



What's been updated in *Promoting Health Among Teens*, Second Edition?

It is our goal at ETR to keep the evidence-based programs we publish up to date and relevant for today's youth, while maintaining fidelity to the core components and key characteristics linked to effectiveness.

For 2016, ETR has reviewed *Promoting Health Among Teens* and made the following changes:

- HIV information has been updated to include current recommendations for testing and treatment.
- *Comprehensive version only*: Birth control methods are presented in order of effectiveness, with a greater emphasis placed on long-acting reversible contraception (LARCs).
- Facilitator scripts and instructions have been reviewed for trauma-informed language, inclusivity and sensitivity toward LGBTQ youth.
- Additional facilitator notes have been added on refusal skills and consent for roleplay practice, encouraging teachers to foster respect and mutual responsibility when teaching refusal skills.
- A new appendix on Supporting a Trauma-Informed Approach to Sexuality Education has been included.
- A section on Adapting This Program for Your Population was added to the front matter to briefly suggest potential green-light adaptations and define and caution against yellow- and red-light adaptations.