

Teacher Guide Contents

Welcome to <i>HealthSmart</i>[®]	v
How to Use the Teacher Guide	x
Supercharging a <i>HealthSmart</i>[®] Lesson	xvi
Lessons	
Lesson 1: Teens & Drug Use	1
Lesson 2: Drug Addiction	17
* Lesson 3: Prescription & Over-the-Counter Drugs: Get the Facts . .	25
Lesson 4: Opioids: Get the Facts	41
Lesson 5: Vaping & Other Tobacco Products: Get the Facts	49
Lesson 6: The Benefits of Quitting Tobacco Use	65
Lesson 7: Alcohol: Get the Facts	79
Lesson 8: Marijuana: Get the Facts	95
Lesson 9: Drugs & the Law	107
Lesson 10: Getting Help for Drug Problems	119
* Lesson 11: Analyzing Influences on Tobacco, Alcohol & Other Drug Use	129
* Lesson 12: Countering Media Influences	147
* Lesson 13: Making Decisions About Drugs	157
* Lesson 14: Saying NO to Drugs	173
* Lesson 15: Resisting Drug Pressures: Roleplay Practice	185
* Lesson 16: Advocating for Being Drug Free	193
Unit Assessment	
Activity 1: What I Know About Tobacco, Alcohol & Other Drugs .	205
Activity 2: Read All About It: A Newsletter to Help Keep Teens Off Drugs	215
Scoring Rubrics	223
Health Terms Glossary	245