

Abstinence, Personal & Sexual Health

The *HealthSmart* Abstinence, Personal & Sexual Health unit meets the following Common Core State Standards in English Language Arts for Grades 9-10.

Reading Informational Text

Standard 1

Cite strong and thorough textual evidence to support analysis of what the text says explicitly as well as inferences drawn from the text.

Lesson 1 (Assessing My Health Habits)

Lesson 3 (Chronic Disease Cards, Teens & Chronic Disease: Allergies, Asthma, Diabetes, Epilepsy)

Lesson 4 (Self-Care or See a Doctor)

Lesson 5 (Health Habits Research: Vision, Hearing, Skin, Sleep)

Lesson 6 (What Do You Think?)

Lesson 7 (Understanding Human Reproduction)

Lesson 8 (Breast Self-Exam, Male Self-Exam, Time to Talk: Your Daughter's/Son's Sexual Health, Taking Care of Your Sexual Health)

Lesson 11 (Media Observation Report)

Lesson 12 (Time to Talk: Supporting Abstinence)

Unit Assessment 2 (Gallery Walk Record Sheet)

Standard 2

Determine a central idea of a text and analyze its development over the course of the text; including how it emerges and is shaped and refined by specific details; provide an objective summary of the text.

Lesson 3 (Chronic Disease Cards, Teens & Chronic Disease: Allergies, Asthma, Diabetes, Epilepsy)

Lesson 8 (Breast Self-Exam, Male Self-Exam, Time to Talk: Your Daughter's/Son's Sexual Health, Taking Care of Your Sexual Health)

Lesson 11 (Media Observation Report)

Lesson 12 (Time to Talk: Supporting Abstinence)

Standard 3

Analyze how the author unfolds an analysis or series of ideas or events, including the order in which the points are made, how they are introduced and developed, and the connections that are drawn between them.

Lesson 3 (Chronic Disease Cards, Teens & Chronic Disease: Allergies, Asthma, Diabetes, Epilepsy)

Lesson 4 (Self-Care or See a Doctor)

Lesson 8 (Breast Self-Exam, Male Self-Exam, Time to Talk: Your Daughter's/Son's Sexual Health, Taking Care of Your Sexual Health)

Lesson 11 (Media Observation Report)

Lesson 12 (Time to Talk: Supporting Abstinence)

Standard 4

Determine the meaning of words and phrases as they are used in a text, including figurative, connotative and technical meanings; analyze the cumulative impact of specific word choices on meaning and tone.

Lesson 3 (Chronic Disease Cards, Teens & Chronic Disease: Allergies, Asthma, Diabetes, Epilepsy)

Lesson 4 (Self-Care or See a Doctor)

HealthSmart Alignment to ELA Common Core State Standards Listed by Standard
High School *Abstinence, Personal & Sexual Health*

Lesson 5 (Health Habits Research: Vision, Hearing, Skin, Sleep)

Lesson 6 (What Do You Think?, Understanding Sexuality)

Lesson 7 (Understanding Human Reproduction)

Lesson 8 (Breast Self-Exam, Male Self-Exam, Time to Talk: Your Daughter's/Son's Sexual Health, Taking Care of Your Sexual Health)

Lesson 11 (Media Observation Report)

Lesson 12 (Time to Talk: Supporting Abstinence)

Standard 6

Determine an author's point of view or purpose in a text and analyze how an author uses rhetoric to advance that point of view or purpose.

Lesson 5 (Health Habits Research: Vision, Hearing, Skin, Sleep)

Lesson 11 (Media Observation Report)

Standard 8

Delineate and evaluate the argument and specific claims in a text, assessing whether the reasoning is valid and the evidence is relevant and sufficient; identify false statements and fallacious reasoning.

Lesson 5 (Health Habits Research: Vision, Hearing, Skin, Sleep)

Lesson 11 (Media Observation Report)

Reading Literature

Standard 1

Cite strong and thorough textual evidence to support analysis of what the text says explicitly as well as inferences drawn from the text.

Lesson 2 (Infectious Disease Detective, Stop the Spread)

Lesson 8 (Sexual Health Situations)

Lesson 14 (Turning Off the Pressure)

Lesson 15 (Saying NO)

Unit Assessment 1 (What I Know About Abstinence, Personal & Sexual Health)

Standard 2

Determine a theme or central idea of a text and analyze in detail its development over the course of the text, including how it emerges and is shaped and refined by specific details; provide an objective summary of the text.

Lesson 2 (Infectious Disease Detective, Stop the Spread)

Lesson 8 (Sexual Health Situations)

Lesson 14 (Turning Off the Pressure)

Lesson 15 (Saying NO)

Unit Assessment 1 (What I Know About Abstinence, Personal & Sexual Health)

Standard 3

Analyze how complex characters develop over the course of a text, interact with other characters, and advance the plot or develop the theme.

Lesson 2 (Infectious Disease Detective, Stop the Spread)

Lesson 8 (Sexual Health Situations)

Lesson 14 (Turning Off the Pressure)

Lesson 15 (Saying NO)

Unit Assessment 1 (What I Know About Abstinence, Personal & Sexual Health)

Standard 4

Determine the meaning of words and phrases as they are used in a text, including figurative and connotative meanings; analyze the cumulative impact of specific word choices on meaning and tone.

Lesson 2 (Infectious Disease Detective, Stop the Spread)

Lesson 8 (Sexual Health Situations)

Lesson 14 (Turning Off the Pressure)

Lesson 15 (Saying NO)

Unit Assessment 1 (What I Know About Abstinence, Personal & Sexual Health)

Writing

Standard 1

Write arguments to support claims in an analysis of substantive topics or texts, using valid reasoning and relevant and sufficient evidence.

Lesson 4 (My Guide for Evaluating Websites)

Lesson 5 (Improving My Health Habits)

Lesson 8 (Spreading the Word About Sexual Health)

Lesson 9 (Why Choose Abstinence?)

Lesson 13 (Decision Scenario, Deciding on My Limits)

Lesson 15 (Observer Checklist)

Lesson 16 (My Abstinence or Other Sexual Health Goal)

Unit Assessment 2 (Gallery Walk Record Sheet)

Standard 2

Write informative/explanatory texts to examine and convey complex ideas, concepts and information clearly and accurately through the effective selection, organization and analysis of content.

Lesson 2 (Infectious Disease Detective, Stop the Spread)

Lesson 3 (Teens & Chronic Disease--notes page, Chronic Disease & Quality of Life Analysis)

Lesson 4 (Getting Help with Staying Healthy)

Lesson 5 (Health Habits Research: Vision, Hearing, Skin, Sleep; Improving My Health Habits)

Lesson 6 (Understanding Sexuality)

Lesson 8 (Sexual Health Situations, Taking Care of Your Sexual Health, Keys to Sexual Health, Spreading the Word About Sexual Health)

Lesson 9 (Why Choose Abstinence?)

Lesson 10 (Attitudes About Abstinence, Influences on Sexual Choices)

Lesson 11 (Media Observation Report, Media Analysis)

Lesson 13 (Decision Scenario, Deciding on My Limits)

Lesson 14 (Turning Off the Pressure)

Lesson 15 (Saying NO, Refusal Roleplay)

Unit Assessment 1 (What I Know About Abstinence, Personal & Sexual Health)

Unit Assessment 2 (Picture of Health Gallery Walk Study Guide)

Standard 3

Write narratives to develop real or imagined experiences or events using effective technique, well-chosen details, and well-structured event sequences.

Lesson 9 (Why Choose Abstinence?)

Lesson 14 (Turning Off the Pressure)

Lesson 15 (Saying NO, Refusal Roleplay)

Standard 4

Produce clear and coherent writing in which the development, organization and style are appropriate to task, purpose and audience.

Lesson 2 (Infectious Disease Detective, Stop the Spread)

Lesson 3 (Teens & Chronic Disease--notes page, Chronic Disease & Quality of Life Analysis)

Lesson 4 (My Guide for Evaluating Websites, Getting Help with Staying Healthy)

Lesson 5 (Health Habits Research: Vision, Hearing, Skin, Sleep; Improving My Health Habits)

Lesson 6 (Understanding Sexuality)

Lesson 8 (Sexual Health Situations, Taking Care of Your Sexual Health, Keys to Sexual Health, Spreading the Word About Sexual Health)

Lesson 9 (Why Choose Abstinence?)

Lesson 10 (Attitudes About Abstinence, Influences on Sexual Choices)

Lesson 11 (Media Observation Report, Media Analysis)

Lesson 13 (Decision Scenario, Deciding on My Limits)

Lesson 14 (Turning Off the Pressure)

Lesson 15 (Saying NO, Refusal Roleplay)

Lesson 16 (My Abstinence or Other Sexual Health Goal)

Unit Assessment 1 (What I Know About Abstinence, Personal & Sexual Health)

Unit Assessment 2 (Picture of Health Gallery Walk Study Guide)

Standard 5

Develop and strengthen writing as needed by planning, revising, editing, rewriting or trying a new approach, focusing on addressing what is most significant for a specific purpose and audience.

Lesson 3 (Chronic Disease & Quality of Life Analysis)

Lesson 8 (Spreading the Word About Sexual Health)

Lesson 9 (Why Choose Abstinence?)

Standard 6

Use technology, including the Internet, to produce, publish and update individual or shared writing products, taking advantage of technology's capacity to link to other information and to display information flexibly and dynamically.

Lesson 4 (Getting Help with Staying Healthy)

Lesson 5 (Health Habits Research: Vision, Hearing, Skin, Sleep)

Lesson 8 (Sexual Health Situations, Spreading the Word About Sexual Health)

Lesson 9 (Why Choose Abstinence?)

Standard 7

Conduct short as well as more sustained research projects to answer a question or solve a problem; narrow or broaden the inquiry when appropriate; synthesize multiple sources on the subject, demonstrating understanding of the subject under investigation.

Lesson 5 (Health Habits Research: Vision, Hearing, Skin, Sleep)

Lesson 11 (Media Observation Report)

Standard 8

Gather relevant information from multiple authoritative print and digital sources, using advanced searches effectively; assess the usefulness of each source in answering the research question; integrate information into the text selectively to maintain the flow of ideas, avoiding plagiarism and following a standard format for citation.

Lesson 3 (Chronic Disease & Quality of Life Analysis)

Lesson 4 (Getting Help with Staying Healthy)

Lesson 5 (Health Habits Research: Vision, Hearing, Skin, Sleep)

Lesson 8 (Spreading the Word About Sexual Health)

Standard 9

Draw evidence from literary or informational text to support analysis, reflection and research.

Lesson 4 (Getting Help with Staying Healthy)

Lesson 5 (Health Habits Research: Vision, Hearing, Skin, Sleep)

Lesson 7 (Understanding Human Reproduction)

Lesson 8 (Spreading the Word About Sexual Health)

Lesson 13 (Decision Scenario, Deciding on My Limits)

Speaking and Listening

Standard 1

Initiate and participate effectively in a range of collaborative discussions with diverse partners on topics, text and issues, building on others' ideas and expressing their own clearly and persuasively.

Lesson 4 (Self-Care or See a Doctor)

Lesson 5 (Health Habits Research: Vision, Hearing, Skin, Sleep)

Lesson 6 (What Do You Think?)

Lesson 8 (Sexual Health Situations, Time to Talk: Your Daughter's/Son's Sexual Health, Taking Care of Your Sexual Health, Keys to Sexual Health)

Lesson 11 (Media Analysis)

Lesson 12 (Situation Examples, Time to Talk: Supporting Abstinence)

Lesson 13 (Decision Scenario, Deciding on My Limits)

Lesson 15 (The Pressure Is On)

Standard 2

Integrate multiple sources of information presented in diverse media or formats, evaluating the credibility and accuracy of each source.

Lesson 5 (Health Habits Research: Vision, Hearing, Skin, Sleep)

Lesson 11 (Media Observation Report)

Standard 3

Evaluate a speaker's point of view, reasoning and use of evidence and rhetoric, identifying any fallacious reasoning or exaggerated or distorted evidence.

Lesson 3 (Teens & Chronic Disease--notes page)

Lesson 4 (Getting Help with Staying Healthy)

Lesson 5 (Health Habits Research: Vision, Hearing, Skin, Sleep)

Lesson 8 (Taking Care of Your Sexual Health)

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Lesson 10 (Attitudes About Abstinence)
Lesson 11 (Media Observation Report)
Lesson 12 (Situation Examples)
Lesson 15 (The Pressure Is On, Observer Checklist)

Standard 4

Present information, findings and supporting evidence clearly, concisely and logically such that listeners can follow the line of reasoning and the organization, development, substance and style are appropriate to the purpose, audience and task.

Lesson 3 (Risk Factor Cards, Chronic Disease Cards)
Lesson 5 (Health Habits Research: Vision, Hearing, Skin, Sleep)
Lesson 6 (What Do You Think?)
Lesson 8 (Taking Care of Your Sexual Health, Keys to Sexual Health)
Lesson 10 (Attitudes About Abstinence)
Lesson 11 (Media Observation Report, Media Analysis)
Lesson 12 (Situation Examples)
Lesson 15 (Saying NO, Refusal Roleplay)

Standard 5

Make strategic use of digital media in presentations to enhance understanding of findings, reasoning and evidence and to add interest.

Lesson 5 (Health Habits Research: Vision, Hearing, Skin, Sleep)
Lesson 11 (Media Observation Report)

Standard 6

Adapt speech to a variety of contexts and tasks, demonstrating command of formal English when indicated or appropriate.

Lesson 11 (Media Analysis)

Language

Standard 1

Demonstrate command of the conventions of standard English grammar and usage when writing or speaking.

Lesson 8 (Spreading the Word About Sexual Health)

Standard 2

Demonstrate command of the conventions of standard English capitalization, punctuation and spelling when writing.

Lesson 8 (Spreading the Word About Sexual Health)

Standard 3

Apply knowledge of language to understand how language functions in different contexts, to make effective choices for meaning or style, and to comprehend more fully when reading or listening.

Lesson 2 (Stop the Spread)
Lesson 4 (Getting Help with Staying Healthy)
Lesson 5 (Improving My Health Habits)
Lesson 6 (What Do You Think?, Understanding Sexuality)
Lesson 8 (Spreading the Word About Sexual Health)

Standard 4

Determine or clarify the meaning of unknown and multiple-meaning words and phrases, choosing flexibly from a range of strategies.

Lesson 3 (Chronic Disease & Quality of Life Analysis)

Lesson 8 (Spreading the Word About Sexual Health)

Standard 6

Acquire and use accurately grade-appropriate general academic and domain-specific words and phrases; gather vocabulary knowledge when considering a word or phrase important to comprehension or expression.

Lesson 3 (Risk Factor Cards, Chronic Disease Cards, Chronic Disease & Quality of Life Analysis)

Lesson 4 (Getting Help with Staying Healthy)

Lesson 5 (Health Habits Research: Vision, Hearing, Skin, Sleep; Improving My Health Habits)

Lesson 6 (What Do You Think?, Understanding Sexuality)

Lesson 7 (Male Reproductive Organs, Female Reproductive Organs, Understanding Human Reproduction)

Lesson 8 (Sexual Health Situations, Time to Talk: Your Daughter's/Son's Sexual Health, Taking Care of Sexual Health, Keys to Sexual Health, Spreading the Word About Sexual Health)

Lesson 9 (Why Choose Abstinence)

Lesson 10 (Influences on Sexual Choices)

Lesson 11 (Media Observation Report, Media Analysis)

Lesson 12 (Situation Examples, Time to Talk: Supporting Abstinence)

Lesson 13 (Decision Scenario, Deciding on My Limits)

Lesson 14 (Turning Off the Pressure)

Lesson 15 (Saying NO, Refusal Roleplay)

Unit Assessment 1 (What I Know About Abstinence, Personal & Sexual Health)