

Grade 1 (Print Edition)

Key to Abbreviations

PFH = Personal & Family Health
SIP = Safety & Injury Prevention
NPA = Nutrition & Physical Activity
TAP = Tobacco & Alcohol Prevention

HealthSmart Grade 1 meets the following Common Core State Standards in English Language Arts.

Writing

Standard 1

Write opinion pieces in which they tell a reader the topic or name the book they are writing about, state an opinion, supply a reason for the opinion, and provide some sense of closure.

PFH, Lesson 1, Activity 1: I Belong!
PFH, Lesson 1, Activity 2: My Family Storybook
PFH, Lesson 1, Activity 3: My Healthy Friend
SIP, Lesson 1, Activity 1: I Can Be Safe!
SIP, Lesson 1, Activity 2: I Have Help to Be Safe!
SIP Lesson 5, Activity 1: I'm Safety Smart
NPA, Lesson 3, Activity 1: My Growing Body
TAP, Lesson 1, Activity 2: Smoke Clouds

Standard 2

Write informative/explanatory text in which they name a topic, supply some facts about the topic, and provide some sense of closure.

PFH, Lesson 1, Activity 2: My Family Storybook
SIP, Lesson 2, Activity 1: Street Smart
SIP, Lesson 3, Activity 1: Car Smart
SIP, Lesson 4, Activity 3: Fire Smart
SIP, Lesson 5, Activity 1: I'm Safety Smart
NPA, Lesson 1, Activity 1: Water for Me, Please!
NPA, Lesson 2, Activity 1: My Breakfast Pledge
NPA, Lesson 3, Activity 1: My Growing Body
NPA, Lesson 3, Activity 2: More or Less? My Pledge to Be Active
TAP, Lesson 1, Activity 2: Smoke Clouds

Standard 7

Participate in shared research and writing projects.

PFH, Lesson 2, Activity 3: Getting Enough Sleep

Standard 8

With guidance and support from adults, recall information from experiences or gather information from provided sources to answer a question.

PFH, Lesson 1, Activity 1: I Belong!
PFH, Lesson 1, Activity 2: My Family Storybook
PFH, Lesson 1, Activity 3: My Healthy Friend
SIP, Lesson 1, Activity 1: I Can Be Safe!
SIP, Lesson 1, Activity 2: I Have Help to Be Safe!
SIP, Lesson 5, Activity 1: I'm Safety Smart
NPA, Lesson 3, Activity 1: My Growing Body
TAP, Lesson 1, Activity 2: Smoke Clouds

Speaking and Listening

Standard 1

Participate in collaborative conversations with diverse partners about grade 1 topics and texts with peers and adults in small and larger groups.

PFH, Lesson 1, Activity 2: Table Talk: Family Stories
PFH, Lesson 1, Activity 3: My Healthy Friend
PFH, Keep the Learning Alive (1): I Share My Feelings!
PFH, Lesson 2, Activity 1: Handwashing
PFH, Lesson 2, Activity 3: Table Talk: Do We Get Plenty of Sleep?
PFH, Keep the Learning Alive (2): I Protect Myself from the Sun!
SIP, Lesson 2, Activity 2: Got a Minute? Talking About Safe Routes and Havens
SIP, Lesson 4, Activity 1: Got a Minute? Talking About Fire Safety at Home
SIP, Keep the Learning Alive: I Buckle Up and Sit in the Back!
NPA, Lesson 2, Activity 1: Got a Minute? Talking About Eating a Healthy Breakfast
NPA, Keep the Learning Alive (1): I Eat Breakfast Every Day!
NPA, Lesson 3, Activity 1: My Growing Body
NPA, Keep the Learning Alive (2): I Grow Every Day!
TAP, Lesson 2, Activity 1: Tobacco Free...Ask Me! Wristbands
TAP, Lesson 2, Activity 2: Got a Minute? Talking About Tobacco
TAP, Keep the Learning Alive: No Tobacco for Me!

Standard 2

Ask and answer questions about key details in a text read aloud or information presented orally or through other media.

PFH, Lesson 1, Activity 3: My Healthy Friend
PFH, Keep the Learning Alive (1): I Share My Feelings!
PFH, Lesson 2, Activity 1: Handwashing
PFH, Keep the Learning Alive (2): I Protect Myself from the Sun!
SIP, Keep the Learning Alive: I Buckle Up and Sit in the Back!
NPA, Keep the Learning Alive (1): I Eat Breakfast Every Day!
NPA, Lesson 3, Activity 1: My Growing Body
NPA, Keep the Learning Alive (2): I Grow Every Day!
TAP, Lesson 2, Activity 1: Tobacco Free...Ask Me! Wristbands
TAP, Keep the Learning Alive: No Tobacco for Me!

Standard 4

Describe people, places, things and events with relevant details, expressing ideas and feelings clearly.

PFH, Lesson 1, Activity 1: I Belong!
PFH, Lesson 1, Activity 2: My Family Storybook
SIP, Lesson 1, Activity 1: I Can Be Safe
SIP, Lesson 1, Activity 2: I Have Help to Be Safe

Standard 6

Produce complete sentences when appropriate to task and situation.

PFH, Lesson 1, Activity 1: I Belong!
PFH, Lesson 1, Activity 2: My Family Storybook
PFH, Lesson 1, Activity 3: My Healthy Friend

HealthSmart Alignment to ELA Common Core State Standards Listed by Standard
Grade 1, Print Edition

PFH, Keep the Learning Alive (1): I Share My Feelings!
PFH, Lesson 2, Activity 1: Handwashing
PFH, Keep the Learning Alive (2): I Protect Myself from the Sun!
SIP, Lesson 1, Activity 1: I Can Be Safe
SIP, Lesson 1, Activity 2: I Have Help to Be Safe
SIP, Keep the Learning Alive: I Buckle Up and Sit in the Back!
NPA, Keep the Learning Alive (1): I Eat Breakfast Every Day!
NPA, Lesson 3, Activity 1: My Growing Body
NPA, Keep the Learning Alive (2): I Grow Every Day!
TAP, Lesson 2, Activity 1: Tobacco Free...Ask Me! Wristbands
TAP, Keep the Learning Alive: No Tobacco for Me!

Language

Standard 4

Determine or clarify the meaning of unknown and multiple-meaning words and phrases based on grade 1 reading and content, choosing flexibly from an array of strategies.

TAP, Lesson 1, Activity 2: Smoke Clouds
TAP, Lesson 2, Activity 1: Tobacco Free...Ask Me! Wristbands

Standard 6

Use words and phrases acquired through conversations, reading and being read to, and responding to texts, including using frequently occurring conjunctions to signal simple relationships.

SIP, Lesson 1, Activity 1: I Can Be Safe!
SIP, Lesson 1, Activity 2: I Have Help to Be Safe!
SIP, Lesson 2, Activity 1: Street Smart
SIP, Lesson 3, Activity 1: Car Smart
SIP, Lesson 4, Activity 3: Fire Smart
NPA, Lesson 3, Activity 1: My Growing Body
TAP, Lesson 1, Activity 2: Smoke Clouds
TAP, Lesson 2, Activity 1: Tobacco Free...Ask Me! Wristbands