## What's been updated in ETR's Evidence-Based Pregnancy and HIV/STD Prevention Curricula?

It is our goal at ETR to keep our evidence-based programs up to date and relevant for today's youth, while maintaining fidelity to the core components and key characteristics linked to effectiveness.

For 2015, ETR has reviewed all of our published EBPs on the OAH list and made the following changes:

- Statistics have been updated throughout.
- HIV information includes the most current recommendations for testing and treatment.
- Birth control methods are presented in order of effectiveness, with a greater emphasis placed on long-acting reversible contraception (LARCs).
- All curricula have been reviewed for inclusivity and sensitivity to LGBTQ youth.
- A new appendix on Supporting a Trauma-Informed Approach to Sexuality Education has been added.
- Front matter now includes sections on:
  - Refusal Skills and Consent—encourages teachers to foster respect and mutual responsibility when teaching refusal skills.
  - Using Same-Sex and Mixed-Gender Groups—offers suggestions for increasing inclusivity and sensitivity to different gender identities when grouping students.
  - o Adapting This Program for Your Population—suggests potential green-light adaptations and defines and cautions against yellow- and red-light adaptations.