

Making Proud Choices!

School Edition

FIFTH EDITION

Logic Model

advancing
health
equity **etr.**

Making Proud Choices! School Edition Logic Model: Snapshot

MPC Intervention Modules Designed to Change Risk & Protective Factors	Risk & Protective Factors Affecting Sexual Behaviors Addressed in MPC	Behaviors Directly Affecting MPC's Health Goals	MPC's Health Goals
<p>Module 1: Getting to Know You and Steps to Making Your Dreams Come True</p> <p>Module 2: The Consequences of Sex: HIV Infection: Part 1</p> <p>Module 3: The Consequences of Sex: HIV Infection: Part 2</p> <p>Module 4: Attitudes about Sex, HIV and Condom Use</p> <p>Module 5: Strategies to Prevent HIV Infection: Stop, Think and Act: Part 1</p> <p>Module 6: Strategies to Prevent HIV Infection: Stop, Think and Act: Part 2</p> <p>Module 7: The Consequences of Sex: STDs: Part 1</p> <p>Module 8: The Consequences of Sex: STDs: Part 2</p> <p>Module 9: The Consequences of Sex: Pregnancy: Part 1</p> <p>Module 10: The Consequences of Sex: Pregnancy: Part 2</p> <p>Module 11: Developing Condom Use and Negotiation Skills: Part 1</p> <p>Module 12: Developing Condom Use and Negotiation Skills: Part 2</p> <p>Module 13: Enhancing Refusal and Negotiation Skills: Part 1</p> <p>Module 14: Enhancing Refusal and Negotiation Skills: Part 2</p>	<p>KNOWLEDGE/AWARENESS of:</p> <ul style="list-style-type: none"> HIV definitions, transmission, testing and prevention STDs definitions, transmission, testing and prevention Unintended pregnancy and its consequences Condom use Problem solving, negotiation and refusals Contraceptive methods <p>BEHAVIORAL BELIEFS:</p> <ul style="list-style-type: none"> Goals and dreams: Sexual activity may interfere with goals and dreams for education and a career Prevention belief: Abstinence and using condoms can prevent HIV, STDs and pregnancy Partner Reaction Belief: Youth should communicate with partners and advocate for what they want related to abstinence or condom use Hedonistic Belief: Condoms can be fun and pleasurable <p>ATTITUDES about:</p> <ul style="list-style-type: none"> Contraception Safer sex Condom use <p>PERCEPTION OF RISK related to:</p> <ul style="list-style-type: none"> Susceptibility to and severity of HIV Susceptibility to and severity of STDs Susceptibility to and severity of unintended pregnancy <p>SKILL AND SELF-EFFICACY to:</p> <ul style="list-style-type: none"> Use condoms correctly Negotiate abstinence or condom use Problem solve Refuse 	<p>Decrease frequency of sex among sexually experienced youth</p> <p>Decrease the frequency of unprotected sexual intercourse</p> <p>Increase consistent condom use</p>	<p>To prevent teen pregnancy</p> <p>To prevent HIV and other STDs</p>

Making Proud Choices! School Edition Logic Model: Detailed Version

Decrease frequency of sex among sexually experienced youth

Activities Designed to Change Risk & Protective Factors	↑	Risk & Protective Factors Affecting Sexual Behaviors Addressed	↑	Behaviors That Affect Health Goals	↑	Health Goals
KNOWLEDGE						
1F: Brainstorming Obstacles to Your Goals and Dreams 2A: <i>The Subject is HIV</i> DVD and Discussion 2B: Myths and Facts About HIV 3A: HIV Risk Continuum 4A: <i>The Hard Way</i> DVD and Discussion 4B: Calling Koko: Part 1 5A: Calling Koko: Part 2 6B: The AIDS Basketball Game 7A: STD Facts 7[A]: <i>The Subject is STDs</i> DVD 8A: Discussing HIV and AIDS	↑	Knowledge of STD, including HIV	↑	Decreased frequency of sex among sexually experienced youth	↑	Preventing unintended pregnancy Preventing HIV and other STDs
9B: Myths and Facts About Pregnancy 9C: <i>Tanisha & Shay</i> DVD	↑	Awareness about unintended pregnancy and its consequences	↑			
5B: STOP, THINK, and ACT: Introduction to Problem Solving 6A: <i>Nicole's Choice</i> DVD and Discussion 12B: Introduction to SWAT and Scripted Roleplays 13A: Safer Sex Negotiation Skills and <i>Wrap It Up</i> DVD	↑	Knowledge of how to problem solve, negotiate and refuse	↑			

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Decrease frequency of sex among sexually experienced youth

Activities Designed to Change Risk & Protective Factors	↑	Risk & Protective Factors Affecting Sexual Behaviors Addressed	↑	Behaviors That Affect Health Goals	↑	Health Goals
BEHAVIORAL BELIEFS						
1E: Goals and Dreams Timeline 1F: Brainstorming Obstacles to Your Goals and Dreams 3A: HIV Risk Continuum 3B: Understanding Messages About Sex 14C: Talking Circle		Goals and dreams: Sexual activity may interfere with goals and dreams for education and a career		Decreased frequency of sex among sexually experienced youth	↑	Preventing unintended pregnancy Preventing HIV and other STDs
2A: The Subject is HIV DVD and Discussion 3A: HIV Risk Continuum 4A: <i>The Hard Way</i> DVD and Discussion 4B: Calling Koko: Part 1 5A: Calling Koko: Part 2 5C: Sean and Morgan Case Study: Problem Solving Using STOP, THINK and ACT 6A: <i>Nicole's Choice</i> DVD and Discussion 7A: STD Facts 7[A]: <i>The Subject is STDs</i> DVD 7B: The Transmission Game 8B: What I Think About HIV/STD and Safer Sex 9A: Brainstorming About Teens and Sex 9C: <i>Tanisha & Shay</i> DVD	↑	Prevention belief: Abstinence and using condoms can prevent HIV, STDs and pregnancy	↑		↑	
12B: Introduction to SWAT and Scripted Roleplays 13A: Safer Sex Negotiation Skills and <i>Wrap It Up</i> DVD	↑	Partner Reaction Belief: Youth should communicate with partners and advocate for what they want related to abstinence or condom use				

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Decrease frequency of sex among sexually experienced youth

Activities Designed to Change Risk & Protective Factors	↑	Risk & Protective Factors Affecting Sexual Behaviors Addressed	↑	Behaviors That Affect Health Goals	↑	Health Goals
ATTITUDES						
1F: Brainstorming Obstacles to Your Goals and Dreams 3B: Understanding Messages About Sex 8B: What I Think About HIV/STD and Safer Sex	↑	Attitudes about safer sex and condoms, and contraception	↑	Decreased frequency of sex among sexually experienced youth	↑	Preventing unintended pregnancy Preventing HIV and other STDs
PERCEPTION OF RISK						
2A: <i>The Subject is HIV</i> DVD and Discussion 2B: Myths and Facts About HIV 3A: HIV Risk Continuum 4A: <i>The Hard Way</i> DVD and Discussion 4B: Calling Koko: Part 1 5A: Calling Koko: Part 2 7A: STD Facts 7[A]: <i>The Subject is STDs</i> DVD 7B: The Transmission Game 8A: Discussing HIV and AIDS	↑	Perception of chances and consequences of contracting HIV and other STDs	↑	Decreased frequency of sex among sexually experienced youth	↑	Preventing unintended pregnancy Preventing HIV and other STDs
9B: Myths and Facts About Pregnancy 9C: <i>Tanisha & Shay</i> DVD	↑	Perception of chances and consequences of becoming pregnant	↑			
SKILLS						
12B: Introduction to SWAT and Scripted Roleplays 13A: Safer Sex Negotiation Skills and <i>Wrap It Up</i> DVD	↑	Skill and self-efficacy to negotiate abstinence, safer sex and condom use	↑	Decreased frequency of sex among sexually experienced youth	↑	Preventing unintended pregnancy Preventing HIV and other STDs
5C: Sean and Morgan Case Study: Problem Solving Using STOP, THINK and ACT	↑	Skill and self-efficacy to problem solve	↑			
12B: Introduction to SWAT and Scripted Roleplays 13A: Safer Sex Negotiation Skills and <i>Wrap It Up</i> DVD	↑	Skills and self-efficacy to refuse	↑			

Making Proud Choices! School Edition Logic Model: Detailed Version

Decreased frequency of unprotected sexual intercourse

Activities Designed to Change Risk & Protective Factors	Risk & Protective Factors Affecting Sexual Behaviors Addressed	Behaviors That Affect Health Goals	Health Goals
KNOWLEDGE			
1F: Brainstorming Obstacles to Your Goals and Dreams 2A: <i>The Subject is HIV</i> DVD and Discussion 2B: Myths and Facts About HIV 3A: HIV Risk Continuum 4A: <i>The Hard Way</i> DVD and Discussion 4B: Calling Koko: Part 1 5A: Calling Koko: Part 2 6B: The AIDS Basketball Game 7A: STD Facts 7[A]: <i>The Subject is STDs</i> DVD 8A: Discussing HIV and AIDS	Knowledge of STD, including HIV	Decreased frequency of unprotected sexual intercourse	Preventing unintended pregnancy Preventing HIV and other STDs
9B: Myths and Facts About Pregnancy 9C: <i>Tanisha & Shay</i> DVD	Awareness about unintended pregnancy and its consequences		
11A: Condom Line-Up 11B: How to Make Condoms Fun and Pleasurable 11C: Barriers to Condom Use/Condom Pros and Cons	Knowledge of how to use a condom		
5B: STOP, THINK, and ACT: Introduction to Problem Solving 6A: <i>Nicole's Choice</i> DVD and Discussion 12B: Introduction to SWAT and Scripted Roleplays 13A: Safer Sex Negotiation Skills and <i>Wrap It Up</i> DVD	Knowledge of how to problem solve, negotiate and refuse		
10A: Birth Control Methods Demonstration	Awareness of contraceptive methods		

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Decreased frequency of unprotected sexual intercourse

Activities Designed to Change Risk & Protective Factors	Risk & Protective Factors Affecting Sexual Behaviors Addressed	Behaviors That Affect Health Goals	Health Goals
↑ 1E: Goals and Dreams Timeline 1F: Brainstorming Obstacles to Your Goals and Dreams 3A: HIV Risk Continuum 3B: Understanding Messages About Sex 10A: Birth Control Methods Demonstration 13B: Practicing and Enhancing Negotiation Skills: Unscripted Roleplays: Part 1 14A: Practicing and Enhancing Negotiation Skills: Unscripted Roleplays: Part 2 14C: Talking Circle	↑ Goals and dreams: Sexual activity may interfere with goals and dreams for education and a career	↑ Decreased frequency of unprotected sexual intercourse	↑ Preventing unintended pregnancy Preventing HIV and other STDs
↑ 2A: The Subject is HIV DVD and Discussion 3A: HIV Risk Continuum 4A: <i>The Hard Way</i> DVD and Discussion 4B: Calling Koko: Part 1 5A: Calling Koko: Part 2 5C: Sean and Morgan Case Study: Problem Solving Using STOP, THINK and ACT 6A: <i>Nicole's Choice</i> DVD and Discussion 7A: STD Facts 7[A]: <i>The Subject is STDs</i> DVD 7B: The Transmission Game 8B: What I Think About HIV/STD and Safer Sex 9A: Brainstorming About Teens and Sex 9C: <i>Tanisha & Shay</i> DVD 10B: Agree/Disagree – Attitudes About Contraception 11C: Barriers to Condom Use/Condom Pros and Cons	↑ Prevention belief: Abstinence and using condoms can prevent HIV, STDs and pregnancy	↑ ↑	↑ ↑

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Decreased frequency of unprotected sexual intercourse

Activities Designed to Change Risk & Protective Factors	Risk & Protective Factors Addressed	Behaviors That Affect Health Goals	Health Goals
BEHAVIORAL BELIEFS (continued)			
<ul style="list-style-type: none"> 11C: Barriers to Condom Use/Condom Pros and Cons 12A: "What to Say if My Partner Says...": Responding to Excuses 12B: Introduction to SWAT and Scripted Roleplays 13A: Safer Sex Negotiation Skills and Wrap It Up DVD 13B: Practicing and Enhancing Negotiation Skills: Unscripted Roleplays: Part 1 14A: Practicing and Enhancing Negotiation Skills: Unscripted Roleplays: Part 2 14B: Talking to Your Partner About Condom Use – Information Review 11B: How to Make Condoms Fun and Pleasurable 	<p>Partner Reaction Belief: Youth should communicate with partners and advocate for what they want related to abstinence or condom use</p> <p>Hedonistic Belief: Condoms can be fun and pleasurable</p>	<p>Decreased frequency of unprotected sexual intercourse</p>	<p>Preventing unintended pregnancy</p> <p>Preventing HIV and other STDs</p>
ATTITUDES			
<ul style="list-style-type: none"> 1F: Brainstorming Obstacles to Your Goals and Dreams 3B: Understanding Messages About Sex 8B: What I Think About HIV/STD and Safer Sex 10B: Agree/Disagree – Attitudes About Contraception 14B: Talking to Your Partner About Condom Use – Information Review 	<p>Attitudes about safer sex and condoms, and contraception</p>	<p>Decreased frequency of unprotected sexual intercourse</p>	<p>Preventing unintended pregnancy</p> <p>Preventing HIV and other STDs</p>
PERCEPTION OF RISK			
<ul style="list-style-type: none"> 2A: The Subject is HIV DVD and Discussion 2B: Myths and Facts About HIV 3A: HIV Risk Continuum 4A: <i>The Hard Way</i> DVD and Discussion 4B: Calling Koko: Part 1 5A: Calling Koko: Part 2 7A: STD Facts 7[A]: <i>The Subject is STDs</i> DVD 7B: The Transmission Game 8A: Discussing HIV and AIDS 	<p>Perception of chances and consequences of contracting HIV and other STDs</p>	<p>Decreased frequency of unprotected sexual intercourse</p>	<p>Preventing unintended pregnancy</p> <p>Preventing HIV and other STDs</p>

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Decreased frequency of unprotected sexual intercourse

Activities Designed to Change Risk & Protective Factors	Risk & Protective Factors Affecting Sexual Behaviors Addressed	Behaviors That Affect Health Goals	Health Goals
PERCEPTION OF RISK (continued)			
9B: Myths and Facts About Pregnancy 9C: <i>Tanisha & Shay</i> DVD 10A: Birth Control Methods Demonstration	Perception of chances and consequences of becoming pregnant	Decreased frequency of unprotected sexual intercourse	Preventing unintended pregnancy Preventing HIV and other STDs
SKILLS			
12A: "What to Say If My Partner Says...": Responding to Excuses 13A: Safer Sex Negotiation Skills and Wrap It Up DVD 13B: Practicing and Enhancing Negotiation Skills: Unscripted Roleplays: Part 1 14A: Practicing and Enhancing Negotiation Skills: Unscripted Roleplays: Part 2	Skill and self-efficacy to negotiate abstinence, safer sex and condom use	Decreased frequency of unprotected sexual intercourse	Preventing unintended pregnancy Preventing HIV and other STDs
5C: Sean and Morgan Case Study: Problem Solving Using STOP, THINK and ACT	Skill and self-efficacy to problem solve		
12B: Introduction to SWAT and Scripted Roleplays 13A: Safer Sex Negotiation Skills and <i>Wrap It Up</i> DVD 13B: Practicing and Enhancing Negotiation Skills: Unscripted Roleplays: Part 1 14A: Practicing and Enhancing Negotiation Skills: Unscripted Roleplays: Part 2	Skills and self-efficacy to refuse		

Making Proud Choices! School Edition Logic Model: Detailed Version

Consistently using a condom

Activities Designed to Change Risk & Protective Factors	Risk & Protective Factors Affecting Sexual Behaviors Addressed	Behaviors That Affect Health Goals	Health Goals
KNOWLEDGE			
11A: Condom Line-Up	Knowledge of how to use a condom	Consistently using a condom	Preventing unintended pregnancy
11B: How to Make Condoms Fun and Pleasurable			Preventing HIV and other STDs
11C: Barriers to Condom Use/Condom Pros and Cons	Knowledge of how to problem solve, negotiate and refuse		
12B: Introduction to SWAT and Scripted Roleplays			
BEHAVIORAL BELIEFS			
13B: Practicing and Enhancing Negotiation Skills: Unscripted Roleplays: Part 1	Goals and dreams: Sexual activity may interfere with goals and dreams for education and a career	Consistently using a condom	Preventing unintended pregnancy
14A: Practicing and Enhancing Negotiation Skills: Unscripted Roleplays: Part 2			Preventing HIV and other STDs
8C: Condom Use Skills	Prevention belief: Abstinence and using condoms can prevent HIV, STDs and pregnancy		
11A: Condom Line-Up			
11B: How to Make Condoms Fun and Pleasurable			
11C: Barriers to Condom Use/Condom Pros and Cons			
12A: "What to Say If My Partner Says...": Responding to Excuses	Partner Reaction Belief: Youth should communicate with partners and advocate for what they want related to abstinence or condom use		
11C: Barriers to Condom Use/Condom Pros and Cons			
12A: "What to Say If My Partner Says...": Responding to Excuses			
12B: Introduction to SWAT and Scripted Roleplays			
13A: Safer Sex Negotiation Skills and <i>Wrap It Up</i> DVD			
13B: Practicing and Enhancing Negotiation Skills: Unscripted Roleplays: Part 1			
14A: Practicing and Enhancing Negotiation Skills: Unscripted Roleplays: Part 2			
14B: Talking to Your Partner About Condom Use – Information Review			
11B: How to Make Condoms Fun and Pleasurable	Hedonistic Belief: Condoms can be fun and pleasurable		

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Consistently using a condom

Activities Designed to Change Risk & Protective Factors	Risk & Protective Factors Affecting Sexual Behaviors Addressed	Behaviors That Affect Health Goals	Health Goals
	↑	↑	↑
ATTITUDES			
14B: Talking to Your Partner About Condom Use – Information Review	Attitudes about safer sex and condoms, and contraception	Consistently using a condom	Preventing unintended pregnancy Preventing HIV and other STDs
	↑	↑	↑
SKILLS			
8C: Condom Use Skills	Skill and self-efficacy to use condoms correctly	Consistently using a condom	Preventing unintended pregnancy Preventing HIV and other STDs
11B: How to Make Condoms Fun and Pleasurable			
12A: “What to Say If My Partner Says...”: Responding to Excuses	Skill and self-efficacy to negotiate abstinence, safer sex and condom use		
13A: Safer Sex Negotiation Skills and <i>Wrap It Up</i> DVD			
13B: Practicing and Enhancing Negotiation Skills: Unscripted Roleplays: Part 1			
14A: Practicing and Enhancing Negotiation Skills: Unscripted Roleplays: Part 2			
	↑	↑	↑