

Teacher Guide Contents

Welcome to *HealthSmart*[®] vii

Lessons

Lesson 1: What Do You Know About Sex? 1

Lesson 2: Respecting Sexual Differences 19

Lesson 3: Understanding Sexual Risks & Responsibilities 35

Lesson 4: Avoiding Pregnancy 51

Lesson 5: STD: The Facts 65

Lesson 6: HIV: The Facts. 81

Lesson 7: Influences on Sexual Choices 97

Lesson 8: Assessing & Avoiding STD Risks 115

Lesson 9: Getting Tested for HIV, Other STD & Pregnancy. 131

Lesson 10: Using Condoms. 145

Lesson 11: Negotiating Condom Use 159

Lesson 12: Roleplay Practice: Saying NO to Unsafe Sex. 169

Lesson 13: My Commitment to Protect Myself. 181

Lesson 14: Advocating to Keep Friends Safe & Healthy. 189

Unit Assessment

Activity 1: What I Know About HIV, STD
& Pregnancy Prevention. 197

Activity 2: Educating Others: Writing a Pamphlet. 207

Scoring Rubrics 213

Health Terms Glossary 233