Lesson 2
Families Are Special and Different in Their Own Ways
My Family Storybook

This is where we live.

We are a family.

This is a way my family helps me be healthy.

____________________’s Family

This is me and my name.
Put this table tent on your table as a conversation starter for the whole family.

Table Talk: Family Stories

In school, your child is learning about being a member of a family. The goal is to help your child share and appreciate the things that make your family special.

Ideas to Talk About

1. What’s our family story? *(Have the oldest person start the story, then have others join in with questions or additions.)*

2. What kinds of words can we use to share positive ideas and things about our family?

Name: ___________________________’s Healthy Family