Making Proud Choices! <th

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Making Proud Choices! (MPC), California Edition, is an evidence-based curriculum that provides adolescents with the knowledge, confidence and skills necessary to reduce their risk of pregnancy, HIV and other sexually transmitted diseases (STDs) by abstaining from sex or using protection if they choose to have sex.

MPC emphasizes sexual responsibility. It teaches participants to respect themselves and others, and make proud and responsible decisions regarding their sexual behavior. MPC is based on cognitive-behavioral theories and was evaluated in a rigorous research study.

Aligns with CHYA!

The new California Edition of MPC meets the requirements of the California Healthy Youth Act and other laws around sexual health education, including inclusivity of LGBTQ youth and information on affirmative consent.

Proven to reduce the risk of pregnancy, HIV and other STDs

The California Edition of MPC has been reviewed by California's Adolescent Sexual Health Working Group (ASHWG)

> Making Proud Choices!

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Making Proud Choices! CALIFORNIA

MPC California Basic Set Item #A400CA-16 \$648.00

9-module evidence-based curriculum

MPC California School Edition Basic Set Item #A403CA-16 \$648.00

14-module evidence-based curriculum with sessions adapted to fit a school schedule

Each Basic Set includes:

MPC California Facilitators Guide

MPC California Student Workbooks (Classroom Set of 30) Additional Student Workbooks are available in sets of 5 or 30

MPC California Activity Set (Activity Cards, Posters, Handouts)

Curriculum DVDs:

Tanisha & ShayThe Hard WayThe Subject is HIV (Safer Sex)The Subject is STDs (Safer Sex)Wrap It Up & Condom Use Animation

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