realthSmart middle School: HIV, SII & Fregnancy Prevention - Logic model: Shapshot						
HealthSmart Lessons Designed to Change Risk & Protective Factors	⇒	Risk & Protective Factors (Determinants) Affecting Behaviors Addressed in <i>HealthSmart</i>	₽	Healthy Behaviors Directly Affecting Health Goals	₽	<i>HealthSmart</i> Health Goals
HIV, STI & Pregnancy Prevention Lesson 1: Understanding Sexual Health Lesson 2: Sexual Identity & Sexual Stereotyping Lesson 3: What Is Affirmative Consent? Lesson 4: Healthy Romantic Relationships Lesson 5: Reproduction & Teen Pregnancy Lesson 6: STI Facts Lesson 7: HIV Facts Lesson 9: Making Sexual Health Decisions Lesson 10: Resisting Sexual Pressure Lesson 11: Roleplay Practice: Saying NO to Sexual Pressure Lesson 12: Using Condoms for Safer Sex Lesson 13: Negotiating Condom Use Lesson 14: Preventing Pregnancy		<ul> <li>KNOWLEDGE of:</li> <li>qualities of healthy romantic relationships</li> <li>sexual identity</li> <li>reproduction and pregnancy</li> <li>STIs, including HIV</li> <li>negative consequences of having sex</li> <li>methods to protect against contracting HIV and other STIs</li> <li>situations that lead to unprotected sex</li> <li>responsible actions to take if diagnosed with an STI</li> <li>personal challenges to abstaining</li> <li>parental values about teen sexual activity</li> <li>PERCEPTION OF RISK of:</li> <li>chances of contracting HIV and other STIs</li> <li>consequences of contracting HIV and other STIs</li> <li>consequences of contracting HIV and other STIs</li> <li>consequences of becoming a parent as a teen</li> <li>VALUES AND ATTITUDES toward:</li> <li>having unprotected sex</li> <li>using condoms and contraception</li> <li>PERCEPTION OF PEER NORMS about:</li> <li>having unprotected sex</li> <li>SKILLS to:</li> <li>make responsible decisions about sexual health</li> <li>get help for sexual pressure or to having unprotected sex</li> <li>say no to sexual pressure or to having unprotected sex</li> <li>respect other people's refusals</li> <li>obtain and use condoms</li> <li>negotiate condom use with a partner</li> <li>PARENT-CHILD COMMUNICATION about:</li> <li>the challenges of being a parent</li> <li>responsible sexual behavior</li> <li>INTENTIONS to:</li> <li>be abstinent</li> <li>use condoms if choosing to be sexually active</li> <li>support self and others to protect sexual health</li> </ul>		Establishing and maintaining healthy relationships. Being sexually abstinent (either by delaying sex or returning to abstinence) Engaging in behaviors that prevent or reduce STI, including HIV. Engaging in behaviors that prevent or reduce unintended pregnancy. Avoiding pressuring others to engage in sexual behaviors. Supporting others to avoid or reduce sexual risk behaviors. Treating others with courtesy and respect without regard to their sexuality. Using appropriate health services to promote sexual health.		Preventing unintended pregnancy Preventing HIV and other STIs

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