**HealthSmart High School: HIV, STD & Pregnancy Prevention – Logic Model: Snapshot**

<table>
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<tr>
<th><strong>HealthSmart Lessons Designed to Change Risk &amp; Protective Factors</strong></th>
<th><strong>Risk &amp; Protective Factors (Determinants) Affecting Behaviors Addressed in HealthSmart</strong></th>
<th><strong>Healthy Behaviors Directly Affecting Health Goals</strong></th>
<th><strong>HealthSmart Health Goals</strong></th>
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| HIV, STD & Pregnancy Prevention  
Lesson 1: What Do You Know About Sex?  
Lesson 2: Respecting Sexual Differences  
Lesson 3: Understanding Sexual Risks & Responsibilities  
Lesson 4: Avoiding Pregnancy  
Lesson 5: STD: The Facts  
Lesson 6: HIV: The Facts  
Lesson 7: Influences on Sexual Choices  
Lesson 8: Assessing & Avoiding Sexual Risks  
Lesson 9: Getting Tested for HIV, Other STD and Pregnancy  
Lesson 10: Using Condoms  
Lesson 11: Negotiating Condom use  
Lesson 12: Roleplay Practice: Saying NO to Unsafe Sex  
Lesson 13: My Commitment to Protect Myself  
Lesson 14: Advocating to Keep Friends Safe & Healthy  
Supplemental Lesson: Understanding Affirmative Consent (online only) | KNOWLEDGE of:  
• aspects of sexuality  
• negative consequences of sexual activity  
• contraceptive methods  
• STDs, including HIV  
• methods to protect against contracting HIV and other STDs  
• risks of having serial or overlapping partners  
• testing for HIV and other STD  
• situations that can lead to unprotected sex  
• personal challenges to condom use  
PERCEPTION OF RISK of:  
• chances of becoming pregnant  
• consequences of becoming a parent as a teen  
• chances of contracting HIV and other STDs  
• consequences of contracting HIV and other STDs  
VALUES AND ATTITUDES toward:  
• respecting different aspects of sexuality  
• sharing responsibility for protection if sexually active  
• getting tested for HIV and other STD  
• using condoms and contraception  
PERCEPTION OF PEER NORMS about:  
• having sex (versus abstaining)  
• sexually responsible behaviors  
SKILLS to:  
• analyze influences on sexual decision making  
• access STD testing and sexual health services  
• obtain and use condoms  
• say no to sexual pressure or to having unprotected sex  
• respect other people’s refusals  
• negotiate condom use with a partner  
PARENT-CHILD COMMUNICATION about:  
• responsible sexual behavior  
• attitudes about sex  
INTENTIONS to:  
• be abstinent  
• use condoms if sexually active  
• use contraception to avoid pregnancy if sexually active  
• support self and others to protect sexual health | Establishing and maintaining healthy relationships.  
Being sexually abstinent (either by delaying sex or returning to abstinence)  
Engaging in behaviors that prevent or reduce STD, including HIV.  
Avoiding pressuring others to engage in sexual behaviors.  
Supporting others to avoid or reduce sexual risk behaviors.  
Treating others with courtesy and respect without regard to their sexuality.  
Using appropriate health services to promote sexual health | Preventing unintended pregnancy  
Preventing HIV and other STDs |