

PRE-QUESTIONNAIRE

Date: _____

(7-14)

The questions in this booklet ask about your attitudes, beliefs, feelings, knowledge and experiences about yourself. Some of the questions are very personal and ask about different sexual activities that some people do. These particular questions are very, very blunt and to the point, questions you probably have never seen on a questionnaire before. Most of the questions are not like this, however. If the questions bother you so much that you do not want to answer them, you can stop filling out the questionnaire. We warn you about the questions that are personal and blunt so that you will not be surprised when you see them. Please answer all of the questions honestly. Your answers will be kept private and strictly confidential. If you wish to comment on any questions or explain your answers, please feel free to write in the space in the margins. Your comments will be read and taken into account. Do not write your name on this questionnaire.

IMPORTANT! WRITE YOUR CODE NUMBER HERE: _____

Time Started: _____.

Time Finished: _____.

Asst. Reqd.? none low high

PLEASE PRINT THE FOLLOWING SENTENCE ON THE LINE BELOW:

“The quick brown fox jumps over the lazy dog.”

A. BACKGROUND INFORMATION

Please provide the following background information about yourself for statistical purposes:

1. How old are you? _____ years

2. What is your sex? Male Female

3. Are you now in school? No Yes

If NO, what was the last grade you completed ? _____

If YES, what grade are you in now ? _____

4. What is the highest level of education you would like to complete?

___ 1. Finish 1st, 2nd, 3rd, 4th, or 5th grade

___ 2. Finish 6th grade

___ 3. Finish 8th grade

___ 4. Some High School

___ 5. Graduate from High School (receive High School Diploma or get my GED)

___ 6. Some trade school

___ 7. Finish trade school

___ 8. Some College

___ 9. Receive Associates Degree

___ 10. Receive Bachelors Degree

___ 11. Some Graduate School

___ 12. Receive Masters Degree

___ 13. Receive Doctorate-Level Degree (JD, Ph.D., MD, Ed.D., etc.)

5. What is the highest level of education you think you will actually complete?

___ 1. Finish 1st, 2nd, 3rd, 4th, or 5th grade

___ 2. Finish 6th grade

___ 3. Finish 8th grade

___ 4. Some High School

___ 5. Graduate from High School (receive High School Diploma or get my GED)

___ 6. Some trade school

___ 7. Finish trade school

___ 8. Some College

___ 9. Receive Associates Degree

- ___ 10. Receive Bachelors Degree
- ___ 11. Some Graduate School
- ___ 12. Receive Masters Degree
- ___ 13. Receive Doctorate-Level Degree (JD, Ph.D., MD, Ed.D., etc.)

6. Are you Hispanic/Latino?

- No
- Yes

If Yes- Are you Puerto Rican?

- No
- Yes

Are you Dominican?

- No
- Yes

Other (Specify): _____

7. What is your race?

- Black
- Asian
- White
- American Indian
- Other (specify): _____

8. Are you Caribbean/West Indian?

- No
- Yes

9. What is your parent's marital status?

- Never married to each other
- Separated
- Married to each other
- Divorced
- Widowed

If your parents are widowed/separated or divorced, how old were you when this happened? _____

10. What kind of job does your mother have? _____

11. What kind of job does your father have? _____

12. Place a check mark next to the highest grade your mother has completed in school:

- 1. Finished 1st, 2nd, 3rd, 4th, or 5th grade
- 2. Finished 6th grade
- 3. Finished 8th grade
- 4. Some High School
- 5. Graduated from High School (received High School Diploma or GED)
- 6. Some trade school
- 7. Finished trade school
- 8. Some College
- 9. Received Associates Degree
- 10. Received Bachelors Degree
- 11. Some Graduate School
- 12. Received Masters Degree
- 13. Received Doctorate-Level Degree (JD, Ph.D., MD, Ed.D., etc.)

13. Place a check mark next to the highest grade your father has completed in school:

- 1. Finished 1st, 2nd, 3rd, 4th, or 5th grade
- 2. Finished 6th grade
- 3. Finished 8th grade
- 4. Some High School
- 5. Graduated from High School (received High School Diploma or GED)
- 6. Some trade school
- 7. Finished trade school
- 8. Some College
- 9. Received Associates Degree
- 10. Received Bachelors Degree
- 11. Some Graduate School
- 12. Received Masters Degree
- 13. Received Doctorate-Level Degree (JD, Ph.D., MD, Ed.D., etc.)

14. Who lives with you?

**Check Yes if the person lives with you now;
check No if the person does not live with you.**

Does your mother live with you? No Yes

Does your father live with you? No Yes

Does a friend of your mother's live with you? No Yes

Does a friend of your father's live with you? No Yes

Do you have any sisters living with you? No Yes

How many of your sisters live with you? _____

Do you have any brothers living with you? No Yes

How many of your brothers live with you? _____

Does your grandmother live with you? No Yes

Does your grandfather live with you? No Yes

Do you have a stepmother living with you? No Yes

Do you have a stepfather living with you? No Yes

15. In the past 3 months, have you had a class on AIDS?

No Yes

16. In the past 3 months, have you had a class on birth control, sex, or STDs?

No Yes

17. Do you have a steady partner?

No Yes

If NO, do not answer questions 2 and 3; go to the next section.

If YES, how long have you been together? _____ years.

If less than one year, how many months? _____ months.

18. Have you had sex with your steady partner in the past 3 months?

- No Yes

If YES, how often was a condom used?

- | | | | | |
|-------|-----------|-------|---------|--------|
| 1 | 2 | 3 | 4 | 5 |
| Never | Sometimes | Often | Usually | Always |

19. Have you have sex with someone other than your steady partner in the past 3 months?

- No Yes

If YES, how often was a condom used?

- | | | | | |
|-------|-----------|-------|---------|--------|
| 1 | 2 | 3 | 4 | 5 |
| Never | Sometimes | Often | Usually | Always |

B. AIDS/STD TRUE-FALSE ITEMS

TRUE or FALSE. Some of the statements below are true; some are false. Please check T for each statement that you think is TRUE; check F for each one you think is FALSE; and check “?” if you DO NOT KNOW whether the statement is true or false. The term STD means Sexually Transmitted Disease.

1. A common symptom of STDs in a man is discharge (drip) from his penis.

- T F ?

2. A common symptom of STDs is burning with urination (peeing).

- T F ?

3. A common symptom of STDs is a sore on the penis or vagina.

- T F ?

4. A common symptom of STDs in a woman is discharge from her vagina that causes itching or burning.

- T F ?

5. If you feel healthy you don't have an STD.

- T F ?

6. A woman who has an STD can get an infection in her uterus and tubes.

T F ?

7. A pregnant woman who has an STD can give it to her baby.

T F ?

8. There are medicines to cure all types of STDs.

T F ?

9. Using a condom when you have sex will help protect you against STDs.

T F ?

10. Contact with a dirty toilet seat is a common cause of STDs.

T F ?

11. If you have a STD your sexual partner probably has it too.

T F ?

12. AIDS is a medical condition in which your body cannot fight off diseases.

T F ?

13. Stress causes AIDS.

T F ?

14. If you kiss someone with AIDS you will get the disease.

T F ?

15. All gay men have AIDS.

T F ?

16. Anyone can get AIDS.

T F ?

17. AIDS is not at all serious, it is like having a cold.

T F ?

18. The cause of AIDS is unknown.

T F ?

19. Just being around someone with AIDS can give you the disease.

T F ?

20. Using a condom during sex can lower the risk of getting AIDS.

T F ?

21. Receiving a blood transfusion with infected blood can give a person AIDS.

T F ?

22. Having AIDS makes you more likely to get other diseases.

T F ?

23. All gay women have AIDS.

T F ?

24. I can avoid getting AIDS by exercising regularly.

T F ?

25. AIDS can be cured if treated early.

T F ?

26. A person can have the AIDS virus and give it to other people even if he does not look sick.

T F ?

27. Only gay men and people who shoot up drugs get AIDS.

T F ?

28. AIDS is not a problem among Blacks and Hispanics.

T F ?

29. Condoms are 100% effective against AIDS.

T F ?

30. Having sex with a man who shoots drugs is a way many women get AIDS.

T F ?

31. There is a bigger chance of getting AIDS if you have sex with many people.
- T F ?
32. There is a bigger chance that a woman will get AIDS if she has sex with a guy who has sex with many other women.
- T F ?
33. Having anal sex with a guy (i.e., his penis in your anus/behind) increases your chance of getting AIDS.
- T F ?
34. Using Vaseline as a lubricant when you have sex lowers the chance of getting AIDS.
- T F ?
35. Using a spermicide (birth control foam or jelly containing Nonoxynol-9) when you have sex lowers the chance of getting AIDS.
- T F ?
36. Doing oral sex on a guy (your mouth on his penis) increases your chance of getting AIDS.
- T F ?
37. You can catch AIDS like you catch a cold because the AIDS virus can be carried in the air.
- T F ?
38. You can not get AIDS from sex if you have sex with only one person during your whole life.
- T F ?
39. There is a good chance you will get AIDS if you share a sink, shower, or toilet seat with someone who has AIDS.
- T F ?

40. There is a good chance you will get AIDS if you drink from the same glass or eat from the same plate as someone who has AIDS.

T F ?

41. The AIDS virus is present in certain body fluids, mainly semen and blood.

T F ?

42. Persons infected with the AIDS virus by shooting drugs are not likely to pass the virus to sex partners unless the partners also shoot drugs.

T F ?

43. The penis should be erect when the condom is put on it.

T F ?

44. When a condom is placed on the penis, space should be left at the tip of the condom.

T F ?

45. The condom should be completely unrolled before it is placed on the penis.

T F ?

46. Condoms can be reused.

T F ?

47. To remove a condom after sex, grasp the tip and remove it gently but swiftly.

T F ?

48. Storing or carrying condoms in a hot or warm place can destroy their effectiveness.

T F ?

C. SEXUAL ATTITUDES

The following questions ask how you feel about different behaviors. Please indicate how good or bad an idea it is to do the following, whether others would approve or disapprove of the behavior, and whether you plan to do these behaviors in the next 3 months (90 days). Circle the NUMBER that best describes your feelings. Sexual intercourse refers to a male putting his penis in a female's vagina. (Try to answer the questions even if you have not had sexual intercourse or have never used condoms.)

How would the following people feel about you having sex in the next 3 months?
(Circle one)

	1	2	3	4	5
	Strongly Disapprove	Disapprove	In the Middle	Approve	Strongly Approve
1. Yourself	1	2	3	4	5
2. Most people who are important to you	1	2	3	4	5
3. Your sexual partner	1	2	3	4	5
4. Your mother	1	2	3	4	5
5. Your father	1	2	3	4	5
6. Your friends	1	2	3	4	5
7. How likely is it that you will decide to have sexual intercourse in the next 3 months?					(45)
	1	2	3	4	5
	Very Unlikely	Unlikely	In the Middle	Likely	Very Likely

Try to answer the following questions even if you have not had sex or have never used condoms. How would the following people feel about you using a condom if you have sex in the next 3 months? (Circle one)

	1	2	3	4	5
	Strongly Disapprove	Disapprove	In the Middle	Approve	Strongly Approve
8. Yourself				1 2 3 4 5	
9. Most people who are important to you				1 2 3 4 5	
10. Your sexual partner				1 2 3 4 5	
11. Your mother				1 2 3 4 5	
12. Your father				1 2 3 4 5	
13. Your friends				1 2 3 4 5	
14. How likely is it that you will decide to use a condom if you have sex in the next 3 months?					
	1	2	3	4	5
	Very Unlikely	Unlikely	In the Middle	Likely	Very Likely

Try to answer the following questions even if you have not had sex or have never used condoms. How would the following people feel about you using birth control pills if you have sex in the next 3 months? (Circle one)

	1	2	3	4	5
	Strongly Disapprove	Disapprove	In the Middle	Approve	Strongly Approve
15. Yourself				1 2 3 4 5	
16. Most people who are important to you				1 2 3 4 5	
17. Your sexual partner				1 2 3 4 5	
18. Your mother				1 2 3 4 5	
19. Your father				1 2 3 4 5	

20. Your friends 1 2 3 4 5

21. How likely is it that you will decide to use birth control pills if you have sex in the next 3 months?

1	2	3	4	5
Very Unlikely	Unlikely	In the Middle	Likely	Very Likely

In general, how important are the following people's opinions to you? (Circle One)

	1	2	3	4	5
	Very Unimportant	Unimportant	In the Middle	Important	Very Important
22. Your sexual partner	1	2	3	4	5
23. Your mother	1	2	3	4	5
24. Your father	1	2	3	4	5
25. Your friends	1	2	3	4	5

Now, we would like to ask you some questions about you using condoms. How much do you agree or disagree with each of the following statements about condoms? Try to answer the questions even if you have not had sex or have never used condoms. (Circle One)

	1	2	3	4	5
	Strongly Agree	Agree	In The Middle	Disagree	Strongly Disagree
1. Sex wouldn't feel as good if my partner and I used a condom.	1	2	3	4	5
2. Condoms are embarrassing to use.	1	2	3	4	5
3. Condoms help prevent STDs.	1	2	3	4	5
4. Condoms help prevent pregnancy.	1	2	3	4	5
5. Sex feels unnatural when a condom is used.	1	2	3	4	5
6. Condoms help prevent HIV.	1	2	3	4	5

7. Condoms ruin the mood because you have to stop to put one on.	1	2	3	4	5
8. Sex still feels good when a condom is used.	1	2	3	4	5
9. Having sex is more fun when a condom is used.	1	2	3	4	5
10. Using a condom breaks up the rhythm and timing of sex.	1	2	3	4	5
11. Saying we have to use a condom would make my sexual partner think I am having sex with other people.	1	2	3	4	5
12. Saying we have to use a condom is like saying to my partner, "I don't trust you."	1	2	3	4	5
13. My sexual partner would break up with me if I said we had to use a condom.	1	2	3	4	5
14. My sexual partner would be happier if we used a condom.	1	2	3	4	5
15. If I had a condom with me, my partner would not like it.	1	2	3	4	5
16. All in all, it's a good idea to use condoms.					
17. Condoms cost too much.	1	2	3	4	5
18. It is easy for me to have a condom with me all of the time.	1	2	3	4	5
19. It is hard for me to get condoms.	1	2	3	4	5
20. It is too much trouble to carry around condoms.	1	2	3	4	5
21. I can get condoms.	1	2	3	4	5
22. I can't talk to my partner about using condoms.	1	2	3	4	5
23. I can get my partner to use a condom, even if he doesn't want to.	1	2	3	4	5

24. I can say to my partner that we should use a condom.	1	2	3	4	5
25. Before we are ready to have sex, I can talk to my partner about using a condom.	1	2	3	4	5
26. I can put a condom on my partner without ruining the mood.	1	2	3	4	5
27. If I am sexually aroused I can stop before sex to use a condom.	1	2	3	4	5
28. I can say no to sex if my partner and I don't have a condom.	1	2	3	4	5
29. I can stop sex to get a condom, if I don't have one.	1	2	3	4	5
30. I can use a condom, even if the room is dark.	1	2	3	4	5
31. I can get my partner to use a condom without ruining the mood.	1	2	3	4	5
32. I am sure that I can use a condom if I have sex.	1	2	3	4	5
33. I will try to get my sexual partner to use condoms if we have sex in the next 3 months.	1	2	3	4	5
34. I want to use condoms if I have sex in the next 3 months.	1	2	3	4	5
35. I plan to use condoms if I have sex in the next 3 months.	1	2	3	4	5

D. SEXUAL BEHAVIOR

The following questions ask you about different sexual behaviors you may or may not ever have done. There is always an answer that lets you tell us when you have not done things, as well as when you have done them. Sexual intercourse refers to a male putting his penis in a female's vagina. Please be honest.

1. Have you ever had sexual intercourse (a boy's penis in a girl's vagina)? (9)

- No Yes

If NO, do not answer questions 2 - 23; skip to question 24.

2. Have you ever had sex while you were high on alcohol or another drug?

- No Yes

3. Have you ever had sex with someone who had shot up drugs?

- | | | | |
|---------------|-------------|--------------|----------------|
| 1 | 2 | 3 | 4 |
| Definitely No | Probably No | Probably Yes | Definitely Yes |

The following questions are about the first time you had sex.

4. How old were you when you first had sex? _____ years old.

5. How old was your partner when you first had sex? _____ years old.

6. The first time you had sex, were you forced to have sex?

- No Yes

7. The first time you had sex were birth control pills used?

- No Yes

8. The first time you had sex were condoms used?

- No Yes

The next set of questions ask about the last time you had sex.

9. The last time you had sex did you use birth control pills?

- No Yes

10. The last time you had sex did your partner use a condom?

- No Yes

11. The last time you had sex , were you high on alcohol or another drug?

- No Yes

12. The last time you had sex, did you have a couple of drinks and/or any drugs before having sex?

- No Yes

The next set of questions are about your activities in the past 3 months (90 days).

13. Have you had sexual intercourse in the last 3 months?

- No Yes

**If NO, do not answer questions 14 - 24; skip to question 24.
If YES, how often was each of the following used?**

Birth control pills:

- | | | | | |
|-------|-----------|-------|---------|--------|
| 1 | 2 | 3 | 4 | 5 |
| Never | Sometimes | Often | Usually | Always |

Condom:

- | | | | | |
|-------|-----------|-------|---------|--------|
| 1 | 2 | 3 | 4 | 5 |
| Never | Sometimes | Often | Usually | Always |

14. In the past 3 months, were you forced to have sex against your will?

- No Yes

15. In the past 3 months, how many times have you had sex? _____ times
16. In the past 3 months, how many partners have you had sex with? _____
17. In the past 3 months, on how many days did you have sex? _____ days
- On how many of those days did you have sex without using a condom? _____ days

For each of the questions below, if your answer is “ZERO,” write “0.”

18. In the past 3 months, on how many days did you have sex with a partner who was having sex with someone else? _____ days
19. In the past 3 months, on how many days did you get high on alcohol or another drug and then had sex? _____ days
20. On how many of those days when you got high on an alcoholic drink or another drug and then had sex did you have sex without using a condom? _____ days
21. In the past 3 months, on how many days did you have sex with someone who had shot up drugs? _____ days
22. On how many of those days when you had sex with someone who had shot up drugs did you have sex without using a condom? _____ days
23. In how many of the past 12 weeks did you have sex with more than one partner in the same week?

0 1 2 3 4 5 6 7 8 9 10 11 12

24. Have you ever had anal sex with a guy (his penis in your anus/behind)?

No Yes

**If NO, do not answer questions 25 - 34; skip to question 35.
The following questions are about the first time you had anal sex.**

25. How old were you when you first had anal sex? _____ years
26. How old was your partner when you first had anal sex? _____ years
27. The first time you had anal sex, were you forced?

No Yes

28. The first time you had anal sex, did you use a condom?

- No Yes

**The next set of questions are about your activities
in the past 3 months (90 days).**

29. In the past 3 months, did you have anal sex? 1. No or 2. Yes

**If NO, do not answer questions 30 - 34; skip to question 35
If YES, how often was a condom used?**

- | | | | | |
|-------|-----------|-------|---------|--------|
| 1 | 2 | 3 | 4 | 5 |
| Never | Sometimes | Often | Usually | Always |

30. In the past 3 months, how many times did you have anal sex? _____ times

31. In the past 3 months, how many partners have you had anal sex with? _____partners

32. In the past 3 months, on how many days did you have anal sex? _____ days

33. In the past 3 months, were you forced to have anal sex against your will?

- No Yes

The following question is about the last time you had anal sex.

34. The last time you had anal sex, did the you use a condom?

- No Yes

35. Have you ever done oral sex (your mouth on a penis or vagina)?

- No Yes

If NO, do not answer questions 36 - 43; skip to question 44

The following questions are about the first time you performed oral sex.

36. How old were you the first time you did oral sex? _____ years

37. How old was your partner? _____ years

38. Were you forced you to do it?

- No Yes

**The next set of questions are about your activities
in the past 3 months (90 days).**

39. In the past 3 months, have you done oral sex?

- No Yes

**If NO, do not answer questions 40 - 43; skip to question 44
If YES, how often was a condom used?**

1	2	3	4	5
Never	Sometimes	Often	Usually	Always

40. In the past 3 months, how many times did you do oral sex? _____ times

41. In the past 3 months, with how many partners did you do oral sex? _____partners

42. In the past 3 months, on how many days did you do oral sex? _____ days

43. In the past 3 months, were you forced to do oral sex against your will?

- No Yes

44. Has anyone ever done oral sex to you?

- No Yes

**If NO, do not answer questions 45 - 52; skip to question 53
The following questions are about the first time
someone did oral sex to you.**

45. How old were you when someone first did this to you? _____ years

46. How old was your partner? _____ years

47. Were you forced into it?

- No Yes

The next set of questions are about your activities in the past 3 months (90 days).

48. In the past 3 months, has someone done oral sex to you?

- No Yes

If NO, do not answer # 49 to 52; go to question # 53

49. In the past 3 months, how many times did someone do oral sex to you? _____

50. In the past 3 months, how many people did oral sex to you? _____ people

51. In the past 3 months, on how many days did someone do oral sex to you? _____

52. In the past 3 months, did anyone force you to let them do oral sex to you?

- No Yes

53. Have you ever exchanged sex for money?

- No Yes

54. In the past 3 months did you exchange sex for money?

- No Yes

55. Have you ever exchanged sex for drugs?

- No Yes

56. In the past 3 months did you exchange sex for drugs?

- No Yes

57. With whom do you have sex (anal, oral, or vaginal) (circle one):

1. Guys only
2. Girls only
3. Both guys and girls
4. I have never had sex

58. Have you ever had a Sexually Transmitted Disease (STD)?

- No Yes

If YES, what did you have?

59. In the past three months, have you had any of the following diseases?

Chlamydia No Yes

Gonorrhea (clap) No Yes

HPV (Genital warts) No Yes

Syphilis (bad blood) No Yes

HIV/AIDS No Yes

Trichomonas (Trich) No Yes

Herpes No Yes

Yeast Infection No Yes

Please answer the following questions concerning pregnancy:

1. How many times have you been pregnant? _____ times

2. How many living children do you have? _____ children

3. Were you trying to become pregnant in the past 3 months?

- No Yes

4. Do you plan to become pregnant in the next 3 months?

- No Yes

E. HARD OR EASY?

Sometimes we want to do something, but it's hard to do it. For the statements below, circle the number that best expresses how easy or hard it would be for you to do each of the things listed. Use any number from 1 to 5. The higher the number, the easier you think it is to do the behavior. The lower the number, the harder you think it is to do the behavior. (Circle One)

	1	2	3	4	5			
	Very Hard	Hard	In the Middle	Easy	Very Easy			
1. How easy or hard would it be for you to get your partner to use condoms during sex, even if he didn't want to?				1	2	3	4	5
2. How easy or hard would it be for you to get your partner to not have sex with you, even if he wanted to?				1	2	3	4	5
3. How easy or hard would it be for you to get your partner to talk to you about preventing STDs, even if he didn't want to?				1	2	3	4	5
4. How easy or hard would it be for you to get your partner to talk to you about ways you could prevent AIDS, even if he didn't want to?				1	2	3	4	5
5. How easy or hard would it be for you to get your partner to let you use contraceptive foam or jelly when you have sex, even if he didn't want to?				1	2	3	4	5
6. How easy or hard would it be to use condoms when you have sex?				1	2	3	4	5
7. How easy or hard would it be to use contraceptive foam or jelly when you have sex?				1	2	3	4	5

F. HEALTH KNOWLEDGE

TRUE or FALSE. Some of the statements below are true; some are false. Please circle T for each statement that you think is TRUE; circle F for each one you think is FALSE; and circle “?” if you DO NOT KNOW whether the statement is true or false.

1. Smoking cigarettes does not affect your blood pressure.

True False ?

2. A pregnant woman can smoke because it doesn't hurt her baby.

True False ?

3. Being around someone who smokes cigarettes is not very dangerous to one's health.

True False ?

4. Smoking doesn't hurt the heart very much.

True False ?

5. Carbon monoxide in cigarette smoke takes the place of oxygen in the blood.

True False ?

6. Low-tar and low-nicotine cigarettes are very safe to smoke.

True False ?

7. Cigarette smoking makes the heart beat slower.

True False ?

8. Smoking is not addictive.

True False ?

9. High blood pressure can be caused by drinking too much water.

True False ?

10. You can have high blood pressure and not know it.

True False ?

11. When you have hypertension, that means you are too tense.

True False ?

12. When breast cancer is diagnosed early, the rate of cure can be as high as 85%.

True False ?

13. 1 in 9 women will get breast cancer.

True False ?

14. 4 out of 5 women who get breast cancer have no family history of it.

True False ?

15. A mammogram is an x-ray of your breast.

True False ?

16. To have a healthy body, a person should exercise at least 20-30 minutes 3 to 4 times a week.

True False ?

17. Aerobic exercises are the best exercises to strengthen your heart.

True False ?

18. Weight lifting is a good way to strengthen your heart.

True False ?

19. Exercise affects how much fat you have in your body.

True False ?

20. Being overweight increases the risk of diabetes.

True False ?

21. People who are overweight are less likely to get gall bladder disease.

True False ?

22. Drinking plenty of water helps maintain body temperature.

True False ?

23. Most teenagers eat too much salt and sugar.

True False ?

24. A well balanced diet includes protein, vitamins, minerals, fat, carbohydrates, and water.

True False ?

25. You can have breast cancer and not know it.

True False ?

26. Meat is a good source of carbohydrates.

True False ?

27. Fish is a good source of protein.

True False ?

28. Fruits are a good source of fiber.

True False ?

29. Eating fiber is a good way of preventing colon cancer.

True False ?

30. Protein helps build cells, strengthens your body to fight against infection, and helps give you healthy hair.

True False ?

31. Fluoride in drinking water is good for preventing tooth decay.

True False ?

G. HEALTH ATTITUDES

How do you feel about the following actions?

	1	2	3	4	5
	Very Bad Idea	Bad Idea	In The Middle	Good Idea	Very Good Idea
1. How do you feel about smoking cigarettes?	1	2	3	4	5
2. How do you feel about exercising 3 to 4 times a week for at least 20 minutes?	1	2	3	4	5
3. How do you feel about having a balanced diet every day?	1	2	3	4	5
4. How do you feel about doing monthly breast self-examinations (BSE)?	1	2	3	4	5
5. How do you feel about decreasing the amount of salt in your diet?	1	2	3	4	5
6. How do you feel about decreasing the amount of fat in your diet?	1	2	3	4	5
7. How do you feel about increasing the amount of dietary fiber in your diet?	1	2	3	4	5

The following questions ask about how likely it is that you will do certain things.

	1	2	3	4	5
	Very Unlikely	Unlikely	In The Middle	Likely	Very Likely
8. How likely is it that you will smoke cigarettes?	1	2	3	4	5
9. How likely is it that you will exercise 3 to 4 times a week for at least 20 minutes?	1	2	3	4	5
10. How likely is it that you will have a balanced diet every day?	1	2	3	4	5
11. How likely is it that you will do a breast					

self-examination (BSE) in the next 1 month?	1	2	3	4	5
12. How likely is it that you will decrease the amount of salt in your diet?	1	2	3	4	5
13. How likely is it that you will decrease the amount of fat in your diet ?	1	2	3	4	5
14. How likely is it that you will increase the amount of dietary fiber in your diet ?	1	2	3	4	5

H. ALCOHOL AND DRUG USE

1. Have you ever drunk any of the following alcoholic beverages?

Beer No Yes

Wine/Wine Coolers No Yes

Hard Liquor No Yes

2. How many drinks of the following do you have per week?

_____ 12 oz servings of beer (a bottle or can) per week

_____ 4 oz servings of wine or a 12 oz wine cooler per week (one wine glass or a wine cooler bottle)

_____ 1 1/2 oz serving of liquor (a shot- average size used in a mixed drink) per week

3. Have you ever used Marijuana, Cocaine, Crack, PCP, Valium, Xanax, Heroin, Uppers or Downers?

No, I have never used any of these drugs.

Yes, I have used at least one of these drugs at least once.

4. Have you ever used an IV or hypodermic needle to shoot up drugs?

- No Yes

If NO, do not answer questions 5 and 6, skip to question 7.

5. Have you ever shared hypodermic needles (works) with another person?

- No Yes

If NO, do not answer question 6, go to question 7.

The following questions ask about your activities in the past month (30 days).

6. In the past month, on how many days did you share hypodermic needles (works) with another person? _____

7. Have you ever smoked cigarettes?

- No, I have never smoked
 Yes, I smoke now.
 Yes, but I quit smoking.

8. In the past month, about how many cigarettes did you smoke?

- I did not smoke at all.
 I smoked a few cigarettes a month.
 I smoked a few cigarettes a week.
 I smoked about a half a pack of cigarettes (10) a day.
 I smoked about 1 pack of cigarettes (20) a day.
 I smoked about 1 1/2 packs of cigarettes a day.
 I smoked about 2 packs of cigarettes a day.
 I smoked more than 2 packs of cigarettes a day.

9. In the past month, how often did you drink any kind of alcoholic beverage?

- Never
- Only 1 time
- 2 or 3 times
- 1 time a week
- 2 times a week
- 3 or 4 times a week
- Almost every day
- Every day

10. In the past month, how often did you smoke marijuana? (circle one)

- I did not smoke marijuana at all
- Only 1 time
- 2 or 3 times
- 1 time a week
- 2 times a week
- 3 or 4 times a week
- Almost every day
- Every day

11. In the past month, how often did you use cocaine? (circle one)

- I did not use cocaine at all
- Only 1 time
- 2 or 3 times
- 1 time a week
- 2 times a week
- 3 or 4 times a week
- Almost every day
- Every day

12. In the past month, how often did you use crack? (circle one)

- I did not use crack at all
- Only 1 time
- 2 or 3 times
- 1 time a week
- 2 times a week
- 3 or 4 times a week
- Almost every day
- Every day

13. In the past month, how often did you use PCP? (circle one)

- I did not use PCP at all
- Only 1 time
- 2 or 3 times
- 1 time a week
- 2 times a week
- 3 or 4 times a week
- Almost every day
- Every day

14. In the past month, how often did you use valium? (circle one)

- I did not use valium at all
- Only 1 time
- 2 or 3 times
- 1 time a week
- 2 times a week
- 3 or 4 times a week
- Almost every day
- Every day

15. In the past month, how often did you use Xanax? (circle one)

- I did not use Xanax at all
- Only 1 time
- 2 or 3 times
- 1 time a week
- 2 times a week
- 3 or 4 times a week
- Almost every day
- Every day

16. In the past month, how often did you use heroin? (circle one)

- I did not use heroin at all
- Only 1 time
- 2 or 3 times
- 1 time a week
- 2 times a week
- 3 or 4 times a week
- Almost every day
- Every day

17. In the past month, how often did you use uppers/downers? (circle one)

- I did not use uppers/downers at all
- Only 1 time
- 2 or 3 times
- 1 time a week
- 2 times a week
- 3 or 4 times a week
- Almost every day
- Every day

I. MOTHER-DAUGHTER COMMUNICATION

The following questions are about you and your mom (or the person you consider to be your female guardian.) Please circle Yes if you discussed the topic with your mother. Circle No if you did not discuss the topic with her. Circle “?” if you do not know whether you discussed it with her.

1. Have you and your mother ever talked about menstruation? No Yes
2. Have you and your mother ever talked about pregnancy? No Yes
3. Have you and your mother ever talked about the father’s part in conception? No Yes
4. Have you and your mother ever talked about sexual intercourse? No Yes
5. Have you and your mother ever talked about masturbation? No Yes
6. Have you and your mother ever talked about birth control? No Yes
7. Have you and your mother ever talked about AIDS? No Yes
8. Have you and your mother ever talked about condoms? No Yes
9. Have you and your mother ever discussed whether she should know if you are using birth control? No Yes
10. Have you and your mother ever discussed your dating relationships? No Yes
11. Have you and your mother ever discussed teen pregnancy? No Yes

12. Have you and your mother ever discussed abortion? No Yes
13. Have you and your mother ever discussed sexually transmitted diseases? No Yes
14. Have you and your mother ever discussed male-female psychological differences? No Yes
15. Have you and your mother ever discussed love and/or marriage? No Yes
16. Have you and your mother ever discussed sexual morality- for example, whether sex before marriage is right or wrong? No Yes
17. Have you and your mother ever discussed her sexual values?
- No Yes, think so Indirectly Don't Know
18. Thinking back and thinking about right now, how easy is it to talk to your mother about sex?
- 1 2 3 4 5
- Very Hard Hard In The Middle Easy Very Easy

J. CBQ

The statements below are about you and your mother (or the person you consider to be your female guardian). Read the statement and then decide if you believe the statement is true or false. Please circle TRUE for each statement that you think is true; circle FALSE for each one you think is false. Please answer all items. Your answers will not be shown to your mother (or female guardian).

1. My mom doesn't understand me. No Yes
2. My mom and I sometimes end our arguments calmly. No Yes
3. My mom understands me. No Yes
4. We almost never seem to agree. No Yes
5. I enjoy the talks we have. No Yes
6. When I state my own opinion, she gets upset. No Yes
7. At least three times a week we get angry at each other. No Yes
8. My mother listens when I need someone to talk to. No Yes
9. My mom is a good friend to me. No Yes
10. She says I have no consideration for her. No Yes
11. At least once a day we get angry at each other. No Yes
12. My mother is bossy when we talk. No Yes
13. The talks we have are frustrating. No Yes
14. My mom understands my point of view,
even when she doesn't agree with me. No Yes
15. My mom seems to be always complaining about me. No Yes
16. In general, I don't think we get along very well. No Yes
17. My mom screams a lot. No Yes

18. My mom puts me down. No Yes
19. If I run into problems, my mom helps me out. No Yes
20. I enjoy spending time with my mother. No Yes

K. RELIGION

1. What is your religion?

- | | |
|--|--|
| <input type="checkbox"/> Baptist | <input type="checkbox"/> Seventh Day Adventist |
| <input type="checkbox"/> Protestant | <input type="checkbox"/> Muslim |
| <input type="checkbox"/> Catholic | <input type="checkbox"/> Five Percenter (5%er) |
| <input type="checkbox"/> Jehovah's Witness | <input type="checkbox"/> None |
| <input type="checkbox"/> Jewish 10. | <input type="checkbox"/> Other (specify) _____ |

2. How religious are you?

- | | | | | |
|-------------------------|---|---|---|----------------|
| 1 | 2 | 3 | 4 | 5 |
| Not Religious
at All | | | | Very Religious |

3. How often do you attend church?

- | | | | | |
|------------|---|---|---|------------|
| 1 | 2 | 3 | 4 | 5 |
| Not at All | | | | Very Often |

4. How active in the church are you?

- | | | | | |
|----------------------|---|---|---|-------------|
| 1 | 2 | 3 | 4 | 5 |
| Not Active at
All | | | | Very Active |

5. How often do you read the Bible?

1	2	3	4	5
Never	Sometimes	Often	Every Week	Almost Every Day

6. How often do you say grace before you eat?

1	2	3	4	5
Never	Sometimes	Often	Regularly	Always

7. How often do you pray before going to bed?

1	2	3	4	5
Never	Sometimes	Often	Regularly	Always

L. ASSERTIVENESS SCHEDULE

Directions: Circle the number that best describes how accurately the following statements describe you.

1	2	3	4	5
Not at All Like Me	Not Much Like Me	In the Middle	Somewhat Like Me	Very Much Like Me

- | | | | | | |
|---|---|---|---|---|---|
| 1. I have stopped myself from making or accepting dates because of "shyness". | 1 | 2 | 3 | 4 | 5 |
| 2. When the food at restaurants is not done the way I want, I complain to the waiter or waitress. | 1 | 2 | 3 | 4 | 5 |
| 3. I try not to hurt other people's feelings, even when I think that I have been hurt. | 1 | 2 | 3 | 4 | 5 |
| 4. When someone asks me to do something, I always want to know why. | 1 | 2 | 3 | 4 | 5 |
| 5. People try to use me a lot. | 1 | 2 | 3 | 4 | 5 |
| 6. I usually don't know what to say to a good-looking guy. | 1 | 2 | 3 | 4 | 5 |

7. I feel uncomfortable making phone calls to stores and businesses.	1	2	3	4	5
8. I would rather apply for a job or admission to college by writing letters than by going to a personal interview.	1	2	3	4	5
9. I think it is embarrassing to return things I have bought at stores.	1	2	3	4	5
10. I have stopped myself from asking questions because I was scared of sounding stupid.	1	2	3	4	5
11. When I have an argument with someone, sometimes I am afraid that I will get so upset that I will	1	2	3	4	5
12. I try not to argue with salespeople about prices.	1	2	3	4	5
13. If someone has been spreading false and bad rumors about me, I "have a talk" with them about it.	1	2	3	4	5
14. I usually have a hard time saying "No".	1	2	3	4	5
15. I usually keep my feelings inside instead of making a scene.	1	2	3	4	5
16. I complain about bad service in a restaurant and other places.	1	2	3	4	5
17. Anyone who tries to push ahead of me in line (cut in line) is in for a good fight.	1	2	3	4	5
18. I express my opinions a lot.	1	2	3	4	5
19. There are times when I just can't say anything.	1	2	3	4	5

M. OPINIONS ABOUT SEX

Please respond to each item as honestly as you can. There are no right or wrong answers. Circle the number that best describes how much you agree or disagree with each statement.

	1	2	3	4	5
	Disagree Strongly	Disagree	In the Middle	Agree	Agree Strongly
1. I would enjoy looking at hard-core pornography (“porno”).	1	2	3	4	5
2. Pornography is obviously filthy and people should not try to describe it as anything else.	1	2	3	4	5
3. Swimming in the nude with a member of the other sex would be an enjoyable experience.	1	2	3	4	5
4. Masturbation (playing with yourself) can be an enjoyable experience.	1	2	3	4	5
5. If I found out that a close friend of mine was gay (homosexual) it would upset me.	1	2	3	4	5
6. If people thought I was interested in oral sex, I would be embarrassed.	1	2	3	4	5
7. Having group sex (a group of people having sex with each other at the same time) is an entertaining idea.	1	2	3	4	5
8. Thinking about having sex is exciting.	1	2	3	4	5
9. Seeing a pornographic movie would be sexually exciting.	1	2	3	4	5
10. I am not worried about being homosexual (gay).	1	2	3	4	5

11. The idea of my being physically attracted to members of the same sex is not depressing.	1	2	3	4	5
12. Almost all pornographic material makes me feel uncomfortable.	1	2	3	4	5
13. It would be emotionally upsetting to me to see someone exposing themselves in public.	1	2	3	4	5
14. Watching a stripper of the other sex would not be very sexually exciting.	1	2	3	4	5
15. I would not enjoy seeing a pornographic ("porno") movie.	1	2	3	4	5
16. When I think about seeing pictures showing someone of the same sex as myself masturbating (playing with himself or herself) it makes me feel uncomfortable.	1	2	3	4	5
17. The thought of engaging in unusual sexual behaviors is highly exciting.	1	2	3	4	5
18. Playing with myself would probably be an exciting experience.	1	2	3	4	5
19. I do not enjoy daydreaming about sex.	1	2	3	4	5
20. I am not curious about pornography.	1	2	3	4	5
21. The thought of having long-term sexual relations with more than one sex partner is not disgusting to me.	1	2	3	4	5

N. PERCEIVED RISK

What are the chances of the following?

	1	2	3	4	5
	Disagree Strongly	Disagree	In the Middle	Agree	Agree Strongly
1. How likely is it that you will get HIV?	1	2	3	4	5
2. How likely is it that any of your friends will get HIV?	1	2	3	4	5

How much do you agree or disagree with the following statements?

	1	2	3	4	5
	Disagree Strongly	Disagree	In the Middle	Agree	Agree Strongly
3. I am not the kind of person who can get AIDS.	1	2	3	4	5
4. There is a good chance that some of my friends will eventually get AIDS.	1	2	3	4	5
5. There is a good chance that I will eventually get AIDS.	1	2	3	4	5
6. I am worried that I could get AIDS.	1	2	3	4	5

Any comments you wish to make about the questions are welcome:

**If you are finished, check over the booklet
for any questions you forgot to answer.
Then sit quietly and do not disturb the others.**

THANK YOU!

POST-QUESTIONNAIRE

Date: _____

The questions in this booklet ask about your attitudes, beliefs, feelings, knowledge and experiences about yourself. Some of the questions are very personal and ask about different sexual activities that some people do. These particular questions are very blunt and to the point, questions you probably have never seen on a questionnaire before. Most of the questions are not like this, however. If the questions bother you so much that you do not want to answer them, you can stop filling out the questionnaires. We warn you about the questions that are personal and blunt so that you will not be surprised when you see them. Please answer all of the questions honestly. Your answers will be kept private and strictly confidential. If you wish to comment on any questions or explain your answers, please feel free to write in the space in the margins. Your comments will be read and taken into account. Do not write your name on this questionnaire.

IMPORTANT!

WRITE YOUR CODE NUMBER HERE: _____

A. AIDS/STD TRUE-FALSE ITEMS

TRUE or FALSE. Some of the statements below are true; some are false.

Please check T for each statement that you think is TRUE; check F for each one you think is FALSE; and check “?” if you DO NOT KNOW whether the statement is true or false. The term STD means Sexually Transmitted Disease.

1. A common symptom of STDs in a man is discharge (drip) from his penis.

T F ?

2. A common symptom of STDs is burning with urination (peeing).

T F ?

3. A common symptom of STDs is a sore on the penis or vagina.

T F ?

4. A common symptom of STDs in a woman is discharge from her vagina that causes itching or burning.

T F ?

5. If you feel healthy you don't have an STD.

T F ?

6. A woman who has an STD can get an infection in her uterus and tubes.

T F ?

7. A pregnant woman who has an STD can give it to her baby.

T F ?

8. There are medicines to cure all types of STDs.

T F ?

9. Using a condom when you have sex will help protect you against STDs.

T F ?

10. Contact with a dirty toilet seat is a common cause of STDs.

T F ?

11. If you have a STD your sexual partner probably has it too.

T F ?

12. AIDS is a medical condition in which your body cannot fight off diseases.

T F ?

13. Stress causes AIDS.

T F ?

14. If you kiss someone with AIDS you will get the disease.

T F ?

15. All gay men have AIDS.

T F ?

16. Anyone can get AIDS.

T F ?

17. AIDS is not at all serious, it is like having a cold.

T F ?

18. The cause of AIDS is unknown.

T F ?

19. Just being around someone with AIDS can give you the disease.

T F ?

20. Using a condom during sex can lower the risk of getting AIDS.

T F ?

21. Receiving a blood transfusion with infected blood can give a person AIDS.

T F ?

22. Having AIDS makes you more likely to get other diseases.

T F ?

23. All gay women have AIDS.

T F ?

24. I can avoid getting AIDS by exercising regularly.
- T F ?
25. AIDS can be cured if treated early.
- T F ?
26. A person can have the AIDS virus and give it to other people even if he does not look sick.
- T F ?
27. Only gay men and people who shoot up drugs get AIDS.
- T F ?
28. AIDS is not a problem among Blacks and Hispanics.
- T F ?
29. Condoms are 100% effective against AIDS.
- T F ?
30. Having sex with a man who shoots drugs is a way many women get AIDS.
- T F ?
31. There is a bigger chance of getting AIDS if you have sex with many people.
- T F ?
32. There is a bigger chance that a woman will get AIDS if she has sex with a guy who has sex with many other women.
- T F ?
33. Having anal sex with a guy (i.e., his penis in your anus/behind) increases your chance of getting AIDS.
- T F ?
34. Using Vaseline as a lubricant when you have sex lowers the chance of getting AIDS.
- T F ?

35. Using a spermicide (birth control foam or jelly containing Nonoxynol-9) when you have sex lowers the chance of getting AIDS.
- T F ?
36. Doing oral sex on a guy (your mouth on his penis) increases your chance of getting AIDS.
- T F ?
37. You can catch AIDS like you catch a cold because the AIDS virus can be carried in the air.
- T F ?
38. You can not get AIDS from sex if you have sex with only one person during your whole life.
- T F ?
39. There is a good chance you will get AIDS if you share a sink, shower, or toilet seat with someone who has AIDS.
- T F ?
40. There is a good chance you will get AIDS if you drink from the same glass or eat from the same plate as someone who has AIDS.
- T F ?
41. The AIDS virus is present in certain body fluids, mainly semen and blood.
- T F ?
42. Persons infected with the AIDS virus by shooting drugs are not likely to pass the virus to sex partners unless the partners also shoot drugs.
- T F ?
43. The penis should be erect when the condom is put on it.
- T F ?
44. When a condom is placed on the penis, space should be left at the tip of the condom.
- T F ?

45. The condom should be completely unrolled before it is placed on the penis.

T F ?

46. Condoms can be reused.

T F ?

47. To remove a condom after sex, grasp the tip and remove it gently but swiftly.

T F ?

48. Storing or carrying condoms in a hot or warm place can destroy their effectiveness.

T F ?

B. SEXUAL ATTITUDES

The following questions ask how you feel about different behaviors. Please indicate how good or bad an idea it is to do the following, whether others would approve or disapprove of the behavior, and whether you plan to do these behaviors in the next 3 months (90 days). Circle the NUMBER that best describes your feelings. Sexual intercourse refers to a male putting his penis in a female's vagina. (Try to answer the questions even if you have not had sexual intercourse or have never used condoms.)

How would the following people feel about you having sex in the next 3 months? (Circle one)

	1	2	3	4	5			
	Disapprove Strongly	Disapprove	In the Middle	Approve	Approve Strongly			
1. Yourself				1	2	3	4	5
2. Most people who are important to you				1	2	3	4	5
3. Your sexual partner				1	2	3	4	5
4. Your mother				1	2	3	4	5
5. Your father				1	2	3	4	5
6. Your friends				1	2	3	4	5

7. How likely is it that you will decide to have sexual intercourse in the next 3 months? (45)

1	2	3	4	5
Very Unlikely	Unlikely	In the Middle	Likely	Very Likely

Try to answer the following questions even if you have not had sex or have never used condoms. How would the following people feel about you using a condom if you have sex in the next 3 months? (Circle one)

	1	2	3	4	5
	Disapprove Strongly	Disapprove	In the Middle	Approve	Approve Strongly
8. Yourself	1	2	3	4	5
9. Most people who are important to you	1	2	3	4	5
10. Your sexual partner	1	2	3	4	5
11. Your mother	1	2	3	4	5
12. Your father	1	2	3	4	5
13. Your friends	1	2	3	4	5
14. How likely is it that you will decide to use a condom if you have sex in the next 3 months?	1	2	3	4	5

1	2	3	4	5
Very Unlikely	Unlikely	In the Middle	Likely	Very Likely

Try to answer the following questions even if you have not had sex or have never used condoms. How would the following people feel about you using birth control pills if you have sex in the next 3 months? (Circle one)

	1	2	3	4	5
	Disapprove Strongly	Disapprove	In the Middle	Approve	Approve Strongly
15. Yourself	1	2	3	4	5
16. Most people who are important to you	1	2	3	4	5
17. Your sexual partner	1	2	3	4	5

- | | | | | | |
|--|---|---|---|---|---|
| 18. Your mother | 1 | 2 | 3 | 4 | 5 |
| 19. Your father | 1 | 2 | 3 | 4 | 5 |
| 20. Your friends | 1 | 2 | 3 | 4 | 5 |
| 21. How likely is it that you will decide to use birth control pills if you have sex in the next 3 months? | | | | | |

1	2	3	4	5
Very Unlikely	Unlikely	In the Middle	Likely	Very Likely

In general, how important are the following people's opinions to you? (Circle One)

- | | 1 | 2 | 3 | 4 | 5 |
|-------------------------|-------------------------------|--------------------|----------------|------------------|-----------------------|
| | Completely Unimportant | Unimportant | Neutral | Important | Very Important |
| 22. Your sexual partner | 1 | 2 | 3 | 4 | 5 |
| 23. Your mother | 1 | 2 | 3 | 4 | 5 |
| 24. Your father | 1 | 2 | 3 | 4 | 5 |
| 25. Your friends | 1 | 2 | 3 | 4 | 5 |

Now, we would like to ask you some questions about you using condoms. How much do you agree or disagree with each of the following statements about condoms? Try to answer the questions even if you have not had sex or have never used condoms. (Circle One)

- | | 1 | 2 | 3 | 4 | 5 |
|---|--------------------------|-----------------|----------------------|--------------|-----------------------|
| | Disagree Strongly | Disagree | In the Middle | Agree | Agree Strongly |
| 1. Sex wouldn't feel as good if my partner and I used a condom. | 1 | 2 | 3 | 4 | 5 |
| 2. Condoms are embarrassing to use. | 1 | 2 | 3 | 4 | 5 |
| 3. Condoms help prevent STDs. | 1 | 2 | 3 | 4 | 5 |
| 4. Condoms help prevent pregnancy. | 1 | 2 | 3 | 4 | 5 |

5. Sex feels unnatural when a condom is used.	1	2	3	4	5
6. Condoms help prevent HIV.	1	2	3	4	5
7. Condoms ruin the mood because you have to stop to put one on.	1	2	3	4	5
8. Sex still feels good when a condom is used.	1	2	3	4	5
9. Having sex is more fun when a condom is used.	1	2	3	4	5
10. Using a condom breaks up the rhythm and timing of sex.	1	2	3	4	5
11. Saying we have to use a condom would make my sexual partner think I am having sex with other people.	1	2	3	4	5
12. Saying we have to use a condom is like saying to my partner, "I don't trust you."	1	2	3	4	5
13. My sexual partner would break up with me if I said we had to use a condom.	1	2	3	4	5
14. My sexual partner would be happier if we used a condom.	1	2	3	4	5
15. If I had a condom with me, my partner would not like it.	1	2	3	4	5
16. All in all, it's a good idea to use condoms.					
17. Condoms cost too much.	1	2	3	4	5
18. It is easy for me to have a condom with me all of the time.	1	2	3	4	5
19. It is hard for me to get condoms.	1	2	3	4	5
20. It is too much trouble to carry around condoms.	1	2	3	4	5
21. I can get condoms.	1	2	3	4	5
22. I can't talk to my partner about using condoms.	1	2	3	4	5

23. I can get my partner to use a condom, even if he doesn't want to.	1	2	3	4	5
24. I can say to my partner that we should use a condom.	1	2	3	4	5
25. Before we are ready to have sex, I can talk to my partner about using a condom.	1	2	3	4	5
26. I can put a condom on my partner without ruining the mood.	1	2	3	4	5
27. If I am sexually aroused I can stop before sex to use a condom.	1	2	3	4	5
28. I can say no to sex if my partner and I don't have a condom.	1	2	3	4	5
29. I can stop sex to get a condom, if I don't have one.	1	2	3	4	5
30. I can use a condom, even if the room is dark.	1	2	3	4	5
31. I can get my partner to use a condom without ruining the mood.	1	2	3	4	5
32. I am sure that I can use a condom if I have sex.	1	2	3	4	5
33. I will try to get my sexual partner to use condoms if we have sex in the next 3 months.	1	2	3	4	5
34. I want to use condoms if I have sex in the next 3 months.	1	2	3	4	5
35. I plan to use condoms if I have sex in the next 3 months.	1	2	3	4	5

C. HARD OR EASY?

Sometimes we want to do something, but it's hard to do it. For the statements below, circle the number that best expresses how easy or hard it would be for you to do each of the things listed. Use any number from 1 to 5. The higher the number, the easier you think it is to do the behavior. The lower the number, the harder you think it is to do the behavior. (Circle One)

	1	2	3	4	5
	Very Hard	Hard	In the Middle	Easy	Very Easy
1. How easy or hard would it be for you to get your partner to use condoms during sex, even if he didn't want to?	1	2	3	4	5
2. How easy or hard would it be for you to get your partner to not have sex with you, even if he wanted to?	1	2	3	4	5
3. How easy or hard would it be for you to get your partner to talk to you about preventing STDs, even if he didn't want to?	1	2	3	4	5
4. How easy or hard would it be for you to get your partner to talk to you about ways you could prevent AIDS, even if he didn't want to?	1	2	3	4	5
5. How easy or hard would it be for you to get your partner to let you use contraceptive foam or jelly when you have sex, even if he didn't want to?	1	2	3	4	5
6. How easy or hard would it be to use condoms when you have sex?	1	2	3	4	5
7. How easy or hard would it be to use contraceptive foam or jelly when you have sex?	1	2	3	4	5

D. HEALTH KNOWLEDGE

TRUE or FALSE. Some of the statements below are true; some are false. Please circle T for each statement that you think is TRUE; circle F for each one you think is FALSE; and circle “?” if you DO NOT KNOW whether the statement is true or false.

1. Smoking cigarettes does not affect your blood pressure.
 True False ?
2. A pregnant woman can smoke because it doesn't hurt her baby.
 True False ?
3. Being around someone who smokes cigarettes is not very dangerous to one's health.
 True False ?
4. Smoking doesn't hurt the heart very much.
 True False ?
5. Carbon monoxide in cigarette smoke takes the place of oxygen in the blood.
 True False ?
6. Low-tar and low-nicotine cigarettes are very safe to smoke.
 True False ?
7. Cigarette smoking makes the heart beat slower.
 True False ?
8. Smoking is not addictive.
 True False ?
9. High blood pressure can be caused by drinking too much water.
 True False ?

10. You can have high blood pressure and not know it.
- True False ?
11. When you have hypertension, that means you are too tense.
- True False ?
12. When breast cancer is diagnosed early, the rate of cure can be as high as 85%.
- True False ?
13. 1 in 9 women will get breast cancer.
- True False ?
14. 4 out of 5 women who get breast cancer have no family history of it.
- True False ?
15. A mammogram is an x-ray of your breast.
- True False ?
16. To have a healthy body, a person should exercise at least 20-30 minutes 3 to 4 times a week.
- True False ?
17. Aerobic exercises are the best exercises to strengthen your heart.
- True False ?
18. Weight lifting is a good way to strengthen your heart.
- True False ?
19. Exercise affects how much fat you have in your body.
- True False ?
20. Being overweight increases the risk of diabetes.
- True False ?

21. People who are overweight are less likely to get gall bladder disease.
- True False ?
22. Drinking plenty of water helps maintain body temperature.
- True False ?
23. Most teenagers eat too much salt and sugar.
- True False ?
24. A well balanced diet includes protein, vitamins, minerals, fat, carbohydrates, and water.
- True False ?
25. You can have breast cancer and not know it.
- True False ?
26. Meat is a good source of carbohydrates.
- True False ?
27. Fish is a good source of protein.
- True False ?
28. Fruits are a good source of fiber.
- True False ?
29. Eating fiber is a good way of preventing colon cancer.
- True False ?
30. Protein helps build cells, strengthens your body to fight against infection, and helps give you healthy hair.
- True False ?
31. Fluoride in drinking water is good for preventing tooth decay.
- True False ?

E. HEALTH ATTITUDES

How do you feel about the following actions?

	1	2	3	4	5
	Very Bad Idea	Bad Idea	In the Middle	Good Idea	Very Good Idea
1. How do you feel about smoking cigarettes?	1	2	3	4	5
2. How do you feel about exercising 3 to 4 times a week for at least 20 minutes?	1	2	3	4	5
3. How do you feel about having a balanced diet every day?	1	2	3	4	5
4. How do you feel about doing monthly breast self-examinations (BSE)?	1	2	3	4	5
5. How do you feel about decreasing the amount of salt in your diet?	1	2	3	4	5
6. How do you feel about decreasing the amount of fat in your diet?	1	2	3	4	5
7. How do you feel about increasing the amount of dietary fiber in your diet?	1	2	3	4	5

The following questions ask about how likely it is that you will do certain things.

	1	2	3	4	5
	Very Unlikely	Unlikely	In the Middle	Likely	Very Likely
8. How likely is it that you will smoke cigarettes?	1	2	3	4	5
9. How likely is it that you will exercise 3 to 4 times a week for at least 20 minutes?	1	2	3	4	5
10. How likely is it that you will have a balanced diet every day?	1	2	3	4	5
11. How likely is it that you will do a breast self-examination (BSE) in the next 1 month?	1	2	3	4	5

- | | | | | | |
|--|---|---|---|---|---|
| 12. How likely is it that you will decrease the amount of salt in your diet? | 1 | 2 | 3 | 4 | 5 |
| 13. How likely is it that you will decrease the amount of fat in your diet ? | 1 | 2 | 3 | 4 | 5 |
| 14. How likely is it that you will increase the amount of dietary fiber in your diet ? | 1 | 2 | 3 | 4 | 5 |

F. PERCEIVED RISK

What are the chances of the following?

- | | 1 | 2 | 3 | 4 | 5 |
|--|--------------------------|-----------------|----------------------|--------------|-----------------------|
| | Disagree Strongly | Disagree | In the Middle | Agree | Agree Strongly |
| 1. How likely is it that you will get HIV? | 1 | 2 | 3 | 4 | 5 |
| 2. How likely is it that any of your friends will get HIV? | 1 | 2 | 3 | 4 | 5 |

How much do you agree or disagree with the following statements?

- | | 1 | 2 | 3 | 4 | 5 |
|---|--------------------------|-----------------|----------------------|--------------|-----------------------|
| | Disagree Strongly | Disagree | In the Middle | Agree | Agree Strongly |
| 3. I am not the kind of person who can get AIDS. | 1 | 2 | 3 | 4 | 5 |
| 4. There is a good chance that some of my friends will eventually get AIDS. | 1 | 2 | 3 | 4 | 5 |
| 5. There is a good chance that I will eventually get AIDS. | 1 | 2 | 3 | 4 | 5 |
| 6. I am worried that I could get AIDS. | 1 | 2 | 3 | 4 | 5 |

G. DEBRIEFING QUESTIONNAIRE

How much did you like or dislike the following?

	1	2	3	4	5
	Disliked Very Much	Disliked	In The Middle	Liked	Liked Very Much
1. How much did you like today's activities?	1	2	3	4	5
2. How much did you like the film part of today's activities?	1	2	3	4	5
3. How much did you like the small group that you were in?	1	2	3	4	5
4. How much did you like your group facilitator?	1	2	3	4	5
5. How much did you like the activities you did in your group?	1	2	3	4	5

How much did you learn from the following?

	1	2	3	4	5
	Learned Very Little	Learned a Little	In The Middle	Learned a Lot	Learned Very Much
6. In general, how much did you learn from today's activities?					
7. How much did you learn from the films you saw?					
8. How much did you learn from the small group activities?					
9. Would you recommend this project to other teenagers?					
	1	2	3	4	5
	Would Not Recommend	Might Not Recommend	Might Recommend	Would Recommend	Would Strongly Recommend

Any comments you wish to make about the questions are welcome:

**If you are finished, check over the booklet
for any questions you forgot to answer.
Then sit quietly and do not disturb the others.**

THANK YOU!