

## Grade 6 (Print Edition)

### Key to Abbreviations

PFH = Personal & Family Health  
SIP = Safety & Injury Prevention  
NPA = Nutrition & Physical Activity  
TAOD = Tobacco, Alcohol & Other  
Drug Prevention

**HealthSmart Grade 6 meets the following Common Core State Standards in English Language Arts.**

### Reading Informational Text

#### Standard 1

**Cite textual evidence to support analysis of what the text says explicitly as well as inferences drawn from the text.**

PFH, Lesson 2, Activity 1: Puberty and New Responsibilities, Top 10 Lessons for Living a Great Life!  
PFH, Lesson 2, Activity 2: Understanding a Girl's Body  
PFH, Lesson 2, Activity 3: Understanding a Boy's Body  
PFH, Lesson 3, Activity 1: Fertilization, Reproduction and Birth  
PFH, Lesson 4, Activity 1: It's About More Than Sex  
PFH, Lesson 5, Activity 1: The Risks and Responsibilities of Having Sex  
PFH, Lesson 5, Activity 2: Preventing Pregnancy, HIV and Other STD  
PFH, Lesson 5, Activity 3: What Is Sexual Orientation?  
PFH, Lesson 5, Activity 4: Sexual Abuse  
SIP, Lesson 2, Activity 1: Just the Facts  
SIP, Lesson 4, Activity 1: All Call: Be Careful, Be Safe, Be Injury Free  
NPA: Lesson 1, Activity 1: From Where I Stand: Foods and Me  
NPA, Lesson 1, Activity 3: How to Read a Food Label  
NPA, Lesson 1, Activity 4: Why They Call It Junk Food, Name That Junk Food, Sweet Words for You  
NPA, Lesson 2, Activity 1: Flexibility, Endurance & Strength  
NPA, Lesson 2, Activity 2: My Exercise and Physical Activity  
NPA, Lesson 3, Activity 2: Eating Disorders  
NPA, Lesson 4, Activity 2: Eating & Exercising: Tracking Your Progress  
NPA, Lesson 5, Activity 1: Physical Activity & Exercise Tips, "Do-licious" Cookbook  
TAOD, Lesson 2, Activity 1: Peers & Tobacco  
TAOD, Lesson 3, Activity 2: I Have Something for You, Instant Bulletin Board: The Real Message About Tobacco  
TAOD, Lesson 4, Activity 1: The Truth About Marijuana  
TAOD, Lesson 5, Activity 1: Drug-Free Game Board  
TAOD, Lesson 5, Activity 2: Drug-Free Road Map  
TAOD, Lesson 6, Activity 1: 7 Ways to Resist Pressure

#### Standard 2

**Determine the central idea of a text and how it is conveyed through particular details; provide a summary of the text distinct from personal opinions or judgment.**

PFH, Lesson 2, Activity 1: Puberty and New Responsibilities, Top 10 Lessons for Living a Great Life!  
PFH, Lesson 2, Activity 2: Understanding a Girl's Body  
PFH, Lesson 2, Activity 3: Understanding a Boy's Body  
PFH, Lesson 3, Activity 1: Fertilization, Reproduction and Birth  
PFH, Lesson 4, Activity 1: It's About More Than Sex  
PFH, Lesson 5, Activity 1: The Risks and Responsibilities of Having Sex  
PFH, Lesson 5, Activity 2: Preventing Pregnancy, HIV and Other STD  
PFH, Lesson 5, Activity 3: What Is Sexual Orientation?  
PFH, Lesson 5, Activity 4: Sexual Abuse  
SIP, Lesson 2, Activity 1: Just the Facts  
SIP, Lesson 4, Activity 1: All Call: Be Careful, Be Safe, Be Injury Free  
NPA, Lesson 1, Activity 3: How to Read a Food Label  
NPA, Lesson 1, Activity 4: Why They Call It Junk Food, Name That Junk Food, Sweet Words for You

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NPA, Lesson 2, Activity 1: Flexibility, Endurance & Strength  
NPA, Lesson 2, Activity 2: My Exercise and Physical Activity  
NPA, Lesson 3, Activity 2: Eating Disorders  
NPA, Lesson 4, Activity 2: Eating & Exercising: Tracking Your Progress  
NPA, Lesson 5, Activity 1: Physical Activity & Exercise Tips, “Do-licious” Cookbook  
TAOD, Lesson 2, Activity 1: Peers & Tobacco  
TAOD, Lesson 3, Activity 2: I Have Something for You, Instant Bulletin Board: The Real Message About Tobacco  
TAOD, Lesson 4, Activity 1: The Truth About Marijuana  
TAOD, Lesson 5, Activity 1: Drug-Free Game Board  
TAOD, Lesson 5, Activity 2: Drug-Free Road Map  
TAOD, Lesson 6, Activity 1: 7 Ways to Resist Pressure

### **Standard 3**

**Analyze in detail how a key individual, event or idea is introduced, illustrated and elaborated in a text.**

PFH, Lesson 2, Activity 1: Puberty and New Responsibilities, Top 10 Lessons for Living a Great Life!  
PFH, Lesson 2, Activity 2: Understanding a Girl’s Body  
PFH, Lesson 2, Activity 3: Understanding a Boy’s Body  
PFH, Lesson 3, Activity 1: Fertilization, Reproduction and Birth  
PFH, Lesson 4, Activity 1: It’s About More Than Sex  
PFH, Lesson 5, Activity 1: The Risks and Responsibilities of Having Sex  
PFH, Lesson 5, Activity 2: Preventing Pregnancy, HIV and Other STD  
PFH, Lesson 5, Activity 3: What Is Sexual Orientation?  
PFH, Lesson 5, Activity 4: Sexual Abuse  
SIP, Lesson 2, Activity 1: Just the Facts  
SIP, Lesson 4, Activity 1: All Call: Be Careful, Be Safe, Be Injury Free  
NPA, Lesson 1, Activity 3: How to Read a Food Label  
NPA, Lesson 1, Activity 4: Why They Call It Junk Food, Name That Junk Food, Sweet Words for You  
NPA, Lesson 2, Activity 1: Flexibility, Endurance & Strength  
NPA, Lesson 2, Activity 2: My Exercise and Physical Activity  
NPA, Lesson 3, Activity 2: Eating Disorders  
NPA, Lesson 4, Activity 2: Eating & Exercising: Tracking Your Progress  
NPA, Lesson 5, Activity 1: Physical Activity & Exercise Tips, “Do-licious” Cookbook  
TAOD, Lesson 2, Activity 1: Peers & Tobacco  
TAOD, Lesson 3, Activity 2: I Have Something for You, Instant Bulletin Board: The Real Message About Tobacco  
TAOD, Lesson 4, Activity 1: The Truth About Marijuana  
TAOD, Lesson 5, Activity 1: Drug-Free Game Board  
TAOD, Lesson 5, Activity 2: Drug-Free Road Map  
TAOD, Lesson 6, Activity 1: 7 Ways to Resist Pressure

### **Standard 4**

**Determine the meaning of words and phrases as they are used in a text, including figurative, connotative and technical meanings.**

PFH, Lesson 1, Activity 2: Media Images & Messages  
PFH, Lesson 2, Activity 1: Puberty and New Responsibilities, Top 10 Lessons for Living a Great Life!  
PFH, Lesson 2, Activity 2: Understanding a Girl’s Body  
PFH, Lesson 2, Activity 3: Understanding a Boy’s Body  
PFH, Lesson 3, Activity 1: Fertilization, Reproduction and Birth  
PFH, Lesson 4, Activity 1: It’s About More Than Sex  
PFH, Lesson 5, Activity 1: The Risks and Responsibilities of Having Sex  
PFH, Lesson 5, Activity 2: Preventing Pregnancy, HIV and Other STD  
PFH, Lesson 5, Activity 3: What Is Sexual Orientation?

## HealthSmart Alignment to ELA Common Core State Standards Listed by Standard Grade 6, Print Edition

PFH, Lesson 5, Activity 4: Sexual Abuse  
SIP, Lesson 2, Activity 1: Just the Facts  
SIP, Lesson 4, Activity 1: All Call: Be Careful, Be Safe, Be Injury Free  
NPA: Lesson 1, Activity 1: From Where I Stand: Foods and Me  
NPA, Lesson 1, Activity 3: How to Read a Food Label  
NPA, Lesson 1, Activity 4: Why They Call It Junk Food, Name That Junk Food, Sweet Words for You  
NPA, Lesson 2, Activity 1: Flexibility, Endurance & Strength  
NPA, Lesson 2, Activity 2: My Exercise and Physical Activity  
NPA, Lesson 3, Activity 2: Eating Disorders  
NPA, Lesson 4, Activity 2: Eating & Exercising: Tracking Your Progress  
NPA, Lesson 5, Activity 1: Physical Activity & Exercise Tips, “Do-licious” Cookbook  
TAOD, Lesson 2, Activity 1: Peers & Tobacco  
TAOD, Lesson 3, Activity 2: I Have Something for You, Instant Bulletin Board: The Real Message About Tobacco  
TAOD, Lesson 4, Activity 1: The Truth About Marijuana  
TAOD, Lesson 5, Activity 1: Drug-Free Game Board  
TAOD, Lesson 5, Activity 2: Drug-Free Road Map  
TAOD, Lesson 6, Activity 1: 7 Ways to Resist Pressure

### Standard 7

**Integrate information presented in different media or formats (e.g., visually, quantitatively) as well as in words to develop a coherent understanding of a topic or issue.**

SIP, Lesson 2, Activity 1: Just the Facts  
NPA, Lesson 1, Activity 3: How to Read a Food Label  
NPA, Lesson 1, Activity 4: Name That Junk Food, Sweet Words for You  
TAOD, Lesson 3, Activity 2: I Have Something for You

## Reading Literature

### Standard 1

**Cite textual evidence to support analysis of what the text says explicitly as well as inferences drawn from the text.**

PFH, Lesson 4, Activity 1: It’s About More Than Sex  
PFH, Lesson 4, Activity 3: Resisting Sexual Pressure  
PFH, Lesson 6, Activity 1: Kids Like You: Journals  
SIP, Lesson 1, Activity 1: Injury in the News  
SIP, Lesson 2, Activity 2: The World of “Roools” (magazine)  
SIP, Lesson 3, Activity 1: 10 Seconds That Changed My Life Forever  
SIP, Lesson 3, Activity 3: 2 Sides of the Coin  
NPA, Lesson 3, Activity 2: Eating Disorders  
NPA, Lesson 4, Activity 2: Maria & Sean’s Goal Booklets  
NPA, Lesson 5, Activity 1: Physical Activity & Exercise Tips  
TAOD, Lesson 4, Activity 1: Marijuana: Real Stories  
TAOD, Lesson 5, Activity 1: Drug-Free Game Board  
TAOD, Lesson 6, Activity 1: Peer Resistance in Action, Group Plan for Resisting Drug Pressures, Saying NO to Drug Pressure Scenarios

### Standard 2

**Determine a theme or central idea of a text and how it is conveyed through particular details; provide a summary of the text distinct from personal opinions or judgments.**

PFH, Lesson 4, Activity 1: It’s About More Than Sex  
PFH, Lesson 4, Activity 3: Resisting Sexual Pressure  
PFH, Lesson 6, Activity 1: Kids Like You: Journals

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SIP, Lesson 1, Activity 1: Injury in the News  
SIP, Lesson 2, Activity 2: The World of “Roools” (magazine)  
SIP, Lesson 3, Activity 1: 10 Seconds That Changed My Life Forever  
SIP, Lesson 3, Activity 3: 2 Sides of the Coin  
NPA, Lesson 3, Activity 2: Eating Disorders  
NPA, Lesson 4, Activity 2: Maria & Sean’s Goal Booklets  
NPA, Lesson 5, Activity 1: Physical Activity & Exercise Tips  
TAOD, Lesson 4, Activity 1: Marijuana: Real Stories  
TAOD, Lesson 5, Activity 1: Drug-Free Game Board  
TAOD, Lesson 6, Activity 1: Peer Resistance in Action, Group Plan for Resisting Drug Pressures, Saying NO to Drug Pressure Scenarios

### **Standard 3**

**Describe how a particular story’s or drama’s plot unfolds in a series of episodes as well as how the characters respond or change as the plot moves toward a resolution.**

PFH, Lesson 4, Activity 1: It’s About More Than Sex  
PFH, Lesson 4, Activity 3: Resisting Sexual Pressure  
PFH, Lesson 6, Activity 1: Kids Like You: Journals  
SIP, Lesson 1, Activity 1: Injury in the News  
SIP, Lesson 2, Activity 2: The World of “Roools” (magazine)  
SIP, Lesson 3, Activity 1: 10 Seconds That Changed My Life Forever  
SIP, Lesson 3, Activity 3: 2 Sides of the Coin  
NPA, Lesson 3, Activity 2: Eating Disorders  
NPA, Lesson 4, Activity 2: Maria & Sean’s Goal Booklets  
NPA, Lesson 5, Activity 1: Physical Activity & Exercise Tips  
TAOD, Lesson 4, Activity 1: Marijuana: Real Stories  
TAOD, Lesson 5, Activity 1: Drug-Free Game Board  
TAOD, Lesson 6, Activity 1: Peer Resistance in Action, Group Plan for Resisting Drug Pressures, Saying NO to Drug Pressure Scenarios

### **Standard 4**

**Determine the meaning of words and phrases as they are used in a text.**

PFH, Lesson 4, Activity 1: It’s About More Than Sex  
PFH, Lesson 4, Activity 3: Resisting Sexual Pressure  
PFH, Lesson 6, Activity 1: Kids Like You: Journals  
SIP, Lesson 1, Activity 1: Injury in the News  
SIP, Lesson 2, Activity 2: The World of “Roools” (magazine)  
SIP, Lesson 3, Activity 1: 10 Seconds That Changed My Life Forever  
SIP, Lesson 3, Activity 3: 2 Sides of the Coin  
NPA, Lesson 3, Activity 2: Eating Disorders  
NPA, Lesson 4, Activity 2: Maria & Sean’s Goal Booklets  
NPA, Lesson 5, Activity 1: Physical Activity & Exercise Tips  
TAOD, Lesson 4, Activity 1: Marijuana: Real Stories  
TAOD, Lesson 5, Activity 1: Drug-Free Game Board  
TAOD, Lesson 6, Activity 1: Peer Resistance in Action, Group Plan for Resisting Drug Pressures, Saying NO to Drug Pressure Scenarios

## Writing

### Standard 1

#### **Write arguments to support claims with clear reasons and relevant evidence.**

PFH, Lesson 1, Activity 1: Instant Bulletin Board: My Role Model  
PFH, Lesson 1, Activity 2: In the Grapevine: Media, Sexuality and My Peers  
PFH, Lesson 4, Activity 2: My Abstinence Pledge  
PFH, Lesson 4, Activity 3: Resisting Sexual Pressure  
PFH, Lesson 6, Activity 1: Seasonal Journal Pages  
SIP, Lesson 1, Activity 2: What's in a Word?  
SIP, Lesson 1, Activity 3: The Handwriting Is on the Wall: "Accidents"  
SIP, Lesson 1, Activity 2: In the Grapevine: Important Safety Rules  
SIP, Lesson 3, Activity 1: 10 Seconds That Changed My Life Forever  
SIP, Lesson 3, Activity 2: My Safe Actions  
SIP, Lesson 3, Activity 3: My Safety Goal Plan  
SIP, Lesson 4, Activity 1: All Call: Be Careful, Be Safe, Be Injury Free  
SIP, Lesson 5, Activity 1: Keeping My Learning Alive Poster  
NPA, Lesson 2, Activity 2: My Exercise and Physical Activity  
NPA, Lesson 3, Activity 1: In the Grapevine: Body Image, Advertising and My Peers  
NPA, Lesson 4, Activity 1: Healthy Eating and Exercise: My Goal Plan  
NPA, Lesson 4, Activity 2: Tracking My Progress, What I Learned This Week, My Eating and Exercise Booklet  
TAOD, Lesson 1, Activity 1: Tobacco and the Body  
TAOD, Lesson 2, Activity 1: In the Grapevine: Tobacco and My Peers  
TAOD, Lesson 3, Activity 1: Instant Bulletin Board: Up in Smoke  
TAOD, Lesson 3, Activity 2: Instant Bulletin Board: The Real Message About Tobacco  
TAOD, Lesson 5, Activity 1: My Drug-Free Scorecard  
TAOD, Lesson 5, Activity 2: Drug-Free Road Map  
TAOD, Lesson 6, Activity 1: Group Plan for Resisting Drug Pressures  
TAOD, Lesson 7, Activity 1: Keeping My Learning Alive Poster

### Standard 2

#### **Write informative/explanatory texts to examine a topic and convey ideas, concepts and information through the selection, organization and analysis of relevant content.**

PFH, Lesson 1, Activity 2: In the Grapevine: Media, Sexuality and My Peers  
PFH, Lesson 4, Activity 2: My Abstinence Pledge  
PFH, Lesson 4, Activity 3: Resisting Sexual Pressure  
PFH, Lesson 6, Activity 1: Seasonal Journal Pages  
SIP, Lesson 1, Activity 2: What's in a Word?  
SIP, Lesson 1, Activity 3: The Handwriting Is on the Wall: "Accidents"  
SIP, Lesson 2, Activity 1: The World of "Roools" (activity sheet)  
SIP, Lesson 1, Activity 2: In the Grapevine: Important Safety Rules  
SIP, Lesson 3, Activity 2: My Safe Actions  
SIP, Lesson 3, Activity 3: My Safety Goal Plan  
SIP, Lesson 4, Activity 1: All Call: Be Careful, Be Safe, Be Injury Free  
NPA, Lesson 1, Activity 1: From Where I Stand: Foods and Me  
NPA, Lesson 3, Activity 1: In the Grapevine: Body Image, Advertising and My Peers  
NPA, Lesson 4, Activity 1: Healthy Eating and Exercise: My Goal Plan  
NPA, Lesson 4, Activity 2: Tracking My Progress, What I Learned This Week  
NPA, Lesson 5, Activity 1: "Do-licious" Cookbook  
TAOD, Lesson 1, Activity 1: Tobacco and the Body  
TAOD, Lesson 2, Activity 1: In the Grapevine: Tobacco and My Peers  
TAOD, Lesson 3, Activity 1: Instant Bulletin Board: Up in Smoke  
TAOD, Lesson 3, Activity 2: Instant Bulletin Board: The Real Message About Tobacco

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TAOD, Lesson 4, Activity 1: Marijuana: Truth or Myth  
TAOD, Lesson 5, Activity 1: My Drug-Free Scorecard  
TAOD, Lesson 5, Activity 2: Drug-Free Road Map  
TAOD, Lesson 6, Activity 1: Group Plan for Resisting Drug Pressures

### **Standard 3**

**Write narratives to develop real or imagined experiences or events using effective technique, relevant descriptive details and well-structured event sequences.**

PFH, Lesson 1, Activity 2: In the Grapevine: Media, Sexuality and My Peers  
PFH, Lesson 4, Activity 3: Resisting Sexual Pressure  
PFH, Lesson 6, Activity 1: Seasonal Journal Pages  
SIP, Lesson 1, Activity 2: In the Grapevine: Important Safety Rules  
NPA, Lesson 3, Activity 1: In the Grapevine: Body Image, Advertising and My Peers  
TAOD, Lesson 2, Activity 1: In the Grapevine: Tobacco and My Peers

### **Standard 4**

**Produce clear and coherent writing in which the development, organization and style are appropriate to task, purpose and audience.**

PFH, Lesson 1, Activity 2: In the Grapevine: Media, Sexuality and My Peers  
PFH, Lesson 4, Activity 3: Resisting Sexual Pressure  
SIP, Lesson 1, Activity 2: In the Grapevine: Important Safety Rules  
SIP, Lesson 4, Activity 1: All Call: Be Careful, Be Safe, Be Injury Free  
NPA, Lesson 3, Activity 1: In the Grapevine: Body Image, Advertising and My Peers  
TAOD, Lesson 2, Activity 1: In the Grapevine: Tobacco and My Peers  
TAOD, Lesson 3, Activity 2: Instant Bulletin Board: The Real Message About Tobacco

### **Standard 5**

**With some guidance and support from peers and adults, develop and strengthen writing as needed by planning, revising, editing, rewriting or trying a new approach.**

SIP, Lesson 4, Activity 1: All Call: Be Careful, Be Safe, Be Injury Free  
TAOD, Lesson 3, Activity 2: Instant Bulletin Board: The Real Message About Tobacco

### **Standard 6**

**Use technology, including the Internet, to produce and publish writing as well as to interact and collaborate with others; demonstrate sufficient command of keyboarding skills to type a minimum of three pages in a single sitting.**

SIP, Lesson 1, Activity 3: The Handwriting Is on the Wall: "Accidents"  
SIP, Lesson 4, Activity 1: All Call: Be Careful, Be Safe, Be Injury Free  
TAOD, Lesson 3, Activity 2: Instant Bulletin Board: The Real Message About Tobacco

### **Standard 7**

**Conduct short research projects to answer a question, drawing on several sources and refocusing the inquiry when appropriate.**

PFH, Lesson 1, Activity 2: In the Grapevine: Media, Sexuality and My Peers  
SIP, Lesson 1, Activity 2: In the Grapevine: Important Safety Rules  
SIP, Lesson 3, Activity 3: My Safety Goal Plan  
NPA, Lesson 3, Activity 1: In the Grapevine: Body Image, Advertising and My Peers  
TAOD, Lesson 2, Activity 1: In the Grapevine: Tobacco and My Peers

## Standard 8

**Gather relevant information from multiple print and digital sources; assess the credibility of each source; and quote or paraphrase the data and conclusions of others while avoiding plagiarism and providing basic bibliographic information for sources.**

SIP, Lesson 4, Activity 1: All Call: Be Careful, Be Safe, Be Injury Free

TAOD, Lesson 3, Activity 2: Instant Bulletin Board: The Real Message About Tobacco

## Speaking and Listening

### Standard 1

**Engage effectively in a range of collaborative discussions with diverse partners on grade 6 topics, texts and issues, building on others' ideas and expressing their own clearly.**

PFH, Lesson 1, Activity 1: Instant Bulletin Board: My Role Model

PFH, Lesson 1, Activity 2: Media Images & Messages, In the Grapevine: Media, Sexuality and My Peers, Got a Minute? Talking About Media and Sexuality

PFH, Lesson 2, Activity 1: Top 10 Lessons for Living a Great Life

PFH, Lesson 4, Activity 1: It's About More Than Sex

PFH, Lesson 4, Activity 2: My Abstinence Pledge, Got a Minute: Talking About Abstinence

PFH, Lesson 4, Activity 3: Resisting Sexual Pressure

PFH, Lesson 5, Activity 1: The Risks and Responsibilities of Having Sex

PFH, Lesson 5, Activity 2: Preventing Pregnancy, HIV and Other STD

PFH, Lesson 5, Activity 3: What Is Sexual Orientation?

PFH, Lesson 5, Activity 4: Sexual Abuse

PFH, Kids Like You: Journals, Seasonal Journal Pages

SIP, Lesson 1, Activity 1: Injury in the News

SIP, Lesson 1, Activity 2: What's in a Word?

SIP, Lesson 2, Activity 1: Just the Facts

SIP, Lesson 2, Activity 2: The World of "Rooools" (magazine)

SIP, Lesson 2, Activity 3: In the Grapevine: Important Safety Rules

SIP, Lesson 3, Activity 1: 10 Seconds That Changed My Life Forever, Table Talk: Taking Risks

SIP, Lesson 3, Activity 2: My Safe Actions

SIP, Lesson 3, Activity 3: 2 Sides of the Coin, My Safety Goal Plan

SIP, Lesson 4, Activity 1: All Call: Be Careful, Be Safe, Be Injury Free

NPA, Lesson 1, Activity 3: How to Read a Food Label

NPA, Lesson 1, Activity 4: Why They Call It Junk Food, Name That Junk Food, Sweet Words for You

NPA, Lesson 2, Activity 1: Flexibility, Endurance & Strength

NPA, Lesson 2, Activity 2: My Exercise and Physical Activity

NPA Lesson 3, Activity 1: In the Grapevine: Body Image, Advertising and My Peers, Got a Minute? Talking About Body Image

NPA, Lesson 3, Activity 2: Eating Disorders, Got a Minute? Talking About Eating Disorders

NPA, Lesson 4, Activity 2: Eating & Exercising: Tracking Your Progress, Maria and Sean's Goal Booklets

NPA, Lesson 5, Activity 1: Physical Activity & Exercise Tips, "Do-licious" Cookbook

TAOD, Lesson 1, Activity 1: Tobacco and the Body

TAOD, Lesson 2, Activity 1: In the Grapevine: Tobacco and My Peers, Peers & Tobacco

TAOD, Lesson 3, Activity 1: Instant Bulletin Board: Up in Smoke

TAOD, Lesson 3, Activity 2: I Have Something For You, Instant Bulletin Board: The Real Message About Tobacco, Got a Minute? Talking About the Media and Being Drug Free

TAOD, Lesson 4, Activity 1: The Truth About Marijuana, Marijuana: Real Stories, Table Talk: The Truth About Marijuana

TAOD, Lesson 5, Activity 1: Drug-Free Game Board, My Drug-Free Life Scorecard

TAOD, Lesson 5, Activity 2: Drug-Free Road Map

TAOD, Lesson 6, Activity 1: 7 Ways to Resist Pressure, Peer Resistance in Action, Group Plan for Resisting Drug Pressures

## **Standard 2**

**Interpret information presented in diverse media and formats and explain how it contributes to a topic, text or issue under study.**

PFH, Lesson 1, Activity 1: Instant Bulletin Board: My Role Model  
PFH, Lesson 1, Activity 2: Media Images & Messages  
PFH, Lesson 4, Activity 2: My Abstinence Pledge  
PFH, Lesson 4, Activity 3: Resisting Sexual Pressure  
PFH, Lesson 5, Activity 1: The Risks and Responsibilities of Having Sex  
PFH, Lesson 5, Activity 2: Preventing Pregnancy, HIV and Other STD  
PFH, Lesson 5, Activity 3: What Is Sexual Orientation?  
PFH, Lesson 5, Activity 4: Sexual Abuse  
SIP, Lesson 3, Activity 2: My Safe Actions  
SIP, Lesson 3, Activity 3: My Safety Goal Plan  
SIP, Lesson 4, Activity 1: All Call: Be Careful, Be Safe, Be Injury Free  
NPA, Lesson 1, Activity 4: Sweet Words for You  
NPA, Lesson 5, Activity 1: "Do-licious" Cookbook  
TAOD, Lesson 1, Activity 1: Tobacco and the Body  
TAOD, Lesson 3, Activity 1: Instant Bulletin Board: Up in Smoke  
TAOD, Lesson 3, Activity 2: Instant Bulletin Board: The Real Message About Tobacco  
TAOD, Lesson 5, Activity 1: Drug-Free Game Board, My Drug-Free Life Scorecard  
TAOD, Lesson 5, Activity 2: Drug-Free Road Map  
TAOD, Lesson 6, Activity 1: Group Plan for Resisting Drug Pressures

## **Standard 3**

**Delineate a speaker's argument and specific claims, distinguishing claims that are supported by reasons and evidence from claims that are not.**

PFH, Lesson 1, Activity 2: In the Grapevine: Media, Sexuality and My Peers  
SIP, Lesson 2, Activity 3: In the Grapevine: Important Safety Rules  
SIP, Lesson 3, Activity 1: Table Talk: Taking Risks  
NPA Lesson 3, Activity 1: In the Grapevine: Body Image, Advertising and My Peers  
TAOD, Lesson 1, Activity 1: Tobacco and the Body  
TAOD, Lesson 2, Activity 1: In the Grapevine: Tobacco and My Peers  
TAOD, Lesson 6, Activity 1: Group Plan for Resisting Drug Pressures

## **Standard 4**

**Present claims and findings, sequencing ideas logically and using pertinent descriptions, facts and details to accentuate main ideas or themes; use appropriate eye contact, adequate volume, and clear pronunciation.**

SIP, Lesson 3, Activity 1: 10 Seconds That Changed My Life Forever  
SIP, Lesson 4, Activity 1: All Call: Be Careful, Be Safe, Be Injury Free  
NPA, Lesson 1, Activity 4: Sweet Words for You  
TAOD, Lesson 3, Activity 2: Instant Bulletin Board: The Real Message About Tobacco  
TAOD, Lesson 6, Activity 1: Group Plan for Resisting Drug Pressures

## **Standard 5**

**Include multimedia components and visual displays in presentations to clarify information.**

SIP, Lesson 4, Activity 1: All Call: Be Careful, Be Safe, Be Injury Free  
TAOD, Lesson 3, Activity 2: Instant Bulletin Board: The Real Message About Tobacco  
TAOD, Lesson 6, Activity 1: Group Plan for Resisting Drug Pressures



## **Standard 6**

### **Adapt speech to a variety of contexts and tasks, demonstrating command of formal English when indicated or appropriate.**

PFH, Lesson 1, Activity 1: Instant Bulletin Board: My Role Model  
PFH, Lesson 1, Activity 2: In the Grapevine: Media, Sexuality and My Peers  
PFH, Lesson 4, Activity 2: My Abstinence Pledge  
PFH, Lesson 4, Activity 3: Resisting Sexual Pressure  
PFH, Lesson 5, Activity 1: The Risks and Responsibilities of Having Sex  
PFH, Lesson 5, Activity 2: Preventing Pregnancy, HIV and Other STD  
PFH, Lesson 5, Activity 3: What Is Sexual Orientation?  
PFH, Lesson 5, Activity 4: Sexual Abuse  
SIP, Lesson 1, Activity 2: What's in a Word?  
SIP, Lesson 1, Activity 3: The Handwriting Is on the Wall: "Accidents"  
SIP, Lesson 2, Activity 3: In the Grapevine: Important Safety Rules  
SIP, Lesson 3, Activity 1: Table Talk: Taking Risks  
SIP, Lesson 3, Activity 2: My Safe Actions  
SIP, Lesson 3, Activity 3: My Safety Goal Plan  
SIP, Lesson 4, Activity 1: All Call: Be Careful, Be Safe, Be Injury Free  
NPA Lesson 3, Activity 1: In the Grapevine: Body Image, Advertising and My Peers  
TAOD, Lesson 1, Activity 1: Tobacco and the Body  
TAOD, Lesson 2, Activity 1: In the Grapevine: Tobacco and My Peers  
TAOD, Lesson 3, Activity 1: Instant Bulletin Board: Up in Smoke  
TAOD, Lesson 3, Activity 2: Instant Bulletin Board: The Real Message About Tobacco  
TAOD, Lesson 5, Activity 1: Drug-Free Game Board, My Drug-Free Life Scorecard  
TAOD, Lesson 5, Activity 2: Drug-Free Road Map  
TAOD, Lesson 6, Activity 1: Group Plan for Resisting Drug Pressures

## **Language**

### **Standard 1**

#### **Demonstrate command of the conventions of standard English grammar and usage when writing or speaking.**

SIP, Lesson 4, Activity 1: All Call: Be Careful, Be Safe, Be Injury Free  
TAOD, Lesson 3, Activity 2: Instant Bulletin Board: The Real Message About Tobacco

### **Standard 2**

#### **Demonstrate command of the conventions of standard English capitalization, punctuation and spelling when writing.**

SIP, Lesson 4, Activity 1: All Call: Be Careful, Be Safe, Be Injury Free  
TAOD, Lesson 3, Activity 2: Instant Bulletin Board: The Real Message About Tobacco

### **Standard 3**

#### **Use knowledge of language and its conventions when writing, speaking, reading or listening.**

SIP, Lesson 4, Activity 1: All Call: Be Careful, Be Safe, Be Injury Free  
TAOD, Lesson 3, Activity 2: Instant Bulletin Board: The Real Message About Tobacco

### **Standard 4**

#### **Determine or clarify the meaning of unknown and multiple-meaning words and phrases based on grade 6 reading and content, choosing flexibly from a range of strategies.**

PFH, Lesson 1, Activity 2: Media Images & Messages  
PFH, Lesson 2, Activity 1: Puberty and New Responsibilities

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PFH, Lesson 2, Activity 2: Understanding a Girl’s Body  
PFH, Lesson 2, Activity 3: Understanding a Boy’s Body  
PFH, Lesson 3, Activity 1: Fertilization, Reproduction and Birth  
PFH, Lesson 4, Activity 2: My Abstinence Pledge  
PFH, Lesson 4, Activity 3: Resisting Sexual Pressure  
PFH, Lesson 5, Activity 1: The Risks and Responsibilities of Having Sex  
PFH, Lesson 5, Activity 2: Preventing Pregnancy, HIV and Other STD  
PFH, Lesson 5, Activity 3: What Is Sexual Orientation?  
PFH, Lesson 5, Activity 4: Sexual Abuse  
SIP, Lesson 1, Activity 2: What’s in a Word?  
SIP, Lesson 4, Activity 1: All Call: Be Careful, Be Safe, Be Injury Free  
NPA, Lesson 1, Activity 4: Name That Junk Food, Sweet Words for You  
NPA, Lesson 2, Activity 2: My Exercise and Physical Activity  
TAOD, Lesson 3, Activity 2: Instant Bulletin Board: The Real Message About Tobacco

### **Standard 5**

**Demonstrate understanding of figurative language, word relationships and nuances in word meanings.**

PFH, Lesson 1, Activity 2: Media Images & Messages  
SIP, Lesson 4, Activity 1: All Call: Be Careful, Be Safe, Be Injury Free  
TAOD, Lesson 3, Activity 2: Instant Bulletin Board: The Real Message About Tobacco

### **Standard 6**

**Acquire and use accurately grade-appropriate general academic and domain-specific words and phrases; gather vocabulary knowledge when considering a word or phrase important to comprehension or expression.**

PFH, Lesson 1, Activity 2: Media Images & Messages  
PFH, Lesson 2, Activity 1: Puberty and New Responsibilities, Top 10 Lessons for Living a Great Life!  
PFH, Lesson 2, Activity 2: Understanding a Girl’s Body  
PFH, Lesson 2, Activity 3: Understanding a Boy’s Body  
PFH, Lesson 3, Activity 1: Fertilization, Reproduction and Birth  
PFH, Lesson 4, Activity 1: It’s About More Than Sex  
PFH, Lesson 4, Activity 2: My Abstinence Pledge  
PFH, Lesson 4, Activity 3: Resisting Sexual Pressure  
PFH, Lesson 5, Activity 1: The Risks and Responsibilities of Having Sex  
PFH, Lesson 5, Activity 2: Preventing Pregnancy, HIV and Other STD  
PFH, Lesson 5, Activity 3: What Is Sexual Orientation?  
PFH, Lesson 5, Activity 4: Sexual Abuse  
PFH, Lesson 6, Activity 1: Seasonal Journal Pages  
SIP, Lesson 1, Activity 1: Injury in the News  
SIP, Lesson 1, Activity 2: What’s in a Word?  
SIP, Lesson 1, Activity 3: The Handwriting Is on the Wall: “Accidents”  
SIP, Lesson 2, Activity 1: Just the Facts  
SIP, Lesson 2, Activity 2: The World of “Roools”  
SIP, Lesson 3, Activity 1: 10 Seconds That Changed My Life Forever  
SIP, Lesson 3, Activity 2: My Safe Actions  
SIP, Lesson 3, Activity 3: 2 Sides of the Coin, My Safety Goal Plan  
SIP, Lesson 4, Activity 1: All Call: Be Careful, Be Safe, Be Injury Free  
NPA, Lesson 1, Activity 2: MyPlate  
NPA, Lesson 1, Activity 3: How to Read a Food Label  
NPA, Lesson 1, Activity 4: Why They Call It Junk Food, Name That Junk Food, Sweet Words for You  
NPA, Lesson 2, Activity 1: Flexibility, Endurance & Strength

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NPA, Lesson 2, Activity 2: My Exercise and Physical Activity

NPA, Lesson 3, Activity 2: Eating Disorders

NPA, Lesson 4, Activity 1: Healthy Eating and Exercise: My Goal Plan

NPA, Lesson 4, Activity 2: Eating & Exercising: Tracking Your Progress, Maria and Sean's Goal Booklets, Tracking My Progress, What I Learned This Week

NPA, Lesson 5, Activity 1: Physical Activity & Exercise Tips, "Do-licious" Cookbook

TAOD, Lesson 1, Activity 1: Peers & Tobacco

TAOD, Lesson 3, Activity 2: I Have Something for You, Instant Bulletin Board: The Real Message About Tobacco

TAOD, Lesson 4, Activity 1: The Truth About Marijuana, Marijuana: Real Stories

TAOD, Lesson 5, Activity 1: Drug-Free Game Board, My Drug-Free Life Scorecard

TAOD, Lesson 5, Activity 2: Drug-Free Road Map

TAOD, Lesson 6, Activity 1: 7 Ways to Resist Pressure, Peer Resistance in Action, Group Plan for Resisting Drug Pressures