

all ~~A~~ You!

Preventing HIV, Other STD, and
Pregnancy among Young People
in Alternative Education Settings

Logic Model

advancing
health
equity

etr.

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Logic Model

Logic models are graphic depictions that show clearly and concisely the causal mechanisms through which specific interventions can affect behavior and thereby achieve a health goal. They should be based in part upon theory and thus portray the “theories of change” that underlie an intervention.

While there are many types of logic models, some logic models specify (1) the *health goal* to be achieved, (2) the *behaviors* a person needs to change to achieve a health goal, (3) the *risk or protective factors* that affect those behaviors, and (4) the *intervention* components or activities designed to change each selected risk and protective factor.

In the figures below, first is a snapshot of a logic model for *All4You!* That model simply specifies all the activities, all the risk and protective factors and all the behaviors designed to affect the two health goals of *All4You!* Second is a more detailed model that specifies which particular activities affect which specific risk and protective factors, which in turn affect specific behaviors that affect teen pregnancy and sexually transmitted diseases.

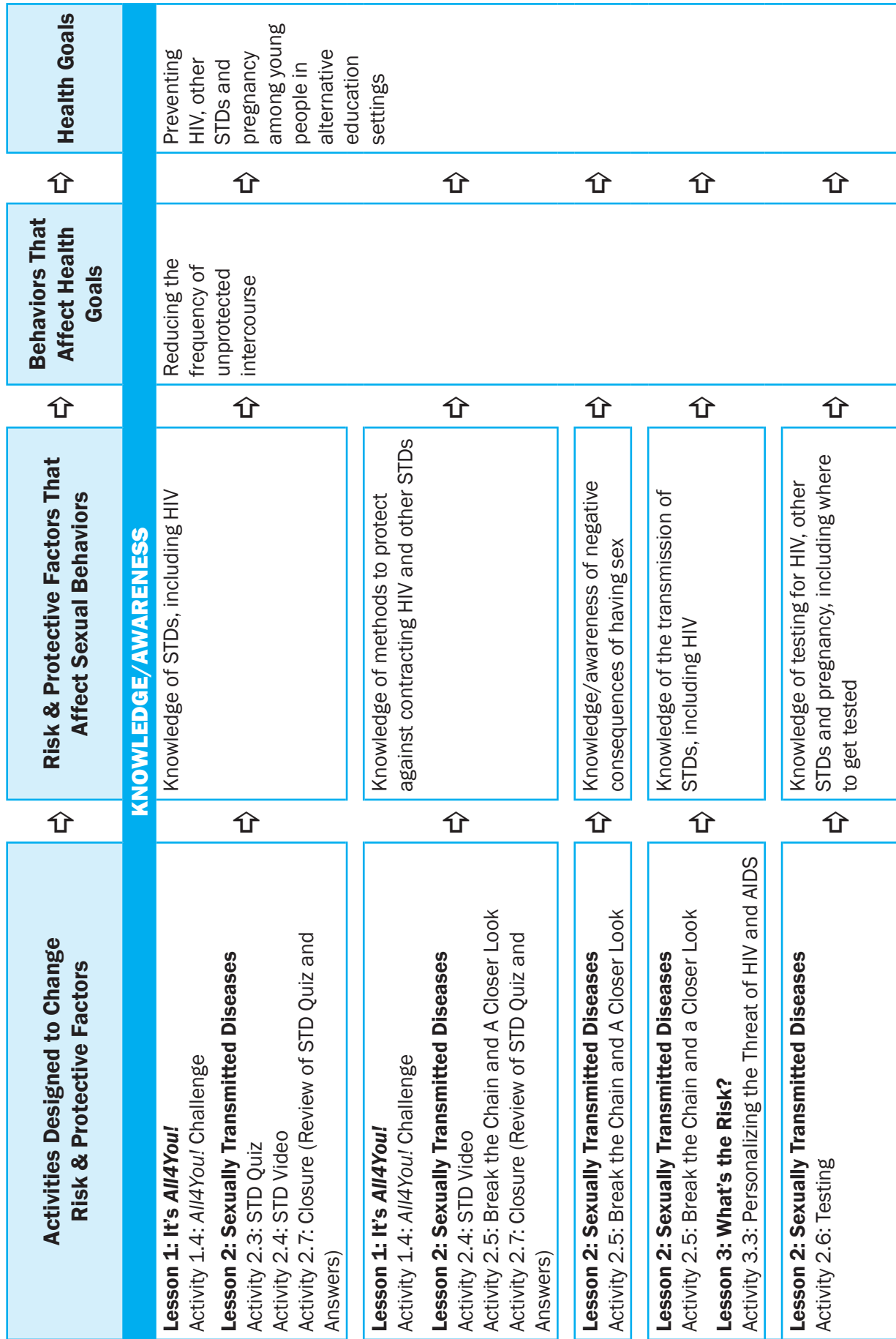
These models can:

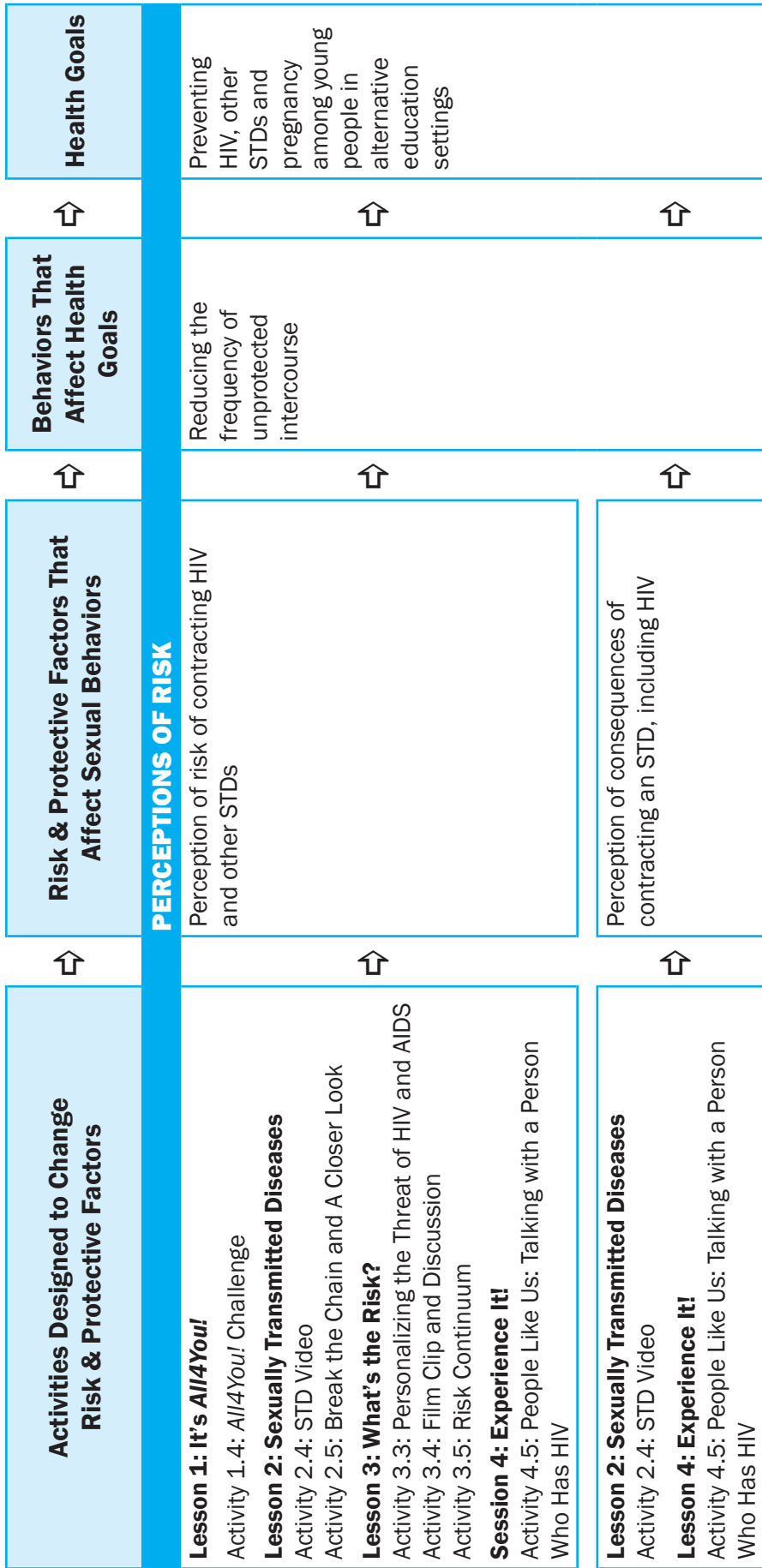
- ◆ Provide a clear rationale for each program activity by specifying the risk and protective factors each activity is designed to change. These rationales can help curriculum implementers understand the importance of each activity.
- ◆ Serve as a map to guide adaptations so that changes or additions are consistent with the logic and factors presented in the model.
- ◆ Specify the risk and protective factors and behaviors that should be measured in an impact evaluation.

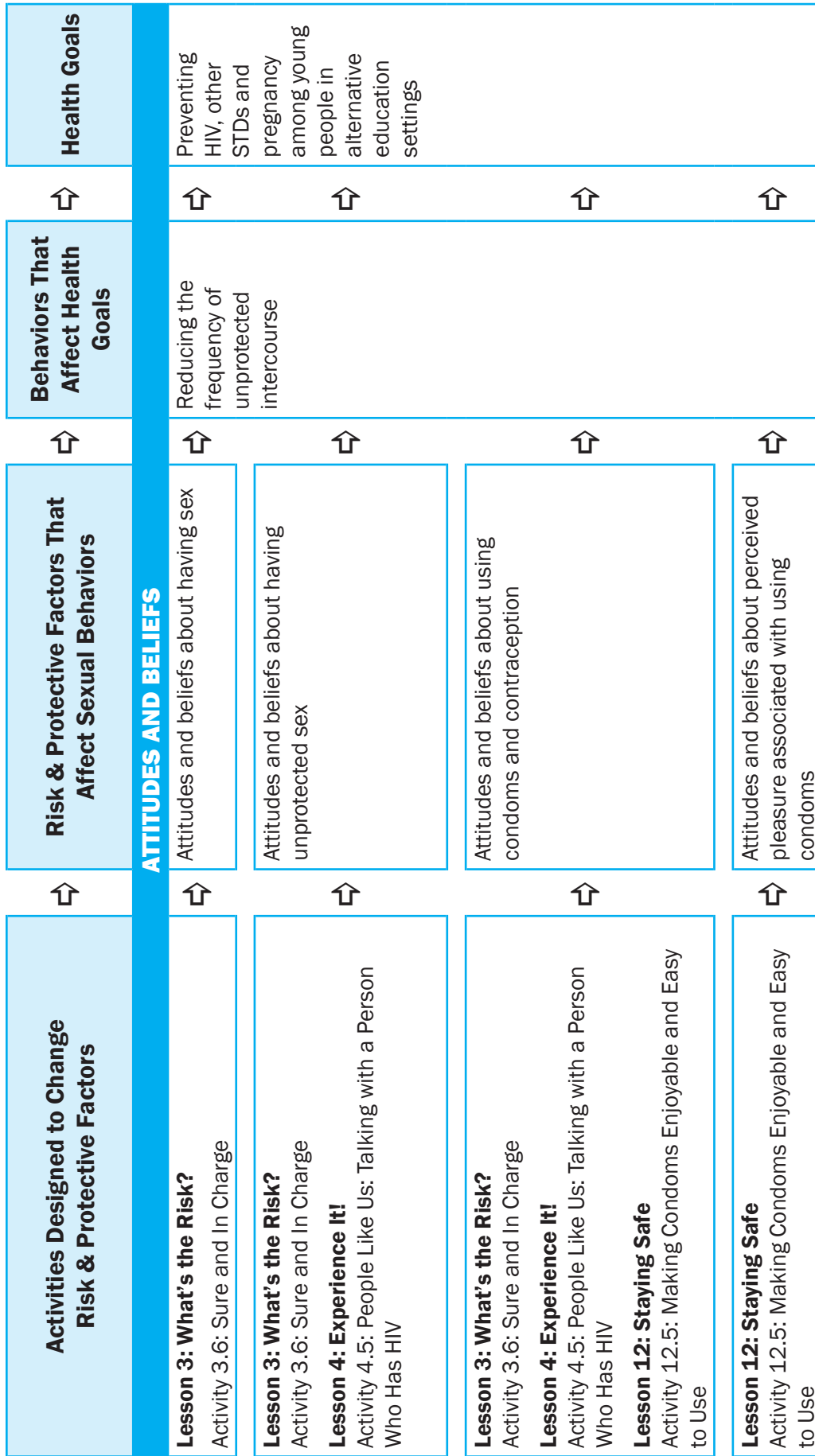
All4You! Logic Model: Snapshot

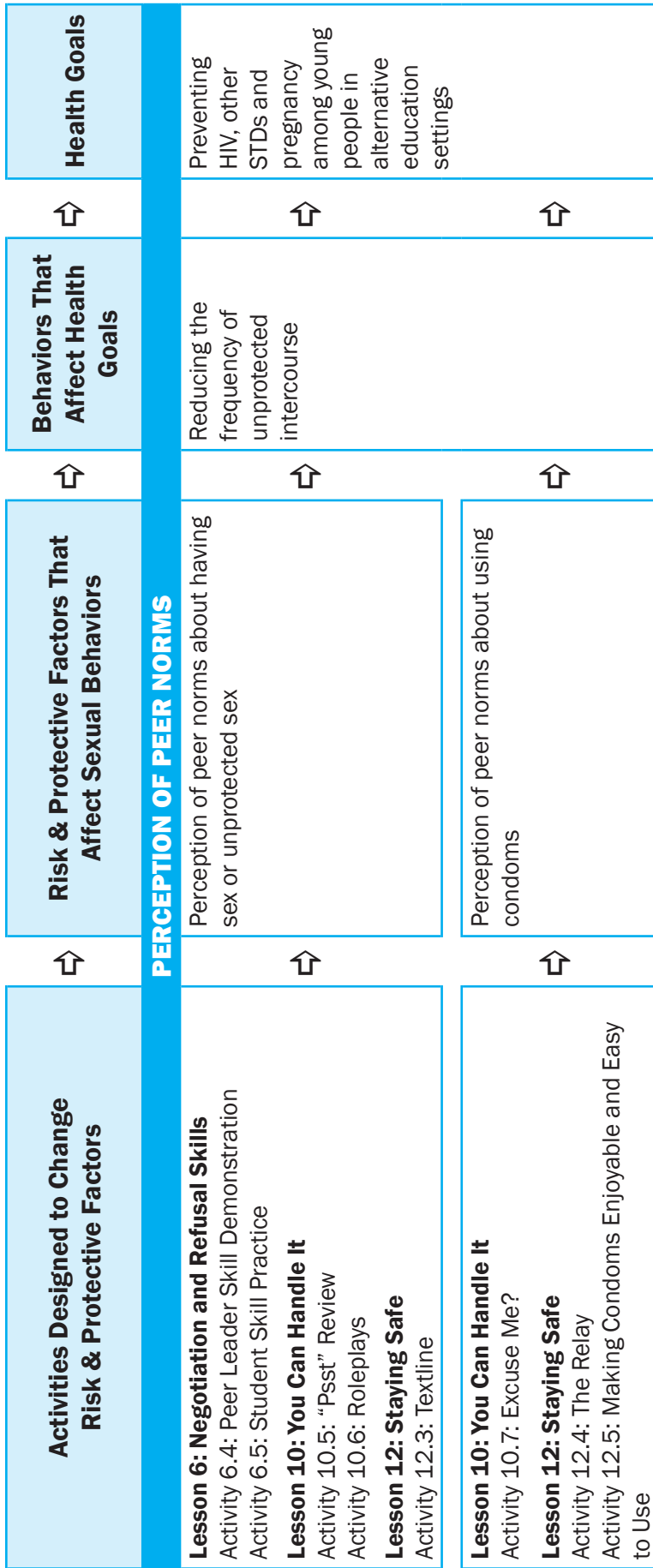
| All4You! Intervention Lessons Designed to Change Risk & Protective Factors | Risk & Protective Factors (Determinants) Affecting Sexual Behaviors Addressed in All4You! | Behaviors Directly Affecting All4You!'s Health Goals | All4You!'s Health Goals |
|---|--|---|--|
| <p>Lesson 1: It's All4You! Lesson 2: Sexually Transmitted Diseases Lesson 3: What's the Risk? Lesson 4: Experience It! Lesson 5: Using Our Skills in the Community: Visit #1 Lesson 6: Negotiation and Refusal Skills Lesson 7: Using Our Skills in the Community: Visit #2 Lesson 8: Reduce Your Risk Lesson 9: Using Our Skills in the Community: Visit #3 Lesson 10: You Can Handle It Lesson 11: Using Our Skills in the Community: Visit #4 Lesson 12: Staying Safe Lesson 13: Using Our Skills in the Community: Visit #5 Lesson 14: It's All4You!</p> | <p>KNOWLEDGE/AWARENESS of:</p> <ul style="list-style-type: none"> • STDs, including HIV • Methods to protect against contracting HIV and other STDs • Pregnancy • Negative consequences of having sex • Testing for HIV, other STDs and pregnancy, including where to get tested • Transmission of STDs, including HIV • Methods of contraception • Condoms, how they work and how to use them <p>PERCEPTION OF RISK of:</p> <ul style="list-style-type: none"> • Pregnancy • Contracting HIV and other STDs • Consequences of contracting HIV and other STDs <p>ATTITUDES AND BELIEFS about:</p> <ul style="list-style-type: none"> • Having sex • Having unprotected sex • Using condoms and contraception • Perceived pleasure associated with using condoms <p>PERCEPTION OF PEER NORMS about:</p> <ul style="list-style-type: none"> • Using condoms • Using contraception • Having sex or unprotected sex <p>SKILL AND SELF-EFFICACY to:</p> <ul style="list-style-type: none"> • Refuse or avoid sex or unprotected sex • Select an appropriate method of protection • Use condoms correctly • Talk with a partner about using condoms • Resolve challenges/problems <p>COMFORT:</p> <ul style="list-style-type: none"> • Using condoms <p>CONNECTEDNESS to:</p> <ul style="list-style-type: none"> • Positive adults • School <p>INTENTIONS to:</p> <ul style="list-style-type: none"> • Abstain or use protection • Use a condom <p>PERSONAL RESOURCES:</p> <ul style="list-style-type: none"> • Self-concept • Optimism/future orientation <p>OTHER BEHAVIORS</p> <ul style="list-style-type: none"> • Community involvement/service learning | <p>Reducing frequency of unprotected intercourse</p> <p>Reducing number of partners with whom one has unprotected intercourse</p> <p>Abstaining from sexual intercourse</p> <p>Using condoms correctly</p> <p>Using contraception</p> | <p>Preventing HIV, other STDs and pregnancy among young people in alternative education settings</p> |

All4You! Logic Model: Detailed Version

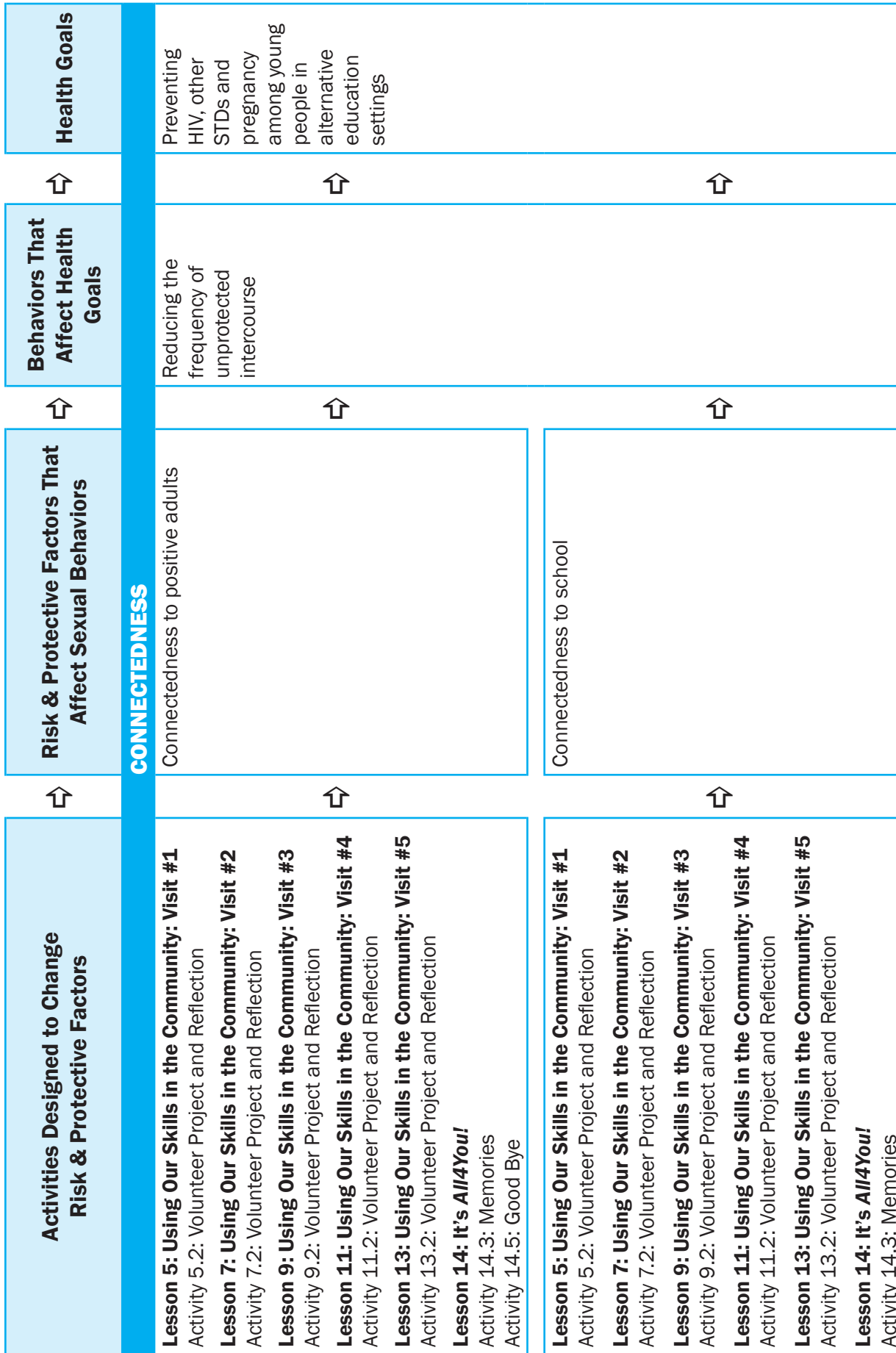


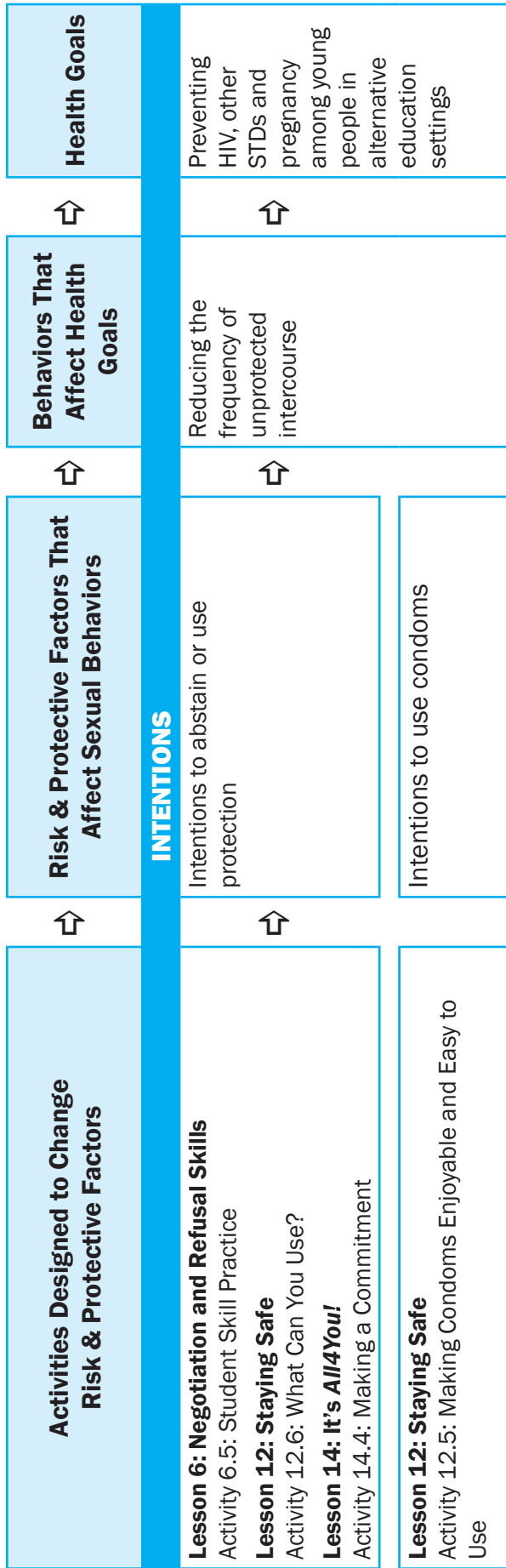


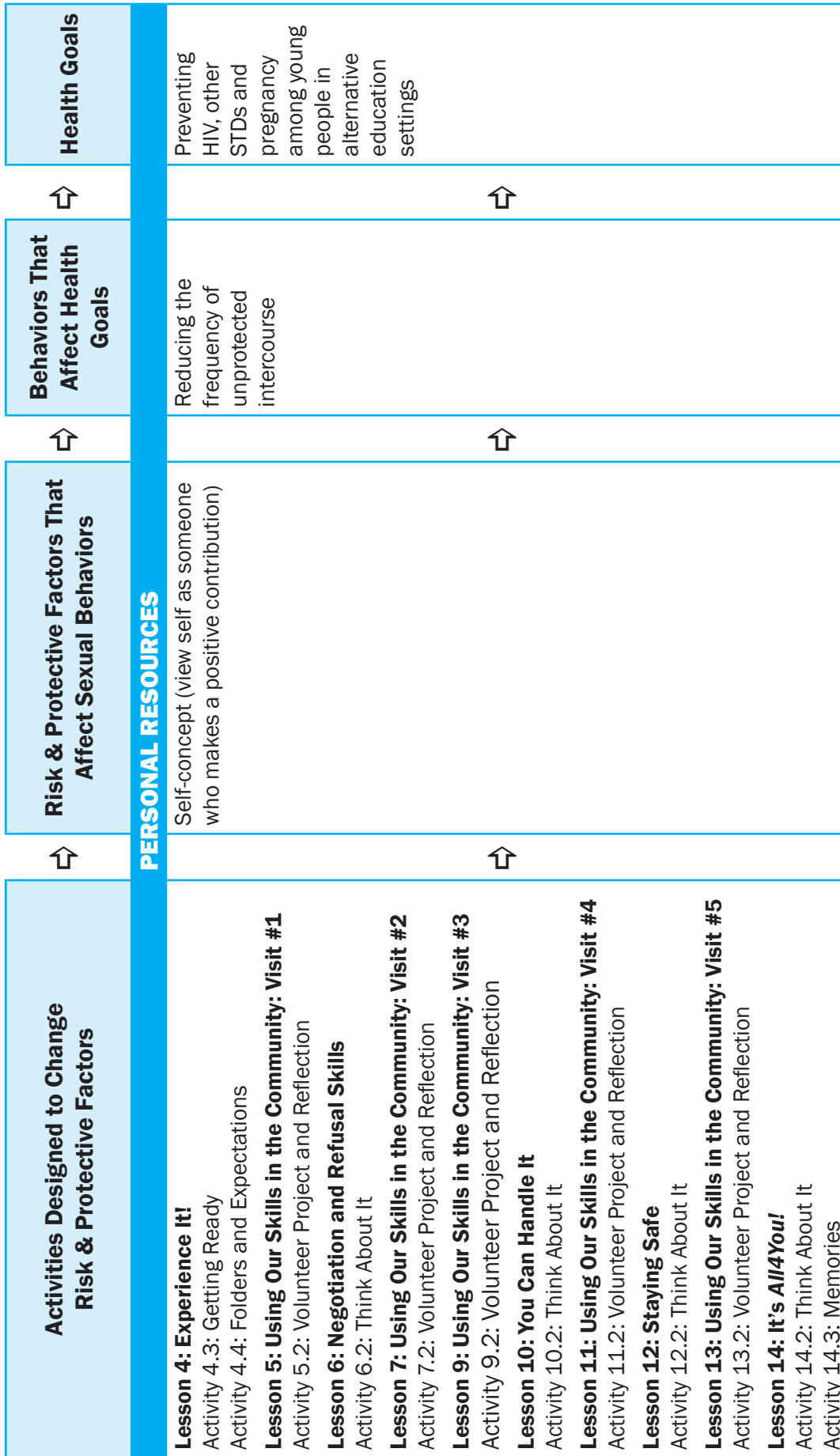




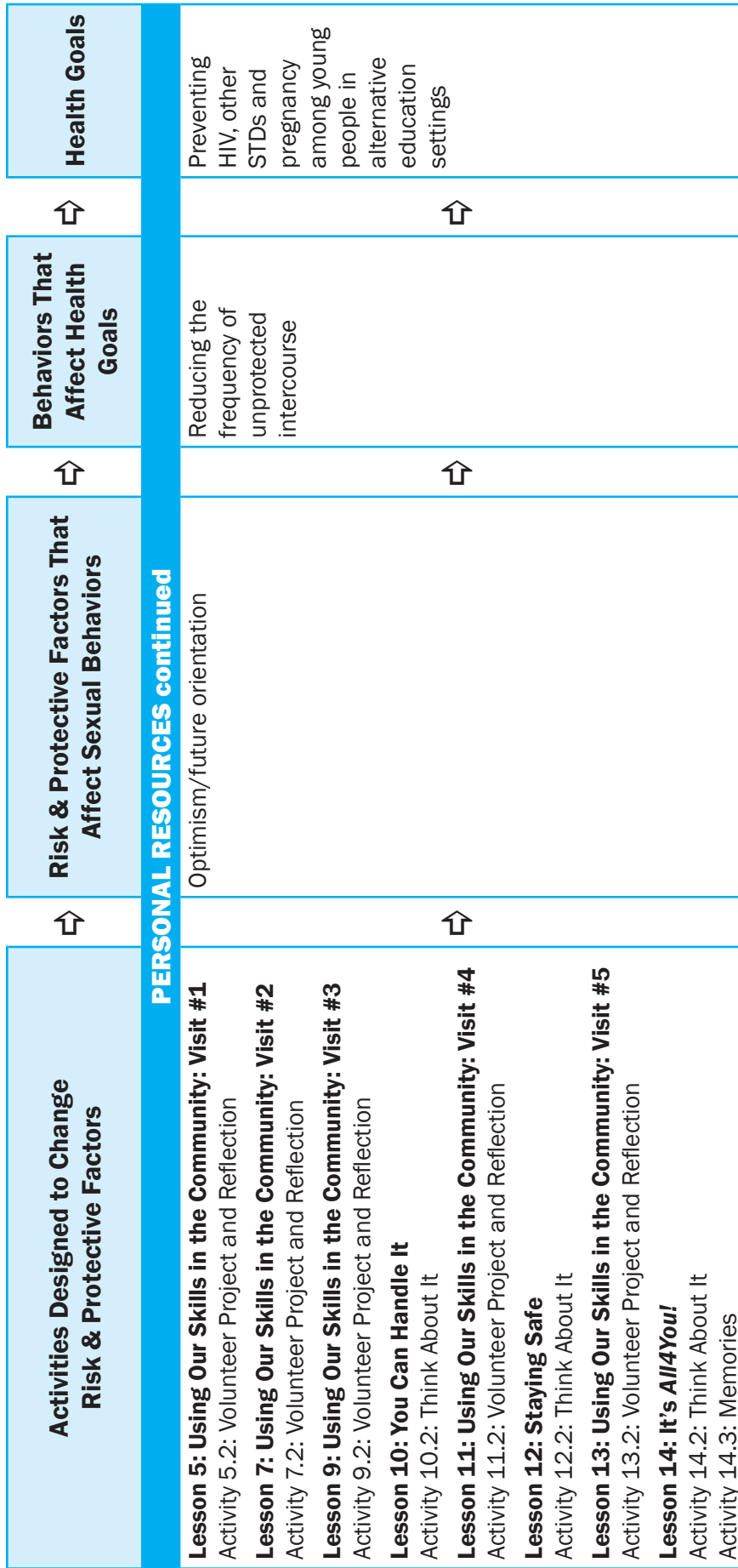
| Activities Designed to Change Risk & Protective Factors | Risk & Protective Factors That Affect Sexual Behaviors | Behaviors That Affect Health Goals | Health Goals |
|---|---|--|--|
| SKILL AND SELF-EFFICACY | | | |
| <p>Lesson 6: Negotiation and Refusal Skills Activity 6.3: Effective Refusals Activity 6.4: Peer Leader Skill Demonstration Activity 6.5: Student Skill Practice</p> <p>Lesson 10: You Can Handle It Activity 10.5: "Psst" Review Activity 10.6: Roleplays</p> <p>Lesson 12: Staying Safe Activity 12.3: Textline</p> | <p>Skill and self-efficacy to refuse or avoid sex or unprotected sex</p> | <p>Reducing the frequency of unprotected intercourse</p> | <p>Preventing HIV, other STDs and pregnancy among young people in alternative education settings</p> |
| <p>Lesson 8: Reduce Your Risk Activity 8.2: Handling Challenges: You Can Do It</p> <p>Lesson 12: Staying Safe Activity 12.2: Think About It</p> <p>Lesson 14: It's All4You! Activity 14.2: Think About It</p> | <p>Skill and self-efficacy to resolve challenges/problems</p> | | |
| <p>Lesson 12: Staying Safe Activity 12.4: The Relay</p> | <p>Skill and self-efficacy to use condoms correctly</p> | | |
| <p>Lesson 10: You Can Handle It Activity 10.7: Excuse Me?</p> | <p>Skill and self-efficacy to talk with a partner about using condoms</p> | | |

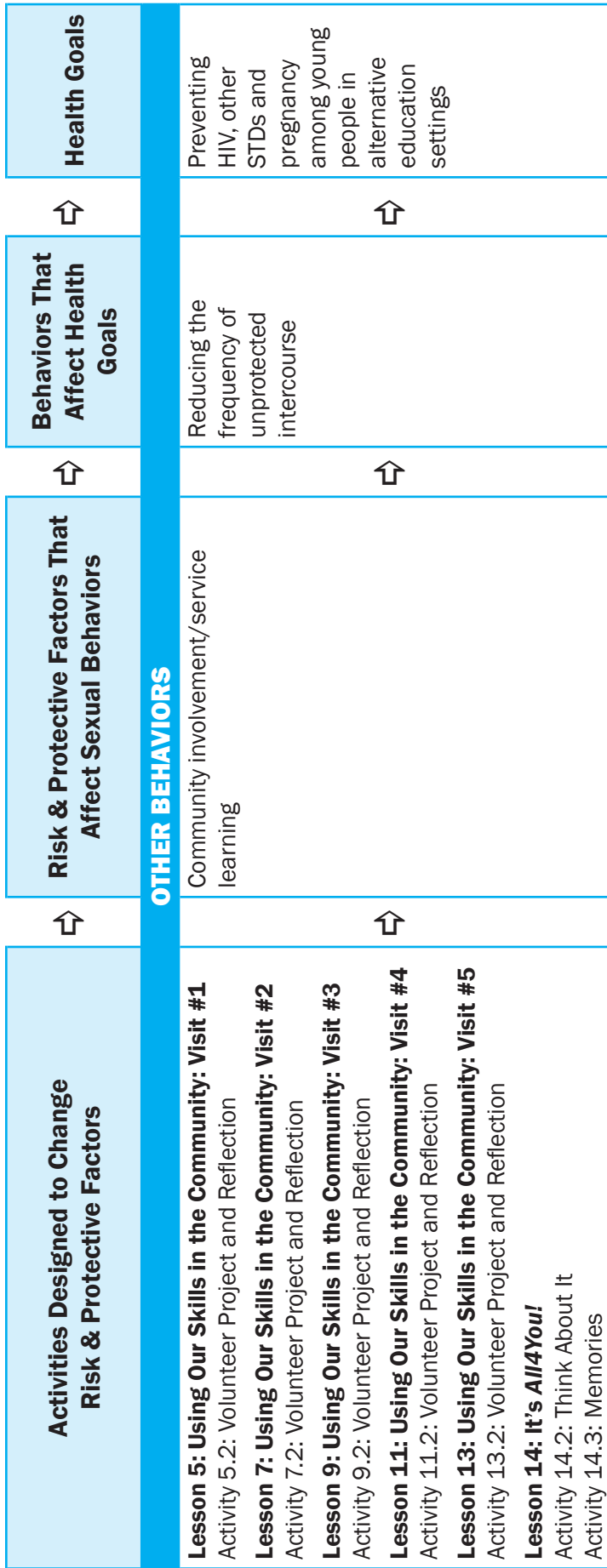


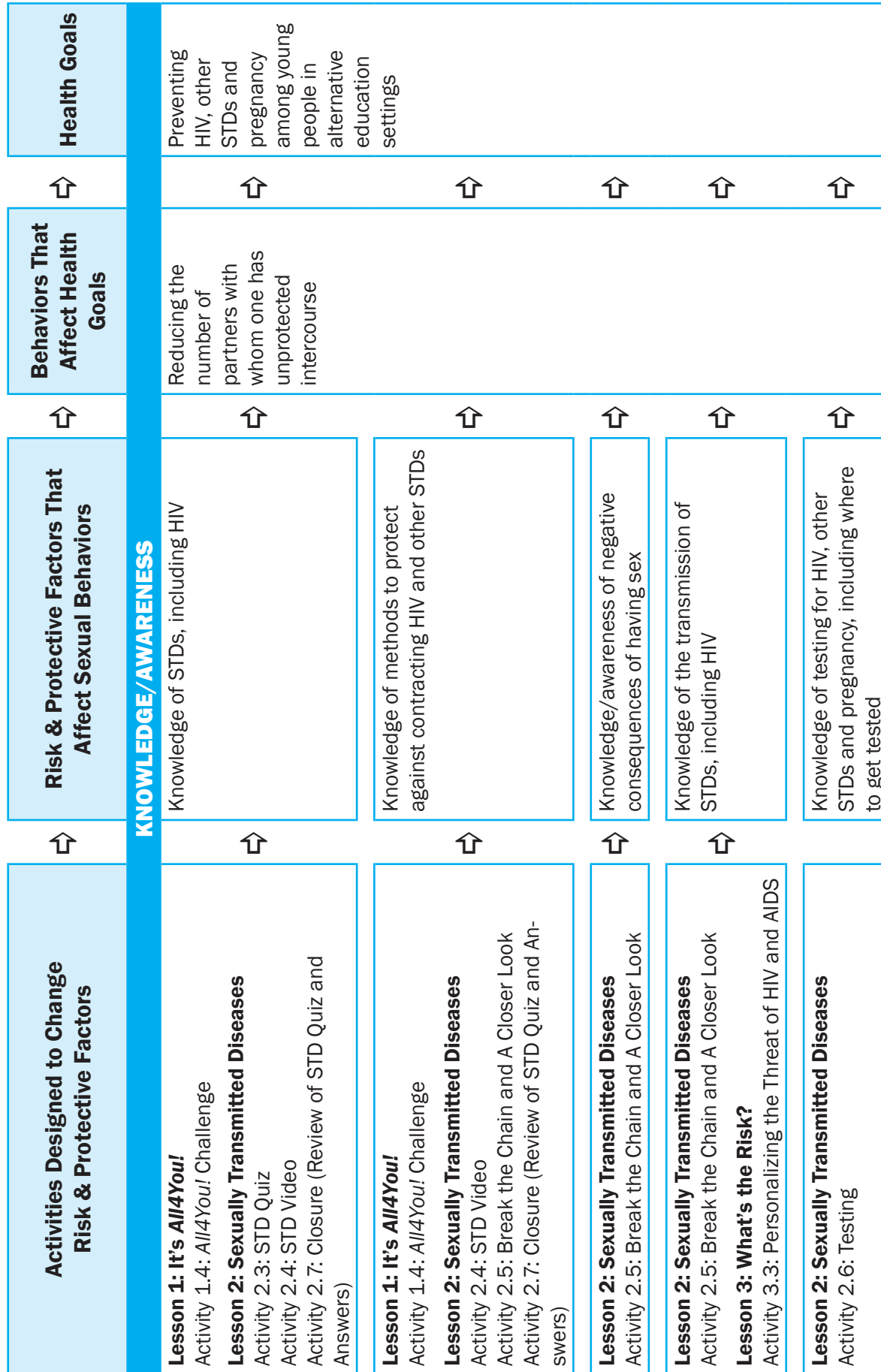


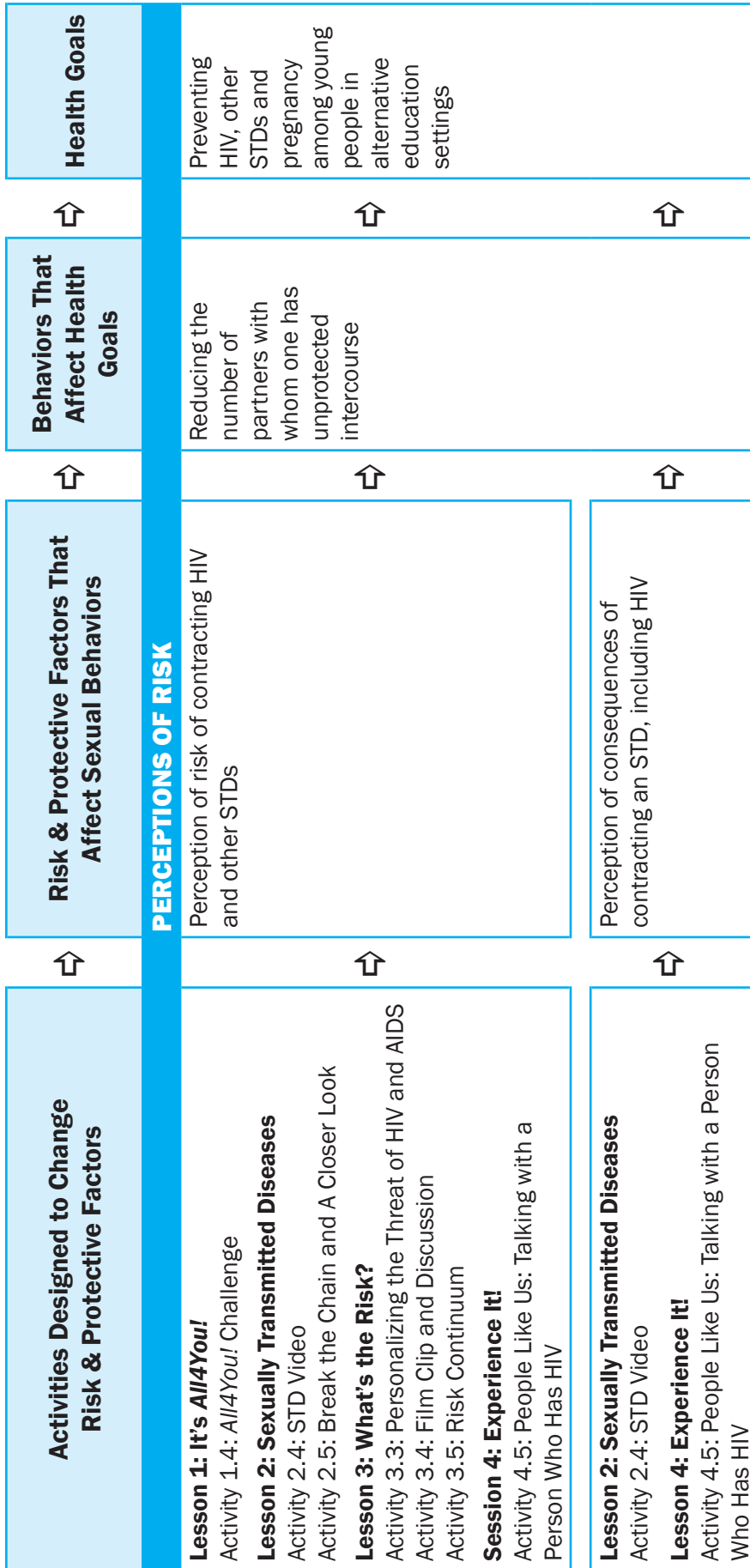


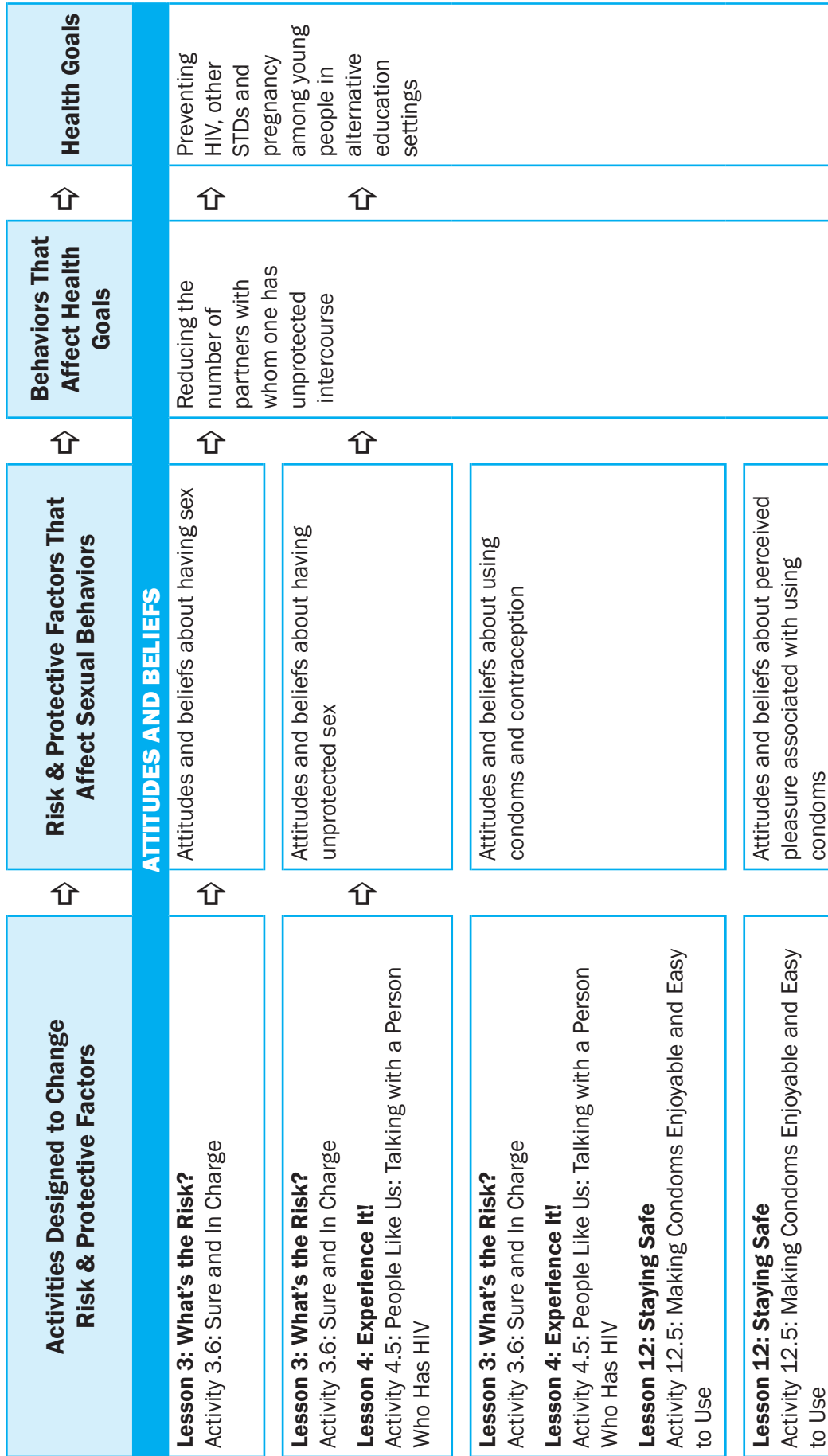
PERSONAL RESOURCES

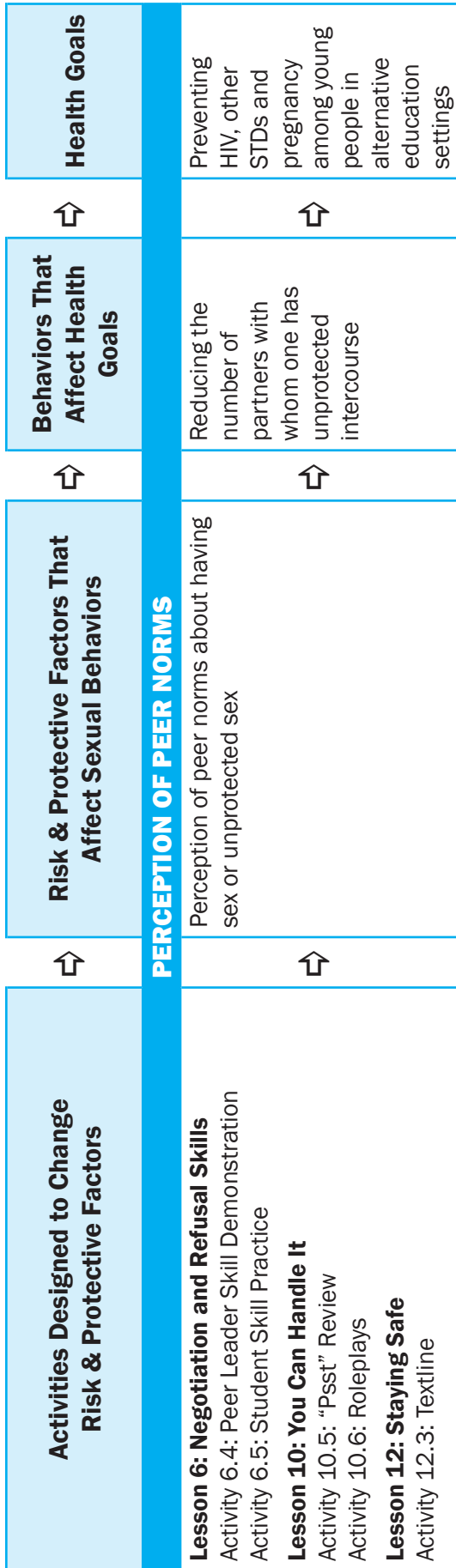


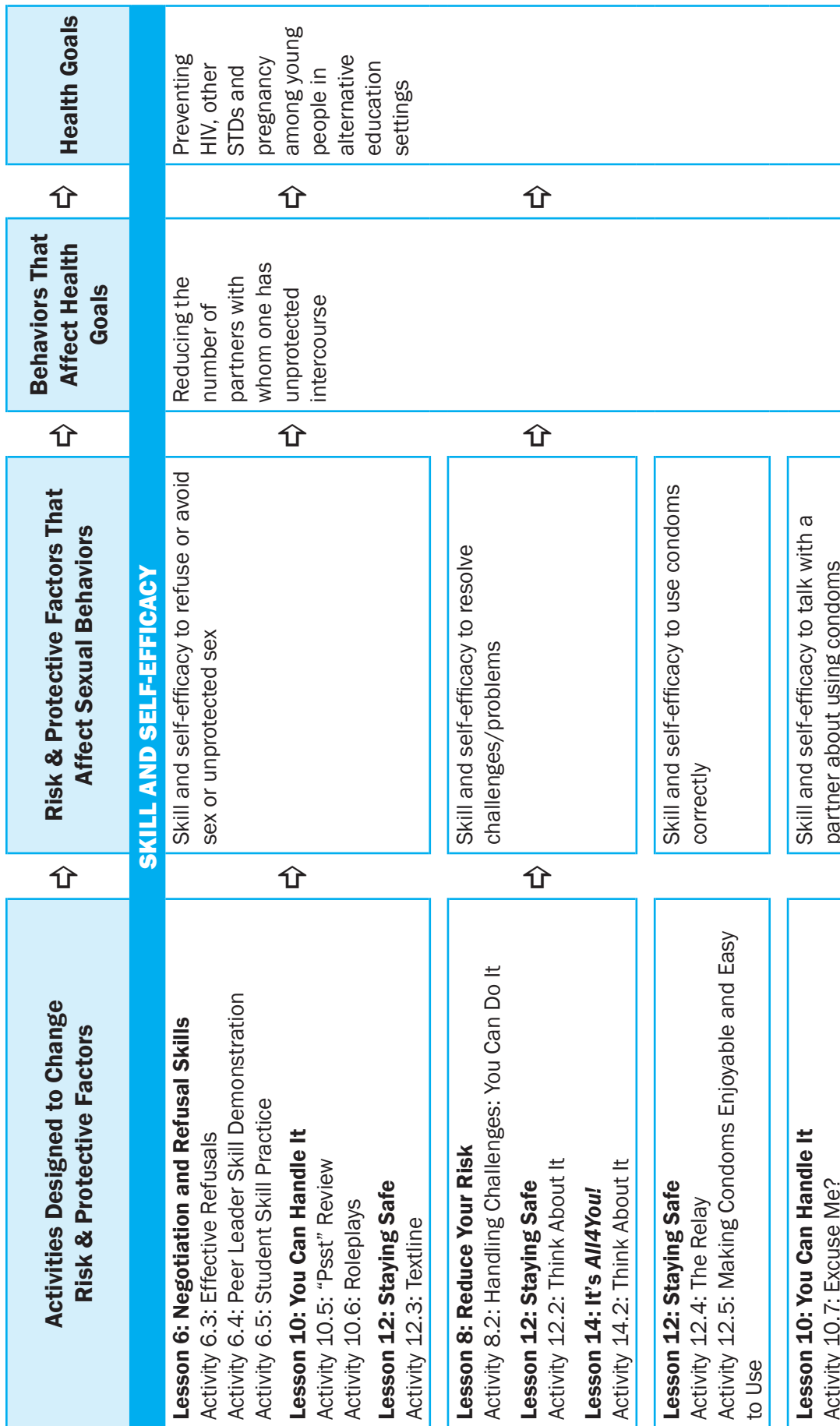


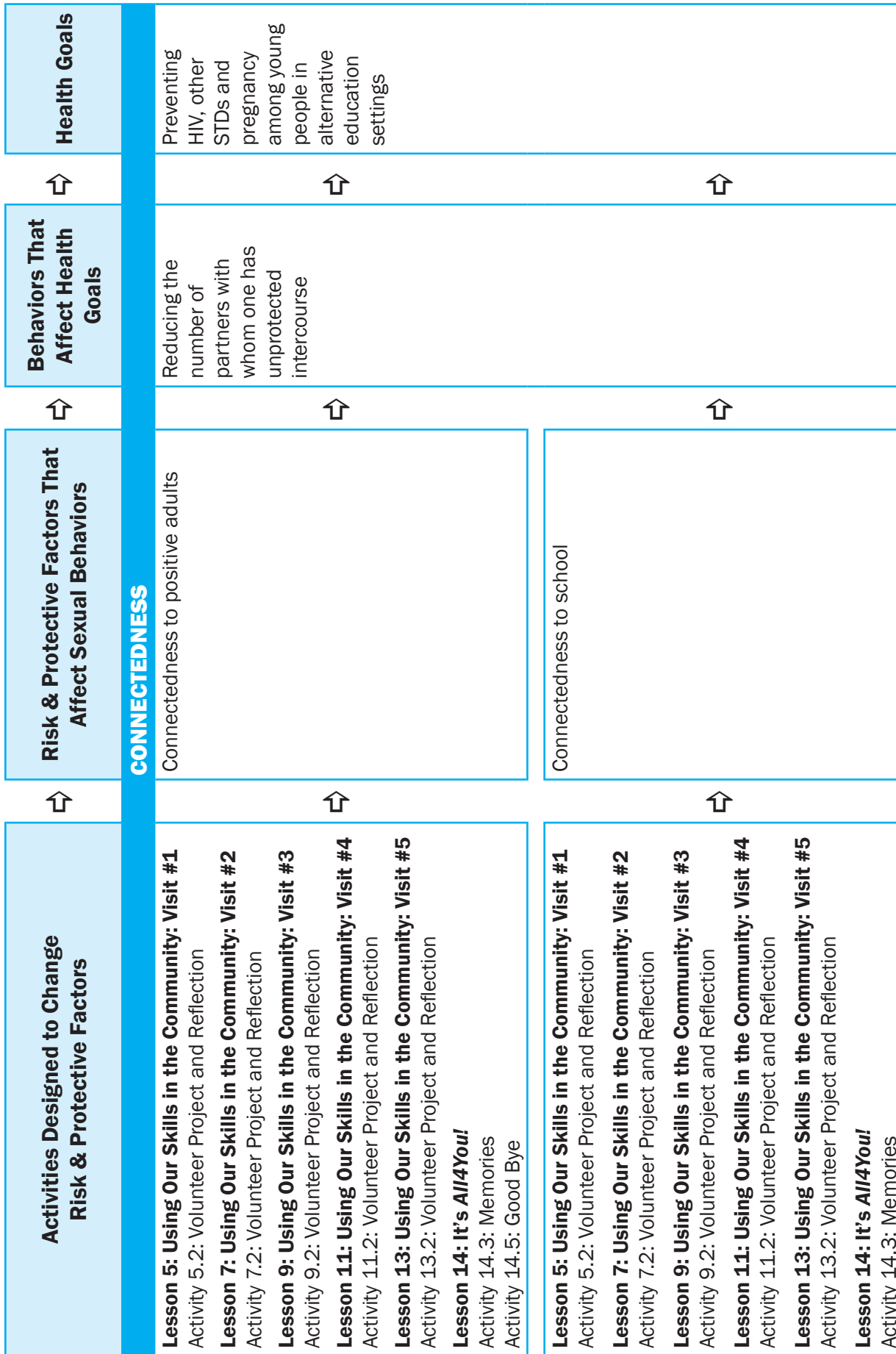




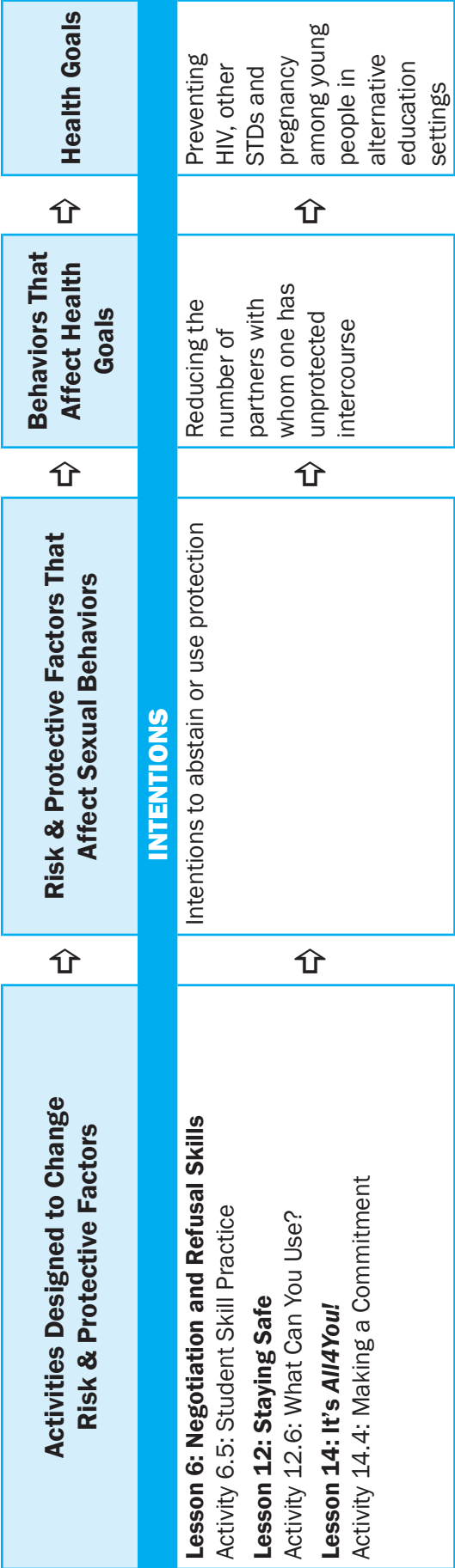


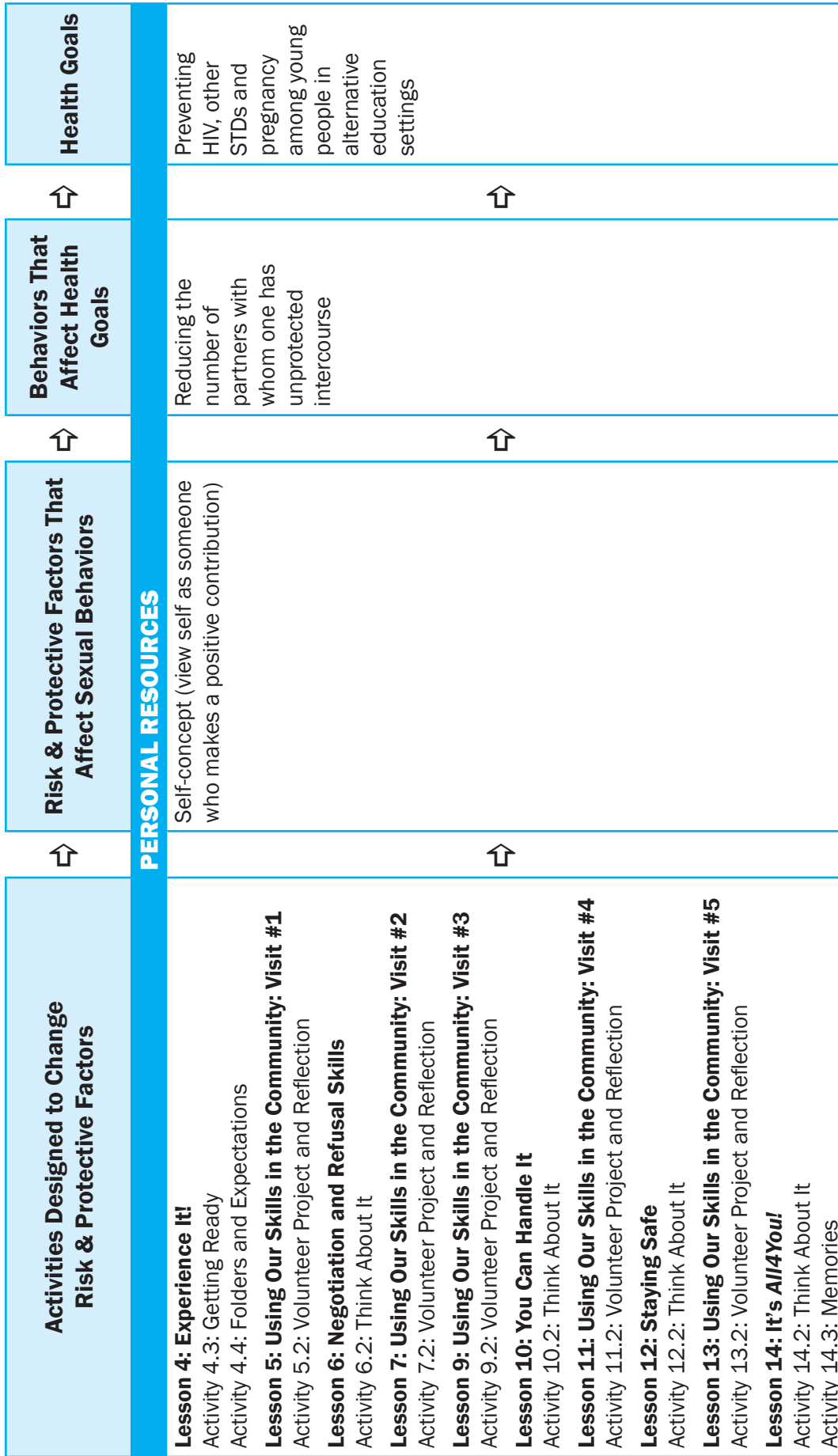


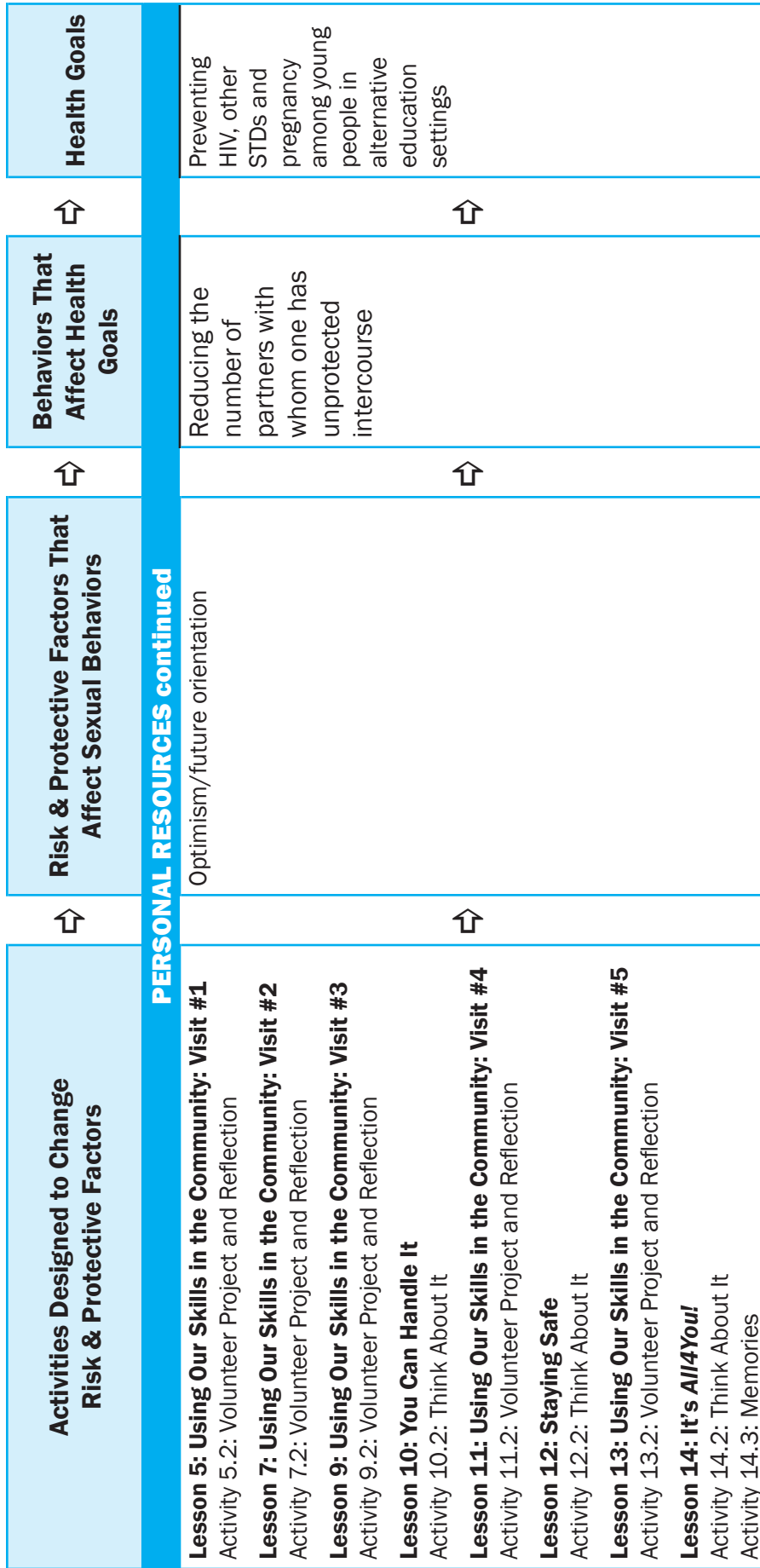




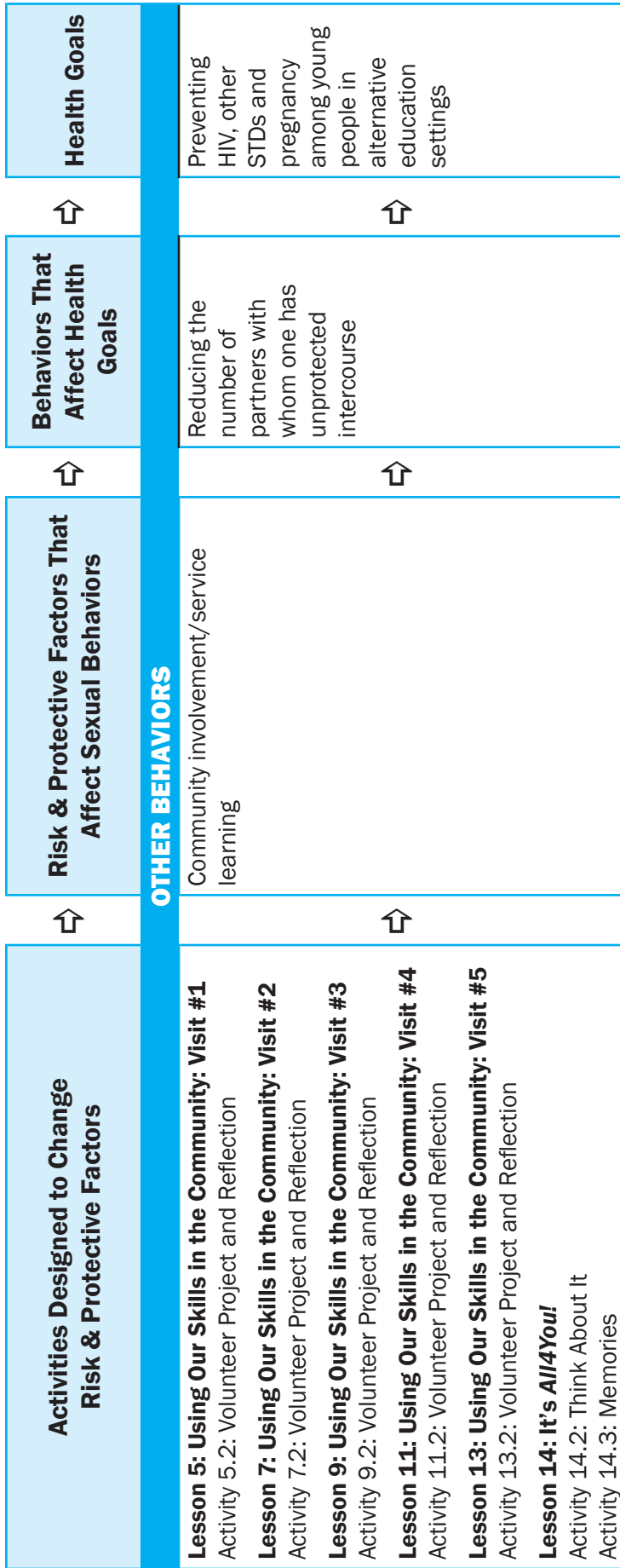
CONNECTEDNESS



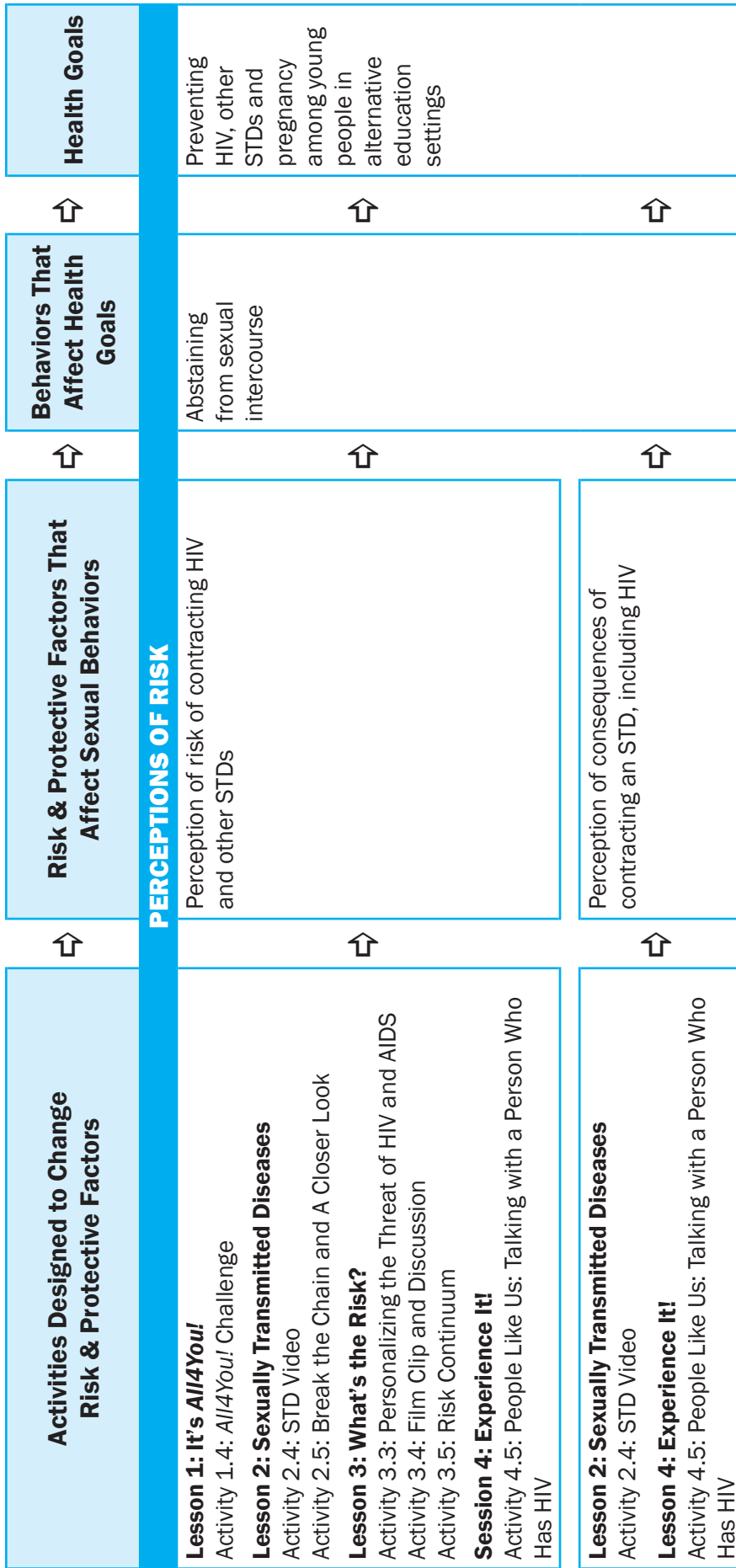




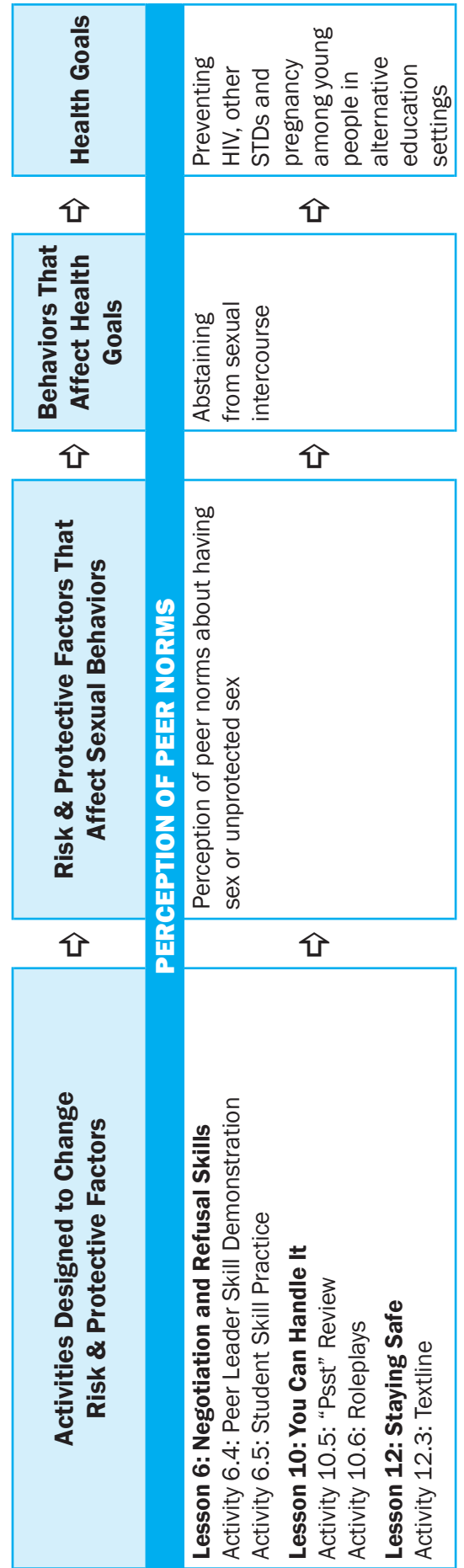
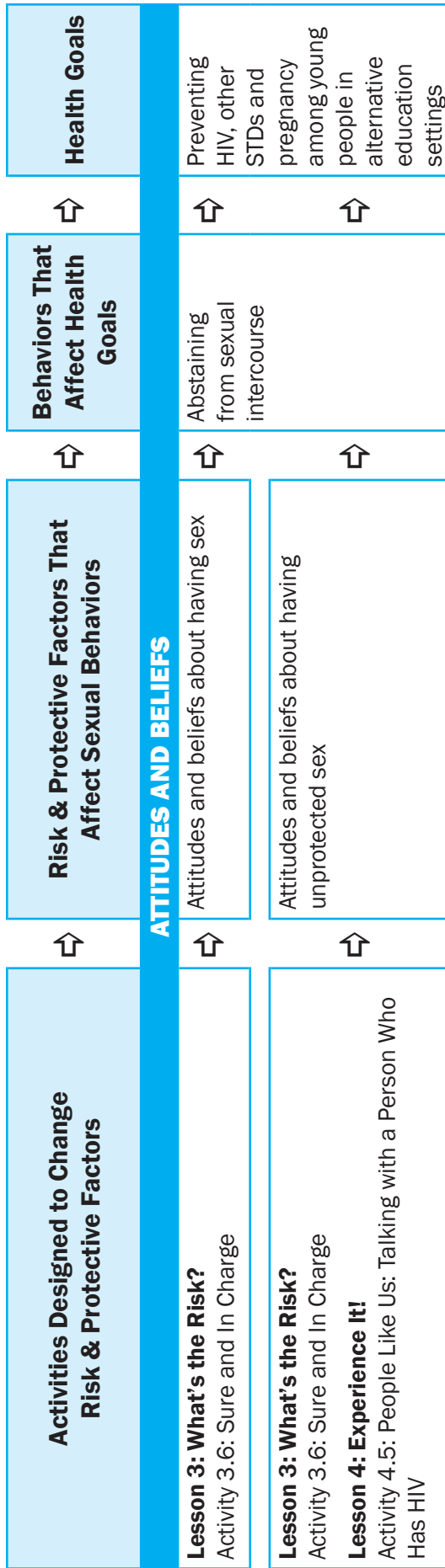
PERSONAL RESOURCES continued

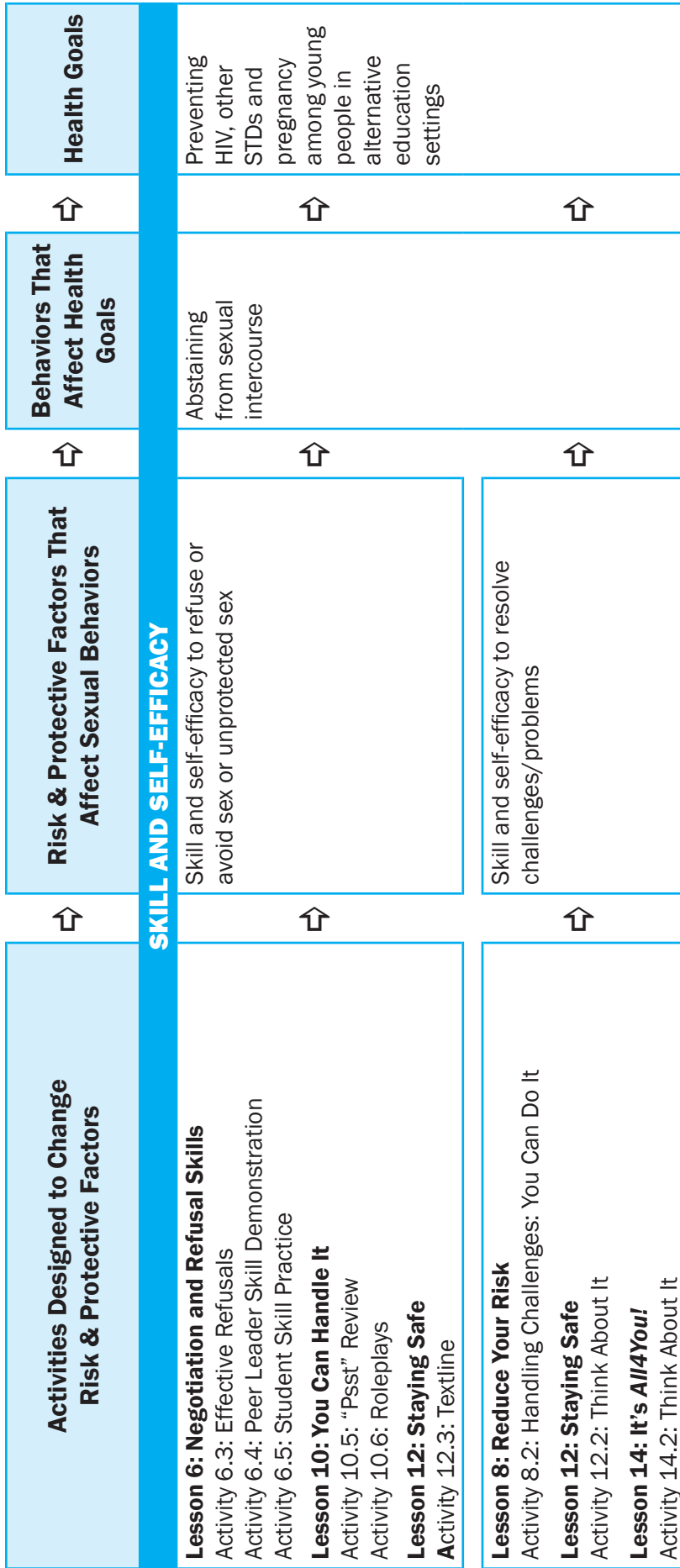


| Activities Designed to Change Risk & Protective Factors | Risk & Protective Factors That Affect Sexual Behaviors | Behaviors That Affect Health Goals | Health Goals |
|--|---|------------------------------------|---|
| KNOWLEDGE/AWARENESS | | | |
| Lesson 1: It's All4You! Activity 1.4: All4You! Challenge Lesson 2: Sexually Transmitted Diseases Activity 2.3: STD Quiz Activity 2.4: STD Video Activity 2.7: Closure (Review of STD Quiz and Answers) | Knowledge of STDs, including HIV | Abstaining from sexual intercourse | Preventing HIV, other STDs and pregnancy among young people in alternative education settings |
| Lesson 1: It's All4You! Activity 1.4: All4You! Challenge Lesson 2: Sexually Transmitted Diseases Activity 2.4: STD Video Activity 2.5: Break the Chain and A Closer Look Activity 2.7: Closure (Review of STD Quiz and Answers) | Knowledge of methods to protect against contracting HIV and other STDs | | |
| Lesson 2: Sexually Transmitted Diseases Activity 2.5: Break the Chain and A Closer Look | Knowledge/awareness of negative consequences of having sex | | |
| Lesson 2: Sexually Transmitted Diseases Activity 2.5: Break the Chain and a Closer Look Lesson 3: What's the Risk? Activity 3.3: Personalizing the Threat of HIV and AIDS | Knowledge of the transmission of STDs, including HIV | | |
| Lesson 2: Sexually Transmitted Diseases Activity 2.6: Testing | Knowledge of testing for HIV, other STDs and pregnancy, including where to get tested | | |

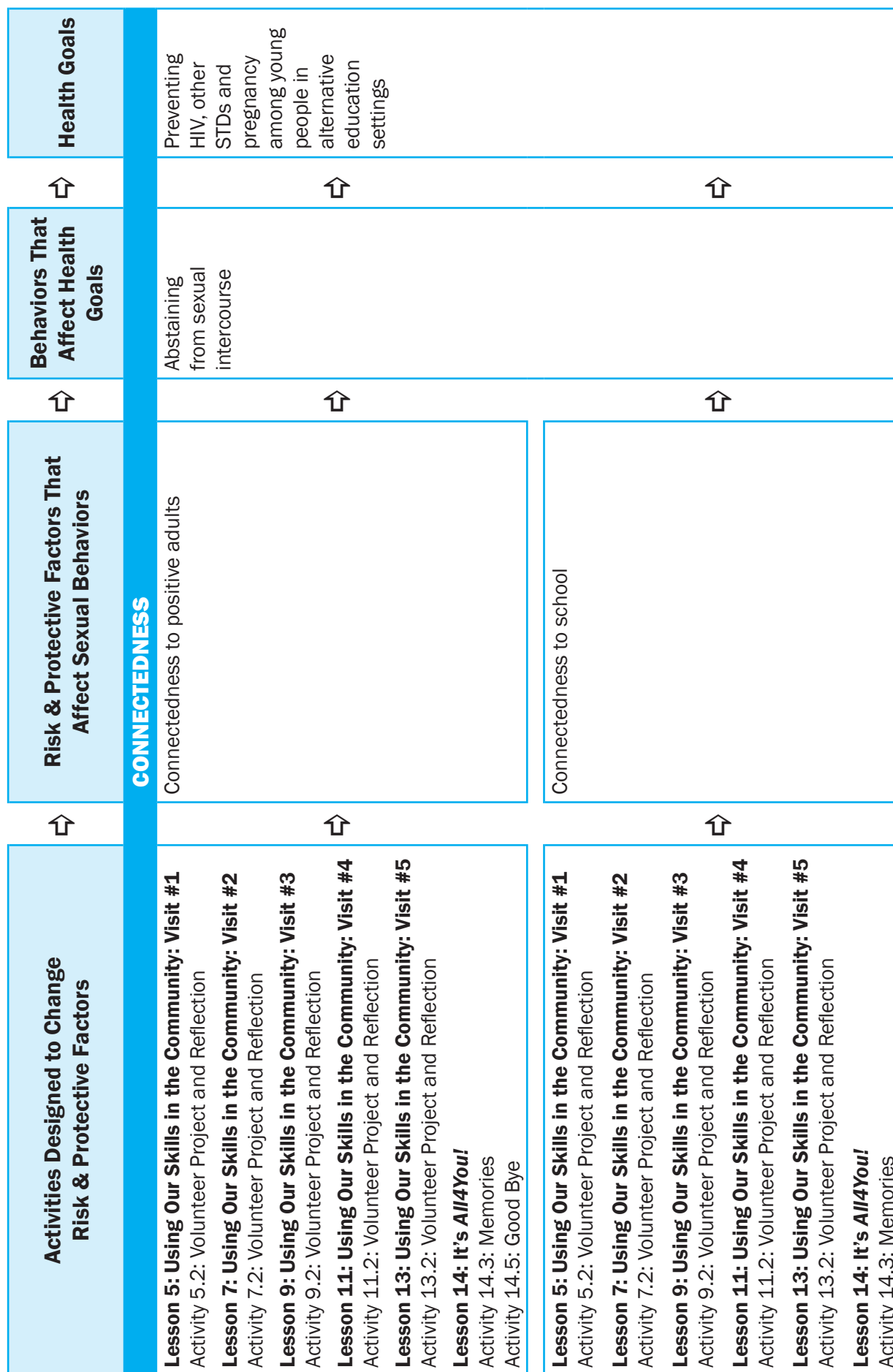


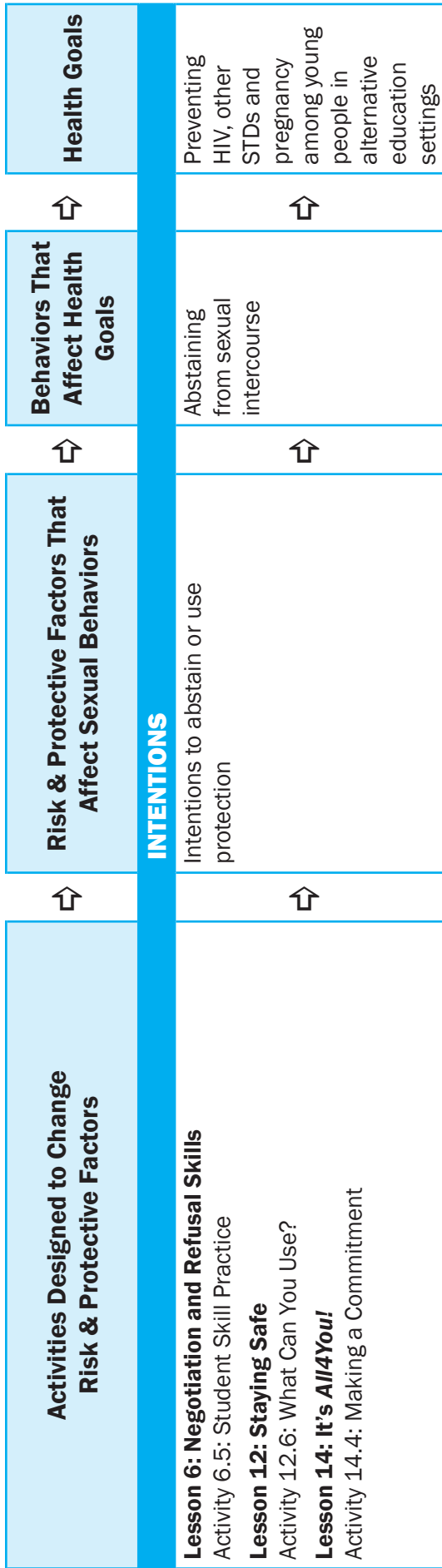
PERCEPTIONS OF RISK

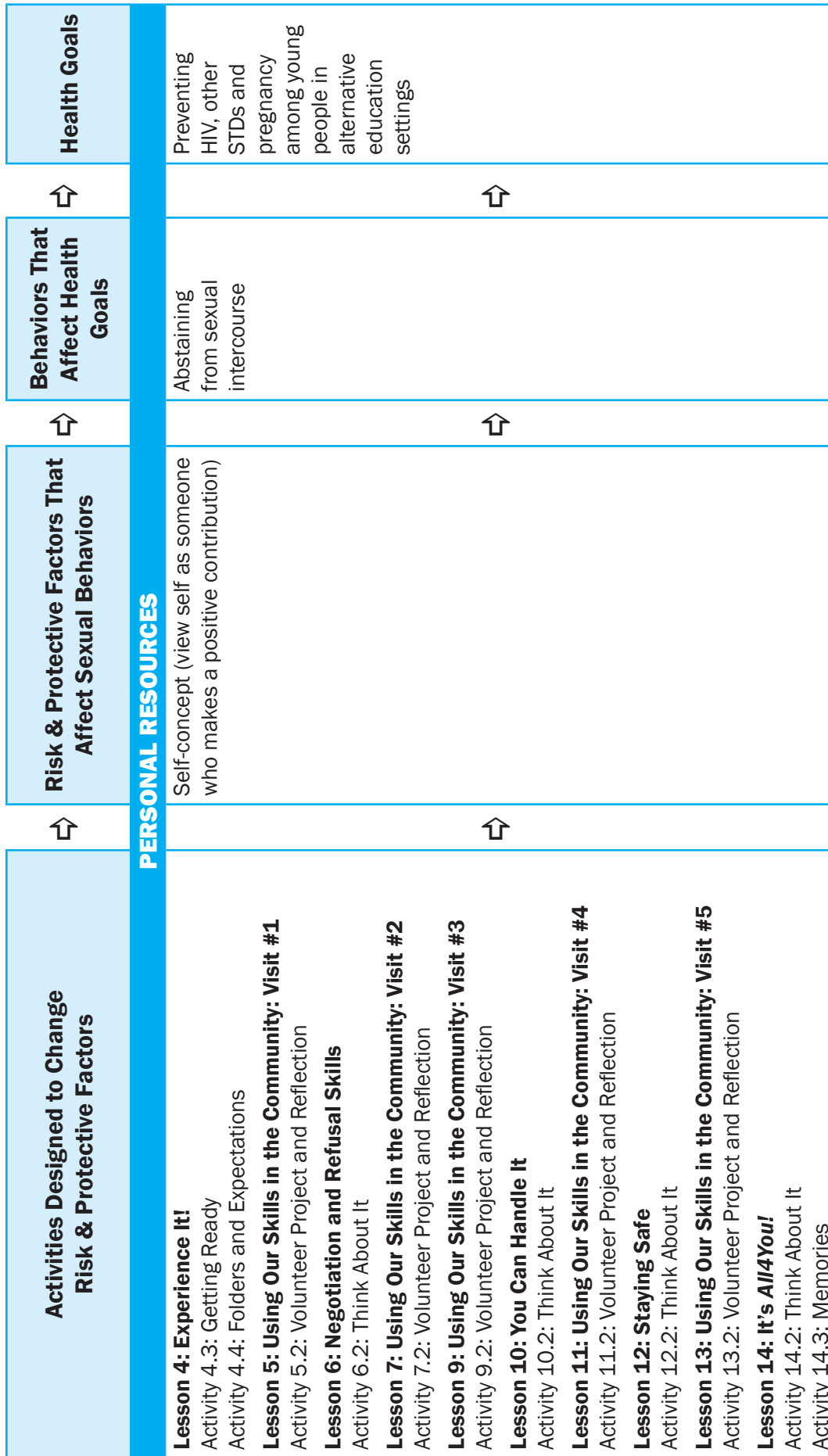


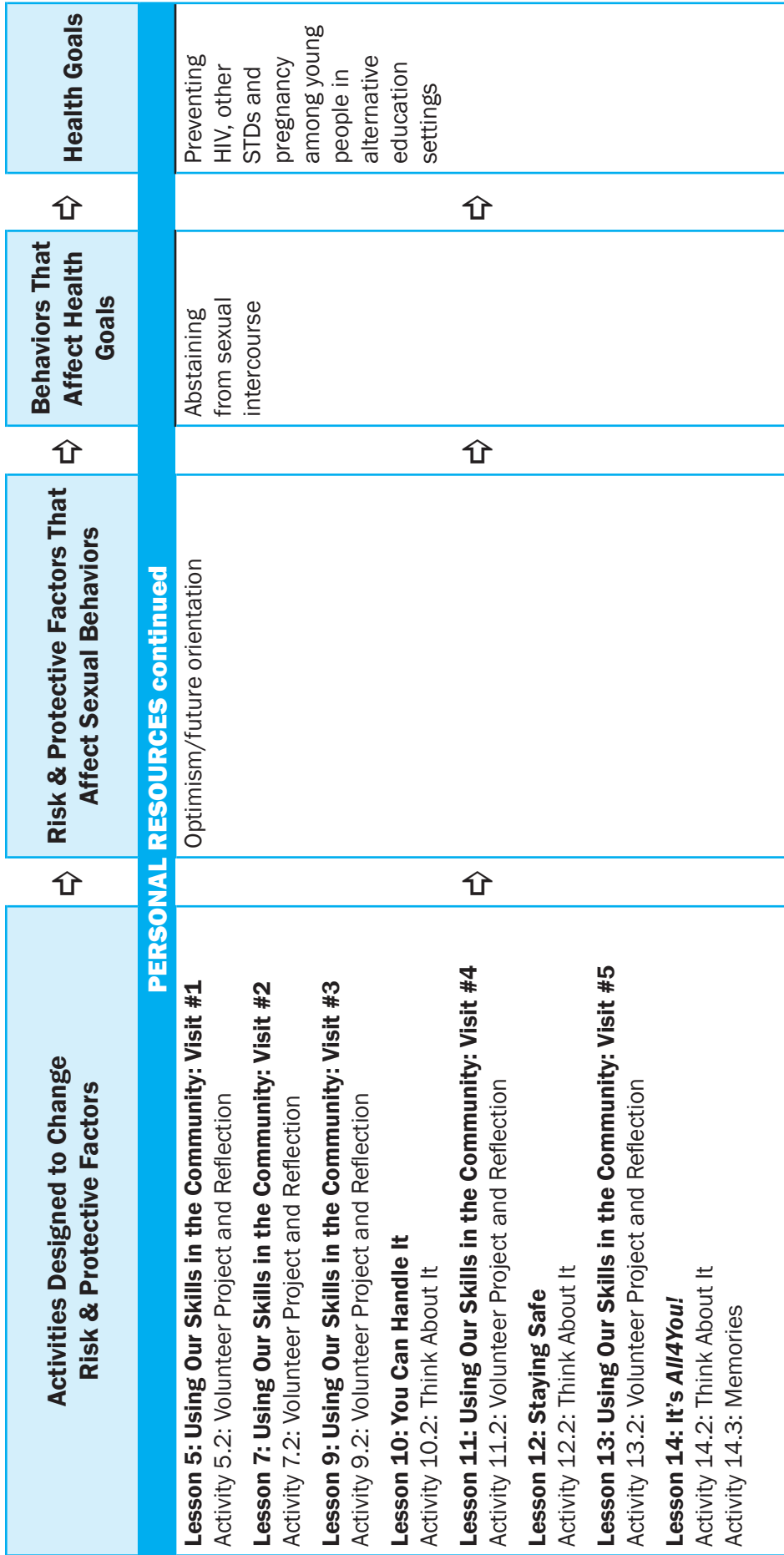


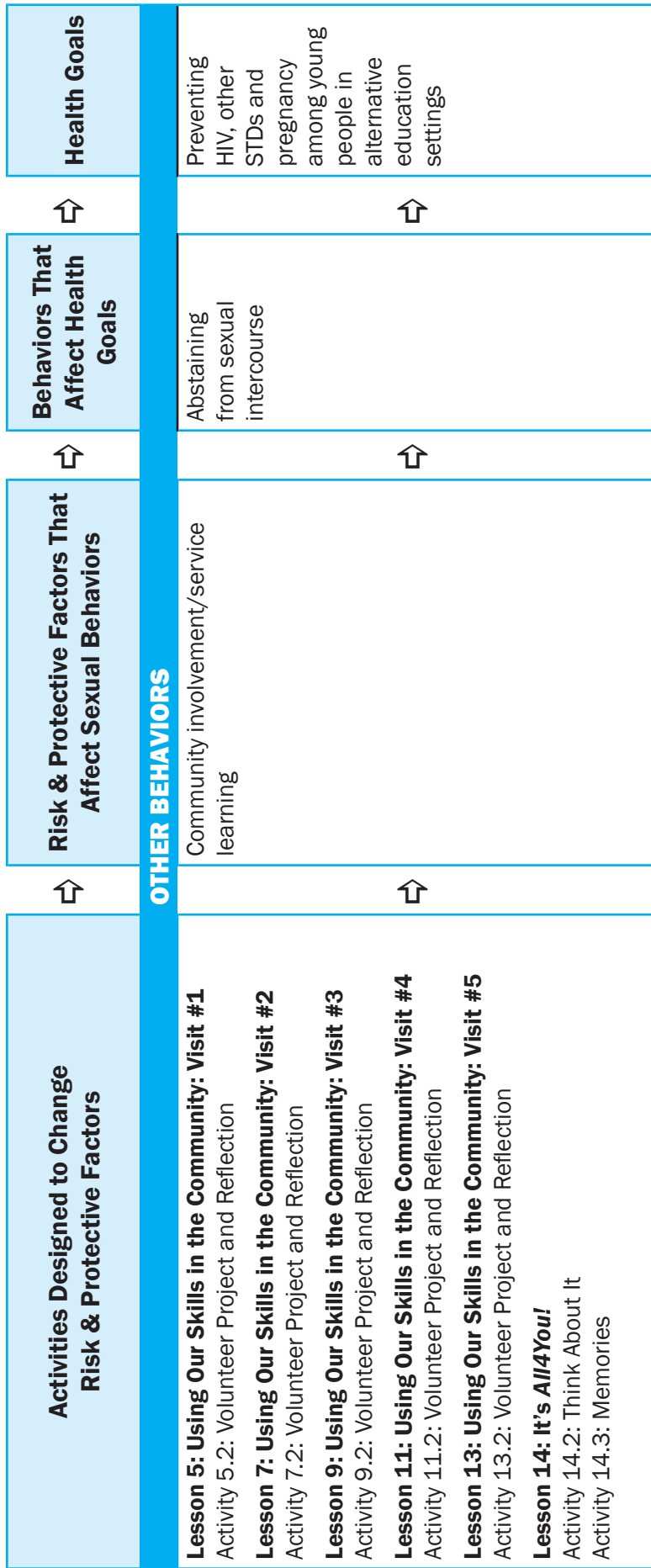
SKILL AND SELF-EFFICACY





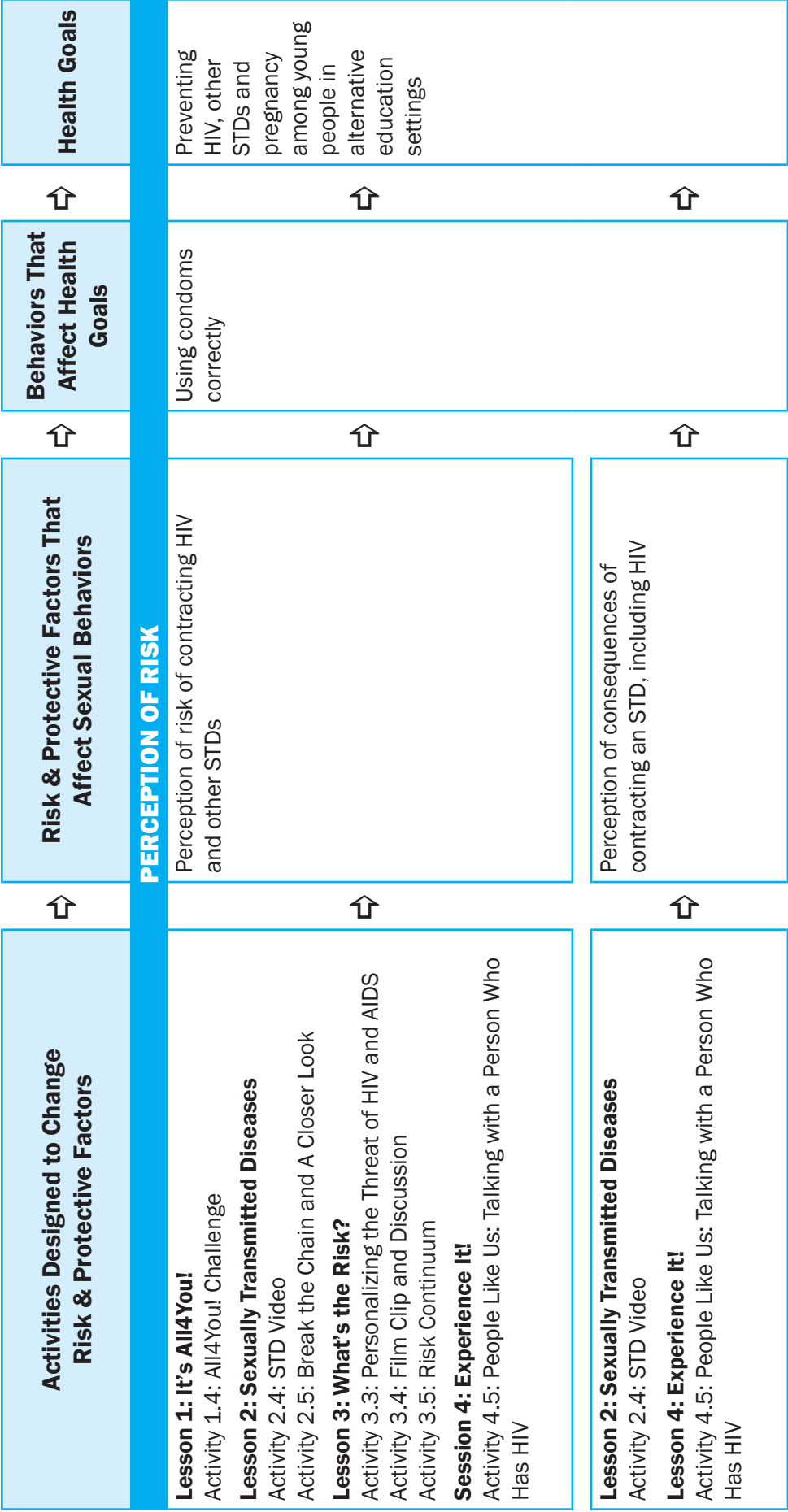


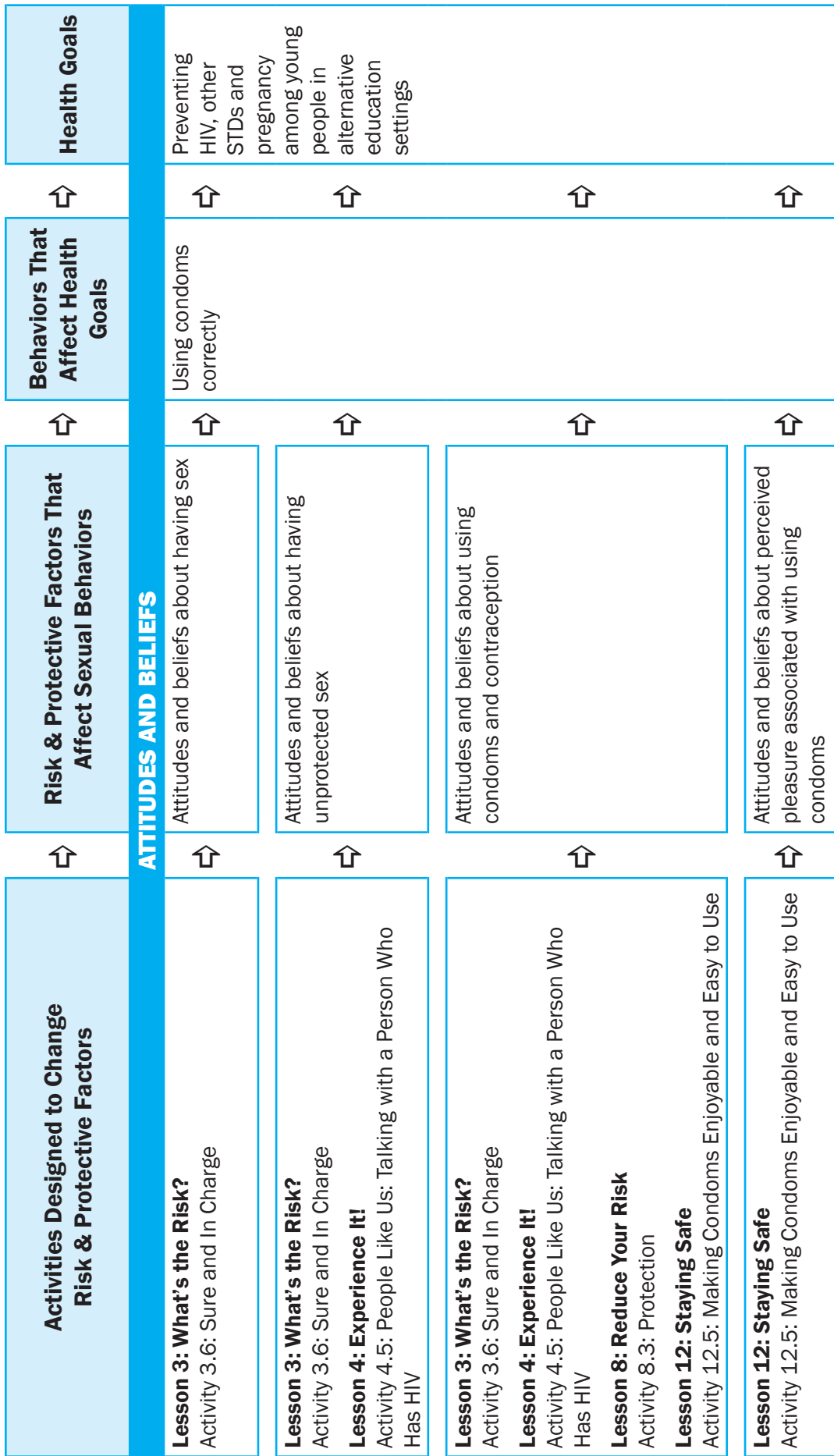


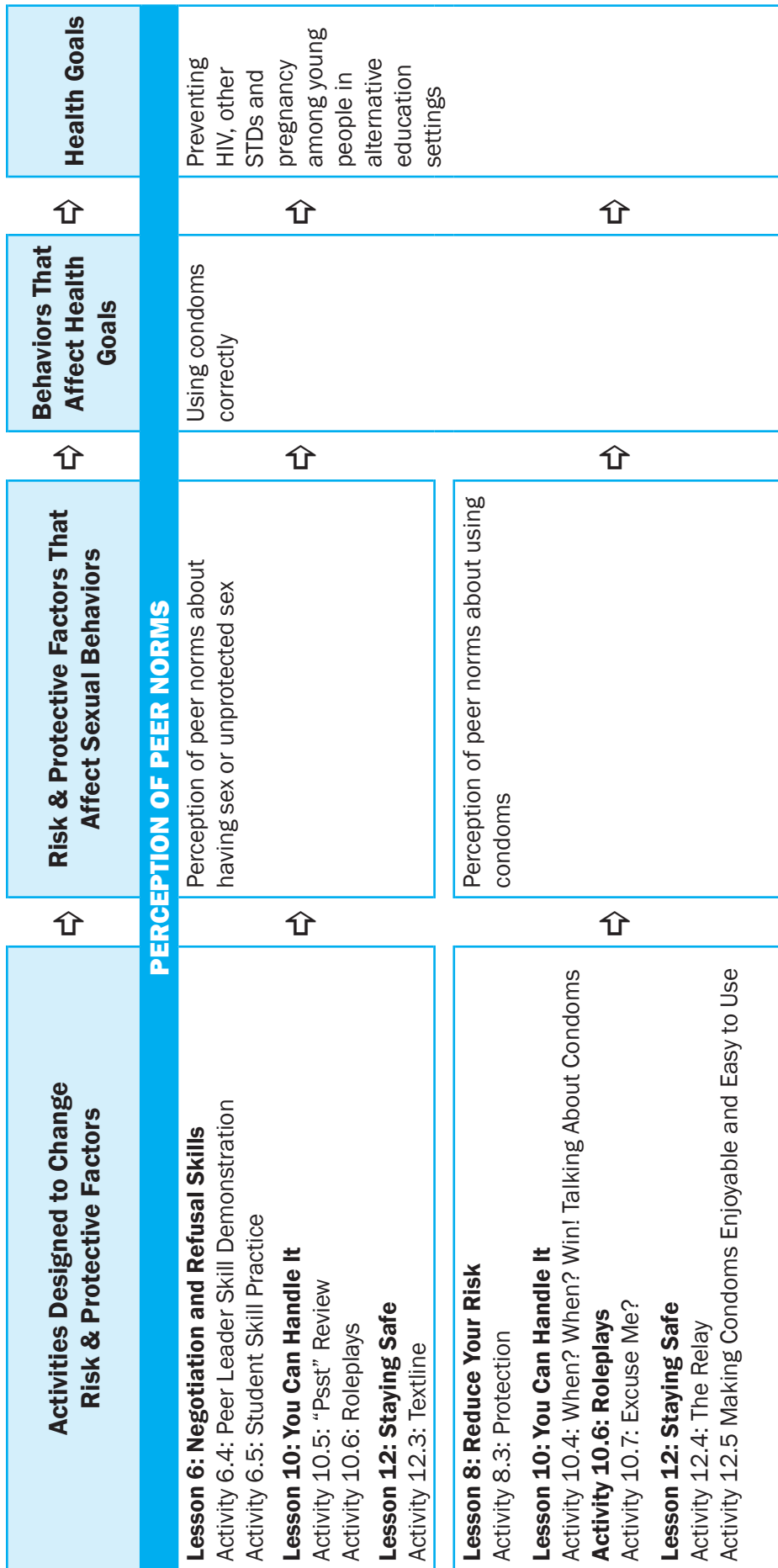


OTHER BEHAVIORS

| Activities Designed to Change Risk & Protective Factors | Risk & Protective Factors That Affect Sexual Behaviors | Behaviors That Affect Health Goals | Health Goals |
|--|---|------------------------------------|---|
| KNOWLEDGE/AWARENESS | | | |
| Lesson 1: It's All4You! Activity 1.4: All4You! Challenge Lesson 2: Sexually Transmitted Diseases Activity 2.3: STD Quiz Activity 2.4: STD Video Activity 2.7: Closure (Review of STD Quiz and Answers) | Knowledge of STDs, including HIV | Using condoms correctly | Preventing HIV, other STDs and pregnancy among young people in alternative education settings |
| Lesson 1: It's All4You! Activity 1.4: All4You! Challenge Lesson 2: Sexually Transmitted Diseases Activity 2.4: STD Video Activity 2.5: Break the Chain and A Closer Look Activity 2.7: Closure (Review of STD Quiz and Answers) | Knowledge of methods to protect against contracting HIV and other STDs | | |
| Lesson 2: Sexually Transmitted Diseases Activity 2.5: Break the Chain and A Closer Look | Knowledge/awareness of negative consequences of having sex | | |
| Lesson 2: Sexually Transmitted Diseases Activity 2.5: Break the Chain and a Closer Look Lesson 3: What's the Risk? Activity 3.3: Personalizing the Threat of HIV and AIDS | Knowledge of the transmission of STDs, including HIV | | |
| Lesson 2: Sexually Transmitted Diseases Activity 2.6: Testing | Knowledge of testing for HIV, other STDs and pregnancy, including where to get tested | | |
| Lesson 8: Reduce Your Risk Activity 8.3: Protection | Knowledge of methods of contraception | | |
| Lesson 8: Reduce Your Risk Activity 8.4: What's In a Name? Activity 8.5: Educator Condom Demonstration | Knowledge of condoms, how they work and how to use them | | |

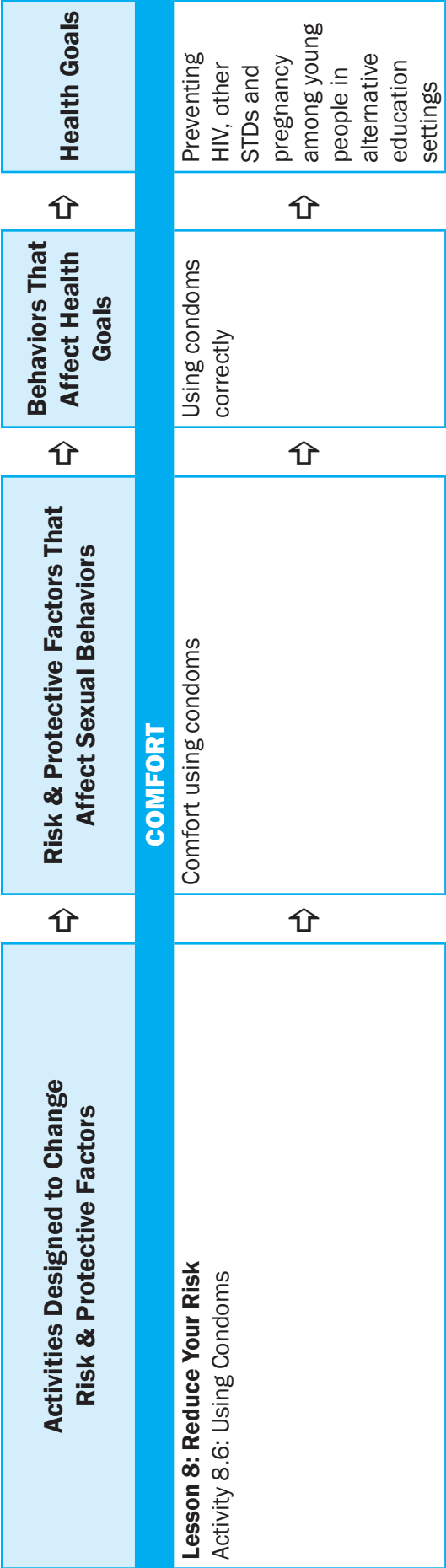


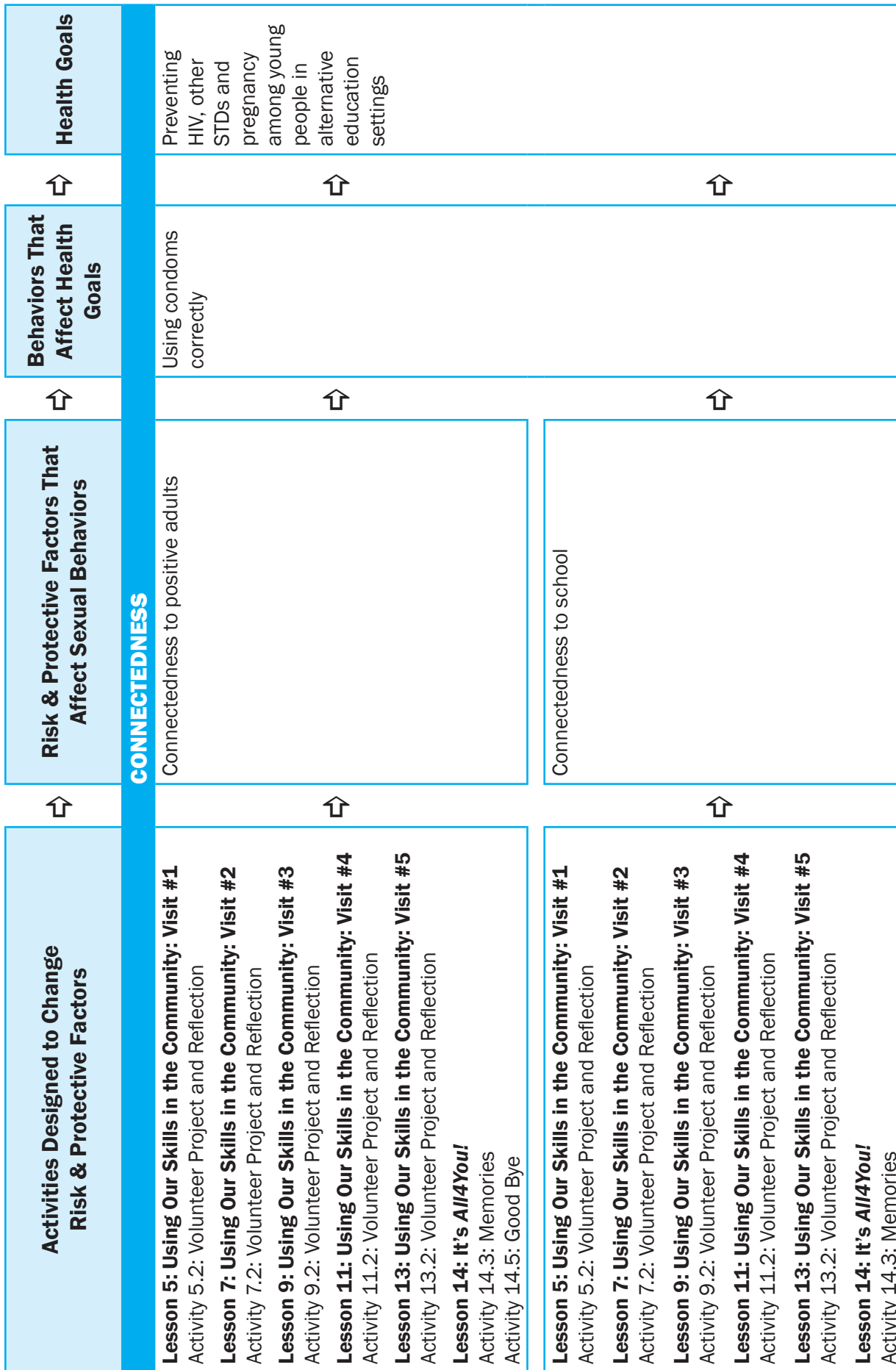


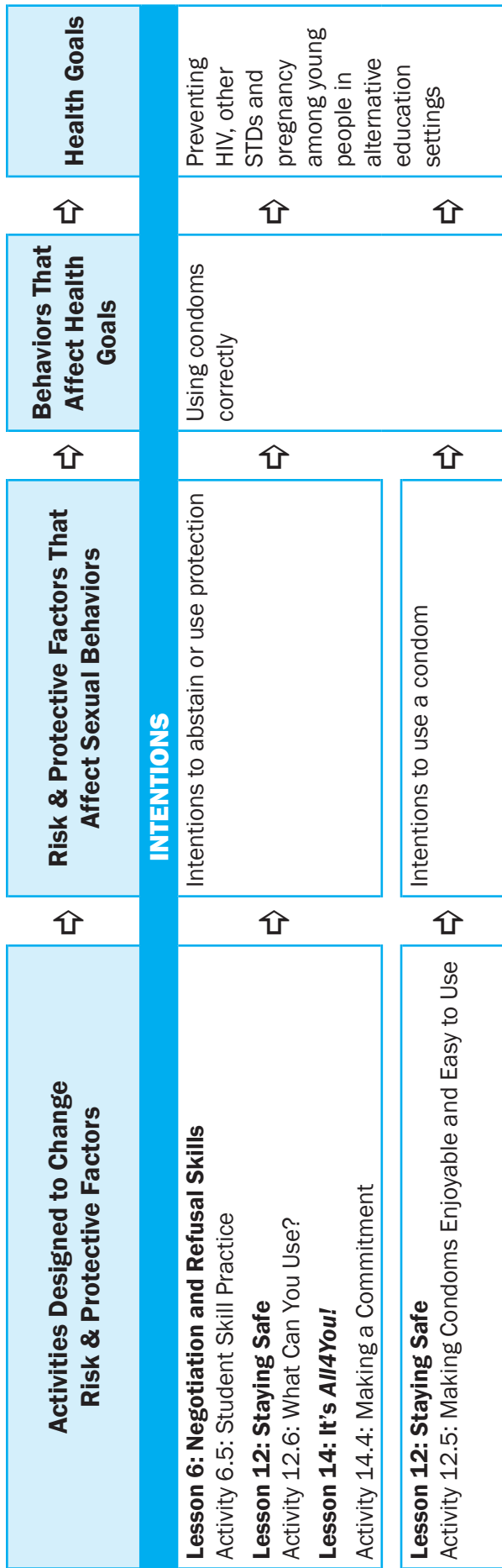


PERCEPTION OF PEER NORMS

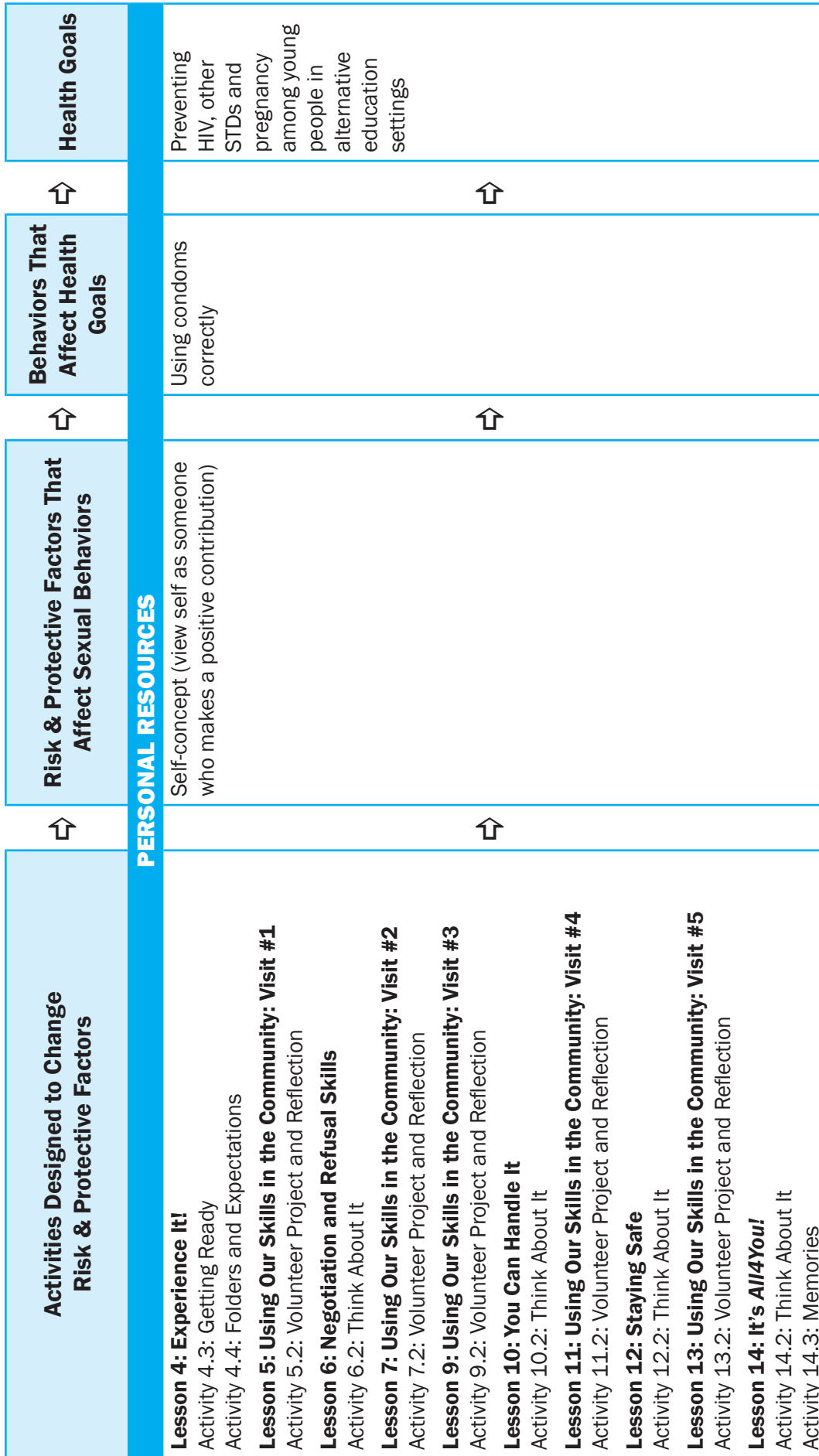
| Activities Designed to Change Risk & Protective Factors | Risk & Protective Factors That Affect Sexual Behaviors | Behaviors That Affect Health Goals | Health Goals |
|---|--|------------------------------------|--|
| SKILL AND SELF-EFFICACY | | | |
| <p>Lesson 6: Negotiation and Refusal Skills Activity 6.3: Effective Refusals Activity 6.4: Peer Leader Skill Demonstration Activity 6.5: Student Skill Practice</p> <p>Lesson 10: You Can Handle It Activity 10.5: "Psst" Review Activity 10.6: Roleplays</p> <p>Lesson 12: Staying Safe Activity 12.3: Textline</p> | <p>Skill and self-efficacy to refuse or avoid sex or unprotected sex</p> | <p>Using condoms correctly</p> | <p>Preventing HIV, other STDs and pregnancy among young people in alternative education settings</p> |
| <p>Lesson 8: Reduce Your Risk Activity 8.2: Handling Challenges: You Can Do It</p> <p>Lesson 12: Staying Safe Activity 12.2: Think About It</p> <p>Lesson 14: It's All4You! Activity 14.2: Think About It</p> | <p>Skill and self-efficacy to resolve challenges/problems</p> | | |
| <p>Lesson 8: Reduce Your Risk Activity 8.3: Protection</p> | <p>Skill and self-efficacy to select an appropriate method of protection</p> | | |
| <p>Lesson 8: Reduce Your Risk Activity 8.5: Educator Condom Demonstration Activity 8.6: Using Condoms</p> <p>Lesson 12: Staying Safe Activity 12.4: The Relay Activity 12.5: Making Condoms Enjoyable and Easy to Use</p> | <p>Skill and self-efficacy to use condoms correctly</p> | | |
| <p>Lesson 10: You Can Handle It Activity 10.4: When? When? Win! Talking About Condoms Activity 10.7: Excuse Me?</p> | <p>Skill and self-efficacy to talk with a partner about using condoms</p> | | |

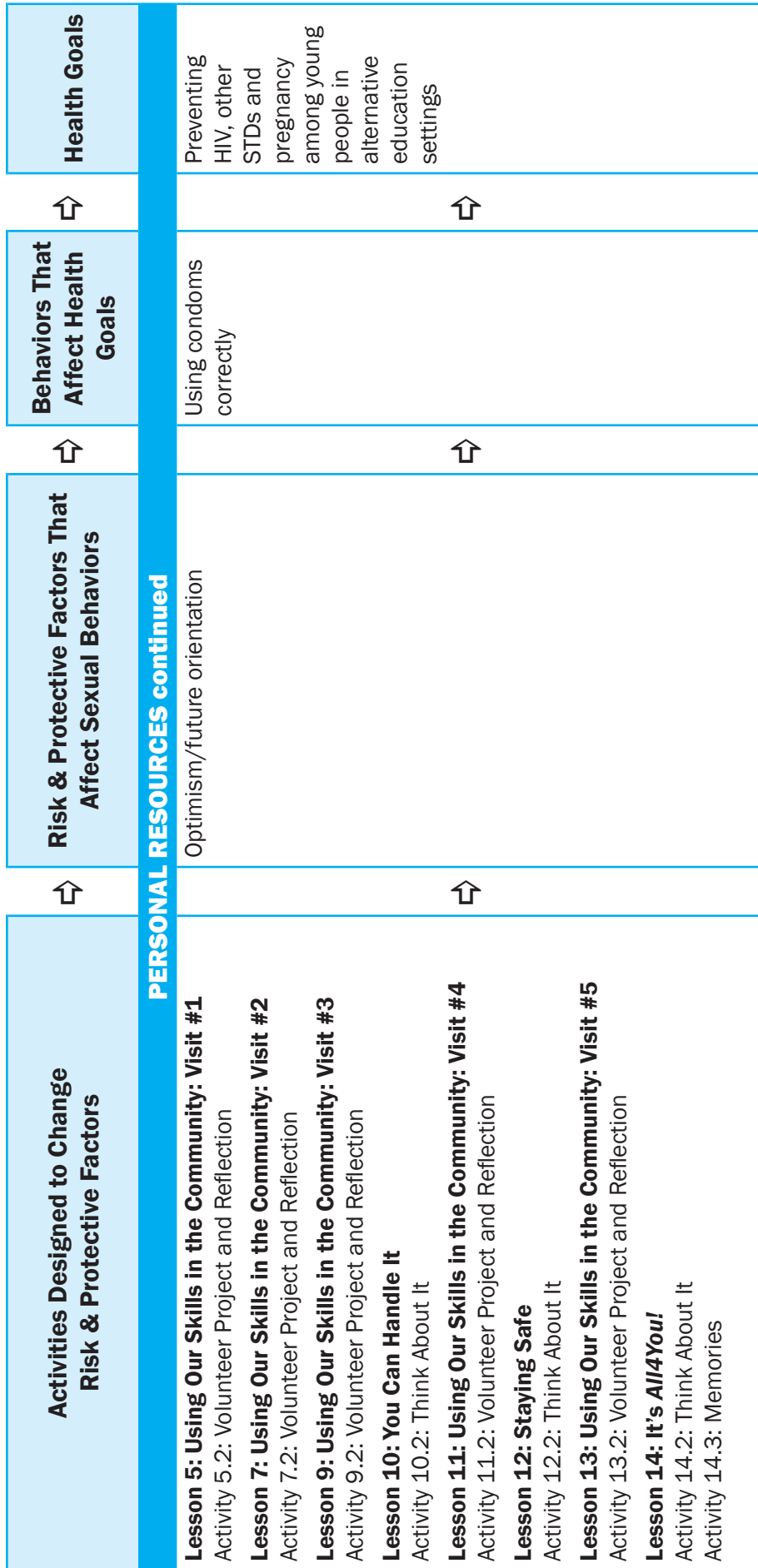




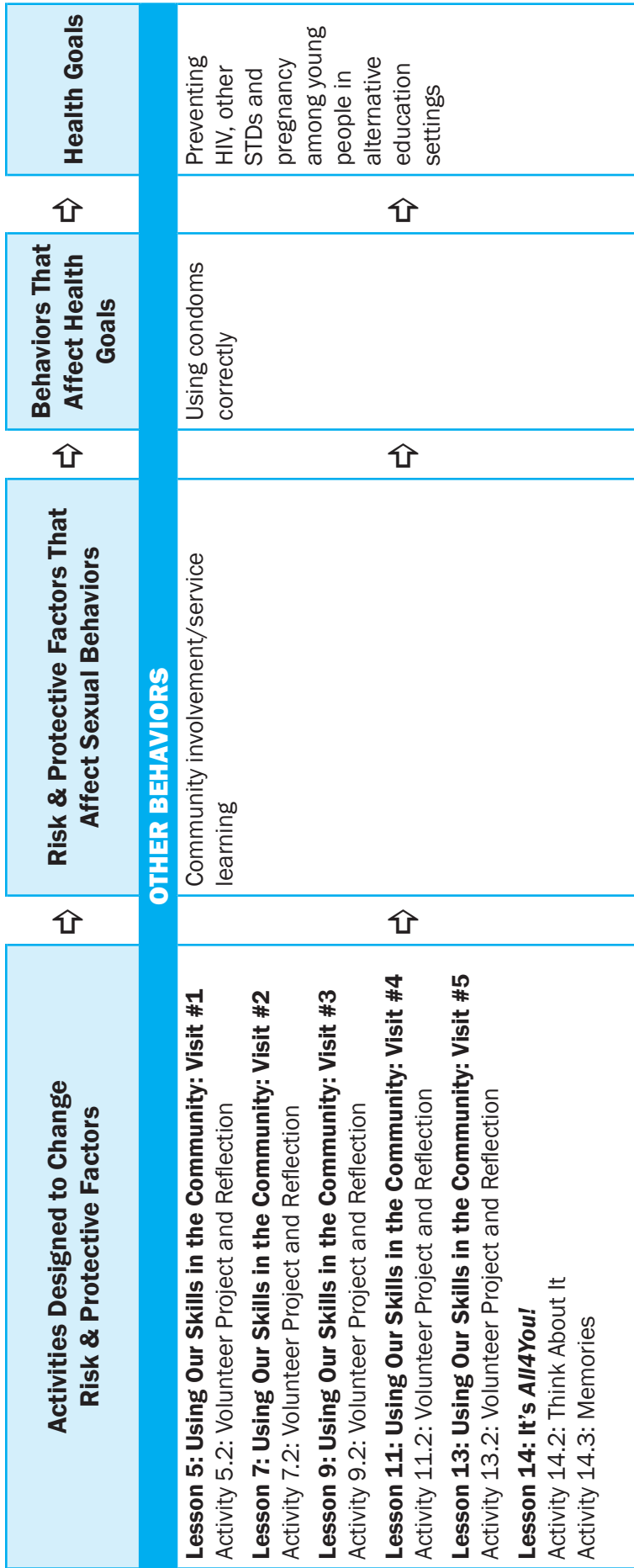


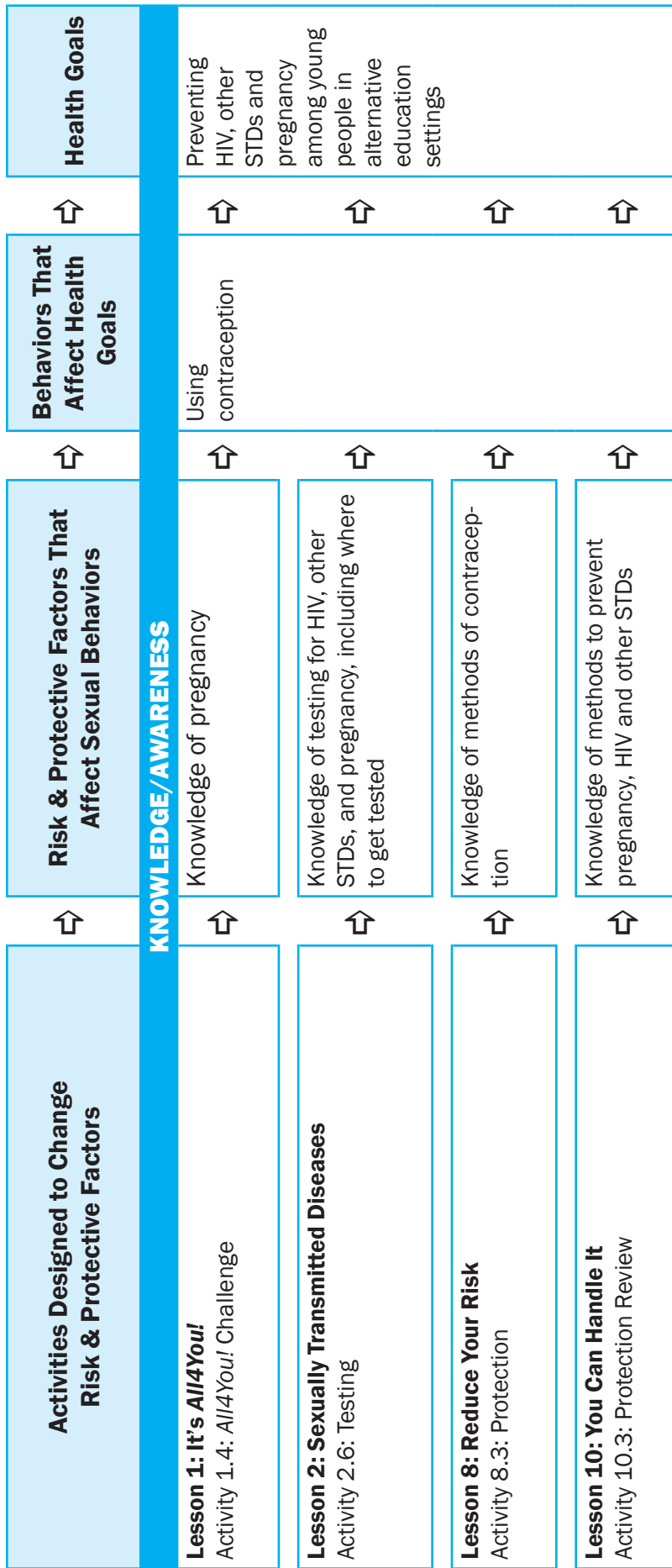
INTENTIONS



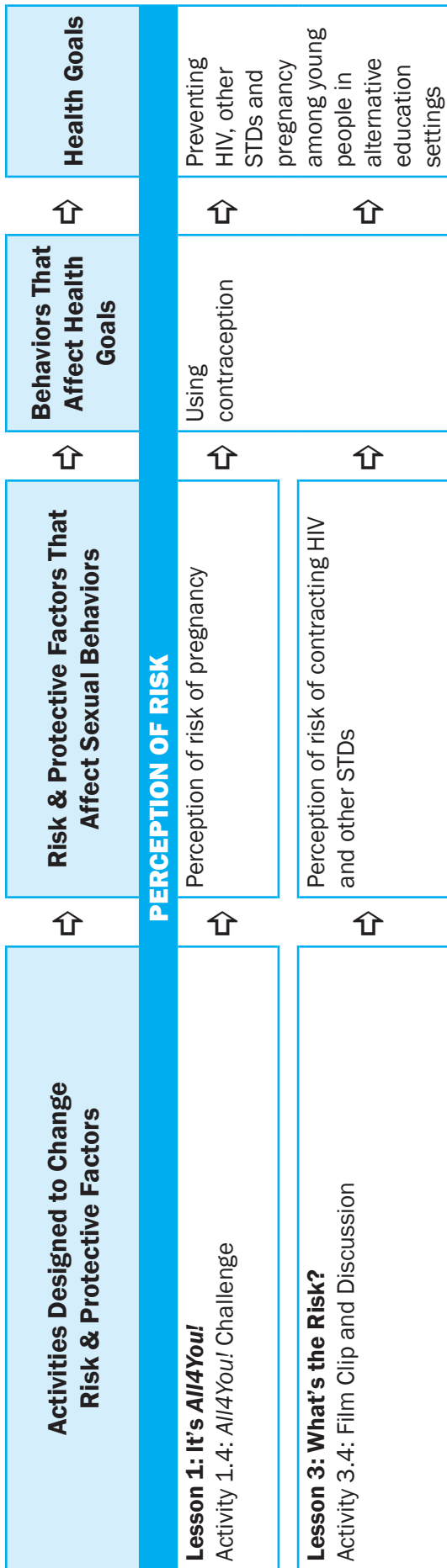


PERSONAL RESOURCES continued

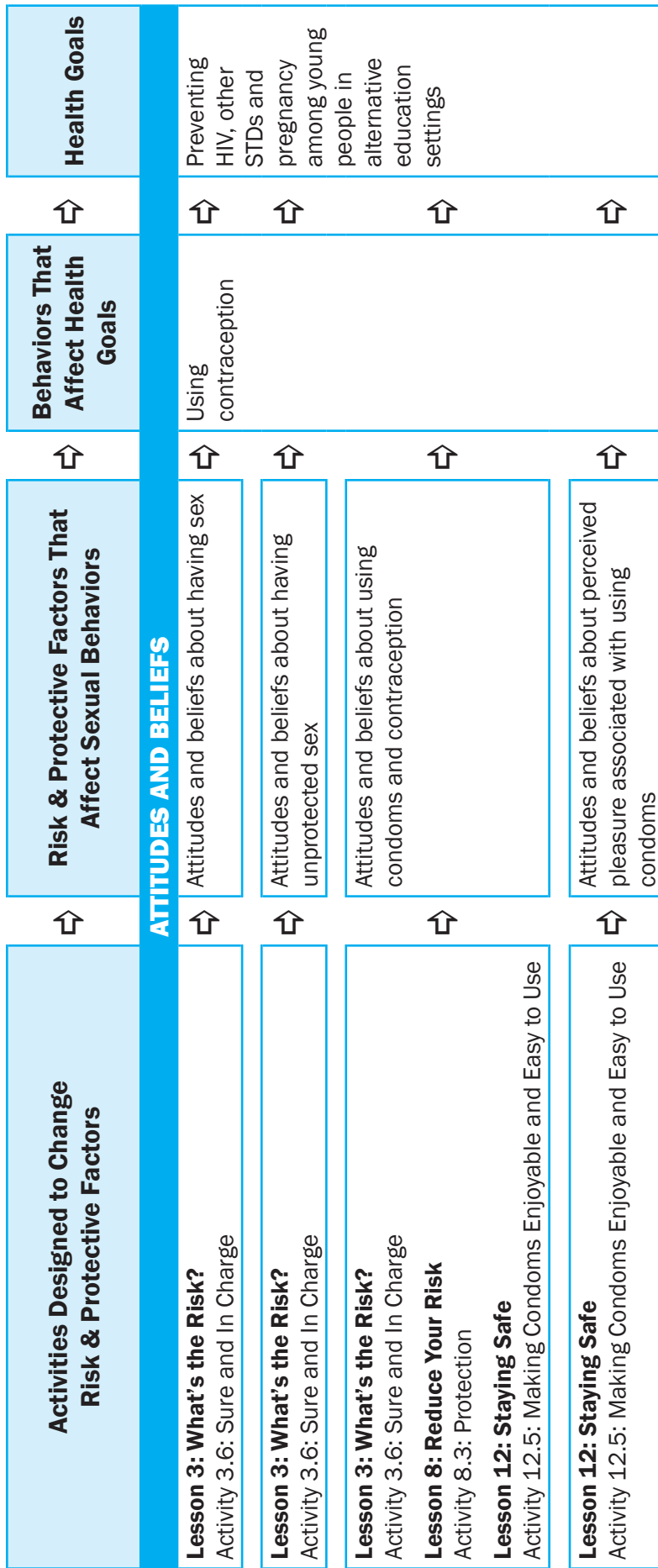


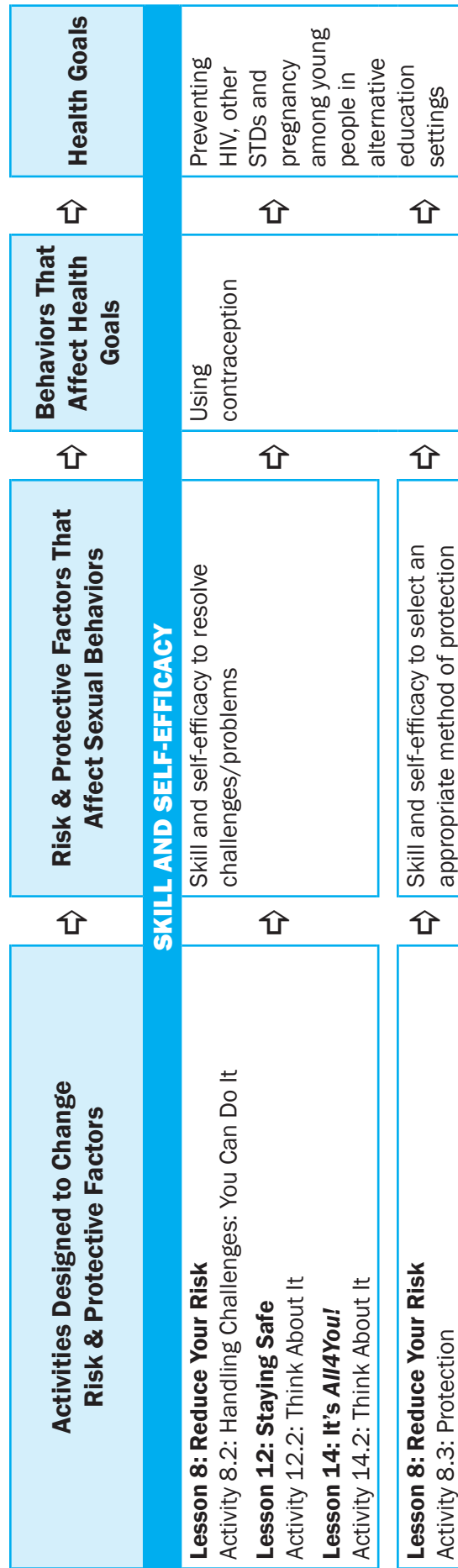
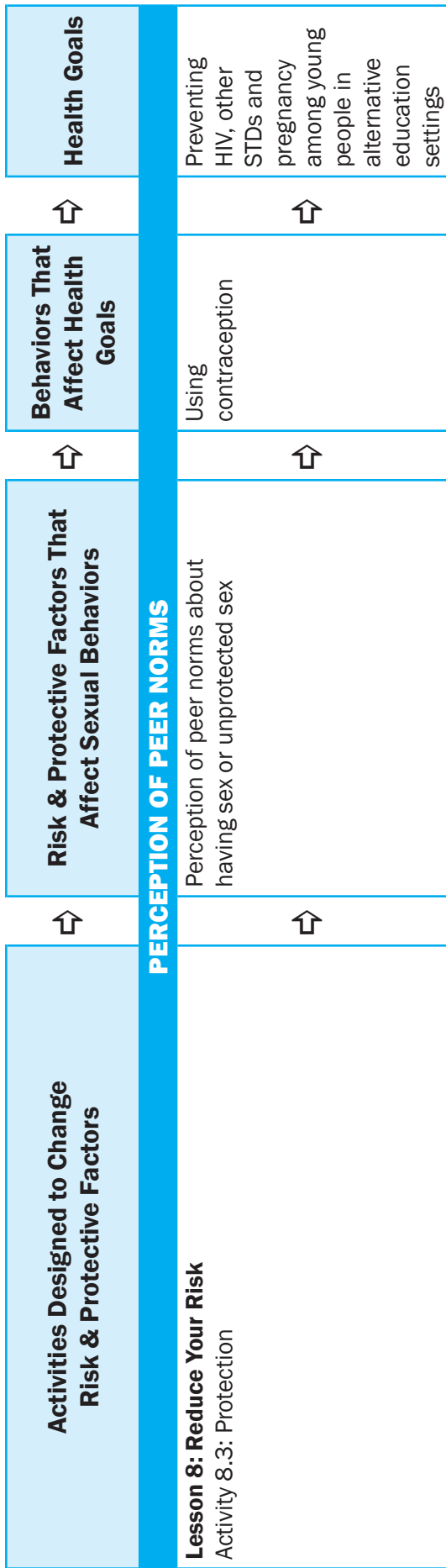


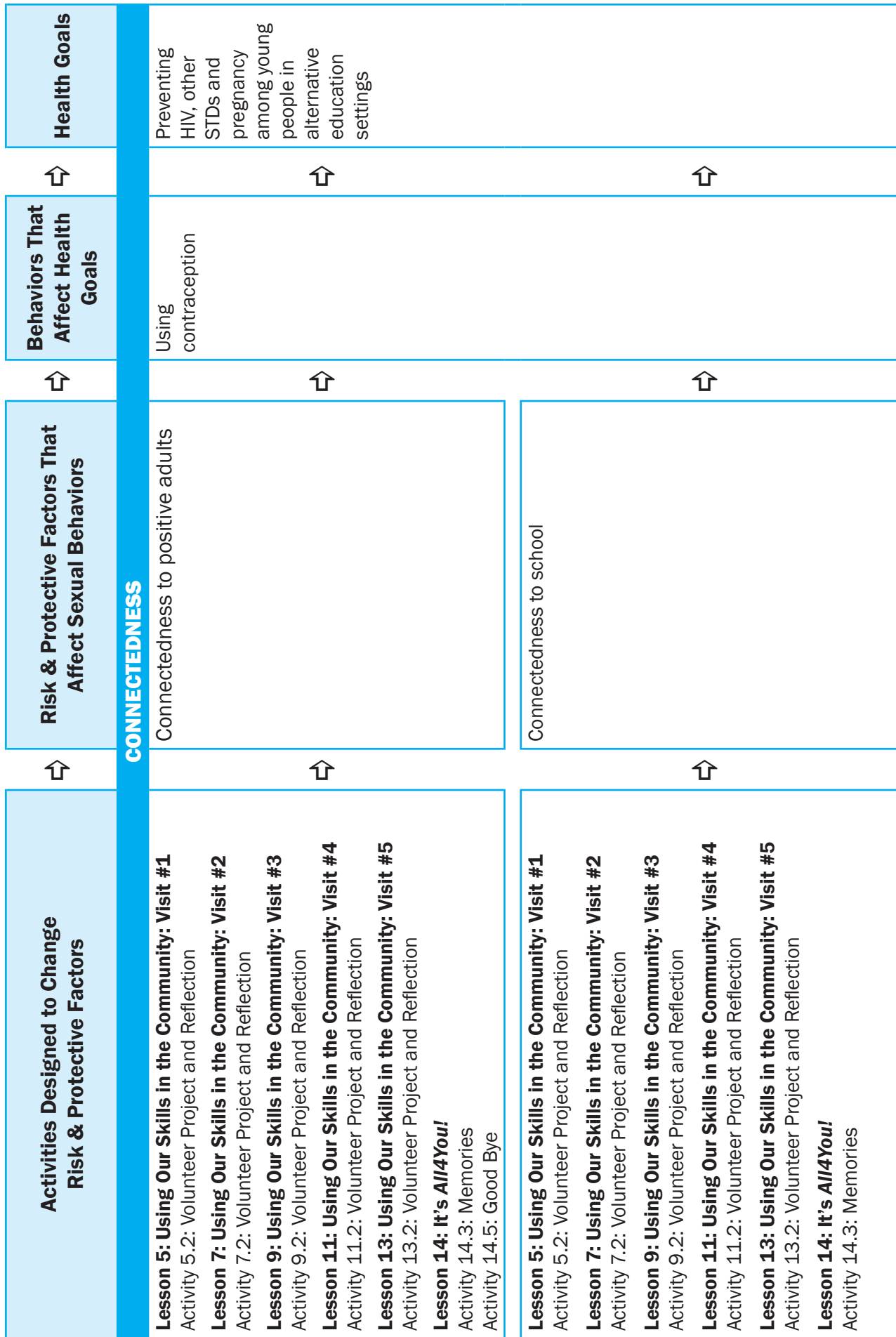
KNOWLEDGE/AWARENESS



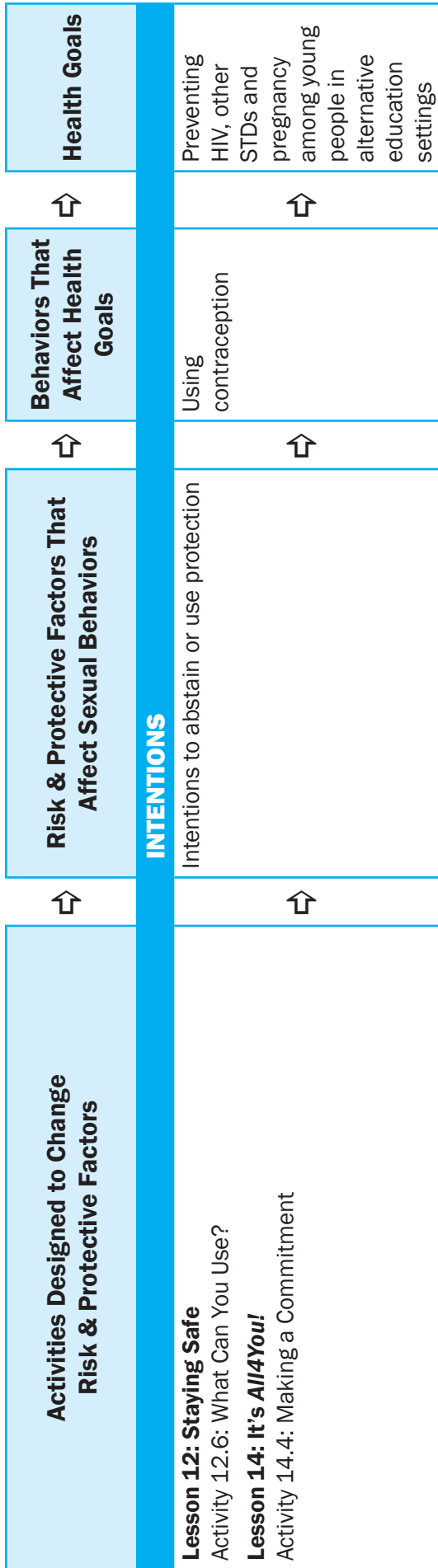
PERCEPTION OF RISK







CONNECTEDNESS



| Activities Designed to Change Risk & Protective Factors | Risk & Protective Factors That Affect Sexual Behaviors | Behaviors That Affect Health Goals | Health Goals |
|--|--|------------------------------------|--|
| <p>Lesson 4: Experience It! Activity 4.3: Getting Ready Activity 4.4: Folders and Expectations</p> <p>Lesson 5: Using Our Skills in the Community: Visit #1 Activity 5.2: Volunteer Project and Reflection</p> <p>Lesson 6: Negotiation and Refusal Skills Activity 6.2: Think About It</p> <p>Lesson 7: Using Our Skills in the Community: Visit #2 Activity 7.2: Volunteer Project and Reflection</p> <p>Lesson 9: Using Our Skills in the Community: Visit #3 Activity 9.2: Volunteer Project and Reflection</p> <p>Lesson 10: You Can Handle It Activity 10.2: Think About It</p> <p>Lesson 11: Using Our Skills in the Community: Visit #4 Activity 11.2: Volunteer Project and Reflection</p> <p>Lesson 12: Staying Safe Activity 12.2: Think About It</p> <p>Lesson 13: Using Our Skills in the Community: Visit #5 Activity 13.2: Volunteer Project and Reflection</p> <p>Lesson 14: It's All4You! Activity 14.2: Think About It Activity 14.3: Memories</p> | <p>Self-concept (view self as someone who makes a positive contribution)</p> | <p>Using contraception</p> | <p>Preventing HIV, other STDs and pregnancy among young people in alternative education settings</p> |

PERSONAL RESOURCES

| Activities Designed to Change Risk & Protective Factors | Risk & Protective Factors That Affect Sexual Behaviors | Behaviors That Affect Health Goals | Health Goals |
|---|--|------------------------------------|--|
| <p>PERSONAL RESOURCES continued</p> <p>Lesson 5: Using Our Skills in the Community: Visit #1 Activity 5.2: Volunteer Project and Reflection</p> <p>Lesson 7: Using Our Skills in the Community: Visit #2 Activity 7.2: Volunteer Project and Reflection</p> <p>Lesson 9: Using Our Skills in the Community: Visit #3 Activity 9.2: Volunteer Project and Reflection</p> <p>Lesson 10: You Can Handle It Activity 10.2: Think About It</p> <p>Lesson 11: Using Our Skills in the Community: Visit #4 Activity 11.2: Volunteer Project and Reflection</p> <p>Lesson 12: Staying Safe Activity 12.2: Think About It</p> <p>Lesson 13: Using Our Skills in the Community: Visit #5 Activity 13.2: Volunteer Project and Reflection</p> <p>Lesson 14: It's All4You! Activity 14.2: Think About It Activity 14.3: Memories</p> | <p>Optimism/future orientation</p> | <p>Using contraception</p> | <p>Preventing HIV, other STDs and pregnancy among young people in alternative education settings</p> |

