Becoming a Responsible Teen

Implementation Fidelity Log



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Title No. COO1

Implementation Fidelity Log

Purpose

This implementation fidelity tool assesses whether the core components of *Becoming a Responsible Teen (BART)* are actually implemented. Part 1 of this implementation fidelity tool assesses whether each activity in each class was implemented completely, implemented with changes or not implemented at all. Part 2 of this tool assesses whether other important components were implemented, specifically, components involving audience and setting, implementation schedule, program educators, preparation and pedagogy (teaching strategies).

Scoring Considerations

Part 1.

One simple method of scoring Part 1 is to calculate three percentages:

- The percentage of all activities that were implemented completely,
- The percentage of all activities implemented with changes, and
- The percentage of all activities not implemented.

A review of the changes made or activities not implemented at all may reveal issues to address. For example, if the last activities in each class are commonly skipped, then there may be timing or classroom management issues to address (e.g., the class may be starting late each day, an educator may benefit from coaching on how to move through the activities within the allotted time, or there may be class management issues contributing to timing). If activities requiring special educator skills or comfort with content are commonly modified or skipped, then additional training and support for the educators may be needed.

Part 2.

Even if all the activities are implemented completely, curriculum effectiveness may be affected if other core components or qualities are not implemented (e.g., if the curriculum is implemented with young people who are either too young or too old, or if classroom management issues reduce its effectiveness). Part 2 includes a series of questions to assess these other core components. The simplest approach to assessing Part 2 responses is to examine each item separately, and to use the information to describe the implementation overall. The description should be included with the summary percentages from Part 1 and any pretest-posttest data on the effectiveness of the program on youth.

Becoming a Responsible Teen Implementation Fidelity Log

Your name:		
Name of your organization:		

Purpose of this Tool:

The purpose of this tool is to assess the fidelity or quality of implementation of the *Becoming a Responsible Teen* curriculum.

Directions:

Please complete the appropriate section of Part 1 after you teach each of the lessons in the curriculum for each classroom or group. It is best to complete the form right after teaching a lesson to minimize recall errors. Please complete Part 2 immediately after you have taught all the lessons for a given class or location.

Part 1:

For each of the activities in this lesson, please indicate whether you completed it as described in the curriculum, modified it, or did not complete it. Modifications might include changing the order of the lesson, adding new content or activities, or changing the way you teach something (e.g., making something into a game, using pairs instead of small groups for an activity, or shortening/truncating an activity because of lack of time).

Part 2:

Please complete the questions immediately after you have taught all the lessons you will be teaching.

Part 1: Session 1: Understanding HIV and AIDS

			Did you complete each a	ete each activit	ctivity below?				If you made any changes,
			Activity 1: Introduction to BART	Activity 2: Who Is at Risk for HIV and Why?	Activity 3: Introduction to HIV Terms	Activity 4: Facts and Myths	Activity 5: Deciding Your Level of Risk	Activity 6: Spreading the Word	please describe them here. (If you need more space, attach a separate sheet)
Ţ dn	# of students:		☐ Yes completely	☐ Yes completely	☐ Yes completely	☐ Yes completely	☐ Yes completely	☐ Yes completely	
Groi	Date taught:		changes	changes	changes	changes	changes	changes	
2 dr	# of students:		☐ Yes completely	☐ Yes completely	☐ Yes completely	☐ Yes completely	☐ Yes completely	☐ Yes completely	
Gro	Date taught:		changes	changes	changes	changes	changes	changes	
£ dı	# of students:		☐ Yes completely	☐ Yes completely	☐ Yes completely	☐ Yes completely	☐ Yes completely	☐ Yes completely	
Gro	Date taught:	\	changes	Changes	☐ Yes with changes ☐ No	☐ Yes with changes ☐ No	☐ Yes with changes ☐ No	changes	
7	# of students:		☐ Yes completely	☐ Yes completely	☐ Yes completely	☐ Yes completely	☐ Yes completely	☐ Yes completely	
Group	Date		☐ Yes with changes	☐ Yes with changes	☐ Yes with changes	☐ Yes with changes	☐ Yes with changes	☐ Yes with changes	
	taught:	<u> </u>	oN 🗖	oN 🗆	oN 🗖	oN □	ON 🗖	oN 🗆	

Part 1: Session 2: Making Sexual Decisions & Understanding Your Values

			Did you comp	Did you complete each activity	ivity below?						If you made any changes,
			Activity 1: Definitions Review	Activity 2: HIV Trans- mission Review	Activity 3: AIDS and African Americans	Activity 4: "HIV Feud"	Activity 5: Video: The Monster	Alternate Activity 5: Personaliz- ing HIV Risks	Activity 6: Exploring Drug Risks for HIV	Activity 7: Support Systems	please describe them here. (If you need more space, attach a separate sheet)
Ţdn	# of students:		☐ Yes completely	☐ Yes completely	☐ Yes completely	☐ Yes completely	☐ Yes completely	☐ Yes completely	☐ Yes completely	☐ Yes completely	
Groi	Date taught:	/ /	changes	changes	changes	changes	changes	changes	changes	changes	
20	# of students:		☐ Yes completely	☐ Yes completely	☐ Yes completely	☐ Yes completely	☐ Yes completely	☐ Yes completely	☐ Yes completely	☐ Yes completely	
Group	Date		☐ Yes with changes	☐ Yes with changes	☐ Yes with changes	☐ Yes with changes	☐ Yes with changes	☐ Yes with changes	☐ Yes with changes	☐ Yes with changes	
	taught:	\ \	oN 🗖	ON 🗖	oN 🗖	oN 🗆	ON 🗖	oN	oN 🗆	oN 🗆	
£ q	# of students:		☐ Yes completely	☐ Yes completely	☐ Yes completely	☐ Yes completely	☐ Yes completely	☐ Yes completely	☐ Yes completely	☐ Yes completely	
Grou	Date		☐ Yes with changes	☐ Yes with changes	☐ Yes with changes	☐ Yes with changes	☐ Yes with changes	☐ Yes with changes	☐ Yes with changes	☐ Yes with changes	
	raugili.		□ No	□ No	ON C	□ No	□ No	ON 🗆	ON 🗖	ON 🗆	
ħ	# of students:		☐ Yes completely	☐ Yes completely	☐ Yes completely	☐ Yes completely	☐ Yes completely	☐ Yes completely	☐ Yes completely	☐ Yes completely	
gnoag			☐ Yes with changes	☐ Yes with changes	☐ Yes with changes	☐ Yes with changes	☐ Yes with changes	☐ Yes with changes	☐ Yes with changes	☐ Yes with changes	
)	Date taught:	`	O No	oN 🗆	0 N D	oN □	oN 🗖	0N 🗖	0 N	oN 🗖	

Part 1: Session 3: Developing & Using Condom Skills

# of students: Date taught: Date taught: # of # of # of students:		Activity 1: Attitudes and Risk Completely Completely Changes Completely Completely Completely Completely Changes Completely Changes Completely Changes Completely Changes Completely Changes Changes Completely Changes	Activity 1: Activity 2: Activity 2: Activity 3: Activity 2: Activity 3: Activity 2: Activity 3: Condoms Condo	Activity 3: Overcoming Embarrassment About Buying Condoms Condoms Owercoming Condoms Condoms Owercoming Condoms Completely Owercompletely	Activity 4: Using Condoms Condoms Correctly Completely Changes	Activity 5: Countering Barriers to Using Condoms Completely Changes Completely Changes	If you made any changes, please describe them here. (If you need more space, attach a separate sheet)
	\ ,	changes		changes	changes	changes	
		☐ Yes completely	☐ Yes completely	☐ Yes completely	□ Yes completely	☐ Yes completely	
		☐ Yes with	☐ Yes with	☐ Yes with	☐ Yes with	☐ Yes with	
		changes	nges	nges	nges	changes	
- 1		0 1	ON T	ON T		ONI	

Part 1: Session 4: Learning Assertive Communication Skills

			Did you comple	Did you complete each activity below?	y below?				If you made any changes,
			Activity 1: Correct Condom Use Review	Activity 2: Video: He Said, She Said	Activity 3 Stories: Decisions and Negotiations	Activity 4: Negotiating Safer Sex	Activity 5: Problem- Solving Skills	Activity 6: Different Communication Styles	please describe them here. (If you need more space, attach a separate sheet)
Ţ dr	# of students:		☐ Yes completely	☐ Yes completely	☐ Yes completely	☐ Yes completely	☐ Yes completely	☐ Yes completely	
Grou	Date taught:		changes	☐ No	☐ No	☐ Yes with changes	☐ No	res with changes	
2 q	# of students:		☐ Yes completely	☐ Yes completely	☐ Yes completely	☐ Yes completely	☐ Yes completely	☐ Yes completely	
Grou	Date taught:		changes	☐ Yes with changes ☐ No	☐ Yes with changes ☐ No	☐ Yes with changes ☐ No	☐ Yes with changes ☐ No	☐ Yes with changes ☐ No	
& qu	# of students:		☐ Yes completely	☐ Yes completely	☐ Yes completely	☐ Yes completely	☐ Yes completely	☐ Yes completely	
Gro	Date taught:	/ /	changes	changes	changes	changes	changes	changes	
Þ	# of students:		☐ Yes completely	☐ Yes completely	☐ Yes completely	☐ Yes completely	☐ Yes completely	☐ Yes completely	
Group	Date		☐ Yes with changes	☐ Yes with changes	☐ Yes with changes	☐ Yes with changes	☐ Yes with changes	☐ Yes with changes	
	taught:	\	oN 🗆	ON 🗖	ON 🗖	oN □	ON 🗖	ON 🗆	

Part 1: Session 5: Practicing Assertive Communication Skills

			Did you comple	Did you complete each activity below?	y below?			If you made any changes,
			Activity 1: Communication Review	Activity 2: Assertive Communica- tion Tips	Activity 3: Ways to Say NO	Activity 4: Assertive Communication Demonstration	Activity 4: Activity 5: Assertive Communication Demonstration	please describe them here. (If you need more space, attach a separate sheet)
Ţdn	# of students:		☐ Yes completely ☐ Yes with	☐ Yes completely	☐ Yes completely	☐ Yes completely	☐ Yes completely ☐ Yes with	
Gro	Date taught:		changes	changes	changes	changes	changes	
2 0	# of students:		☐ Yes completely	☐ Yes completely	☐ Yes completely	☐ Yes completely	☐ Yes completely	
Groul	Date		☐ Yes with changes	☐ Yes with changes	■ Yes with changes	☐ Yes with changes	☐ Yes with changes	
	taught:	\	°N 🗆	ON 🗖	ON 🗖	oN 🗆	o _N	
£ q	# of students:		☐ Yes completely	☐ Yes completely	☐ Yes completely	☐ Yes completely	☐ Yes completely	
Grou	Date taught:		changes	☐ Yes with changes ☐ No	☐ Yes with changes ☐ No	☐ Yes with changes ☐ No	☐ Yes with changes ☐ No	
Þ	# of students:		☐ Yes completely	☐ Yes completely	☐ Yes completely	☐ Yes completely	☐ Yes completely	
iroup			☐ Yes with	☐ Yes with	☐ Yes with	☐ Yes with	☐ Yes with	
9	Date taught:		oN 🗖	oN 🗖	ON 🗖	oN 🗆	oN 🗖	

Part 1: Session 6: Personalizing the Risks

			Did you complete each activity below?	h activity below?		If you made any changes,
			Activity 1: Meeting People with HIV	Activity 2: Discussion and Debrief	Alternate Activity: Video	please describe them here. (If you need more space, attach a separate sheet)
Ţ dno	# of students:		☐ Yes completely ☐ Yes with changes	☐ Yes completely ☐ Yes with changes	☐ Yes completely ☐ Yes with changes	
Gra	Date taught:	/ /	ON 🗆	ON 🗆	ON 🗆	
2 quo	# of students:		☐ Yes completely ☐ Yes with changes	☐ Yes completely ☐ Yes with changes	☐ Yes completely ☐ Yes with changes	
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£ dn	# of students:		☐ Yes completely	☐ Yes completely	☐ Yes completely ☐ Yes with changes	
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Þ	# of		☐ Yes completely	☐ Yes completely	☐ Yes completely	
dno			☐ Yes with changes	☐ Yes with changes	☐ Yes with changes	
Gr	Date taught:	\	ON D	ON 🗆	% □	

Part 1: Session 7: Spreading the Word

			Did you complete each activity below?	h activity below?			If you made any changes,
			Activity 1: Assertive Communication in the Real World	Activity 2: Getting Out of Risky Situations	Activity 3: Spreading the Word Demonstration	Activity 4: Spreading the Word Practice	please describe them here. (If you need more space, attach a separate sheet)
Ţ dno	# of students:		☐ Yes completely ☐ Yes with changes	☐ Yes completely☐ Yes with changes	☐ Yes completely ☐ Yes with changes	☐ Yes completely ☐ Yes with changes	
Gra	Date taught:		o _N	o O U	o O U	o O U	
2 que	# of students:		☐ Yes completely ☐ Yes with changes	☐ Yes completely ☐ Yes with changes	☐ Yes completely ☐ Yes with changes	☐ Yes completely ☐ Yes with changes	
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g dno	# of students:		☐ Yes completely ☐ Yes with changes	☐ Yes completely☐ Yes with changes	☐ Yes completely ☐ Yes with changes	☐ Yes completely ☐ Yes with changes	
Gro	Date taught:		o _N \Box	on 🗆	ON 🗆	ON 🗆	
₽ d	# of students:		☐ Yes completely	☐ Yes completely	☐ Yes completely	☐ Yes completely	
Grou	Date taught:		☐ Yes with changes ☐ No	□ Yes with changes□ No	☐ Yes with changes ☐ No	☐ Yes with changes ☐ No	

Part 1: Session 8: Taking BART with You

			Did you complete each activity below?	h activity below?			If you made any changes,
			Activity 1: Final Review of HIV Facts	Activity 2: What Are You Doing to Protect Yourself?	Activity 3: What Are You Doing to Educate Others?	Activity 4: "Graduation" Ceremony	please describe them here. (If you need more space, attach a separate sheet)
Ţ dno	# of students:		☐ Yes completely ☐ Yes with changes	☐ Yes completely ☐ Yes with changes	☐ Yes completely ☐ Yes with changes	☐ Yes completely☐ Yes with changes	
ວາອ 	Date taught:		°N 🗖		o N	o o o	
2 duo	# of students:		☐ Yes completely ☐ Yes with changes	☐ Yes completely ☐ Yes with changes	☐ Yes completely ☐ Yes with changes	□ Yes completely□ Yes with changes	
	Date taught:	/ /	0 N 🗆		ON 🗆	ON O	
& qu	# of students:		☐ Yes completely ☐ Yes with changes	☐ Yes completely ☐ Yes with changes	☐ Yes completely ☐ Yes with changes	 □ Yes completely □ Yes with changes 	
	Date taught:	/ /	0 N 🗆		ON 🗆	o o o	
70	# of students:		☐ Yes completely	☐ Yes completely	☐ Yes completely	☐ Yes completely	
lno			☐ Yes with changes	☐ Yes with changes	☐ Yes with changes	☐ Yes with changes	
GI	Date taught:	\	□ No	oN □	ON O	ON 🗖	

Part 2

Please complete the following questions immediately after you have taught all the lessons you will be teaching.

In	npiementation: Audience and Setting	
1.	Was Becoming a Responsible Teen implemented in an after-school or non-school setting?	
	☐ Yes, after school	
	☐ Yes, in a community organization serving young people	
	☐ Yes, in a clinic	
	☐ No, in regular school classes	
	□ No, in another location (Please specify:	_)
2.	Was a private meeting space secured for implementing <i>BART</i> ? □ Yes □ No	
3.	Was BART implemented with youth ages 14–18? ☐ Yes ☐ No	
4.	Was BART implemented with African-American youth? ☐ Yes ☐ No	
5.	Was BART implemented with another ethnic group? ☐ Yes (Please specify:	☐ No
IN	nplementation: Implementation Schedule	
1.	In general, how many times per week were classes taught?	
	☐ 1 time per week ☐ 4 times per week	
	☐ 2 times per week ☐ 5 times per week	
	☐ 3 times per week	
2.	Were all classes taught in sequence?	
	□ Yes	
	☐ No (please describe the sequence	_)
3.	Did classes last 90 to 120 minutes on average? minutes	
4.	How many participants typically attended each class? participants	
5.	What percent of the participants attended each class?%	
PI	rogram Educators	
1.	Was BART implemented with two co-leaders? ☐ Yes ☐ No	
2.	Was one of the co-leaders female and one male? ☐ Yes ☐ No	
3.	Were both leaders present at all times? ☐ Yes ☐ No	

4.	Wh	nat is your experience with BART?
	Ве	fore you taught BART this time had you
	a)	Been trained to implement <i>BART</i> ? □ Yes □ No
	b)	Reviewed all the activities in the curriculum? \square Yes \square No
	c)	Taught or practiced teaching most of the activities? \square Yes \square No
5.	Wh	nat is your experience with other similar programs?
	Ве	fore you taught BART this time had you
	a)	Taught other sex education curricula that covered abstinence, condoms and contraception? \square Yes \square No
	b)	Taught other skills-based programs that required students to practice skills using roleplays? \square Yes \square No
6.	lf t	here was a co-leader, what is the experience with BART of the co-leader?
	Ве	fore he/she taught BART this time had he/she
	a)	Been trained to implement <i>BART</i> ? □ Yes □ No □ There was no co-leader
	b)	Reviewed all the activities in the curriculum? ☐ Yes ☐ No ☐ There was no co-leader
	c)	Taught or practiced teaching most of the activities? ☐ Yes ☐ No ☐ There was no co-leader
7.	lf t	here was a co-leader, what is his/her experience with other similar programs?
	Ве	fore you taught BART this time had you
	a)	Taught other sex education curricula that covered abstinence, condoms, and contraception? ☐ Yes ☐ No ☐ There was no co-leader
	b)	Taught other skills-based programs that required students to practice skills using roleplays? ☐ Yes ☐ No ☐ There was no co-leader
P	repa	aration
1.		d the organization in which you implemented this program approve its implementation before the ogram was taught? Yes No
2.	We	ere parents notified that their teens were going to participate in this program? \square Yes \square No
P	eda	gogy (Teaching Strategies)
1.		nen you taught <i>Becoming a Responsible Teen</i> this time, how comfortable were you talking about the kual topics in this program?
		☐ Very uncomfortable
		☐ Somewhat uncomfortable
		☐ Somewhat comfortable
		☐ Very comfortable

2.	If there was a co-leader, how comfortable was he/she talking about the sexual topics in this program?
	☐ Very uncomfortable
	☐ Somewhat uncomfortable
	☐ Somewhat comfortable
	☐ Very comfortable
	□ Not sure

Please circle one option for each of the following questions.

		Not Very Confident		Somewhat		Very Confident
3.	How confident did you feel delivering these lessons?	1	2	3	4	5
		Not at All		Somewhat		To a Great Extent
4.	To what extent did classroom management issues detract from your ability to teach the lesson as written?	1	2	3	4	5
5.	To what extent were you able to engage students in the participatory activities?	1	2	3	4	5
6.	To what extent were you able to elicit information, opinions and ideas from youth whenever possible (instead of relying on lecturing)?	1	2	3	4	5
7.	To what extent were you able to use praise and reinforcement?	1	2	3	4	5
8.	To what extent were you able to tailor language to reflect African-American culture?	1	2	3	4	5
9.	To what extent were you able to encourage youth to think about, discuss and apply what they've learned from outside the classroom?	1	2	3	4	5
10	To what extent were you able to reinforce learning with reviews and repetition?	1	2	3	4	5
11	. To what extent were you able to present material visually?	1	2	3	4	5
12	To what extent were you able to use four steps to teach skills: (1) explain the steps to using the skill; (2) demonstrate correct use of the skill; (3) allow time for youth to practice; and (4) provide youth feedback?	1	2	3	4	5

	Not at All		Somewhat		To a Great Extent
13. To what extent were you able to provide ample time to practice skills?	1	2	3	4	5
14. To what extent were you able to help participants personalize information about risk?	1	2	3	4	5
15. To what extent were you able to emphasize clearly and repeatedly the message that abstinence is safest, but if you are sexually active, use condoms or engage in lower-risk activities?	1	2	3	4	5

16. Did participating youth i	receive a <i>BART</i> T-shirt or	other items with BAR7	「logo at the completion of
the program? \square Yes \square	l No		

- 17. Were girls and boys separated by gender when focusing on skill development? \square Yes \square No
- 18. What additional information or skills do you need to help strengthen your implementation of BART?