Teaching sexual health education virtually, through live and self-paced delivery, provides an opportunity to re-envision how we engage students in activities using varied strategies. Many strategies can be translated to an online format easily, such as group brainstorms, while others seem more challenging. Below are ideas on adapting common teaching strategies for a virtual environment.

**Role-Plays**

+ Share partially scripted role-plays and ask students to complete them. Live responses can be crafted individually on notepaper and shared via live chat or voice. For self-paced delivery, responses can be posted in a discussion forum or submitted as homework.

+ Conduct unscripted role-plays for live sessions by text, voice, or on webcam. Be sure to let students know ahead of time that they will demonstrating the skill and assess comfort level and ability to engage by text, voice, or webcam.

+ Assign pairs to role-play in real time for the full group using a text chat feature, voice only, or on webcam to type or speak their lines. Alternatively, for self-paced delivery, assign pairs to engage in the role-play as homework. Have them record the role-play (either audio or video) and submit it. **Note:** If using live or recorded video or audio ask for role-play volunteers well in advance to allow preparation time and to ensure that those who volunteer have the technological resources required (microphone, webcam, etc.). Be sure to adhere to your school/agency privacy policy around student recorded video/audio.

**Demonstration/Modeling**

+ Pre-record a video or demonstrate the skill live on camera. For either format, stand for the demonstration. This will help you get in your teaching groove. Note: When demonstrating a skill such as “The Steps to Putting on a Condom” use the materials that are available to you. This may be a condom and penis model or a sock and water bottle. Whatever your circumstance, clearly state each step as you demonstrate the skill. If you use something other than a condom in the demonstration, reinforce that only a condom, used correctly and consistently, protects against sexually transmitted infections (STIs) & pregnancy.

+ Use videos and media that already exist. For example, check out Amaze.org and search by topic area (puberty, STD & HIV, pregnancy & reproduction, gender identity etc.) for medically-accurate and engaging content.
We hope these tips are helpful! Let us know if you have questions

ETR will be continuing the Virtual Vitality series to provide support for best practices in designing and delivering virtual learning processes. In addition, we are offering consultation services to assist constituents in learning best practices for virtual design, delivery and follow-up.

If you have questions, suggestions, or just want us to have your contact information for future tips and resources on virtual learning, you can contact Debra Christopher at D4L@etr.org and share your request, your name, and your contact information. We look forward to connecting with you.