

Teacher Guide Contents

Welcome to *HealthSmart*[®] v

How to Use the Teacher Guide x

Supercharging a *HealthSmart*[®] Lesson xvi

Lessons

Lesson 1: Understanding Sexual Health	1
Lesson 2: Sexual Identity & Sexual Stereotyping	21
Lesson 3: What Is Affirmative Consent?	33
Lesson 4: Healthy Romantic Relationships	51
Lesson 5: Reproduction & Teen Pregnancy	63
Lesson 6: STI Facts	79
Lesson 7: HIV Facts	91
Lesson 8: STI & Responsible Actions	109
* Lesson 9: Making Sexual Health Decisions	121
* Lesson 10: Resisting Sexual Pressure	133
* Lesson 11: Roleplay Practice: Saying NO to Sexual Pressure	147
* Lesson 12: Using Condoms for Safer Sex	157
* Lesson 13: Negotiating Condom Use	169
Lesson 14: Preventing Pregnancy	179

Unit Assessment

Activity 1: What I Know About HIV, STI & Pregnancy Prevention	195
Activity 2: Sexual Health in the Media	205

Scoring Rubrics 209

Health Terms Glossary 229

* These lessons focus on specific health skills.