Updated for 2020!

It is our goal at ETR to keep the evidence-based programs we publish up to date and relevant for today’s youth, while maintaining fidelity to the core components and key characteristics linked to effectiveness.

For 2020, ETR has reviewed Making Proud Choices (MPC), and made the following changes:

+ All modules reviewed for medical accuracy
+ Updated information on HIV, including testing, PrEP and PEP, U=U, relative risk of sexual behaviors, emphasis on ART treatment and normal life span for those living with HIV
+ Updated information on contraceptive methods, including withdrawal
+ Language updates around inclusivity related to gender identity, sexual orientation and behavior
+ Language updates to ensure a more trauma-informed approach
+ Edits to eliminate stigma or phrasing that might overemphasize a fear-based approach to sexual health education
+ Changes to reflect advances in technology

In addition, a new pre-module on Healthy Relationships and Sexual Identity has been added to the California Edition to ensure alignment with the California Healthy Youth Act.

**New Tools for Virtual Implementation**

+ **MPC Virtual Guidance Document** provides tips and adaptations to deliver the module’s activities virtually through either live or self-paced delivery
+ **PowerPoint support tools** cover all key content and activities
+ **Jeopardy PowerPoint template** for facilitating Jeopardy-style games with youth
+ **Alternative Video Guidance Document** directs educators to free videos that can be used to replace the videos referenced in MPC, including new discussion questions and key points

A link to these new tools can be found on the Adaptation Guidelines & Tools tab on the MPC program page: [etr.org/ebi/programs/making-proud-choices](etr.org/ebi/programs/making-proud-choices)