

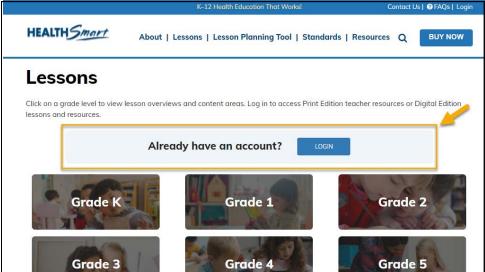
### HEALTH Smart Anatomy of a Digital Lesson



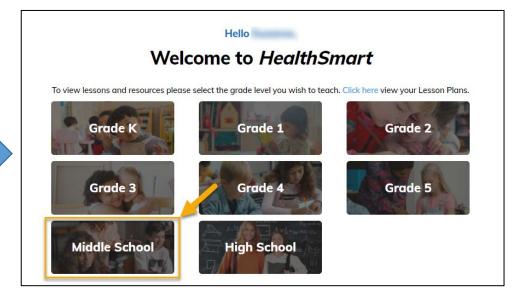
Go to the Lessons tab



Log in to your account



Choose a **Grade Level** 



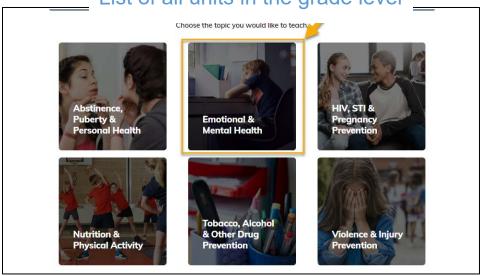


# HEALTH Smart Anatomy of a Digital Lesson

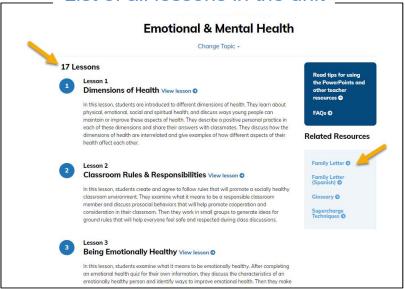








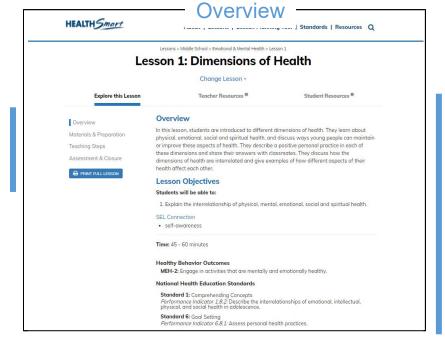
### List of all lessons in the unit



#### Links to:

- Family letters (English/Spanish)
- Glossary
- Supercharge techniques

Quick navigation



Summary of activities

Lesson objectives

**HBOs** addressed

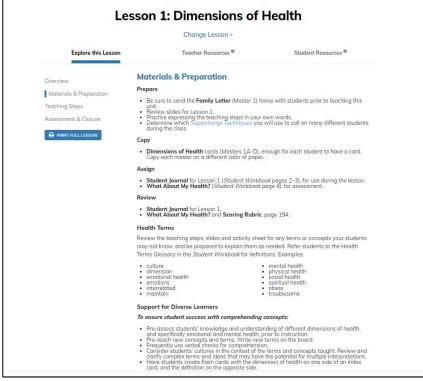
**Standards** alignment



## HEALTH Smart Anatomy of a Digital Lesson

Materials & Preparation \_



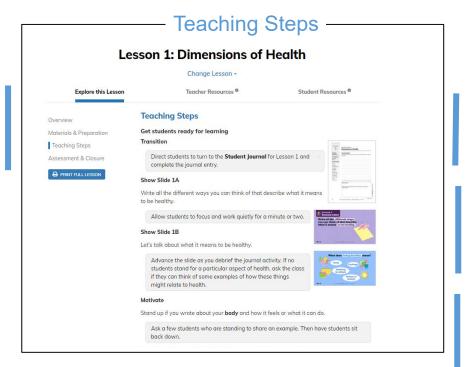


How to prepare and what you'll need

Health terms

Support for diverse learners

### Quick navigation



Steps for teaching the lesson

Journal writing to focus attention

Motivate activity personalizes learning





Quick navigation



Assessment activity sheet or performance task

Lesson closure

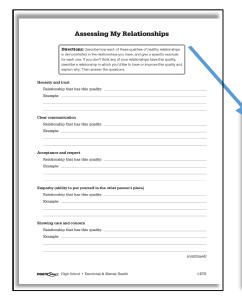
Assess lists what to evaluate



Teacher Resources link to slides, teacher keys, masters and videos



Student Resources link to journal pages and activity sheets



Every assessment activity has a scoring rubric, and every objective is assessed

Assessing My Relationships Activity Sheet				
Objective	4	3	2	1
Characteristics of Healthy Relationships	Clearly describes how 8 or 9 of the qualities of healthy relationships are demonstrated in personal relationships—or clearly explains with hei/she would like to improve the quality—and gives a specific example.	Describes how 5 to 7 of the qualities of healthy relationships are demonstrated in personal relationships—or explains why he/she would like to improve the quality—and gives some specific and some general examples.	Describes how 1 to 4 of the qualities of healthy relationships are demonstrated in personal relationships—or explains why he/she would like to improve the quality—and gives general or vague examples.	Does not describe how qualifies of healthy relationships are demonstrated in personal relationships—or explain why hershe would like to improve the quality—or give examples.
2. How to Build and Maintain Healthy Relationships	Clex by describes 3 or more specific things that could of done to build or maintain healthy relationships.	Clearly describes 2 specific things that could be done to build or maintain healthy relationships.	Clearly describes 1 specific thing that could be done to build or maintain healthy relationships.	Does not describe specific things that could be done to build or maintain healthy relationships.
3. Connection Between Healthy Relationships and Emotional Health	Clearly explains 2 or more ways a healthy personal relationship contributes to his or her emotional health.	Clearly explains 1 way a healthy personal relationship contributes to his or her emotional health.	Vaguely explains 1 or 2 ways a healthy personal relationship contributes to his or her emotional health.	Does not describe ways a healthy personal relationship contributes to his or her emotional health.