



What's been updated in the former Select Media evidence-based pregnancy and HIV/STD prevention curricula?

It is our goal at ETR to keep the evidence-based programs we publish up to date and relevant for today's youth, while maintaining fidelity to the core components and key characteristics linked to effectiveness.

For 2016, ETR has reviewed the former Select Media products on the OAH list and made the following changes:

- Statistics have been updated where needed.
- HIV information includes current recommendations for testing and treatment.
- Birth control methods are presented in order of effectiveness, with a greater emphasis placed on long-acting reversible contraception (LARCs).
- All curricula have been reviewed for trauma-informed language, inclusivity and sensitivity to LGBTQ youth. General trauma-informed language from the Out-of-Home Youth adaptation of *Making Proud Choices* has been incorporated throughout the different programs.
- A new appendix on Supporting a Trauma-Informed Approach to Sexuality Education has been added.
- Additional facilitator notes are provided on refusal skills and consent for roleplay practice, encouraging teachers to foster respect and mutual responsibility when teaching refusal skills.
- Section on Adapting This Program for Your Population was added to the front matter to briefly suggest potential green-light adaptations and define and caution against yellow- and red-light adaptations.

Additional changes to specific programs:

- *Be Proud, Be Responsible* has been returned to the original program module order and focus on HIV prevention. Specific content on STD and pregnancy prevention is no longer included, and timing issues have been addressed so the six modules are each 50 minutes long.
- *Making Proud Choices* and *Making a Difference* have also been returned to the original program module order. Timing issues have been addressed so the eight modules are each 60 minutes long.