

Teacher Guide Contents

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CD Contents

Slides (PowerPoint and PDF)

1. Infectious Diseases
2. Noninfectious Diseases
3. Leading Causes of Death
4. Benefits of Seeing a Health Care Provider
5. How to Evaluate a Health Website
6. Definition of Sexuality
7. Male Reproductive Organs
8. Female Reproductive Organs—*External*
9. Female Reproductive Organs—*Internal*
10. Definition of Abstinence
11. Teens & Sex: The Facts
12. Decision-Making Steps
13. Refusal Skills
14. Preparing for a Roleplay
15. Setting a Goal

Masters

1. Family Letter
2. Risk Factor Cards
3. Chronic Disease Cards
- 4A. Teens & Chronic Disease: Allergies
- 4B. Teens & Chronic Disease: Asthma
- 4C. Teens & Chronic Disease: Epilepsy
- 4D. Teens & Chronic Disease: Diabetes
- 5A. Health Habits Research: Vision
- 5B. Health Habits Research: Hearing
- 5C. Health Habits Research: Skin
- 5D. Health Habits Research: Sleep
6. Breast Self-Exam
7. Male Self-Exam
- 8A–D. Sexual Health Situations
9. Time to Talk: Your Daughter's Sexual Health
10. Time to Talk: Your Son's Sexual Health
- 11A–C. Situation Examples
- 12A–B. Time to Talk: Supporting Abstinence
13. The Pressure Is On—*Ineffective Version*
14. The Pressure Is On—*Effective Version*
15. Observer Checklist
- 16A–G. What I Know About Abstinence, Personal & Sexual Health
- 17A–D. Picture of Health Gallery Walk Study Guide
- 18A–B. Gallery Walk Record Sheet

Note

In addition to slides and masters, CD contents include the student journal and digital copies of the teacher keys, scoring rubrics and the glossary. All digital resources can also be found on the *HealthSmart* website at www.etr.org/healthsmart under MyHealthSmart.