

## Grade K (Print Edition)

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### Key to Abbreviations

PFH = Personal & Family Health  
SIP = Safety & Injury Prevention  
NPA = Nutrition & Physical Activity  
TAP = Tobacco & Alcohol Prevention

**HealthSmart Grade K meets the following Common Core State Standards in English Language Arts.**

### Reading Informational Text

#### Standard 2

**With prompting and support, identify the main topic and retell key details of a text.**

SIP, Lesson 3, Activity 1: Car Smart Prompt Strips

#### Standard 4

**With prompting and support, ask and answer questions about unknown words in a text.**

SIP, Lesson 3, Activity 1: Car Smart Prompt Strips

#### Standard 7

**With prompting and support, describe the relationship between illustrations and the text in which they appear (e.g., what person, place, thing, or idea in the text an illustration depicts).**

SIP, Lesson 3, Activity 1: Car Smart Prompt Strips

### Reading Literature

#### Standard 1

**With prompting and support, ask and answer questions about key details in a text.**

PFH, Lesson 2, Activity 4: "I'm Sick or Hurt" Stories

#### Standard 2

**With prompting and support, retell familiar stories, including key details.**

PFH, Lesson 2, Activity 4: "I'm Sick or Hurt" Stories

#### Standard 3

**With prompting and support, identify characters, settings and major events in a story.**

PFH, Lesson 2, Activity 4: "I'm Sick or Hurt" Stories

#### Standard 4

**Ask and answer questions about unknown words in a text.**

PFH, Lesson 2, Activity 4: "I'm Sick or Hurt" Stories

### Writing

#### Standard 1

**Use a combination of drawing, dictating and writing to compose opinion pieces in which they tell a reader the topic or the name of the book they are writing about and state an opinion or preference about the topic or book.**

PFH, Lesson 1, Activity 3: I Have People Who Care

SIP, Lesson 3, Activity 1: Car Smart Prompt Strips

NPA, Lesson 1, Activity 2: My Favorite Healthy Foods, Healthy Food Choices

NPA, Lesson 3, Activity 1: My Arms and Hands, My Legs and Feet, My Eyes, Ears, Nose and Mouth, My One Wonderful Body

NPA, Lesson 3, Activity 2: Come Move with Me!

TAP, Lesson 1, Activity 3: Tobacco Free and Healthy Prompt Strips

## Standard 2

**Use a combination of drawing, dictating and writing to compose informative/explanatory text in which they name what they are writing about and supply some information about the topic.**

PFH, Lesson 1, Activity 3: I Have People Who Care

SIP, Lesson 3, Activity 1: Car Smart Prompt Strips

NPA, Lesson 1, Activity 2: My Favorite Healthy Foods, Healthy Food Choices

TAP, Lesson 1, Activity 2: Body Bob

TAP, Lesson 2, Activity 2: Help Me Stay Away from Tobacco Smoke

## Standard 8

**With guidance and support from adults, recall information from experiences or gather information from provided sources to answer a question.**

PFH, Lesson 1, Activity 3: I Have People Who Care

SIP, Lesson 3, Activity 1: Car Smart Prompt Strips

NPA, Lesson 1, Activity 2: My Favorite Healthy Foods, Healthy Food Choices

NPA, Lesson 3, Activity 1: My Arms and Hands. My Legs and Feet, My Eyes, Ears, Nose and Mouth, My One Wonderful Body

NPA, Lesson 3, Activity 2: Come Move with Me!

TAP, Lesson 1, Activity 3: Tobacco Free and Healthy Prompt Strips

## Speaking and Listening

### Standard 1

**Participate in collaborative conversations with diverse partners about kindergarten topics and texts with peers and adults in small and larger groups.**

PFH, Lesson 1, Activity 3: Got a Minute? Talking About People Who Care

PFH, Keep the Learning Alive (1): I Like Me!

PFH, Lesson 2, Activity 3: Got a Minute? Talking About Being Sick or Hurt

PFH, Lesson 2, Activity 4: "I'm Sick or Hurt" Stories

PFH, Lesson 2, Activity 5: Washing My Hands, Brushing My Teeth, Using Medicine Safely

PFH, Keep the Learning Alive 2: I Wash My Hands!

SIP, Lesson 2, Activity 4: Table Talk: Street Smart Families

SIP, Keep the Learning Alive: I Walk in Safe Ways!

NPA, Lesson 2, Activity 2: Table Talk: Do We Drink Plenty of Water?

NPA, Keep the Learning Alive (1): I Drink Plenty of Water!

NPA, Lesson 3, Activity 1: My Arms and Hands. My Legs and Feet, My Eyes, Ears, Nose and Mouth

NPA, Lesson 3, Activity 2: Come Move with Me!, Got a Minute? Talking About My Special Body

NPA, Keep the Learning Alive (2): I Move My Body!

TAP, Lesson 1, Activity 3: Tobacco Free and Healthy Prompt Strips

TAP, Lesson 2, Activity 2: Got a Minute? Talking About Secondhand Smoke

TAP, Keep the Learning Alive: I Stay Away from Tobacco!

### Standard 2

**Confirm understanding of a text read aloud or information presented orally or through other media by asking and answering questions about key details and requesting clarification if something is not understood.**

PFH, Keep the Learning Alive (1): I Like Me!

PFH, Lesson 2, Activity 4: "I'm Sick or Hurt" Stories

PFH, Lesson 2, Activity 5: Washing My Hands, Brushing My Teeth, Using Medicine Safely

PFH, Keep the Learning Alive 2: I Wash My Hands!

SIP, Keep the Learning Alive: I Walk in Safe Ways!

NPA, Keep the Learning Alive: I Drink Plenty of Water!

NPA, Lesson 3, Activity 1: My Arms and Hands. My Legs and Feet, My Eyes, Ears, Nose and Mouth

*HealthSmart* Alignment to ELA Common Core State Standards Listed by Standard  
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NPA, Lesson 3, Activity 2: Come Move with Me!  
TAP, Lesson 1, Activity 3: Tobacco Free and Healthy Prompt Strips  
TAP, Keep the Learning Alive: I Stay Away from Tobacco!

### **Standard 3**

**Ask and answer questions in order to seek help, get information or clarify something that is not understood.**

PFH, Lesson 2, Activity 4: “I’m Sick or Hurt” Stories  
SIP, Lesson 1, Activity 2: Help to Be Safe Badges

### **Standard 4**

**Describe familiar people, places, things and events and, with prompting and support, provide additional detail.**

PFH, Lesson 1, Activity 3: I Have People Who Care  
SIP, Lesson 2, Activity 4: Street Smart Badges

### **Standard 6**

**Speak audibly and express thoughts, feelings and ideas clearly.**

PFH, Lesson 1, Activity 3: I Have People Who Care  
PFH, Keep the Learning Alive (1): I Like Me!  
PFH, Lesson 2, Activity 4: “I’m Sick or Hurt” Stories  
PFH, Lesson 2, Activity 5: Washing My Hands, Brushing My Teeth, Using Medicine Safely  
PFH, Keep the Learning Alive 2: I Wash My Hands!  
SIP, Lesson 3, Activity 1: Car Smart Prompt Strips  
SIP, Keep the Learning Alive: I Walk in Safe Ways!  
NPA, Keep the Learning Alive: I Drink Plenty of Water!  
NPA, Lesson 3, Activity 1: My Arms and Hands. My Legs and Feet, My Eyes, Ears, Nose and Mouth  
NPA, Lesson 3, Activity 2: Come Move with Me!  
TAP, Lesson 1, Activity 3: Tobacco Free and Healthy Prompt Strips  
TAP, Lesson 2, Activity 3: Tobacco-Free Me Medallions  
TAP, Keep the Learning Alive: I Stay Away from Tobacco!

## **Language**

### **Standard 4**

**Determine or clarify the meaning of unknown and multiple-meaning words and phrases based on kindergarten reading and content.**

PFH, Lesson 2, Activity 1: My Body Puzzle  
PFH, Lesson 2, Activity 5: Washing My Hands, Brushing My Teeth, Using Medicine Safely  
SIP, Lesson 3, Activity 1: Car Smart Prompt Strips  
NPA, Lesson 1, Activity 2: My Favorite Healthy Foods, Healthy Food Choices  
NPA, Lesson 3, Activity 2: Come Move with Me!  
TAP, Lesson 1, Activity 3: Tobacco Free and Healthy Prompt Strips  
TAP, Lesson 2, Activity 2: Help Me Stay Away from Tobacco Smoke

### **Standard 6**

**Use words and phrases acquired through conversations, reading and being read to, and responding to texts.**

NPA, Lesson 1, Activity 2: My Favorite Healthy Foods, Healthy Food Choices  
NPA, Lesson 3, Activity 2: Come Move with Me!  
TAP, Lesson 2, Activity 2: Help Me Stay Away from Tobacco Smoke