

## **Take-Home Family Activities in High School**

### **Abstinence, Personal & Sexual Health**

Lesson 9: Time to Talk: Your Teen's Sexual Health

Lesson 13: Time to Talk: Supporting Abstinence

### **Emotional & Mental Health**

Lesson 5: Time to Talk: Skills for Dealing with Stress

Lesson 8: Parents & Relationships Survey

Lesson 13: Time to Talk: What Is Success?

### **HIV, STI & Pregnancy Prevention**

Lesson 3: Time to Talk: Sexual Responsibility

Lesson 14: Time to Talk: Supporting Sexual Health

### **Nutrition & Physical Activity**

Lesson 10: Time to Talk: Joining Together to Reach a Health Goal

Lesson 16: Time to Talk: Food Safety at Home

### **Tobacco, Alcohol & Other Drug Prevention**

Lesson 7: Time to Talk: My Dreams & Wishes for You

Lesson 9: Time to Talk: Family Rules About Drug Use

### **Violence & Injury Prevention**

Lesson 2: Time to Talk: Family Rules About Alcohol & Automobiles

Lesson 11: Time to Talk: Dealing with Bullying