

Grade 4 (Print Edition)

HealthSmart Grade 4 meets the following Common Core State Standards in English Language Arts.

Key to Abbreviations

PFH = Personal & Family Health
SIP = Safety & Injury Prevention
NPA = Nutrition & Physical Activity
TAP = Tobacco & Alcohol Prevention

Reading Informational Text

Standard 1

Refer to details and examples in a text when explaining what the text says explicitly and when drawing inferences from the text.

PFH, Lesson 3, Activity 7: Letter to Me, Letter from the Teacher

PFH, Lesson 3, Activity 8: Help for Me

SIP, Lesson 1, Activity 2: How Safe Am I?

SIP, Lesson 1, Activity 3: How Safe Do I Feel?

SIP, Lesson 3, Activity 1: Resisting Pressure Tool Sheet

TAP, Lesson 2, Activity 2: Check-It-Out Tool Sheet

Standard 2

Determine the main idea of a text and explain how it is supported by key details; summarize the text.

PFH, Lesson 3, Activity 1: Growing and Changing Survey

PFH, Lesson 3, Activity 2: Tape Measure Template, Measure Up!

PFH, Lesson 3, Activity 7: Letter to Me, Letter from the Teacher

PFH, Lesson 3, Activity 8: Help for Me

SIP, Lesson 1, Activity 2: How Safe Am I?

SIP, Lesson 1, Activity 3: How Safe Do I Feel?

SIP, Lesson 3, Activity 1: Resisting Pressure Tool Sheet

TAP, Lesson 2, Activity 2: Check-It-Out Tool Sheet

Standard 3

Explain events, procedures, ideas or concepts in a historical, scientific or technical text, including what happened and why, based on specific information in the text.

PFH, Lesson 3, Activity 7: Letter to Me, Letter from the Teacher

PFH, Lesson 3, Activity 8: Help for Me

SIP, Lesson 1, Activity 2: How Safe Am I?

SIP, Lesson 1, Activity 3: How Safe Do I Feel?

SIP, Lesson 3, Activity 1: Resisting Pressure Tool Sheet

TAP, Lesson 2, Activity 2: Check-It-Out Tool Sheet

Standard 4

Determine the meaning of general academic and domain-specific words and phrases in a text relevant to a grade 4 topic or subject area.

PFH, Lesson 3, Activity 7: Letter to Me, Letter from the Teacher

PFH, Lesson 3, Activity 8: Help for Me

SIP, Lesson 1, Activity 2: How Safe Am I?

SIP, Lesson 1, Activity 3: How Safe Do I Feel?

SIP, Lesson 3, Activity 1: Resisting Pressure Tool Sheet

TAP, Lesson 2, Activity 2: Check-It-Out Tool Sheet

Reading Literature

Standard 1

Refer to details and examples in a text when explaining what the text says explicitly and when drawing inferences from the text.

PFH, Lesson 2, Activity 2: Simple or Serious Conflict?; Safe, Peaceful and Fair Solutions

PFH, Lesson 3, Activity 3: Dear Chris Questions

SIP, Lesson 2, Activity 1: Kenny—Someone Like You

SIP, Lesson 2, Activity 3: What's Happening? What's Needed?

SIP, Lesson 3, Activity 1: Resist the Pressure, It's Up to You

TAP, Lesson 2, Activity 3: Create a Roleplay

Standard 2

Determine a theme of a story, drama or poem from details in the text; summarize the text.

PFH, Lesson 2, Activity 2: Simple or Serious Conflict?; Safe, Peaceful and Fair Solutions

PFH, Lesson 3, Activity 3: Dear Chris Questions

SIP, Lesson 2, Activity 1: Kenny—Someone Like You

SIP, Lesson 2, Activity 3: What's Happening? What's Needed?

SIP, Lesson 3, Activity 1: Resist the Pressure, It's Up to You

TAP, Lesson 2, Activity 3: Create a Roleplay

Standard 3

Describe in depth a character, setting or event in a story or drama, drawing on specific details in the text.

PFH, Lesson 2, Activity 2: Simple or Serious Conflict?; Safe, Peaceful and Fair Solutions

PFH, Lesson 3, Activity 3: Dear Chris Questions

SIP, Lesson 2, Activity 1: Kenny—Someone Like You

SIP, Lesson 2, Activity 3: What's Happening? What's Needed?

SIP, Lesson 3, Activity 1: Resist the Pressure, It's Up to You

TAP, Lesson 2, Activity 3: Create a Roleplay

Standard 4

Determine the meaning of words and phrases as they are used in a text.

PFH, Lesson 2, Activity 2: Simple or Serious Conflict?; Safe, Peaceful and Fair Solutions

PFH, Lesson 3, Activity 3: Dear Chris Questions

SIP, Lesson 2, Activity 1: Kenny—Someone Like You

SIP, Lesson 2, Activity 3: What's Happening? What's Needed?

SIP, Lesson 3, Activity 1: Resist the Pressure, It's Up to You

TAP, Lesson 2, Activity 3: Create a Roleplay

Writing

Standard 1

Write opinion pieces on topics or texts, supporting a point of view with reasons and information.

PFH, Lesson 1, Activity 3: Stress and Me

PFH, Lesson 3, Activity 1: Growing and Changing Survey, The Way I See Things

PFH, Lesson 3, Activity 3: Dear Chris Questions

PFH, Lesson 3, Activity 4: 30 Things I Can Do

PFH, Lesson 3, Activity 6: The Door to My Future

HealthSmart Alignment to ELA Common Core State Standards Listed by Standard
Grade 4, Print Edition

PFH, Lesson 3, Activity 7: Letter to Me
SIP, Lesson 1, Activity 1: Thinking and Talking About Taking Risks
SIP, Lesson 1, Activity 3: How Safe Do I Feel?
SIP, Lesson 2, Activity 1: Kenny—Someone Like You
SIP, Lesson 2, Activity 2: Signals for Me
SIP, Lesson 3, Activity 1: It's Up to You!
NPA, Lesson 1, Activity 4: My Daily Food and Exercise Journal
TPA, Lesson 2, Activity 3: Create a Roleplay
TPA, Lesson 3, Activity 1: Take It from Us: How to Be Tobacco and Alcohol Free

Standard 2

Write informative/explanatory texts to examine a topic and convey ideas and information clearly.

PFH, Lesson 2, Activity 2: Safe, Peaceful and Fair Solutions
PFH, Lesson 3, Activity 1: Growing and Changing Survey, The Way I See Things
PFH, Lesson 3, Activity 2: Measure Up!
PFH, Lesson 3, Activity 3: Dear Chris Questions
PFH, Lesson 3, Activity 4: 30 Things I Can Do
PFH, Lesson 3, Activity 5: 5 Steps to Growing Up Healthy
PFH, Lesson 3, Activity 6: The Door to My Future
PFH, Lesson 3, Activity 7: Letter to Me
PFH, Lesson 3, Activity 8: Help for Me
SIP, Lesson 1, Activity 1: Thinking and Talking About Taking Risks
SIP, Lesson 1, Activity 2: How Safe Am I?
SIP, Lesson 1, Activity 3: How Safe Do I Feel?
SIP, Lesson 2, Activity 1: Kenny—Someone Like You
SIP, Lesson 2, Activity 2: Signals for Me
SIP, Lesson 2, Activity 3: What's Happening? What's Needed?
SIP, Lesson 3, Activity 1: Resist the Pressure, Resisting Pressure Tool Sheet, It's Up to You!
NPA, Lesson 1, Activity 1: Food Groups Booklet
NPA, Lesson 1, Activity 4: My Daily Food and Exercise Journal
TPA, Lesson 2, Activity 2: Check-It-Out Tool Sheet
TPA, Lesson 2, Activity 3: Create a Roleplay
TPA, Lesson 3, Activity 1: Take It from Me, Take It from Us: How to Be Tobacco and Alcohol Free

Standard 3

Write narratives to develop real or imagined experiences or events using effective technique, descriptive details and clear event sequences.

SIP, Lesson 1, Activity 1: Thinking and Talking About Taking Risks
SIP, Lesson 2, Activity 1: Kenny—Someone Like You
TPA, Lesson 2, Activity 3: Create a Roleplay

Standard 7

Conduct short research projects that build knowledge through investigation of different aspects of a topic.

NPA, Lesson 1, Activity 4: My Daily Food and Exercise Journal

Standard 8

Recall relevant information from experiences or gather relevant information from print and digital sources; take notes and categorize information, and provide a list of sources.

PFH, Lesson 3, Activity 1: The Way I See Things

Speaking and Listening

Standard 1

Engage effectively in a range of collaborative discussions with diverse partners on grade 4 topics and texts; building on others' ideas and expressing their own clearly.

PFH, Lesson 2, Activity 2: Safe, Peaceful and Fair Solutions
PFH, Keep the Learning Alive (1): We Handle Conflict!
PFH, Lesson 3, Activity 1: The Way I See Things
PFH, Lesson 3, Activity 3: Dear Chris Questions
PFH, Lesson 3, Activity 6: The Door to My Future, Got a Minute? Talking About the Future
PFH, Keep the Learning Alive (2): I Like My Growing and Changing Body!
SIP, Lesson 1, Activity 1: Thinking and Talking About Taking Risks, Table Talk: Safety Smart Families
SIP, Lesson 1, Activity 2: How Safe Am I?
SIP, Lesson 1, Activity 3: How Safe Do I Feel?
SIP, Lesson 2, Activity 2: Signals for Me
SIP, Lesson 2, Activity 3: What's Happening? What's Needed?
SIP, Lesson 3, Activity 1: Resist the Pressure
SIP, Keep the Learning Alive: We Don't Take Dares from Others!
NPA, Lesson 1, Activity 3: Table Talk: Our Top 10 Healthy Snacks
NPA, Keep the Learning Alive (1): I Eat Healthy Every Day!
NPA, Lesson 2, Activity 1: Got a Minute? Talking About Body Image
NPA, Keep the Learning Alive (2): I Get Plenty of Exercise!
TAP, Lesson 2, Activity 3: Create a Roleplay, Got a Minute? Talking About Staying Away from Tobacco and Alcohol
TAP, Lesson 3, Activity 1: Take It from Us: How to Be Tobacco and Alcohol Free
TAP, Keep the Learning Alive: We Are Tobacco and Alcohol Free!

Standard 2

Paraphrase portions of a text read aloud or information presented in diverse media and formats, including visually, quantitatively and orally.

PFH, Keep the Learning Alive (1): We Handle Conflict!
PFH, Lesson 3, Activity 1: The Way I See Things
PFH, Lesson 3, Activity 3: Dear Chris Questions
PFH, Lesson 3, Activity 6: The Door to My Future
PFH, Keep the Learning Alive (2): I Like My Growing and Changing Body!
SIP, Lesson 1, Activity 2: How Safe Am I?
SIP, Lesson 1, Activity 3: How Safe Do I Feel?
SIP, Lesson 2, Activity 2: Signals for Me
SIP, Lesson 2, Activity 3: What's Happening? What's Needed?
SIP, Lesson 3, Activity 1: Resist the Pressure
NPA, Keep the Learning Alive (1): I Eat Healthy Every Day!
NPA, Keep the Learning Alive (2): I Get Plenty of Exercise!
TAP, Lesson 2, Activity 3: Create a Roleplay
TAP, Lesson 3, Activity 1: Take It from Us: How to Be Tobacco and Alcohol Free

Standard 3

Identify the reasons and evidence a speaker provides to support particular points.

PFH, Lesson 3, Activity 5: 5 Steps to Growing Up Healthy
NPA, Lesson 1, Activity 1: Food Groups Booklet

Standard 6

Differentiate between contexts that call for formal English and situations where informal discourse is appropriate; use formal English when appropriate to task and situation.

PFH, Keep the Learning Alive (1): We Handle Conflict!

PFH, Lesson 3, Activity 1: The Way I See Things

PFH, Lesson 3, Activity 3: Dear Chris Questions

PFH, Lesson 3, Activity 6: The Door to My Future

PFH, Keep the Learning Alive (2): I Like My Growing and Changing Body!

SIP, Lesson 1, Activity 2: How Safe Am I?

SIP, Lesson 1, Activity 3: How Safe Do I Feel?

SIP, Lesson 2, Activity 2: Signals for Me

SIP, Lesson 2, Activity 3: What's Happening? What's Needed?

SIP, Lesson 3, Activity 1: Resist the Pressure

NPA, Keep the Learning Alive (1): I Eat Healthy Every Day!

NPA, Keep the Learning Alive (2): I Get Plenty of Exercise!

TAP, Lesson 2, Activity 3: Create a Roleplay

TAP, Lesson 3, Activity 1: Take It from Us: How to Be Tobacco and Alcohol Free

TAP, Keep the Learning Alive: We Are Tobacco and Alcohol Free!

Language

Standard 2

Demonstrate command of the conventions of standard English capitalization, punctuation and spelling when writing.

NPA, Lesson 2, Activity 1: My Compliment Mirror

Standard 4

Determine or clarify the meaning of unknown and multiple-meaning words and phrases based on grade 4 reading and content, choosing flexibly from an array of strategies.

PFH, Lesson 3, Activity 1: Growing and Changing Survey

SIP, Lesson 3, Activity 1: Resist the Pressure

Standard 6

Acquire and use accurately grade-appropriate general academic and domain-specific words and phrases, including those that signal precise actions, emotions or states of being and that are basic to a particular topic.

PFH, Lesson 1, Activity 3: Stress and Me

PFH, Lesson 2, Activity 2: Safe, Peaceful and Fair Solutions

PFH, Lesson 3, Activity 1: Growing and Changing Survey

SIP, Lesson 1, Activity 2: How Safe Am I?

SIP, Lesson 1, Activity 3: How Safe Do I Feel?

SIP, Lesson 2, Activity 3: What's Happening? What's Needed?

SIP, Lesson 3, Activity 1: Resist the Pressure, It's Up to You!

NPA, Lesson 2, Activity 1: My Compliment Mirror

TAP, Lesson 2, Activity 3: Create a Roleplay

TPA, Lesson 3, Activity 1: Take It from Us: How to Be Tobacco and Alcohol Free