

Updated for 2020!

It is our goal at ETR to keep the evidence-based programs we publish up to date and relevant for today's youth, while maintaining fidelity to the core components and key characteristics linked to effectiveness.

For 2020, ETR has reviewed *Reducing the Risk (RTR)*, and made the following changes:

- + All modules reviewed for medical accuracy
- + Updated information on HIV, including testing, PrEP and PEP, U=U, relative risk of sexual behaviors, emphasis on ART treatment and normal life span for those living with HIV
- + Updated information on contraceptive methods, including withdrawal
- + Language updates around inclusivity related to gender identity, sexual orientation and behavior
- + Language updates to ensure a more trauma-informed approach
- + Edits to eliminate stigma or phrasing that might overemphasize a fear-based approach to sexual health education
- + Changes to reflect advances in technology

New Tool for Virtual Implementation

In addition, a new PowerPoint support tool is available. It has slides that cover all key program content and activities and can be used to support both in-person and online implementation of the program. A link can be found on the Adaptation Guidelines & Tools tab on the *RTR* program page:

etr.org/ebi/programs/reducing-the-risk

