Table of Contents

Acknowledgments	vii
FACILITATOR'S GUIDE	
Introduction	1
Overview of the Curriculum	3
Curriculum Components and Format	7
Theoretical Framework	10
Unique Features of the Making Proud Choices! Curriculum	12
Evaluation of the Curriculum	13
Behavioral Findings	14
Facilitator Information	15
Curriculum Teaching Strategies	15
General Tips for Preparing to Implement the Curriculum	23
CURRICULUM	
Module 1: Getting to Know You and Steps to Making Your Dreams Come True	31
Module 2: The Consequences of Sex: HIV Infection	53
Module 3: Attitudes About Sex, HIV & Condom Use	71
Module 4: Strategies for Preventing HIV Infection: Stop, Think and Act	85
Module 5: The Consequences of Sex: STDs	103
Module 6: The Consequences of Sex: Pregnancy	127
Module 7: Developing Condom Use and Negotiation Skills	151
Module 8: Enhancing Refusal and Negotiation Skills	183

APPENDIXES

Appendix A: Additional Activities	213
Additional Roleplay Situations/Safer Sex	214
HIV/STD Jeopardy	219
HIV/STD Survivor	227
Puberty and Adolescent Sexual Development Discussion	235
Healthy Relationships	241
• Is Sexting OK?	246
Myths and Facts About Sexuality	252
Understanding Messages About Sex	262
Appendix B: Supplemental Background Information	267
Information About HIV	268
Sexually Transmitted Diseases (STD)	276
Contraceptive Methods	286
Drugs and Their Effects on Sexual Responsibility	297
Appendix C: Group Management Problems and Strategies	307
Appendix D: Supporting a Trauma-Informed Approach to Sexuality Education	313
Appendix E: FAQ/Glossary	317

