

# PHAT COMP FAC LOG SHEET

Date: \_\_\_\_\_

## **Promoting Health Among Teens! (PHAT) Comprehensive Curriculum Log Sheets**

### **FOR FACILITATORS**

This packet contains 12 curriculum log sheets. Please complete the log sheet appropriate for each module that you implement. These log sheets tell us how much of the module you completed. The information that you provide will help us to improve the program. If you wish to comment on any questions or explain your answers, please feel free to write in the space in the margins. Your comments will be read and taken into account.

**NAME:** \_\_\_\_\_

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**Instructions:** For each activity, indicate whether the activity was fully completed, partially completed, or not done at all. Place a check in the appropriate column.

**Module 1 – Getting to Know You & Steps to Making Your Dreams Come True**

ACTIVITY	NOT DONE	PARTIALLY COMPLETED	FULLY COMPLETED
A. Welcome and Program Overview			
B. Talking Circle			
C. Creating Group Agreements			
D. PHAT! Be Proud! Be Responsible! Brainstorm			
E. Brainstorming About Teens and Sex			
F. Goals and Dreams Timeline			
G. Brainstorming Obstacles to Your Goals and Dreams			

**Did you add anything that was not a part of this module as written in the manual?**    <sub>1</sub> No    <sub>2</sub> Yes

**If yes, please describe what you added:**

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**For each activity that you did not complete, please explain why:**

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**Module 2 – Puberty & Adolescent Sexualtiy**

ACTIVITY	NOT DONE	PARTIALLY COMPLETED	FULLY COMPLETED
A. Understanding Reproductive Anatomy (DVD and Discussion)			
B. Understanding Messages about Sex			
C. How Do People Express Themselves Sexually Without Having Sex?			
D. Understanding Peer Pressure			

Did you add anything that was not a part of this module as written in the manual? <sub>1</sub> No <sub>2</sub> Yes

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**Module 3 – Consequences of Sex: HIV Infection**

ACTIVITY	NOT DONE	PARTIALLY COMPLETED	FULLY COMPLETED
A. Discussing HIV/AIDS			
B. <i>The Subject Is HIV</i> : DVD and Discussion			
C. HIV Risk Continuum			

Did you add anything that was not a part of this module as written in the manual? 1 No 2 Yes

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**Module 4 – A Plan to Reduce the Consequences of Sex**

ACTIVITY	NOT DONE	PARTIALLY COMPLETED	FULLY COMPLETED
A. STOP, THINK, & ACT: Introduction to Problem Solving			
B. Jess and Dylan Case Study: Problem Solving Using STOP, THINK, & ACT			
C. Myths and Fact Review Game			
D. First Homework Assignment			
E. Homework Roleplays			
F. Talking Circle			

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**Module 5 – Consequences of Sex: STD Infection**

ACTIVITY	NOT DONE	PARTIALLY COMPLETED	FULLY COMPLETED
A. Welcome & Talking Circle			
B. First Homework Assignment Review			
C. Sexually Transmitted Diseases Brainstorm & Discussion			
C. (Alternate) DVD: <i>The Subject Is STDs</i> (Safer Sex Version)			
D. Don't Pass it Along: The Transmission Game			

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**Module 6 – Consequences of Sex: Pregnancy**

ACTIVITY	NOT DONE	PARTIALLY COMPLETED	FULLY COMPLETED
A. Myths and Facts About Pregnancy			
B. <i>(Optional) Tanisha &amp; Shay DVD</i>			
C. Birth Control Methods Demonstration			
D. Attitudes about Contraception			

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**Module 7 – STD/HIV Vulnerability**

ACTIVITY	NOT DONE	PARTIALLY COMPLETED	FULLY COMPLETED
A. <i>The Hard Way</i> DVD & Discussion			
B. Calling Koko			

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**Module 8 – Risky Sexual Behavior & Content Review**

ACTIVITY	NOT DONE	PARTIALLY COMPLETED	FULLY COMPLETED
A. <i>Nicole's Choice</i> DVD & Discussion			
B. What I Think about HIV/AIDS and Safer Sex			
C. The AIDS Basketball Game			
D. Second Homework Assignment			
E. Talking Circle			

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**Module 9 – Sexual Responsibility: Abstinence Skills**

ACTIVITY	NOT DONE	PARTIALLY COMPLETED	FULLY COMPLETED
A. Welcome and Talking Circle			
B. Second Homework Assignment Review			
C. Benefits of Sex/Benefits of Abstinence			
D. What You Need to Know to Make Abstinence Work for You			
E. Attitudes about Abstinence			
F. Nat Next Door			

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**Module 10 – Sexual Responsibility: Condom Use Skills**

ACTIVITY	NOT DONE	PARTIALLY COMPLETED	FULLY COMPLETED
A. Condom Use Skills			
B. Condom Line-Up			
C. Barriers to Condom Use			
D. How to Make Condoms Fun & Pleasurable			

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**Module 11 – Enhancing Sexual Responsibility Skills**

ACTIVITY	NOT DONE	PARTIALLY COMPLETED	FULLY COMPLETED
A. Knowing and Setting Sexual Limits			
B. Getting out of a Risky Sexual Situation			
C. Who Is Being Responsible?			
D. “What to Say if My Partner Says...” Responding to Excuses			
E. Introduction to S.T.O.P.			

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**Module 12 – Roleplays: Refusal & Negotiation Skills**

ACTIVITY	NOT DONE	PARTIALLY COMPLETED	FULLY COMPLETED
A. Practicing S.T.O.P.: Scripted Roleplays			
B. Strengthening Negotiation Skills: Unscripted Roleplays			
C. Closing Activity – Letter to Myself			
D. Talking Circle			

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