

Grade 5 (Print Edition)

HealthSmart Grade 5 meets the following Common Core State Standards in English Language Arts.

Reading Informational Text

Standard 1

Quote accurately from a text when explaining what the text says explicitly and when drawing inferences from the text.

PFH, Lesson 1, Activity 3: Understanding Puberty
PFH, Lesson 2, Activity 1: Caring for a Boy's Body
PFH, Lesson 2, Activity 2: Caring for a Girl's Body
PFH, Lesson 3, Activity 1: Communicating in Winning Ways
SIP, Lesson 2, Activity 1: Media Violence & You
SIP, Lesson 2, Activity 2: It's Casual, It's Cruel—It's Casual Cruelty
SIP, Lesson 3, Activity 1: What Is Bullying?
SIP, Lesson 3, Activity 2: Bullying & Feelings
SIP, Lesson 4, Activity 1: Top 5 Reasons Kids Fight at School
SIP, Lesson 5, Activity 1: When Friends or Classmates Are in Trouble
NPA, Lesson 1, Activity 1: *HealthSmart* Guidelines for Healthy Eating
NPA, Lesson 1, Activity 2: How Much Should I Eat?, Making Healthy Food Choices
NPA, Lesson 1, Activity 3: From Where I Stand: You Are What You Eat
NPA, Lesson 1, Activity 4: The Fast-Food Challenge, Celebrations & Holiday Foods
NPA, Lesson 2, Activity 1: *HealthSmart* Guidelines for Physical Activity & Exercise
NPA, Lesson 3, Activity 2: Eating & Exercising: Tracking Your Progress
TAOD, Lesson 2, Activity 4: Alcohol & the Media
TAOD, Lesson 2, Activity 5: A Closer Look at Me and Alcohol Connections
TAOD, Lesson 4, Activity 1: When Others Drink

Standard 2

Determine two or more main ideas of a text and explain how they are supported by key details; summarize the text.

PFH, Lesson 1, Activity 3: Understanding Puberty
PFH, Lesson 2, Activity 1: Caring for a Boy's Body
PFH, Lesson 2, Activity 2: Caring for a Girl's Body
PFH, Lesson 3, Activity 1: Communicating in Winning Ways
SIP, Lesson 2, Activity 1: Media Violence & You
SIP, Lesson 2, Activity 2: It's Casual, It's Cruel—It's Casual Cruelty
SIP, Lesson 3, Activity 1: What Is Bullying?
SIP, Lesson 3, Activity 2: Bullying & Feelings
SIP, Lesson 4, Activity 1: Top 5 Reasons Kids Fight at School
SIP, Lesson 5, Activity 1: When Friends or Classmates Are in Trouble
NPA, Lesson 1, Activity 1: *HealthSmart* Guidelines for Healthy Eating
NPA, Lesson 1, Activity 4: The Fast-Food Challenge, Celebrations & Holiday Foods
NPA, Lesson 2, Activity 1: *HealthSmart* Guidelines for Physical Activity & Exercise
NPA, Lesson 3, Activity 2: Eating & Exercising: Tracking Your Progress
NPA, Lesson 4, Activity 1: Physical Activity and Exercise Tips
TAOD, Lesson 2, Activity 4: Alcohol & the Media
TAOD, Lesson 4, Activity 1: When Others Drink

Key to Abbreviations

PFH = Personal & Family Health
SIP = Safety & Injury Prevention
NPA = Nutrition & Physical Activity
TAOD = Tobacco, Alcohol & Other
Drug Prevention

Standard 3

Explain the relationships or interactions between two or more individuals, events, ideas or concepts in a historical, scientific or technical text based on specific information in the text.

PFH, Lesson 1, Activity 3: Understanding Puberty
PFH, Lesson 2, Activity 1: Caring for a Boy's Body
PFH, Lesson 2, Activity 2: Caring for a Girl's Body
PFH, Lesson 3, Activity 1: Communicating in Winning Ways
SIP, Lesson 2, Activity 1: Media Violence & You
SIP, Lesson 2, Activity 2: It's Casual, It's Cruel—It's Casual Cruelty
SIP, Lesson 3, Activity 1: What Is Bullying?
SIP, Lesson 3, Activity 2: Bullying & Feelings
SIP, Lesson 4, Activity 1: Top 5 Reasons Kids Fight at School
SIP, Lesson 5, Activity 1: When Friends or Classmates Are in Trouble
NPA, Lesson 1, Activity 1: *HealthSmart* Guidelines for Healthy Eating
NPA, Lesson 1, Activity 4: The Fast-Food Challenge, Celebrations & Holiday Foods
NPA, Lesson 2, Activity 1: *HealthSmart* Guidelines for Physical Activity & Exercise
NPA, Lesson 3, Activity 2: Eating & Exercising: Tracking Your Progress
TAOD, Lesson 2, Activity 4: Alcohol & the Media
TAOD, Lesson 4, Activity 1: When Others Drink

Standard 4

Determine the meaning of general academic and domain-specific words and phrases in a text relevant to a grade 5 topic or subject area.

PFH, Lesson 1, Activity 3: Understanding Puberty
PFH, Lesson 2, Activity 1: Caring for a Boy's Body
PFH, Lesson 2, Activity 2: Caring for a Girl's Body
PFH, Lesson 3, Activity 1: Communicating in Winning Ways
SIP, Lesson 2, Activity 1: Media Violence & You
SIP, Lesson 2, Activity 2: It's Casual, It's Cruel—It's Casual Cruelty
SIP, Lesson 3, Activity 1: What Is Bullying?
SIP, Lesson 3, Activity 2: Bullying & Feelings
SIP, Lesson 4, Activity 1: Top 5 Reasons Kids Fight at School
SIP, Lesson 5, Activity 1: When Friends or Classmates Are in Trouble
NPA, Lesson 1, Activity 1: *HealthSmart* Guidelines for Healthy Eating
NPA, Lesson 1, Activity 2: How Much Should I Eat?, Making Healthy Food Choices
NPA, Lesson 1, Activity 3: From Where I Stand: You Are What You Eat
NPA, Lesson 1, Activity 4: The Fast-Food Challenge, Celebrations & Holiday Foods
NPA, Lesson 2, Activity 1: *HealthSmart* Guidelines for Physical Activity & Exercise
NPA, Lesson 3, Activity 2: Eating & Exercising: Tracking Your Progress
TAOD, Lesson 2, Activity 4: Alcohol & the Media
TAOD, Lesson 4, Activity 1: When Others Drink

Reading Literature

Standard 1

Quote accurately from a text when explaining what the text says explicitly and when drawing inferences from the text.

PFH, Lesson 1, Activity 1: Kids Like You
PFH, Lesson 3, Activity 2: The Benefits of Abstinence
PFH, Lesson 3, Activity 3: Getting Information and Support
PFH, Lesson 4, Activity 1: Kids Like You: Journals

HealthSmart Alignment to ELA Common Core State Standards Listed by Standard
Grade 5, Print Edition

SIP, Lesson 3, Activity 1: Stories About Bullying, Why Kids Bully
SIP, Lesson 3, Activity 3: Stories About Bullying, Bullying Story Endings
SIP, Lesson 4, Activity 2: Fights & Feelings
SIP, Lesson 4, Activity 3: Simple Conflict or Serious Trouble?
NPA, Lesson 2, Activity 1: *HealthSmart* Guidelines for Physical Activity & Exercise
NPA, Lesson 3, Activity 2: Jamie & Niko's Goal Booklets
TAOD, Lesson 2, Activity 1: Alcohol & Feelings
TAOD, Lesson 2, Activity 2: Alcohol & Peers
TAOD, Lesson 2, Activity 3: Alcohol, Personal Choices & Consequences
TAOD, Lesson 3, Activity 2: Peer Power Post Office: Helping Friends Stay Alcohol Free
TAOD, Lesson 4, Activity 1: When Others Drink, Real Stories: Getting Help When Others Drink

Standard 2

Determine a theme of a story, drama or poem from details in the text, including how characters in a story or drama respond to challenges or how the speaker in a poem reflects upon a topic; summarize the text..

PFH, Lesson 1, Activity 1: Kids Like You
PFH, Lesson 3, Activity 2: The Benefits of Abstinence
PFH, Lesson 3, Activity 3: Getting Information and Support
PFH, Lesson 4, Activity 1: Kids Like You: Journals
SIP, Lesson 3, Activity 1: Stories About Bullying, Why Kids Bully
SIP, Lesson 3, Activity 3: Stories About Bullying, Bullying Story Endings
SIP, Lesson 4, Activity 2: Fights & Feelings
SIP, Lesson 4, Activity 3: Simple Conflict or Serious Trouble?
NPA, Lesson 2, Activity 1: *HealthSmart* Guidelines for Physical Activity & Exercise
NPA, Lesson 3, Activity 2: Jamie & Niko's Goal Booklets
TAOD, Lesson 2, Activity 1: Alcohol & Feelings
TAOD, Lesson 2, Activity 2: Alcohol & Peers
TAOD, Lesson 2, Activity 3: Alcohol, Personal Choices & Consequences
TAOD, Lesson 3, Activity 2: Peer Power Post Office: Helping Friends Stay Alcohol Free
TAOD, Lesson 4, Activity 1: When Others Drink, Real Stories: Getting Help When Others Drink

Standard 3

Compare and contrast two or more characters, settings or events in a story or drama, drawing on specific details in the text.

PFH, Lesson 1, Activity 1: Kids Like You
PFH, Lesson 3, Activity 2: The Benefits of Abstinence
PFH, Lesson 3, Activity 3: Getting Information and Support
PFH, Lesson 4, Activity 1: Kids Like You: Journals
SIP, Lesson 3, Activity 1: Stories About Bullying, Why Kids Bully
SIP, Lesson 3, Activity 3: Stories About Bullying, Bullying Story Endings
SIP, Lesson 4, Activity 2: Fights & Feelings
SIP, Lesson 4, Activity 3: Simple Conflict or Serious Trouble?
NPA, Lesson 2, Activity 1: *HealthSmart* Guidelines for Physical Activity & Exercise
NPA, Lesson 3, Activity 2: Jamie & Niko's Goal Booklets
TAOD, Lesson 2, Activity 1: Alcohol & Feelings
TAOD, Lesson 2, Activity 2: Alcohol & Peers
TAOD, Lesson 2, Activity 3: Alcohol, Personal Choices & Consequences
TAOD, Lesson 3, Activity 2: Peer Power Post Office: Helping Friends Stay Alcohol Free
TAOD, Lesson 4, Activity 1: When Others Drink, Real Stories: Getting Help When Others Drink

Standard 4

Determine the meaning of words and phrases as they are used in a text, including figurative language such as metaphors and similes.

PFH, Lesson 1, Activity 1: Kids Like You

PFH, Lesson 3, Activity 2: The Benefits of Abstinence

PFH, Lesson 3, Activity 3: Getting Information and Support

PFH, Lesson 4, Activity 1: Kids Like You: Journals

SIP, Lesson 3, Activity 1: Stories About Bullying, Why Kids Bully

SIP, Lesson 3, Activity 3: Stories About Bullying, Bullying Story Endings

SIP, Lesson 4, Activity 2: Fights & Feelings

SIP, Lesson 4, Activity 3: Simple Conflict or Serious Trouble?

NPA, Lesson 2, Activity 1: *HealthSmart* Guidelines for Physical Activity & Exercise

NPA, Lesson 3, Activity 2: Jamie & Niko's Goal Booklets

TAOD, Lesson 2, Activity 1: Alcohol & Feelings

TAOD, Lesson 2, Activity 2: Alcohol & Peers

TAOD, Lesson 2, Activity 3: Alcohol, Personal Choices & Consequences

TAOD, Lesson 3, Activity 2: Peer Power Post Office: Helping Friends Stay Alcohol Free

TAOD, Lesson 4, Activity 1: When Others Drink, Real Stories: Getting Help When Others Drink

Writing

Standard 1

Write opinion pieces on topics or texts, supporting a point of view with reasons and information.

PFH, Lesson 1, Activity 1: Puberty and My Feelings

PFH, Lesson 1, Activity 2: Instant Bulletin Board: Old Me, New Me

PFH, Lesson 4, Activity 1: Seasonal Journal Pages

SIP, Lesson 1, Activity 1: My Safe School

SIP, Lesson 1, Activity 2: In the Grapevine: Rights, Responsibilities and Actions for Being Safe at School

SIP, Lesson 2, Activity 1: In the Grapevine: Does Media Violence Affect Kids?

SIP, Lesson 2, Activity 2: Casual Cruelty on TV

SIP, Lesson 2, Activity 3: Bookmark Campaign

SIP, Lesson 3, Activity 1: Speed Write: What Bullying Means to Me

SIP, Lesson 3, Activity 3: Bullying Story Endings

SIP, Lesson 4, Activity 1: In the Grapevine: School Fights

SIP, Lesson 6, Activity 1: Keeping My Learning Alive Poster

NPA, Lesson 3, Activity 2: What I Learned This Week

TAOD, Lesson 1, Activity 1: Alcohol and the Body

TAOD, Lesson 2, Activity 3: Graduation Party Story Ending

TAOD, Lesson 3, Activity 3: Peer Power Post Office: Helping Friends Stay Alcohol Free

TAOD, Lesson 5, Activity 1: Keeping My Learning Alive Poster

Standard 2

Write informative/explanatory texts to examine a topic and convey ideas and information clearly.

PFH, Lesson 1, Activity 1: Puberty and My Feelings

PFH, Lesson 3, Activity 3: Getting Information and Support

PFH, Lesson 4, Activity 1: Seasonal Journal Pages

SIP, Lesson 1, Activity 1: My Safe School

SIP, Lesson 1, Activity 2: In the Grapevine: Rights, Responsibilities and Actions for Being Safe at School

SIP, Lesson 2, Activity 1: In the Grapevine: Does Media Violence Affect Kids?

HealthSmart Alignment to ELA Common Core State Standards Listed by Standard
Grade 5, Print Edition

SIP, Lesson 2, Activity 2: Casual Cruelty on TV
SIP, Lesson 3, Activity 1: Speed Write: What Bullying Means to Me
SIP, Lesson 3, Activity 3: Bullying Story Endings
SIP, Lesson 4, Activity 1: School Fights: Pieces of the Puzzle, In the Grapevine: School Fights
NPA, Lesson 1, Activity 2: Making Healthy Food Choices
NPA, Lesson 1, Activity 3: From Where I Stand: You Are What You Eat
NPA, Lesson 1, Activity 4: How Can I Make Fast-Food Meals Healthier?
NPA, Lesson 3, Activity 1: Healthy Eating and Exercise: Getting Started
NPA, Lesson 3, Activity 2: Tracking My Progress, What I Learned This Week, My Eating and Exercise Booklet
NPA, Lesson 4, Activity 1: "Do-licious" Cookbook
TAOD, Lesson 1, Activity 1: Alcohol and the Body
TAOD, Lesson 2, Activity 3: Graduation Party Story Ending
TAOD, Lesson 2, Activity 5: A Closer Look at Me and Alcohol Connection
TAOD, Lesson 3, Activity 1: Our Alcohol-Free Proclamation
TAOD, Lesson 3, Activity 3: Peer Power Post Office: Helping Friends Stay Alcohol Free

Standard 3

Write narratives to develop real or imagined experiences or events using effective technique, descriptive details and clear event sequences.

PFH, Lesson 4, Activity 1: Seasonal Journal Pages
SIP, Lesson 1, Activity 1: My Safe School
SIP, Lesson 1, Activity 2: In the Grapevine: Rights, Responsibilities and Actions for Being Safe at School
SIP, Lesson 2, Activity 1: In the Grapevine: Does Media Violence Affect Kids?
SIP, Lesson 2, Activity 2: Casual Cruelty on TV
SIP, Lesson 4, Activity 1: In the Grapevine: School Fights
TAOD, Lesson 2, Activity 3: Graduation Party Story Ending
TAOD, Lesson 3, Activity 3: Peer Power Post Office: Helping Friends Stay Alcohol Free

Standard 4

Produce clear and coherent writing in which the development and organization are appropriate to task, purpose and audience.

SIP, Lesson 1, Activity 1: My Safe School
SIP, Lesson 1, Activity 2: In the Grapevine: Rights, Responsibilities and Actions for Being Safe at School
SIP, Lesson 2, Activity 1: In the Grapevine: Does Media Violence Affect Kids?
SIP, Lesson 2, Activity 2: Casual Cruelty on TV
SIP, Lesson 4, Activity 1: In the Grapevine: School Fights

Standard 5

With guidance and support from peers and adults, develop and strengthen writing as needed by planning, revising, editing, rewriting or trying a new approach.

SIP, Lesson 1, Activity 1: My Safe School

Standard 6

With some guidance and support from adults, use technology, including the Internet, to produce and publish writing, as well as to interact and collaborate with others; demonstrate sufficient command of keyboarding skills to type a minimum of two pages in a single sitting.

SIP, Lesson 1, Activity 1: My Safe School
SIP, Lesson 3, Activity 1: Speed Write: What Bullying Means to Me

Standard 7

Conduct short research projects that use several sources to build knowledge through investigation of different aspects of a topic.

SIP, Lesson 1, Activity 2: In the Grapevine: Rights, Responsibilities and Actions for Being Safe at School

SIP, Lesson 2, Activity 1: In the Grapevine: Does Media Violence Affect Kids?

SIP, Lesson 2, Activity 2: Casual Cruelty on TV

SIP, Lesson 4, Activity 1: In the Grapevine: School Fights

Standard 8

Recall relevant information from experiences or gather relevant information from print and digital sources; summarize or paraphrase information in notes and finished work, and provide a list of sources.

SIP, Lesson 1, Activity 1: My Safe School

SIP, Lesson 3, Activity 3: Bullying Story Endings

TAOD, Lesson 1, Activity 1: Alcohol and the Body

TAOD, Lesson 2, Activity 3: Graduation Party Story Ending

Standard 9

Draw evidence from literary or informational texts to support analysis, reflection and research.

SIP, Lesson 1, Activity 1: My Safe School

Speaking and Listening

Standard 1

Engage effectively in a range of collaborative discussions with diverse partners on grade 5 topics and texts; building on others' ideas and expressing their own clearly.

PFH, Lesson 1, Activity 1: Kids Like You

PFH, Lesson 1, Activity 2: Instant Bulletin Board: Old Me, New Me

PFH, Lesson 1, Activity 3: Got a Minute? Talking About Puberty

PFH, Lesson 3, Activity 1: Communicating in Winning Ways

PFH, Lesson 3, Activity 2: The Benefits of Abstinence, Got a Minute? Talking About Personal Reputation

PFH, Lesson 4, Activity 1: Kids Like You: Journals, Seasonal Journal Pages

SIP, Lesson 1, Activity 1: My Safe School

SIP, Lesson 1, Activity 2: In the Grapevine: Rights, Responsibilities and Actions for Being Safe at School

SIP, Lesson 2, Activity 1: Media Violence & You, In the Grapevine: Does Media Violence Affect Kids?

SIP, Lesson 2, Activity 2: It's Casual, It's Cruel—It's Casual Cruelty

SIP, Lesson 3, Activity 1: Speed Write: What Bullying Means to Me, Stories About Bullying, Why Kids Bully, What Is Bullying?

SIP, Lesson 3, Activity 2: Bullying & Feelings

SIP, Lesson 3, Activity 3: Stories About Bullying, Bullying Story Endings, Table Talk: Bullying

SIP, Lesson 4, Activity 1: School Fights Pieces of the Puzzle, Top 5 Reasons Kids Fight at School, In the Grapevine: School Fights

SIP, Lesson 4, Activity 2: Fights & Feelings

SIP, Lesson 4, Activity 3: Simple Conflict or Serious Trouble?

SIP, Lesson 5, Activity 1: When Friends or Classmates Are in Trouble, Got a Minute? Helping Friends Who Are in Trouble

NPA, Lesson 1, Activity 1: *HealthSmart* Guidelines for Healthy Eating

NPA, Lesson 1, Activity 2: Making Healthy Food Choices

NPA, Lesson 1, Activity 3: Table Talk: Our Family Choices for Healthy Eating

NPA, Lesson 1, Activity 4: How Can I Make Fast-Food Meals Healthier?, The Fast-Food Challenge, Celebrations & Holiday Foods

NPA, Lesson 2, Activity 1: *HealthSmart* Guidelines for Physical Activity & Exercise

NPA, Lesson 2, Activity 2: Adding Up My Physical Activity and Exercise, Table Talk: Our Active Family

HealthSmart Alignment to ELA Common Core State Standards Listed by Standard
Grade 5, Print Edition

NPA, Lesson 3, Activity 2: Eating & Exercising: Tracking Your Progress, Jamie & Niko's Goal Booklets
NPA, Lesson 4, Activity 1: Physical Activity and Exercise Tips, "Do-licious" Cookbook
TAOD, Lesson 1, Activity 1: Alcohol and the Body
TAOD, Lesson 2, Activity 1: Alcohol & Feelings
TAOD, Lesson 2, Activity 2: Alcohol & Peers
TAOD, Lesson 2, Activity 3: Graduation Party Story Ending, Table Talk: Alcohol-Free Kids
TAOD, Lesson 2, Activity 4: Alcohol & the Media
TAOD, Lesson 3, Activity 2: Peer Power Post Office: Helping Friends Stay Alcohol Free
TAOD, Lesson 4, Activity 1: When Others Drink, Real Stories: Getting Help When Others Drink, Got a Minute? When Adults and Others Use Alcohol

Standard 2

Summarize a written text read aloud or information presented in diverse media and formats, including visually, quantitatively and orally.

PFH, Lesson 1, Activity 2: Instant Bulletin Board: Old Me, New Me
NPA, Lesson 1, Activity 4: How Can I Make Fast-Food Meals Healthier?
NPA, Lesson 2, Activity 2: Adding Up My Physical Activity and Exercise
TAOD, Lesson 1, Activity 1: Alcohol and the Body
TAOD, Lesson 3, Activity 2: Peer Power Post Office: Helping Friends Stay Alcohol Free
TAOD, Lesson 4, Activity 1: Real Stories: Getting Help When Others Drink

Standard 3

Summarize the points a speaker makes and explain how each claim is supported by reasons and evidence.

SIP, Lesson 1, Activity 2: In the Grapevine: Rights, Responsibilities and Actions for Being Safe at School
SIP, Lesson 2, Activity 1: In the Grapevine: Does Media Violence Affect Kids?
SIP, Lesson 2, Activity 2: Casual Cruelty on TV
SIP, Lesson 4, Activity 1: In the Grapevine: School Fights
NPA, Lesson 3, Activity 1: Healthy Eating and Exercise: Getting Started
TAOD, Lesson 1, Activity 1: Alcohol and the Body
TAOD, Lesson 2, Activity 3: Graduation Party Story Ending

Standard 4

Report on a topic or text or present an opinion, sequencing ideas logically and using appropriate facts and relevant, descriptive details to support main ideas or themes; speak clearly at an understandable pace.

SIP, Lesson 1, Activity 1: My Safe School
SIP, Lesson 3, Activity 3: Bullying Story Endings
TAOD, Lesson 4, Activity 1: Real Stories: Getting Help When Others Drink

Standard 6

Adapt speech to a variety of contexts and tasks, using formal English when appropriate to task and situation.

PFH, Lesson 1, Activity 2: Instant Bulletin Board: Old Me, New Me
SIP, Lesson 1, Activity 1: My Safe School
SIP, Lesson 1, Activity 2: In the Grapevine: Rights, Responsibilities and Actions for Being Safe at School
SIP, Lesson 2, Activity 1: In the Grapevine: Does Media Violence Affect Kids?
SIP, Lesson 3, Activity 3: Bullying Story Endings
SIP, Lesson 4, Activity 1: School Fights Pieces of the Puzzle, In the Grapevine: School Fights
NPA, Lesson 1, Activity 4: How Can I Make Fast-Food Meals Healthier?

HealthSmart Alignment to ELA Common Core State Standards Listed by Standard
Grade 5, Print Edition

NPA, Lesson 2, Activity 2: Adding Up My Physical Activity and Exercise
TAOD, Lesson 1, Activity 1: Alcohol and the Body
TAOD, Lesson 2, Activity 3: Graduation Party Story Ending
TAOD, Lesson 2, Activity 5: A Closer Look at Me and Alcohol Connections
TAOD, Lesson 3, Activity 2: Peer Power Post Office: Helping Friends Stay Alcohol Free

Language

Standard 3

Use knowledge of language and its conventions when writing, speaking, reading or listening.

TAOD, Lesson 4, Activity 1: Real Stories: Getting Help When Others Drink

Standard 4

Determine or clarify the meaning of unknown and multiple-meaning words and phrases based on grade 5 reading and content, choosing flexibly from an array of strategies.

PFH, Lesson 1, Activity 3: Understanding Puberty
PFH, Lesson 2, Activity 1: Caring for a Boy's Body
PFH, Lesson 2, Activity 2: Caring for a Girl's Body
SIP, Lesson 2, Activity 3: Bookmark Campaign
SIP, Lesson 3, Activity 1: Speed Write: What Bullying Means to Me

Standard 6

Acquire and use accurately grade-appropriate conversational, general academic and domain-specific words and phrases, including those that signal contrast, addition and other logical relationships.

PFH, Lesson 1, Activity 1: Puberty and My Feelings
PFH, Lesson 1, Activity 3: Understanding Puberty
PFH, Lesson 2, Activity 1: Caring for a Boy's Body
PFH, Lesson 2, Activity 2: Caring for a Girl's Body
PFH, Lesson 4, Activity 1: Seasonal Journal Pages
SIP, Lesson 2, Activity 2: It's Casual, It's Cruel—It's Casual Cruelty
SIP, Lesson 2, Activity 3: Bookmark Campaign
SIP, Lesson 3, Activity 1: Speed Write: What Bullying Means to Me, What Is Bullying?
SIP, Lesson 3, Activity 2: Bullying & Feelings
SIP, Lesson 4, Activity 1: Top 5 Reasons Kids Fight at School
SIP, Lesson 4, Activity 2: Fights & Feelings
SIP, Lesson 4, Activity 3: Simple Conflict or Serious Trouble?
SIP, Lesson 5, Activity 1: When Friends or Classmates Are in Trouble
NPA, Lesson 1, Activity 1: *HealthSmart* Guidelines for Healthy Eating, MyPlate
NPA, Lesson 1, Activity 4: The Fast-Food Challenge, Celebrations & Holiday Foods
NPA, Lesson 2, Activity 1: *HealthSmart* Guidelines for Physical Activity & Exercise
NPA, Lesson 3, Activity 2: Eating & Exercise: Getting Started, Jamie & Niko's Goal Booklets
TAOD, Lesson 2, Activity 1: Alcohol & Feelings
TAOD, Lesson 2, Activity 2: Alcohol & Peers
TAOD, Lesson 2, Activity 3: Alcohol, Personal Choices & Consequences
TAOD, Lesson 2, Activity 4: Alcohol & the Media
TAOD, Lesson 4, Activity 1: When Others Drink, Real Stories: Getting Help When Others Drink