

Grade K (Digital Edition)

The student materials in *HealthSmart* Grade K Digital Edition address the following Common Core State Standards in English Language Arts.

Lesson 1

I Like Me! SL.K.1,2,6

Lesson 3

I Have People Who Care W.K.1,2,8; SL.K.4,6

Got a Minute? Talking About People Who Care SL.K.1

Lesson 4

My Body Puzzle L.K.4

Lesson 6

Got a Minute? Talking About Being Sick or Hurt SL.K.1

Lesson 7

“I’m Sick or Hurt” Stories RL.K.1,2,3,4; SL.K.1,2,3,6

Lesson 8

Washing My Hands SL.K.1,2,6; L.K.4

Brushing My Teeth SL.K.1,2,6; L.K.4

Using Medicine Safely SL.K.1,2,6; L.K.4

I Wash My Hands! SL.K.1,2,6

Lesson 10

Help to Be Safe Badges SL.K.3

Lesson 14

Street Smart Badges SL.K.4

Table Talk: Street Smart Families SL.K.1

I Walk in Safe Ways! SL.K.1,2,6

Lesson 15

Car Smart Prompt Strips RI.K.2,4,7; W.K.1,2,8; SL.K.6; L.K.4

Lesson 19

My Favorite Healthy Foods W.K.1,2,8; L.K.4,6

Healthy Food Choices W.K.1,2,8; L.K.4,6

Lesson 21

Plenty of Water for Me! W.K.2

Table Talk: Do We Drink Plenty of Water? SL.K.1

I Drink Plenty of Water! SL.K.1,2,6

Lesson 22

My Arms and Hands W.K.1,8; SL.K.1,2,6

My Legs and Feet W.K.1,8; SL.K.1,2,6

My Eyes, Ears, Nose and Mouth W.K.1,8; SL.K.1,2,6

My One Wonderful Body W.K.1,8

Key to Common Core Abbreviations

Language Forms:
RL = Reading Literature
RI = Reading Informational Text
W = Writing
SL = Speaking & Listening
L = Language

The grade level follows the language form.

The specific standards addressed follow the grade level, separated by commas.

For example: W.K.2,4 = Writing, Grade K, Standards 2 and 4.

HealthSmart Alignment to ELA Common Core State Standards Listed by Lesson
Grade K, Digital Edition

Lesson 23

Come Move with Me! W.K.1,8; SL.K.1,2,6; L.K.4
Got a Minute? Talking About My Special Body SL.K.1
I Move My Body! SL.K.1,2,6

Lesson 25

Body Bob W.K.2

Lesson 27

Help Me Stay Away from Tobacco Smoke W.K.2; L.K.4,6
Got a Minute? Talking About Secondhand Smoke SL.K.1

Lesson 28

Tobacco Free and Healthy Prompt Strips W.K.1,8; SL.K.1,2,6; L.K.4
Tobacco-Free Me Medallions SL.K.6
I Stay Away from Tobacco! SL.K.1,2,6