Draw the Line

Respect the Line

Logic Model

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Logic Model

Logic models are graphic depictions that show clearly and concisely the causal mechanisms through which specific interventions can affect behavior and thereby achieve a health goal. They should be based in part upon theory and thus portray the "theories of change" that underlie an intervention.

While there are many types of logic models, some logic models specify (1) the health goal to be achieved, (2) the behaviors a person needs to change to achieve a health goal, (3) the risk or protective factors that affect those behaviors, and (4) the intervention components or activities designed to change each selected risk and protective factor.

In the figures below, first is a snapshot of a logic model for *Draw the Line/Respect the Line.* That model simply specifies all the activities, all the risk and protective factors and all the behaviors designed to affect the two health goals of *Draw the Line/Respect the Line.* Second is a more detailed model that specifies which particular activities affect which specific risk and protective factors, which in turn affect specific behaviors that affect teen pregnancy and sexually transmitted diseases.

These models can:

- Provide a clear rationale for each program activity by specifying the risk and protective factors each activity is designed to change. These rationales can help curriculum implementers understand the importance of each activity.
- Serve as a map to guide adaptations so that changes or additions are consistent with the logic and factors presented in the model.
- Specify the risk and protective factors and behaviors that should be measured in an impact evaluation.

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Draw the Line/Respect the Line Logic Model: Snapshot

DTL/RTL Intervention Lessons Designed to Change Risk & Protective Factors	Risk & Protective Factors (Determinants) Affecting Sexual Behaviors Addressed in *DTL/RTL*	Behaviors Directly Affecting *DTL/RTL*'s Health Goals	*DTL/RTL*'s Health Goals
PARENT-CHILD COMMUNICATION			
Grade 6 Lesson 1: Activities 1.1 – 1.6 Lesson 2: Activities 2.1 – 2.7 Lesson 3: Activities 3.1 – 3.4 Lesson 4: Activities 4.1 – 4.6 Lesson 5: Activities 5.1 – 5.7 **Grade 7** Lesson 1: Activities 1.1 – 1.6 Lesson 2: Activities 2.1 – 2.4 Lesson 3: Activities 3.1 – 3.5 Lesson 4: Activities 4.1 – 4.6 Lesson 5: Activities 5.1 – 5.7 Lesson 6: Activities 6.1 – 6.5 Lesson 7: Activities 7.1 – 7.6 **Grade 8** Lesson 1: Activities 1.1 – 1.4 Lesson 2: Activities 2.1 – 2.6 Lesson 3: Activities 3.1 – 3.6 Lesson 4: Activities 4.1 – 4.5 Lesson 5: Activities 5.1 – 5.5 Lesson 6: Activities 6.1 – 6.5 Lesson 7: Activities 7.1 – 7.5	**KNOWLEDGE of:** • STDs, including HIV • negative consequences of having sex • methods to protect against contracting HIV and other STDs • situations that lead to unprotected sex, pregnancy and HIV or other STDs • STD testing and treatment • personal challenges to abstaining • parental values about teen pregnancy and childbearing **PERCEPTION OF RISK of:** • chances of becoming pregnant and consequences of child-bearing • chances of contracting HIV and other STDs • consequences of contracting HIV and other STDs **VALUES AND ATTITUDES toward:** • having sex versus abstaining • having unprotected sex • using condoms and contraception **PERCEPTION OF PEER NORMS about:** • having sex (versus abstaining) • having unprotected sex **SKILLS to:** • set a limit and recognize challenges to it • refuse to do something that violates their limit • respect other people's refusals • say no to sex or unprotected sex or to avoid having sex • recognize, avoid or get out of situations that might lead to sex • obtain and use condoms **PARENT-CHILD COMMUNICATION about:** • the consequences of having sex **INTENTIONS to:** • be abstinent • use protection	Abstaining from sexual intercourse (either by delaying sex or returning to abstinence) Using contraception (to prevent pregnancy) Using condoms (to prevent HIV and other STDs)	Preventing unintended pregnancy Preventing HIV and other STDs

Draw the Line/Respect the Line Logic Model: Detailed Version

Activities Designed to Change Risk & Protective Factors	⇨	Risk & Protective Factors That Affect Sexual Behaviors	⇨	Behaviors That Affect Health Goals	⇨	Health Goals
Knowledge						
Grade 7 Activity 5.3: STD Quiz Activity 5.4: Story About STD Activity 5.5: Quiz Review Activity 5.6: STD Hotline Homework **Grade 8** Activity 1.4: Closure and Homework Activity 2.3: Training for the *Draw the Line* Challenge Activity 2.4: *Draw the Line* Challenge Game Activity 5.3: Talking with a Person with HIV or AIDS	⇨	Knowledge of STDs, including HIV	⇨		⇨	
Grade 7 Activity 2.3: Tina and Marco Activity 3.5: Closure and Family Activity Activity 5.4: Story About STD Activity 5.5: Quiz Review Activity 5.6: STD Hotline Homework Activity 6.3: *Draw the Line* Talk Show **Grade 8** Activity 1.4: Closure and Homework Activity 2.3: Training for the *Draw the Line* Challenge Activity 2.4: *Draw the Line* Challenge Game	⇨	Knowledge of negative consequences of having sex	⇨		⇨	

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Activities Designed to Change Risk & Protective Factors	⇨	Risk & Protective Factors That Affect Sexual Behaviors	⇨	Behaviors That Affect Health Goals	⇨	Health Goals
Knowledge continued						
Grade 7 Activity 5.4: Story About STD Activity 5.5: Quiz Review Activity 5.6: STD Hotline Homework **Grade 8** Activity 1.4: Closure and Homework Activity 2.3: Training for the *Draw the Line* Challenge Activity 2.4: *Draw the Line* Challenge Game Activity 6.3: Methods of Protection Activity 7.3: Traffic Light	⇨	Knowledge of methods to protect against contracting HIV and other STDs	⇨		⇨	
Grade 7 Activity 1.5: What Makes it Hard to Say NO to Sex? Activity 2.3: Tina and Marco Activity 3.3: Warning Signs **Grade 8** Activity 3.3: Trina and Kashid Activity 3.4: Voting: Difficult Moments Activity 3.5: Homework: What Can You Do?	⇨	Awareness of situations that lead to unprotected sex, pregnancy and HIV or other STDs	⇨		⇨	
Grade 8 Activity 3.3: Trina and Kashid Activity 3.4: Voting: Difficult Moments Activity 3.5: Homework: What Can You Do?	⇨	Awareness of personal challenges to abstaining	⇨		⇨	
Grade 7 Activity 3.5: Closure and Family Activity	⇨	Understanding of parental values about teen pregnancy and childbearing	⇨		⇨	

Activities Designed to Change Risk & Protective Factors	Risk & Protective Factors That Affect Sexual Behaviors	Behaviors That Affect Health Goals	Health Goals
PERCEPTIONS OF RISK			
Grade 7 Activity 2.3: Tina and Marco Activity 3.5: Closure and Family Activity Activity 6.3: *Draw the Line* Talk Show	Perception of chances of becoming pregnant and consequences of childbearing	Abstaining from sexual intercourse (by either delaying sex or returning to abstinence)	Preventing unintended pregnancy Preventing HIV and other STDs
Grade 7 Activity 5.4: Story About STD Activity 5.6: STD Hotline Homework Activity 6.3: *Draw the Line* Talk Show **Grade 8** Activity 1.3: Teens with HIV Activity 1.4: Closure and Homework Activity 2.3: Training for the *Draw the Line* Challenge Activity 2.4: *Draw the Line* Challenge Game Activity 5.3: Talking with a Person with HIV or AIDS Activity 7.2: Traffic Light	Perception of chances of contracting HIV and other STDs		
Grade 7 Activity 5.4: Story About STD Activity 5.6: STD Hotline Homework **Grade 8** Activity 1.3: Teens with HIV Activity 2.3: Training for the *Draw the Line* Challenge Activity 2.4: *Draw the Line* Challenge Game Activity 5.3: Talking with a Person with HIV or AIDS	Perception of consequences of contracting HIV and other STDs		

Activities Designed to Change Risk & Protective Factors	⇨	Risk & Protective Factors That Affect Sexual Behaviors	⇨	Behaviors That Affect Health Goals	⇨	Health Goals
VALUES AND ATTITUDES						
Grade 7 Activity 2.3: Tina and Marco Activity 3.5: Closure and Family Activity Activity 5.4: Story About STD **Grade 8** Activity 2.3: Training for the *Draw the Line* Challenge Activity 2.4: *Draw the Line* Challenge Game	⇨	Values/attitudes toward having sex versus abstaining (reasons not to have sex)	⇨	Abstaining from sexual intercourse (by either delaying sex or returning to abstinence)	⇨	Preventing unintended pregnancy Preventing HIV and other STDs
Grade 7 Activity 5.4: Story About STD Activity 5.6: STD Hotline Homework Activity 5.3: Talking with a Person with HIV or AIDS	⇨	Attitude toward having unprotected sex	⇨		⇨	

Activities Designed to Change Risk & Protective Factors	⇨	Risk & Protective Factors That Affect Sexual Behaviors	⇨	Behaviors That Affect Health Goals	⇨	Health Goals
PERCEPTIONS OF PEER NORMS						
Grade 7 Activity 2.3: Tina and Marco Activity 3.4: Risky Situations: Small-Group Activity Activity 4.5: Student Roleplays Activity 6.3: *Draw the Line* Talk Show Activity 6.4: Student Roleplays **Grade 8** Activity 4.3: Homework and *Draw the Line* Review Activity 4.4: Practice, Practice, Practice	⇨	Perception of peer norms about having sex (versus abstaining)	⇨	Abstaining from sexual intercourse (by either delaying sex or returning to abstinence)	⇨	Preventing unintended pregnancy Preventing HIV and other STDs
Grade 7 Activity 2.3: Tina and Marco Activity 3.4: Risky Situations: Small-Group Activity	⇨	Perception of peer norms about having unprotected sex	⇨		⇨	

Activities Designed to Change Risk & Protective Factors	⇨	Risk & Protective Factors That Affect Sexual Behaviors	⇨	Behaviors That Affect Health Goals	⇨	Health Goals
SKILLS						
Grade 6 Activity 1.3: Simon Says Activity 1.4: Where's the Pressure Activity 1.5: Where do You Draw the Line? **Grade 7** Activity 7.4: How Do You Draw the Line? **Grade 8** Activity 7.4: Cold Shower	⇨	Skill and self-efficacy to set a limit and recognize challenges to it	⇨	Abstaining from sexual intercourse (by either delaying sex or returning to abstinence)	⇨	Preventing unintended pregnancy Preventing HIV and other STDs

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Activities Designed to Change Risk & Protective Factors	⇨	Risk & Protective Factors That Affect Sexual Behaviors	⇨	Behaviors That Affect Health Goals	⇨	Health Goals
SKILLS continued						
Grade 6 Activity 2.3: Introduce Skill Activity 2.4: Introduce Steps for Drawing the Line Activity 2.5: Skill Demonstration Roleplay Activity 2.6: The Dare Roleplay Activity 3.3: Skill Review and Practice Activity 3.4: Closure and Family Activity Activity 4.1: Lesson 3 Review Activity 4.3: Changing the Subject and Walking Away Activity 4.4: Preparation for the Roleplay Challenge Activity 4.5: The Roleplay Challenge Activity 4.6: Closure Activity 5.7: Closure **Grade 7** Activity 4.3: *Draw the Line* Review Activity 4.4: Demonstration Roleplay Activity 4.5: Student Roleplays Activity 7.3: *Draw the Line/ Respect the Line* Review Activity 7.4: How Do You *Draw the Line*?	⇨	Skill and self-efficacy to refuse to do something that violates their limit (that they don't want to do)	⇨	Abstaining from sexual intercourse (by either delaying sex or returning to abstinence)	⇨	Preventing unintended pregnancy Preventing HIV and other STDs
Grade 6 Activity 5.4: High Pressure Roleplay and Discussion Activity 5.5: Modeling Respecting the Line Activity 5.6: Student Roleplay Practice Activity 5.7: Closure **Grade 7** Activity 7.4: How Do You Draw the Line?		Skill and self-efficacy to respect other people's refusals				

Activities Designed to Change Risk & Protective Factors	⇨	Risk & Protective Factors That Affect Sexual Behaviors	⇨	Behaviors That Affect Health Goals	⇨	Health Goals
SKILLS continued						
Grade 7 Activity 4.5: Student Roleplays Activity 6.4: Student Roleplays Activity 7.4: How Do You *Draw the Line*?	⇨	Skill and self-efficacy to say NO to sex or unprotected sex or to avoid having sex	⇨	Abstaining from sexual intercourse (by either delaying sex or returning to abstinence)	⇨	Preventing unintended pregnancy Preventing HIV and other STDs
Grade 7 Activity 3.3: Warning Signs Activity 3.4: Risky Situations: Small-Group Activity Activity 4.5: Student Roleplays Activity 7.4: How Do You Draw the Line? **Grade 8** Activity 3.5: Homework: What Can You Do? Activity 4.3: Homework and Draw the Line Review Activity 4.4: Practice, Practice, Practice Activity 7.4: Cold Shower		Skill and self-efficacy to recognize, avoid or get out of situations that might lead to sex				

Activities Designed to Change Risk & Protective Factors	⇨	Risk & Protective Factors That Affect Sexual Behaviors	⇨	Behaviors That Affect Health Goals	⇨	Health Goals
PARENT-CHILD COMMUNICATION						
Grade 7 Activity 3.5: Closure and Family Activity	⇨	Increase parent/child communication about the consequences of having sex	⇨	Abstaining from sexual intercourse (by either delaying sex or returning to abstinence)	⇨	Preventing unintended pregnancy Preventing HIV and other STDs

Activities Designed to Change Risk & Protective Factors	⇨	Risk & Protective Factors That Affect Sexual Behaviors	⇨	Behaviors That Affect Health Goals	⇨	Health Goals
INTENTIONS						
Grade 7 Activity 7.4: How Do You Draw the Line? **Grade 8** Activity 1.3: What's in It for You? Activity 7.4: Cold Shower	⇨	Intentions to be abstinent	⇨	Abstaining from sexual intercourse (by either delaying sex or returning to abstinence)	⇨	Preventing unintended pregnancy Preventing HIV and other STDs

Activities Designed to Change Risk & Protective Factors	⇨	Risk & Protective Factors That Affect Sexual Behaviors	⇨	Behaviors That Affect Health Goals	⇨	Health Goals
KNOWLEDGE						
Grade 7 Activity 5.3: STD Quiz Activity 5.4: Story About STD Activity 5.5: Quiz Review Activity 5.6: STD Hotline Homework **Grade 8** Activity 1.4: Closure and Homework Activity 2.3: Training for the *Draw the Line* Challenge Activity 2.4: *Draw the Line* Challenge Game Activity 5.3: Talking with a Person with HIV or AIDS	⇨	Knowledge of STDs, including HIV	⇨	Using contraception (to prevent pregnancy) Using condoms (to prevent HIV and other STDs)	⇨	Preventing unintended pregnancy Preventing HIV and other STDs
Grade 7 Activity 2.3: Tina and Marco Activity 3.5: Closure and Family Activity Activity 5.4: Story About STD Activity 5.5: Quiz Review Activity 5.6: STD Hotline Homework Activity 6.3: *Draw the Line* Talk Show **Grade 8** Activity 1.4: Closure and Homework Activity 2.3: Training for the *Draw the Line* Challenge Activity 2.4: *Draw the Line* Challenge Game		Knowledge of negative consequences of having sex				

Activities Designed to Change Risk & Protective Factors	⇨	Risk & Protective Factors That Affect Sexual Behaviors	⇨	Behaviors That Affect Health Goals	⇨	Health Goals
KNOWLEDGE continued						
Grade 7 Activity 1.5: What Makes It Hard to Say NO to Sex? Activity 2.3: Tina and Marco Activity 3.3: Warning Signs	⇨	Awareness of situations that lead to unprotected sex, pregnancy and HIV or other STDs	⇨	Using contraception (to prevent pregnancy) Using condoms (to prevent HIV and other STDs)	⇨	Preventing unintended pregnancy Preventing HIV and other STDs
Grade 7 Activity 5.4: Story About STD Activity 5.5: Quiz Review Activity 5.6: STD Hotline Homework **Grade 8** Activity 1.4: Closure and Homework Activity 2.3: Training for the *Draw the Line* Challenge Activity 2.4: *Draw the Line* Challenge Game Activity 6.3: Methods of Protection Activity 6.4: Condom Demonstration Activity 7.2: Traffic Light	⇨	Knowledge of methods to protect against contracting HIV and other STDs, including abstaining, lifelong mutually monogamous partner and condoms (how they work, where to obtain them and how to use them)	⇨		⇨	
Grade 7 Activity 5.4: Story About STD Activity 5.6: STD Hotline Homework	⇨	Knowledge of STD testing and treatment	⇨		⇨	

Activities Designed to Change Risk & Protective Factors	Risk & Protective Factors That Affect Sexual Behaviors	Behaviors That Affect Health Goals	Health Goals
PERCEPTIONS OF RISK			
Grade 7 Activity 2.3: Tina and Marco Activity 6.3: *Draw the Line* Talk Show	Perception of chances of becoming pregnant and consequences of childbearing	Using contraception (to prevent pregnancy) Using condoms (to prevent HIV and other STDs)	Preventing unintended pregnancy Preventing HIV and other STDs
Grade 7 Activity 5.4: Story About STD Activity 5.5: Quiz Review Activity 5.6: STD Hotline Homework Activity 6.3: *Draw the Line* Talk Show **Grade 8** Activity 1.4: Closure and Homework Activity 2.3: Training for the *Draw the Line* Challenge Activity 2.4: *Draw the Line* Challenge Game Activity 5.3: Talking with a Person with HIV or AIDS Activity 7.2: Traffic Light	Perception of chances of contracting HIV and other STDs		
Grade 7 Activity 5.4: Story About STD Activity 5.5: Quiz Review Activity 5.6: STD Hotline Homework Activity 5.3: Talking with a Person with HIV or AIDS	Perception of consequences of contracting HIV and other STDs		

Activities Designed to Change Risk & Protective Factors	⇨	Risk & Protective Factors That Affect Sexual Behaviors	⇨	Behaviors That Affect Health Goals	⇨	Health Goals
VALUES AND ATTITUDES						
Grade 7 Activity 2.3: Tina and Marco Activity 3.5: Closure and Family Activity Activity 5.4: Story About STD Activity 5.5: Quiz Review Activity 5.6: STD Hotline Homework	⇨	Attitude toward having unprotected sex	⇨	Using contraception (to prevent pregnancy) Using condoms (to prevent HIV and other STDs)	⇨	Preventing unintended pregnancy Preventing HIV and other STDs
Grade 8 Activity 6.4: Condom Demonstration	⇨	Attitudes about using condoms and contraception	⇨		⇨	

Activities Designed to Change Risk & Protective Factors	⇨	Risk & Protective Factors That Affect Sexual Behaviors	⇨	Behaviors Directly Affecting *DTL/RTL*'s Health Goal	⇨	*DTL/RTL* Health Goals
SKILLS						
Grade 8 Activity 6.4: Condom Demonstration	⇨	Skill and self-efficacy to obtain and use condoms	⇨	Using contraception (to prevent pregnancy) Using condoms (to prevent HIV and other STDs)	⇨	Preventing unintended pregnancy Preventing HIV and other STDs

Activities Designed to Change Risk & Protective Factors	⇨	Risk & Protective Factors That Affect Sexual Behaviors	⇨	Behaviors That Affect Health Goals	⇨	Health Goals
INTENTIONS						
Grade 8 Activity 1.3: What's in It for You?	⇨	Intentions to use protection	⇨	Using contraception (to prevent pregnancy) Using condoms (to prevent HIV and other STDs)	⇨	Preventing unintended pregnancy Preventing HIV and other STDs