1,2,3,4; RI.11-12.1,2,3,4

Marijuana Myth Busters RL.9-10.1,2,3,4; RL.11-12.1,2,3,4; W.9-10.1,2,3,4,9; W.11-12.1,2,3,4,9;
SL.9-10.1,4; SL.11-12.1,4; L.9-10.6; L.11-12.6

Reasons to Be Marijuana Free W.9-10.1,2,3,4,8,9; W.11-12.1,2,3,4,8,9; L.9-10.6; L.11-12.6

Lesson 8

Time to Talk: Family Rules About Drug Use RI.9-10.1,2,3,4; RI.11-12.1,2,3,4; SL.9-10.1; SL.11-12.1;
L.9-10.6; L.11-12.6

Middletown High School's Policies on Drugs & Violence RI.9-10.1,2,3,4; RI.11-12.1,2,3,4;
SL.9-10.1; SL.11-12.1

Nate, Drugs & the Law RL.9-10.1,2,3,4; RL.11-12.1,2,3,4

Know the Laws W.9-10.2,4,9; W.11-12.2,4,9; L.9-10.6; L.11-12.6

Lesson 9

Denial or Enabling: You Make the Choice RL.9-10.1,2,3,4; RL.11-12.1,2,3,4;
W.9-10.3,4; W.11-12.3,4; SL.9-10.1; SL.11-12.1; L.9-10.6; L.11-12.6

Community Resources RI.9-10.1,2,3,4,5,6,7; RI.11-12.1,2,3,4,5,6,7;
W.9-10.2,4,6; W.11-12.2,4,6; SL.9-10.1; SL.11-12.1; L.9-10.6; L.11-12.6

Helping Cody RL.9-10.1,2,3,4; RL.11-12.1,2,3,4; W.9-10.1,2,4; W.11-12.1,2,4; L.9-10.6; L.11-12.6

Lesson 10

What's the Influence? RL.9-10.1,2,3,4; RL.11-12.1,2,3,4; W.9-10.2,4; W.11-12.2,4;
SL.9-10.1,3,4; SL.11-12.1,3,4; L.9-10.6; L.11-12.6

To Use or Not to Use W.9-10.1,2,3,4,9; W.11-12.1,2,3,4,9; L.9-10.6; L.11-12.6

Lesson 11

Counteracting Media Messages W.9-10.2,4,5,6,8,9; W.11-12.2,4,5,6,8,9;
SL.9-10.1,2,3,4,5,6; SL.11-12.1,2,3,4,5,6; L.9-10.6; L.11-12.6

Lesson 12

Sam & Erica's Party RL.9-10.1,2,3,4; RL.11-12.1,2,3,4

What Would You Decide to Do? RL.9-10.1,2,3,4; RL.11-12.1,2,3,4; W.9-10.2,4; W.11-12.2,4;
SL.9-10.1; SL.11-12.1; L.9-10.6; L.11-12.6

A Safer Decision RL.9-10.1,2,3,4; RL.11-12.1,2,3,4; W.9-10.2,4,9; W.11-12.2,4,9;
SL.9-10.1; SL.11-12.1; L.9-10.6; L.11-12.6

Lesson 13

Time to Talk: My Dreams & Wishes for You RI.9-10.1,2,3,4; RI.11-12.1,2,3,4; SL.9-10.1; SL.11-12.1;
L.9-10.6; L.11-12.6

My Goals & the Negative Effects of Drug Use W.9-10.1,2,4,9; W.11-12.1,2,4,9; L.9-10.6; L.11-12.6

My Drug-Free Future W.9-10.1,2,3,4,9; W.11-12.1,2,3,4,9; L.9-10.6; L.11-12.6

Lesson 14

To Drink or Not to Drink RL.9-10.1,2,3,4; RL.11-12.1,2,3,4; SL.9-10.1,3,4; SL.11-12.1,3,4

Saying NO to Marijuana RL.9-10.1,2,3,4; RL.11-12.1,2,3,4; W.9-10.2,3,4,9; W.11-12.2,3,4,9;
SL.9-10.1,4; SL.11-12.1,4; L.9-10.6; L.11-12.6

HealthSmart Alignment to ELA Common Core State Standards Listed by Lesson
High School *Tobacco, Alcohol & Other Drug Prevention*

Lesson 15

Resisting Drug Pressure 1-4 W.9-10.2,3,4,5,8,9; W.11-12.2,3,4,5,8,9; SL.9-10.4; SL.11-12.4;
L.9-10.6; L.11-12.6

Roleplay Feedback Form SL.9-10.3; SL.11-12.3

Lesson 16

Helping Others Stay Drug Free RL.9-10.1,2,3,4; RL.11-12.1,2,3,4; W.9-10.1,2,3,4; W.11-12.1,2,3,4;
SL.9-10.1,4; SL.11-12.1,4; L.9-10.6; L.11-12.6

Unit Assessment 1

What I Know About Tobacco, Alcohol & Other Drugs RL.9-10.1,2,3,4; RL.11-12.1,2,3,4;
RI.9-10.1,2,3,4; RI.11-12.1,2,3,4; W.9-10.1,2,3,4; W.11-12.1,2,3,4; L.9-10.6; L.11-12.6

Unit Assessment 2

Read All About It: Creating a Newsletter RI.9-10.1,2,3,4; RI.11-12.1,2,3,4; W.9-10.1,2,3,4,5,6,8,9;
W.11-12.1,2,3,4,5,6,8,9; SL.9-10.1,4; SL.11-12.1,4; L.9-10.6; L.11-12.6

Draft Newsletter Article RI.9-10.1,2,3,4; RI.11-12.1,2,3,4; W.9-10.2,4,6,8; W.11-12.2,4,6,8;
SL.9-10.1,4; SL.11-12.1,4; L.9-10.6; L.11-12.6

Newsletter Article: Peer Review Form W.9-10.1; W.11-12.1; SL.9-10.3; SL.11-12.3