

Teacher Guide Contents

Welcome to *HealthSmart*[®] v

How to Use the Teacher Guide x

Supercharging a *HealthSmart*[®] Lesson xvi

Lessons

Lesson 1: What Do You Know About Sexuality?	1
* Lesson 2: Respecting Sexual Differences	21
Lesson 3: Understanding Sexual Risks & Responsibilities	37
Lesson 4: Understanding Affirmative Consent.....	53
Lesson 5: Avoiding Pregnancy	73
Lesson 6: STIs: The Facts	89
Lesson 7: HIV: The Facts.....	103
Lesson 8: Influences on Sexual Choices.....	119
Lesson 9: Assessing & Avoiding STI Risks.....	135
* Lesson 10: Getting Tested for HIV, Other STIs & Pregnancy.....	151
* Lesson 11: Using Condoms.....	163
Lesson 12: Negotiating Condom Use	179
* Lesson 13: Roleplay Practice: Saying NO to Unsafe Sex.....	189
Lesson 14: My Commitment to Protect Myself.....	205
* Lesson 15: Advocating to Keep Friends Safe & Healthy.....	213

Unit Assessment

Activity 1: What I Know About HIV, STI & Pregnancy Prevention.....	223
Activity 2: Educating Others: Writing a Pamphlet.....	233

Scoring Rubrics..... 239

Health Terms Glossary..... 261