HealthSmart High School: HIV, STI & Pregnancy Prevention - Logic Model: Snapshot

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HealthSmart Lessons Designed to Change Risk & Protective Factors	\Rightarrow	Risk & Protective Factors (Determinants) Affecting Behaviors Addressed in HealthSmart	\Rightarrow	Healthy Behaviors Directly Affecting Health Goals	\Rightarrow	HealthSmart Health Goals
HIV, STI & Pregnancy Prevention Lesson 1: What Do You Know About Sexuality?		KNOWLEDGE of: • aspects of sexuality • postative separations of sexual activity		Establishing and maintaining healthy		Preventing unintended
Lesson 1: What Do You Know About Sexuality? Lesson 2: Respecting Sexual Differences Lesson 3: Understanding Sexual Risks & Responsibilities Lesson 4: Understanding Affirmative Consent Lesson 5: Avoiding Pregnancy Lesson 6: STIs: The Facts Lesson 7: HIV: The Facts Lesson 8: Influences on Sexual Choices Lesson 9: Assessing & Avoiding STI Risks Lesson 10: Getting Tested for HIV, Other STIs and Pregnancy Lesson 11: Using Condoms Lesson 12: Negotiating Condom Use Lesson 13: Roleplay Practice: Saying NO to Unsafe Sex Lesson 14: My Commitment to Protect Myself Lesson 15: Advocating to Keep Friends Safe & Healthy		 aspects of sexuality negative consequences of sexual activity contraceptive methods STIs, including HIV methods to protect against contracting HIV and other STIs risks of having serial or overlapping partners testing for HIV and other STIs situations that can lead to unprotected sex personal challenges to condom use PERCEPTION OF RISK of: chances of becoming pregnant consequences of becoming a parent as a teen chances of contracting HIV and other STIs consequences of contracting HIV and other STIs VALUES AND ATTITUDES toward: respecting different aspects of sexuality sharing responsibility for protection if sexually active getting tested for HIV and other STI using condoms and contraception PERCEPTION OF PEER NORMS about: having sex (versus abstaining) sexually responsible behaviors SKILLS to: analyze influences on sexual decision making access STI testing and sexual health services obtain and use condoms say no to sexual pressure or to having unprotected sex respect other people's refusals negotiate condom use with a partner PARENT-CHILD COMMUNICATION about: responsible sexual behavior attitudes about sex INTENTIONS to: be abstinent use condoms if sexually active use contraception to avoid pregnancy if sexually active 		maintaining healthy relationships. Being sexually abstinent (either by delaying sex or returning to abstinence) Engaging in behaviors that prevent or reduce STI, including HIV. Engaging in behaviors that prevent or reduce unintended pregnancy. Avoiding pressuring others to engage in sexual behaviors. Supporting others to avoid or reduce sexual risk behaviors. Treating others with courtesy and respect without regard to their sexuality. Using appropriate health services to promote sexual health.		unintended pregnancy Preventing HIV and other STIs