

## Grade 2 (Digital Edition)

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The student materials in *HealthSmart* Grade 2 address the following Common Core State Standards in English Language Arts.

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### Personal & Family Health

#### Lesson 1

Shape of My Family RI.2.4; L.2.4,6

#### Lesson 2

How My Family Keeps Me Healthy W.2.1,2,8

Table Talk: Families on TV SL.2.1

#### Lesson 3

Our Healthy Role Models W.2.1,2,8

#### Lesson 4

It's Time to Talk W.2.2

Got a Minute? Talking About Troublesome Feelings SL.2.1

I Get Help! SL.2.1,2,6

#### Lesson 5

Growing and Changing Me W.2.1,2,8

#### Lesson 6

Table Talk: Preventing Family Colds SL.2.1

#### Lesson 7

My First-Aid Book RI.2.1,2,3,4; W.2.1,2,8; L.2.4,6

Got a Minute? Talking About First Aid at Home SL.2.1

I Can Take Care of Myself! SL.2.1,2,6

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### Safety & Injury Prevention

#### Lesson 9

Street Smart RI.2.1,9; W.2.2; L.2.6

#### Lesson 10

Passenger Smart RI.2.1,9; W.2.2; L.2.6

#### Lesson 11

Home Alone RI.2.1,9; W.2.2 L.2,6

Got a Minute? Talking About Stranger Danger SL.2.1

#### Lesson 12

Water Smart RI.2.1,9; W.2.2; L.2.6

#### Lesson 13

Bike Smart RI.2.1,9; W.2.2; L.2,6

#### Lesson 14

My Smart and Safe Rules Book W.2.1,2,8; SL.2.1,2,6; L.2.6

I'm Safety Smart When I Ride and Play! SL.2.1,2,6

#### Key to Common Core Abbreviations

Language Forms:

RL = Reading Literature

RI = Reading Informational

Text

W = Writing

SL = Speaking & Listening

L = Language

The grade level follows the language form.

The specific standards addressed follow the grade level, separated by commas.

For example: W.2.2,4 = Writing, Grade 2, Standards 2 and 4.

## **Nutrition & Physical Activity**

### **Lesson 15**

Water Buddy Badges SL.2.1,2,6; L.2.4,6

### **Lesson 16**

My Healthy Breakfast Pledge W.2.2

### **Lesson 17**

Healthy Snacking W.2.2; SL.2.1,2,6

I Snack on Fruits and Vegetables! SL.2.1,2,6

### **Lesson 18**

My 5-a-Day Favorites W.2.1,2

Table Talk: 5-a-Day Family Favorites SL.2.1

### **Lesson 19**

My 5-a-Day Record W.2.2,7,8; SL.2.1,2,6

### **Lesson 20**

My Great Body W.2.1,2,3,8; SL.2.1,2,6

Our Great Bodies! W.2.1,2,8

### **Lesson 21**

Class Stretch Record W.2.7

Got a Minute? Talking About Stretching SL.2.1

We Stretch Every Day SL.2.1,2,6

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## **Tobacco & Alcohol Prevention**

### **Lesson 23**

Got a Minute? Talking About Tobacco SL.2.1

### **Lesson 24**

Making My Tobacco-Free Choice W.2.1,2,8; L.2.2,4,6

### **Lesson 25**

Help for Me to Be Tobacco Free W.2.1,2,7; SL.2.2,3,6; L.2.2,4,6

### **Lesson 26**

Tobacco Free for a Lifetime Pledge Strips W.2.2

I Choose to Be Tobacco Free! SL.2.1,2,6