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HEALTHSmart  Middle School  Tobacco, Alcohol & Other Drug Prevention
CD Contents

**Slides (PowerPoint and PDF)**

1. What Are Norms?
2. It’s a Fact—Alcohol
3. It’s a Fact—Tobacco
4. It’s a Fact—Marijuana
5. Medicine Definitions
6. Rules for Taking Medicines
7. The Stages of Addiction
8. Group Roles
9. It’s Your Choice
10. Self-Talk
11. Advertising Strategies
12. You Have the Power
13. Saying NO to Drug Pressure
14. Preparing for a Roleplay
15. Your Drug-Free Pledge

**Masters**

1. Family Letter
2. Drug Cards
3A–D. Tobacco Cards
4A–D. Guide to Tobacco
5. Stages of Addiction Cards
6. Time to Talk: The Media & Drugs
7. Counter-Advertisements
8. Time to Talk: Peer Pressure & Alcohol
9. Tobacco: The Pressure Is On—*Ineffective Version*
10. Tobacco: The Pressure Is On—*Effective Version*
11. Roleplay Feedback Form
12A–C. What I Know About Tobacco, Alcohol & Other Drugs
13. Health Actions Pamphlet

**Note**

In addition to slides and masters, CD contents include the student journal and digital copies of the teacher keys, scoring rubrics and the glossary. All digital resources can also be found on the *HealthSmart* website at www.etr.org/healthsmart under MyHealthSmart.