

Abstinence, Puberty & Personal Health	
Third Edition Lessons	Second Edition Correlation
1: Staying Healthy for a Lifetime	Lesson 1
2: Keeping My Body Healthy	Lesson 2
3: Protecting My Body from Disease	Lesson 3
4: Talking About Sexuality	Lesson 4
5: The Reproductive System: A Body with a Vagina	Lesson 6
6: The Reproductive System: A Body with a Penis	Lesson 7
7: Puberty	Lesson 5
8: The Menstrual Cycle & Pregnancy	Lesson 8
9: Taking Care of Sexual Health	Lesson 9
10: Feelings & Relationships	Lesson 10
11: Benefits of Abstinence	Lesson 11
12: Influences on Abstinence	Lesson 12
13: Peer Power for Abstinence	Lesson 13
Content incorporated into Lesson 12	Lesson 14
14: Resisting Sexual Pressure	Lesson 15
15: Roleplay Practice: Saying NO to Sexual Pressure	Lesson 16
16: Protecting My Future	Lesson 17
Emotional & Mental Health	
Third Edition Lessons	Second Edition Correlation
1: Dimensions of Health	Lesson 1
2: Classroom Rules & Responsibilities	Lesson 2
3: Being Emotionally Healthy	Lesson 3
4: Qualities of Healthy Relationships	Lesson 4
5: Building Healthy Relationships Through Communication	Lesson 5
6: Expressing Feelings in Healthy Ways	Lesson 6
	NEW
7: Self-Control Skills for Dealing with Troublesome Feelings	
7: Self-Control Skills for Dealing with Troublesome Feelings Content incorporated into Lessons 6 and 8	7: Dealing with Troublesome Feelings
Content incorporated into Lessons 6 and 8	7: Dealing with Troublesome Feelings
Content incorporated into Lessons 6 and 8 8: Getting Help for Troublesome Feelings	7: Dealing with Troublesome Feelings Lesson 8
Content incorporated into Lessons 6 and 8 8: Getting Help for Troublesome Feelings 9: What Is Stress?	7: Dealing with Troublesome Feelings Lesson 8 Lesson 10
Content incorporated into Lessons 6 and 8 8: Getting Help for Troublesome Feelings 9: What Is Stress? 10: Reducing Stress	7: Dealing with Troublesome Feelings Lesson 8 Lesson 10 Lesson 11
Content incorporated into Lessons 6 and 8 8: Getting Help for Troublesome Feelings 9: What Is Stress? 10: Reducing Stress 11: Managing Stress	7: Dealing with Troublesome Feelings Lesson 8 Lesson 10 Lesson 11 Lesson 12
Content incorporated into Lessons 6 and 8 8: Getting Help for Troublesome Feelings 9: What Is Stress? 10: Reducing Stress 11: Managing Stress 12: Dealing with Grief & Loss	7: Dealing with Troublesome Feelings Lesson 8 Lesson 10 Lesson 11 Lesson 12 Lesson 9

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Third Edition Lessons 1: Understanding Sexual Health 1: Sexual Identity & Sexual Stereotyping 3: What Is Affirmative Consent? NEW—was a supplemental lesson 4: Healthy Romantic Relationships Lesson 5 6: STI Facts Lesson 6 7: HIV Facts Lesson 7 8: STI & Responsible Actions Peleted Lesson 10 10: Resisting Sexual Health Decisions Lesson 10 10: Resisting Sexual Pressure Lesson 11 11: Roleplay Practice: Saying NO to Sexual Pressure Lesson 12 12: Using Condoms for Safer Sex Lesson 13 13: Negotiating Condom Use Lesson 16 14: Preventing Pregnancy Nutrition & Physical Activity Third Edition Lossons 3: Assessing My Eating Habits Lesson 1 3: Assessing My Eating Habits Lesson 1 4: Reading a Food Label 5: Eating Breakfast Every Day 6: Healthy Snacking 7: Eating Healthy at Fast Food Restaurants Lesson 10 11: Body Image Basics Lesson 12 Lesson 12 Lesson 13 Lesson 14 Lesson 15 Lesson 16 Lesson 17 Lesson 16 Lesson 17 Lesson 19 Lesson 19 Lesson 10 Lesson 16 Lesson 16 Lesson 17 Lesson 10 Lesson 11 Lesson 11 Lesson 12 Lesson 11 Lesson 12 Lesson 13 Lesson 14 Lesson 15 Lesson 15 Lesson 15 Lesson 16 Lesson 17 Lesson 17 Lesson 18	HIV, STI & Pregnancy Prevention	
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16: My Healthy Eating & Physical Activity Goal Lesson 17	14: Assessing My Physical Activity	Lesson 15
	15: Staying Safe while Getting Fit	Lesson 16
17: Tracking My Progress Lesson 18	16: My Healthy Eating & Physical Activity Goal	Lesson 17
	17: Tracking My Progress	Lesson 18



Tobacco, Alcohol & Other Drug Prevention	
Third Edition Lessons	Second Edition Correlation
1: Teens & Drugs: What's the Truth?	Lesson 1
2: Alcohol: What's the Truth?	Lesson 2
3: Vaping & Other Tobacco Products: What's the Truth?	Lesson 3 (new vaping content added)
4: Marijuana: What's the Truth?	Lesson 4
5: Medicines: What's the Truth?	Lesson 5
6: Experimentation & Addiction: What's the Truth?	Lesson 6
7: Opioids: What's the Truth?	NEW
8: Consequences of Drug Use: How Bad Could It Be?	Lesson 7
9: Influences on My Choices About Drugs	Lesson 8
10: Self-Talk for Being Drug Free	Lesson 9
11: My Peers & Their Feelings About Drugs	Lesson 10
12: Family, School & Community Rules About Drugs	Lesson 11
13: Tobacco Companies: Are They Targeting Youth?	Lesson 12
14: Counter-Advertisements	Lesson 13 & Lesson 14 combined
15: Peer Pressure: Ways to Say NO	Lesson 15 & Lesson 16 combined
16: Roleplay Practice: Resisting Drug Pressure	Lesson 17 & Lesson 18 combined
17: Drug-Free Pledges: Support for Myself & Others	Lesson 19
Violence & Injury Prevention	
violence & injury Frevention	
Third Edition Lessons	Second Edition Correlation
	Second Edition Correlation Lesson 1
Third Edition Lessons	
Third Edition Lessons 1: Understanding Risks & Unintentional Injury	Lesson 1
Third Edition Lessons 1: Understanding Risks & Unintentional Injury 2: Avoiding Motor Vehicle Injuries	Lesson 1 Lesson 2
Third Edition Lessons 1: Understanding Risks & Unintentional Injury 2: Avoiding Motor Vehicle Injuries 3: Safety Rules to Prevent Common Injuries	Lesson 1 Lesson 2 Lesson 3
Third Edition Lessons 1: Understanding Risks & Unintentional Injury 2: Avoiding Motor Vehicle Injuries 3: Safety Rules to Prevent Common Injuries 4: Safety Gear & Me	Lesson 1 Lesson 2 Lesson 3 Lesson 4
Third Edition Lessons 1: Understanding Risks & Unintentional Injury 2: Avoiding Motor Vehicle Injuries 3: Safety Rules to Prevent Common Injuries 4: Safety Gear & Me 5: Resisting Dares	Lesson 1 Lesson 2 Lesson 3 Lesson 4 Lesson 5
Third Edition Lessons 1: Understanding Risks & Unintentional Injury 2: Avoiding Motor Vehicle Injuries 3: Safety Rules to Prevent Common Injuries 4: Safety Gear & Me 5: Resisting Dares 6: Making Safe Decisions	Lesson 1 Lesson 2 Lesson 3 Lesson 4 Lesson 5 Lesson 6
Third Edition Lessons 1: Understanding Risks & Unintentional Injury 2: Avoiding Motor Vehicle Injuries 3: Safety Rules to Prevent Common Injuries 4: Safety Gear & Me 5: Resisting Dares 6: Making Safe Decisions 7: Preparing for School Emergencies	Lesson 1 Lesson 2 Lesson 3 Lesson 4 Lesson 5 Lesson 6 Lesson 7
Third Edition Lessons 1: Understanding Risks & Unintentional Injury 2: Avoiding Motor Vehicle Injuries 3: Safety Rules to Prevent Common Injuries 4: Safety Gear & Me 5: Resisting Dares 6: Making Safe Decisions 7: Preparing for School Emergencies 8: Understanding Violence	Lesson 1 Lesson 2 Lesson 3 Lesson 4 Lesson 5 Lesson 6 Lesson 7 Lesson 8 & Lesson 9 combined
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