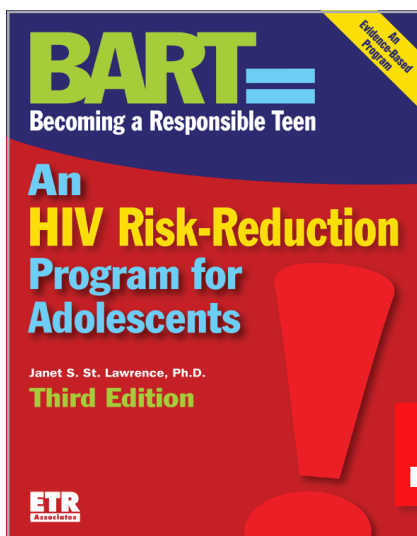


Evidence-Based

Reduce Teens' Risk of HIV & Other STD

ETR
Associates



Becoming A Responsible Teen (BART)

An HIV Risk-Reduction Program for Adolescents

Grades 9–12

newly revised

Named a Best-Evidence Intervention by the CDC

An Effective Community-Based Program

BART is specifically designed for use in nonschool settings in the community: youth-serving organizations such as Boys' and Girls' Clubs, YMCA programs, drug rehabilitation programs, runaway shelters, counseling centers, comprehensive health centers and church groups.

This is a complete program with everything you need to get the results you want.

- Gives teens skills to delay sexual involvement and reduce their exposure to HIV/AIDS
- Provides interactive group discussions and frequent roleplays
- Features activities that focus on creative problem solving and extending learning beyond the classroom
- Includes session outlines instructions for group leaders, handout masters, parent consent forms and program guidelines

New in the third edition:

- Updated to reflect latest HIV terminology and statistics, including information on the HIV rapid test
- New videos make the content more relevant to today's youth
- Recommended teaching time added for each activity
- New content on the risk of overlapping partners
- New activity features stories of young people who need to make decisions about safer sex

Note: BART was created for African-American youth. Program leaders are encouraged to adapt the program where needed to reflect the concerns and culture of the youth they serve.

A set for every budget

Basic Set \$143.99
\$166-PW

Standard Set \$239.99
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\$168-PW **Save 15%**

Research Proven!

The *Becoming a Responsible Teen* curriculum helps teens build skills to avoid HIV infection.

BART was thoroughly tested and evaluated. African-American adolescents participating in the study were evaluated for 12 months.

BART:

- Delayed the onset of intercourse among sexually inexperienced youth by as much as 63%
- Reduced the rate of unprotected intercourse at 12 months by 42%
- Increased condom use
- Increased HIV knowledge

BART gives teens skills to delay sexual involvement and reduce exposure to HIV.

BART Teaches Teens

- Information about HIV and AIDS
- Ways to handle social and sexual pressures
- Ways to communicate assertively with friends and potential sexual partners
- Refusal skills
- Negotiation skills
- Condom use skills

BART Enables Teens to...

- State accurate information about HIV, including means of transmission, prevention and current community impact
- Demonstrate skills in correct condom use, assertive communication, refusal, problem solving and risk reduction

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