

MPC FOR YOUTH IN OUT-OF-HOME CARE LOG SHEET

Date: _____

MAKING PROUD CHOICES (MPC) FOR YOUTH IN OUT-OF-HOME CARE CURRICULUM LOG SHEETS

FOR FACILITATORS

This packet contains 10 curriculum log sheets. Please complete the log sheet appropriate for each module you implement. These log sheets tell how much of the module you completed. If you wish to comment on any questions or explain your answers, feel free to write in the space in the margins.

NAME: _____

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Instructions: For each activity, indicate whether the activity was fully completed, partially completed, or not done at all. Place a check in the appropriate column.

Module 1 – Setting the Stage and Making Your Dreams Come True

| ACTIVITY | NOT DONE | PARTIALLY COMPLETED | FULLY COMPLETED |
|---|----------|---------------------|-----------------|
| A. Welcome and Program Overview | | | |
| B. Creating a Group Contract | | | |
| C. Talking Circle | | | |
| D. Making Proud Choices! Brainstorm | | | |
| E. Brainstorming About Teens and Sex | | | |
| F. Goals and Dreams Timeline | | | |
| G. Brainstorming Obstacles to Your Goals and Dreams | | | |

Did you add anything that was not a part of this module as written in the manual?

_____ No _____ Yes If yes, please describe what you added:

For each activity that you did not complete, please explain why:

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Module 2 – Relationships and the Consequences of Sex

| ACTIVITY | NOT DONE | PARTIALLY COMPLETED | FULLY COMPLETED |
|---|----------|---------------------|-----------------|
| A. Myths and Facts About Pregnancy & STDs | | | |
| B. <i>Tanisha & Shay</i> DVD | | | |
| C. Alicia's Story | | | |
| D. Healthy Relationships | | | |

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Module 3 – The Consequences of Sex: Pregnancy

| ACTIVITY | NOT DONE | PARTIALLY COMPLETED | FULLY COMPLETED |
|---|----------|---------------------|-----------------|
| A. Birth Control Methods Demonstration | | | |
| B. Myths and Facts About Birth Control | | | |
| C. Agree/Disagree—Attitudes About Contraception | | | |

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Module 4 – The Consequences of Sex: STDs

| ACTIVITY | NOT DONE | PARTIALLY COMPLETED | FULLY COMPLETED |
|---|----------|---------------------|-----------------|
| A. STD Facts and <i>The Subject Is STDs</i> DVD | | | |
| B. The Transmission Game | | | |
| C. Agree/Disagree—Attitudes About HIV/STD and Safer Sex | | | |
| D. Condom Use Skills | | | |

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Module 5 – The Consequences of Sex: HIV Infection

| ACTIVITY | NOT DONE | PARTIALLY COMPLETED | FULLY COMPLETED |
|---|----------|---------------------|-----------------|
| A. Discussing HIV and AIDS | | | |
| B. <i>The Subject Is HIV</i> DVD and Discussion | | | |
| C. HIV Jeopardy | | | |
| D. Risk Continuum | | | |

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Module 6 – Attitudes and Beliefs About HIV/AIDS and Condom Use

| ACTIVITY | NOT DONE | PARTIALLY COMPLETED | FULLY COMPLETED |
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| A. <i>The Hard Way</i> DVD and Discussion | | | |
| B. Calling Koko | | | |

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Module 7 – Sexuality 411

| ACTIVITY | NOT DONE | PARTIALLY COMPLETED | FULLY COMPLETED |
|------------------------------------|----------|---------------------|-----------------|
| A. Is Sexting OK? | | | |
| B. Myths and Facts About Sexuality | | | |
| C. Family Feud | | | |

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Module 8 – Strategies for Preventing HIV Infection: Stop, Think and Act

| ACTIVITY | NOT DONE | PARTIALLY COMPLETED | FULLY COMPLETED |
|--|----------|---------------------|-----------------|
| A. STOP, THINK and ACT: Introduction to Problem Solving | | | |
| B. Sean and Morgan Case Study: Problem Solving Using STOP, THINK and ACT | | | |
| C. <i>Nicole's Choice</i> DVD and Discussion | | | |
| D. The <i>Making Proud Choices!</i> Basketball Game | | | |

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Module 9 - Developing Condom Use and Negotiation Skills

| ACTIVITY | NOT DONE | PARTIALLY COMPLETED | FULLY COMPLETED |
|--|----------|---------------------|-----------------|
| A. Condom Line-Up | | | |
| B. Barriers to Condom Use/ Excuses and Responses | | | |
| C. How to Make Condoms Fun and Pleasurable | | | |
| D. "What to Say if My Partner Says...": Responding to Excuses | | | |
| E. Introduction to STOP and Scripted Roleplays | | | |

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Module 10 - Enhancing Refusal and Negotiation Skills

| ACTIVITY | NOT DONE | PARTIALLY COMPLETED | FULLY COMPLETED |
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| A. Safer Sex Negotiation Skills and <i>Wrap It Up</i> DVD | | | |
| B. Practicing and Enhancing Negotiation Skills: Unscripted Roleplays | | | |
| C. Talking to Your Partner About Safer Sex | | | |
| D. Talking Circle | | | |

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